

# Office of Consumer Partnerships and Peer Support

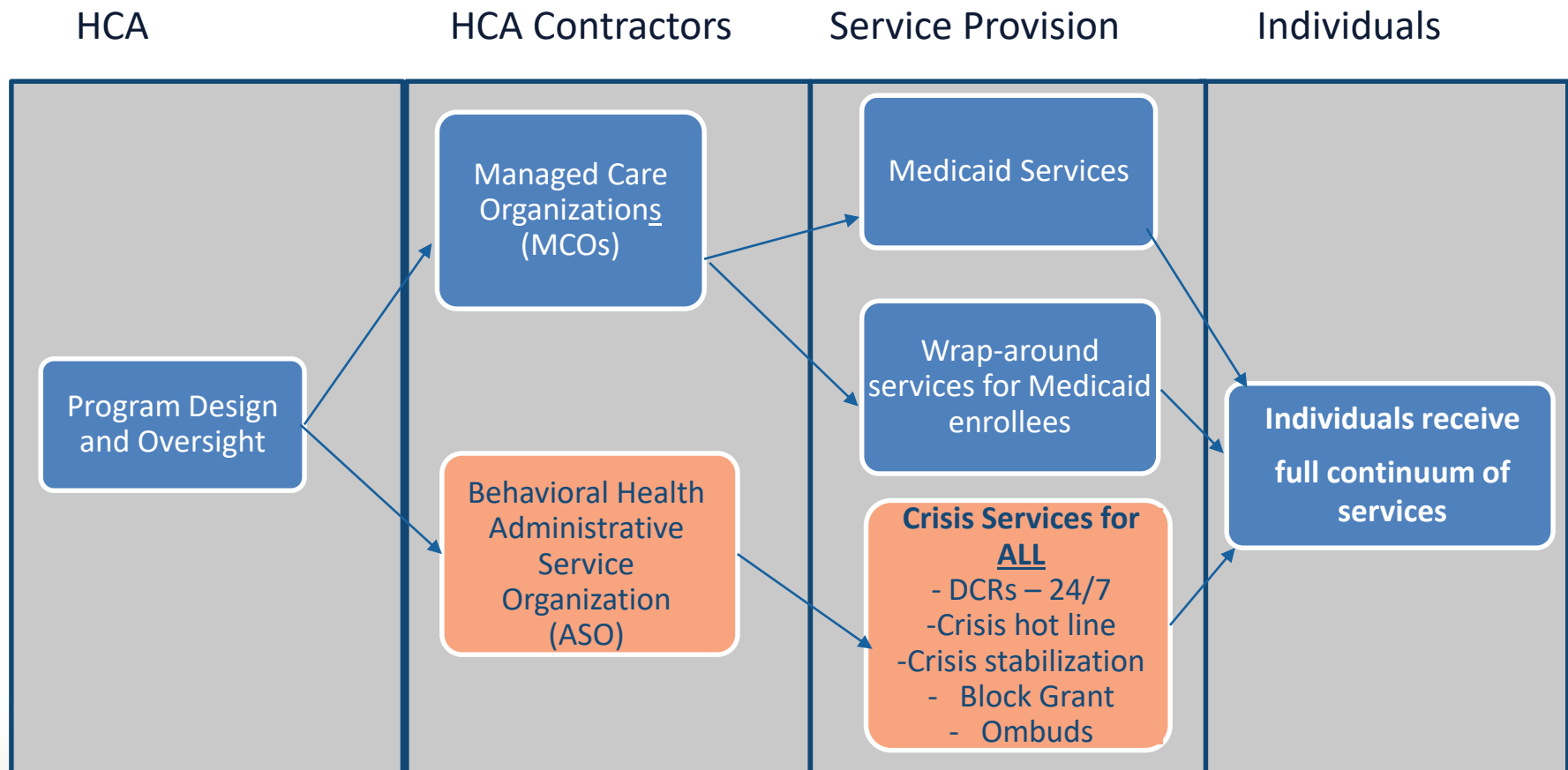
## Webinar

October 25, 2018

# Agenda

1. Integration News
2. Town Halls and Integration Forum evaluation
3. Spring Building Supports and Networks Summit
4. Regional advocacy projects
  - United Peers of WA
  - Celebrate Recovery
  - Peer Respite/King County
5. OCP Leadership Council
6. Ombuds update
7. State Hospital education and focus group
8. Peer support updates
  - SUD Waiver
  - 2019 classes
  - Peer support in MCOs

# Integration Model



# Regional Integration Updates



Region	Plan
Greater Columbia 2019	Amerigroup, Community Health Plan, Coordinated Care, Molina
Pierce 2019	Amerigroup, Coordinated Care, Molina, United Healthcare
King 2019	Amerigroup, Community Health Plan, Coordinated Care, Molina, United Healthcare
North Sound 2019	Amerigroup, Community Health Plan, Coordinated Care, Molina, United Healthcare,
Spokane 2019	Amerigroup, Community Health Plan, Molina

# Enrollment in Integrating Regions

- New services begin January 1
- All current BHO enrollees will receive automatic enrollment letters in November or December
- You have choices!
  - If you are in a Managed Care Organization that is staying, you will automatically stay unless you ask to change
  - If your Managed Care Organization is leaving, you will randomly be assigned a plan, or you can choose, either before the end of the year or Now!
  - For assistance enrolling call 360-562-3022



# Consumer? Again? Or Not?

In changing organizations, we are learning each others' language. The Health Care Authority typically has used the terms: Client or Customer

At first, the HCA strongly supported going back to the word consumer. After your advocacy and a lot of communication, we are all going to use person-first language: "Individual" or "Individual receiving services"

# 2019 Forums and Town Halls



**Three Integration Forums** will be held in Shelton, Puyallup, and Bremerton

Integration Forums are designed to be educational as well as listen to peer voice. Forums and Town Halls are specifically targeted to those with a diagnosis of a serious mental illness and those who serve them.

**Six Town Halls** will be held in: Spokane, Seattle, Kennewick, Vancouver, Bellingham, and ?Aberdeen

Town Halls are purely about finding out how services are going and listening to peer voice.

# OCP Spring Leadership Summit

## 1. Building Natural Supports

How to develop relationships that support recovery.

Keynote: **Steven Samra**, Substance Use and Mental Health Services Administration (SAMSHA)

## 2. Building Peer Networks

- How to connect with peers and peer networks in building recovery.
- What a peer network is, how they are valuable and how you can find one or create one.

Facilitator: **Patrick Hendry**, Emeritus Director, Mental Health America



# United Peers Update

## Current Projects

- Attended the Kennewick NW Regional Conference Intervention Training to advocate for peer inclusion in police training
- Held three peer events in Pierce County with PeersUnited to assist in building a peer network in Pierce.

## 2019

- United Peers will be bringing a leadership trainer to provide training to four locations in 2019.
- Community building training will also be held in several areas of the state.

# Elevate Recovery Update

- Elevate Recovery held a 2-day train the trainer event this summer. Four groups represent King, Pierce, SW, and Spokane.
- Planned Trainings:
  - December 8, King
  - December 8, Pierce
  - December 1, Spokane
  - Clark, TBA
- Please help promote these trainings, particularly in local mental health centers. Flyers are coming!



## Community Peer Respite Planning Council (CPRPC)

- The planning council continues to encourage people to attend King County Council meetings
- CPRPC will share a table at the November 8 Legislative Forum
- Actively searching for additional funding
- Peer respite presentation at the Behavioral Health Advisory Council (BHAC) on Nov 16 in Lacey, DBHR. The public is welcome!
- If you would like to join our efforts please contact Cindy Olejar at [cindyolejar@yahoo.com](mailto:cindyolejar@yahoo.com).

# State Hospital Recovery Education

- The OCP is sponsoring a focus group to discuss state hospital care as well as transformation. Ken Taylor, the Behavioral Health Administration Assistant Secretary, will facilitate.
- The event for Western is October 31 at 2pm in Olympia.
- The most desired requirement is that you have been a patient at one of the hospitals yourself, as this gives you a unique perspective and voice.

If you are interested and can attend, contact  
[jennifer.bliss@hca.wa.gov](mailto:jennifer.bliss@hca.wa.gov)

# OCP Leadership Council

- The OCP is in a planning phase for the council, which includes drafting mission, scope, goals, etc.
- We have great assistance from Steven Samra.
- Thank you for your emails of interest. We will need to have an application as well, when it is ready.
- This is going to happen!



# Ombuds Update

- In SW region and North Central, Ombuds services are contracted with Beacon.
- In some areas, BHOs will contract for services; Beacon will be in Pierce

Some have raised three concerns:

1. What do independent services look like?
2. Is it ok for the salary ranges to be lower?
3. Should QRT go away or be combined with Ombuds?

# Peer Support Update

- Looking ahead to 2019: Beginning to coordinate statewide CPC trainings and continuing education!
- Peer Bridgers Update: DBHR team went to New York to visit State Hospitals and consult with NY Peer Bridgers.

# SUD Peer Support Update

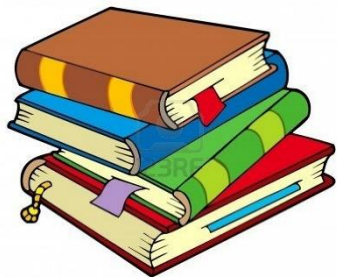
SUD Peer Workgroup : Preparing for the SUD Peer workforce:

- Review of CPC curriculum
- Revision of CPC Test
- Needs survey for SUD Treatment providers who may want to add peers to team.
- Pilot project for additional training, including bridge training for Recovery Coaches that want to be CPC's



# Continuing Education 2019

Planned continuing education for 2019 is in the planning stages. We are looking at the evaluations and attendance information to determine next year's lineup. It will include still include our favorites like WRAP and trauma informed peer support- What are other ideas or needs that are out there?



# Thank You for Joining the Webinar Today!

HCA, DBHR Office of Consumer Partnerships:  
Jennifer Bliss, Manager  
Wanda Johns  
Pattie Marshall  
and the other dedicated members of the OCP team