

Office of Consumer Partnerships and Peer Support Webinar

January 23, 2019



Agenda

- Peer Support Updates
 - 2019 Training Calendar
 - Goals for 2019 Peer Support Certification and Training program
 - Peer Support for SUD Recovery
- Peer respite values and questions
- OCP leadership council
- Legislation and the OCP
- Ombuds
- Governor's Budget
- Legislative bills of interest: SB 5114, SB 5055



Peer Support program

- Training calendar posted on website
 (https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/peer-support)
 - Training includes:
 - DBHR sponsored CPC trainings
 - Training sponsored or in partnership, such as King County,
 Spokane, Pac Mountain, and more.
 Note: these may have limited or specific enrolment requirements.
 - Continuing education
 - To register, go to <u>www.holdingthehope.com/events</u>

Note: all trainings subject to change



Peer Support 2019

- Goals:
 - Online application
 - Train the Trainer Mentor Program
 - Expansion of trainings
 - Increasing Operationalizing Peer Support
 - -2019 Peer Pathways Conference



SUD Peer Support Workgroup

- 1. The manual and application are under review to incorporate more focus on SUD behavioral health recovery.
- 2. A State Plan Amendment (SPA) has been drafted and is open for public comment.

Why a State Plan Amendment (SPA)?

- The State Plan determines what services Medicaid will pay for.
- The State Legislature directed HCA to seek a SPA adding SUD Peer Services.



How can you comment?

- Link to Public Notice https://www.hca.wa.gov/assets/19-
- <u>0003%2B19-0006-SUD-PeerSupportPublicNotice-WSR-19-01-073.pdf</u>
- Please send SPA comments to richard.vancleave@hca.wa.gov

SPA Timeline

Deadline for Public Comments: 3/7/19

Note: All comments are public record.



Elevate Recovery update



- There are six Elevate Recovery events planned for 2019 statewide. Locations have not yet been announced.
- The training will become standardized so that more facilitators present in their communities.
- 1-2 Additional Train the Trainers will be held to create more training teams.



Common Peer Respite Values

Peer-run and peer-staffed Voluntary Short term

Freedom to Goal Hospital come and go setting diversion

To learn more: http://www.peerrespite.net/



OCP Leadership Council



- Pending approval from management team
- Sera Davidov from SAMSHA will be providing consultation and TA
- Thank you for your emails of interest. We will have a short application as well when the group and process is approved.



Ombuds updates

The requirement for Ombuds services is in the HCA contract with the Administrative Service Organizations.

- Contracts say that Ombuds are required and must be independent.
- The requirement for having lived experience is not included
- BHO contracts have same Ombuds requirements as before.
- Provider contracts and websites do not mention
 Ombuds in the grievance process.



Ombuds RCW 71.24.350

The requirement for Ombuds services are in this law. Comments on laws may be made to the governor's office or to your legislator.

"The authority shall require each behavioral health organization to provide for a separately funded behavioral health Ombuds in each behavioral health organization that is independent of the behavioral health organization. The Ombuds office shall maximize the use of consumer advocates."



Legislature 2019

The 2019 legislature may make sweeping and impactful changes in behavioral health services!



Governor's budget

What's In

- Funding for supportive employment and housing
- Funding integration
- 5 "drop-in" centers
 (Capitol Budget HB 1102
 SB 5132)

- Maintaining peer bridgers
- SUD peer support
- More PACT and ACT teams



Where can you comment?

- House Health Care and Wellness Committee: Members are at: http://leg.wa.gov/House/Committees/HCW/Pages/default.aspx
- Senate Behavioral Health Subcommittee: <u>http://leb.wa.gov/Senate/Committees/BH/Pages/default.aspx</u>
- To find your elected officials in Olympia: http/leg.wa.gov/DistrictFinder/



Peer Respites

Governor's Budget: "Mental Health Drop-In Facilities "Five mental health drop-in facilities are funded across the state to divert individuals from crisis services and an inpatient level of care. Mental health drop-in facilities are run by peers and serve individuals in need of voluntary, short-term, non-crisis services that focus on recovery and wellness in a trauma-informed environment".



Opportunities for advocacy

Advocacy at this time of year turns toward the legislative session. There are four main ways to become involved in advocacy.

- 1. Comment on a bill online
- 2. Call your legislator
- 3. Write a letter to your legislator
- 4. Attend a committee meeting
- 5. Participate in a group advocacy day or event



SB 5114 Guardianship Pilot Program

- Alters definition of gravely disabled to say a person is not gravely disabled if a family member, friends, or others are willing and able to provide for needs for food, clothing, or shelter.
- Allows a limited guardian to detain a person
- A guardian may require outpatient treatment
- Other expansions of guardian rights and responsibilities



SB 5055 SUD Peer services

Requests in process

- Requires HCA to develop SUD peers services including:
 - Training and Certification program
 - State Plan Amendment and rate re-imbursement
 - Approve entities to conduct approved training



Bill 5055 and Department of Licensing

- Requires DOH to conduct a "Sunrise review" to assess the need for advanced Peer credential.
- Requires HCA to cooperate with DOH for sunrise review.
- Requires DOH to incorporate consideration of common barriers to certification and licensure related to criminal history and recovery lived experience.

More info on sunrise reviews:

https://www.doh.wa.gov/AboutUs/ProgramsandServices/HealthSystemsQualityAssurance/SunriseReviews



Thank you for joining the webinar today!

HCA, DBHR Office of Consumer Partnerships:
Jennifer Bliss, Senior Manager, Pattie Marshall, Peer Support Program Manager, Wanda Johns, and the other dedicated members of the OCP team