

Office of Consumer Partnerships and Peer Support

Webinar

November 29, 2018

Agenda

1. Town Halls and Integration Forum
2. GovDelivery
3. Spring Leadership Summit: Building Supports and Networks
4. Regional advocacy projects
 - United Peers of WA
 - Celebrate Recovery
 - Peer Respite/King County
5. OCP Leadership Council
6. Hospital Governing Board
7. Ombuds update
8. Peer support updates
 - Train the Trainer
 - SUD Waiver
 - 2019 classes

GovDelivery

1. GovDelivery is the new HCA mailing list for sending out announcements.
2. How is the format working for you?
3. We are planning to do a “re-engagement” campaign, which will allow people to choose specific topics they are interested in.
 - Not everyone wants job announcements, for example
 - Some groups, like HARPS can get specific bulletins related to their programs
 - We can also capture some information such as county that will let us be more targeted in sending out information.

2019 Forums and Town Halls



Three Integration Forums will be held in Shelton, Puyallup, and Bremerton

Integration Forums are designed to be educational as well as listen to peer voice. Forums and Town Halls are specifically targeted to those with a diagnosis of a serious mental illness and those who serve them.

Six Town Halls will be held in: Spokane, Seattle, Kennewick, Vancouver, Bellingham, and Aberdeen

Town Halls are purely about finding out how services are going and listening to peer voice.

OCP Spring Leadership Summit

(Open to those diagnosed with a serious mental health issue and those who serve them)

The Summit will focus on two topics, important for both peers and peer supporters:

1. Building Natural Supports

How to develop relationships that support recovery.

Keynote: **Steven Samra**, Substance Use and Mental Health Services Administration (SAMSHA)

2. Building Peer Networks

- How to connect with peers and peer networks in building recovery.
- What a peer network is, how they are valuable and how you can find one or create one.

Facilitator: **Patrick Hendry**, Emeritus Director, Mental Health America

WHEN: May 9, 2019, 9 a.m.- 3 p.m.

WHERE: Lacey Community Center, Lacey

HOW: Applications will be out in January

Hospital Governing Board

- Two peers have been chosen for the State Hospital Governing Board. One has lived experience at Eastern, and one at Western. Both are peer counselors. They each have strong experience in advocacy and will be great additions to the board.
- THANK YOU to all who applied. Applications will be kept in the event of future openings.
- The new Assistant Secretary of BHA will be given the names and will contact the two people.
- It's a first for peer voice at the hospitals!

United Peers Update

2018 Projects are wrapping up for the year

- Held a Halloween event with Disability Rights Washington, celebrating peer respite successes, and included a presentation on disability advocacy by The Alliance for People with Disabilities.
- Crisis Intervention Training (CIT) is completed and UP is writing final report
- Assisting Harborview in fund-raising for their magazine
- Assisting Chehalis with fund raising for a homeless shelter

Elevate Recovery Update



- Elevate Recovery held a 2-day train the trainer event this summer. Four groups represent King, Pierce, SW, and Spokane.
- Four trainings are being held this fall.
- Trainings include how to tell your story effectively, legislative processes and advocacy, and leadership

Elevate Recovery Training Links

- December 8, Pierce

Pierce https://docs.google.com/forms/d/1KAXtcpUCssd_EkptWnvcrzTBesl6oCDV5doY43WVo6Y/viewform?edit_requested=true&fbclid=IwAR1wrQgUIK6Mo9iWn2cEwU8o1I4b-equEBdiC8-HA2WH358dhBFzCYMTOJU

- December 1, Spokane Spokane <https://www.eventbrite.com/e/elevate-recovery-advocacy-spokane-tickets-51841862406?fbclid=IwAR24kLIGoedNvrc7-1dc2H0YFblcFBAWZR3CC4giGB8jYP64dArnkKg1KQ>

- December 9, Vancouver

Vancouver https://docs.google.com/forms/d/e/1FAIpQLSfJHBQM0bXJENU9oYBq9ruw5fA-PEtpLoMrWd-T6ZVpOnDStQ/viewform?fbclid=IwAR3-zW6AcUXqkxZwua5MoitQL-C_3EBoo_dJ-Jig8WkRIIGpu2vksrpd7dg

- King Co, TBA



Community Peer Respite Planning Council (CPRPC)

- King County has APPROVED funding for a peer respite(s) in King County. Two million dollars was appropriated for 2019-2020.
- Education efforts have included:
 - King County Behavioral Health Legislative Forum
 - Behavioral Health Advisory Committee (wonderful handouts, testimonials and PowerPoint!)
- Next steps include forming an advisory group and entering contract discussions with DBHR
- If you would like to join King County's efforts please contact Cindy Olejar at cindyolejar@yahoo.com.

What is a Peer Respite?

- A peer respite traditionally is a 24 hour non-clinical place, usually a house, where people in distress can go for peer support and assistance.
- There are over 30 peer respites in 14 states.
- King County has just approved funding for the 1st respite in Washington.
- The OCP is writing a white paper for information and advocacy with the help of many peers.

OCP Leadership Council



- The OCP has drafted mission, scope, goals, etc. for a group.
- We are soliciting approval from HCA, which includes demonstrating how this group will be of value and provide unique input.
- We have a TA request in to Steven Samra from SAMHSA
- Thank you for your emails of interest. We will have a short application as well when the group and process is approved.

Ombuds Update

- In SW region and North Central, Ombuds services are contracted with Beacon.
- The Ombuds met with the Governor's office to discuss needs and concerns.

Discussion is underway about the creation of a uniform Ombuds reports. We are investigating current HCA contract requirements and reporting with needs going forward.

Peer Support Updates

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- Train the Trainer 2018 was a big success. Focused on mentoring new trainers!
- Work is in progress to schedule and coordinate the 2019 training schedule. Meetings with trainers are being held first two weeks of December
- 2019 Schedule will be out mid-end of December.

SUD Peer Support Update

SUD Peer Workgroup : Preparing for the SUD Peer workforce:

Review of CPC curriculum

- Revision of CPC Test
- Need survey for SUD Treatment providers who may want to add peers to team.
- Will pilot projects for additional training, including bridge training for Recovery Coaches that want to be CPC's

Peer Bridger Program

- Many changes going on in the DSHS State Hospital System. Peer Bridgers essential to recovery & strength based practices for people who are discharging.
- DBHR staff (Pattie Marshall & Jen McDonald) went to New York to visit Peer Bridger programs at New York State Hospitals.
- Met with veteran peers who have been peer bridging for decades.
- Developed custom training and orientation program for Peer Bridgers at ESH & WSH.

Continuing Education 2019

Planned continuing education for 2019 is in the planning stages. We are looking at the evaluations and attendance information to determine next year's lineup. It will include still include our favorites like WRAP and trauma informed peer support- What are other ideas or needs that are out there?



Locations and dates will be posted by February on the peer support website

Thank You for Joining the Webinar Today!

HCA, DBHR Office of Consumer Partnerships:
Jennifer Bliss, Senior Manager
Pattie Marshall, Peer Support Program Manager
and the other dedicated members of the OCP team