

Washington System of Care Statewide FYSPRT

Date: November 19, 2019 **Time:** 9:30am – 3:00pm

57 attendees representing the following: Beacon Health Options of Washington, Community Health Plan of WA, Coordinated Care Washington, Cowlitz Visionary Youth, Department of Children Youth and Families, Department of Health, Developmental Disabilities Administration, Division of Behavioral Health and Recovery, Family Alliance Washington, Great Rivers Behavioral Health Organization, Great Rivers Regional FYSPRT, Greater Columbia FYSPRT, Greater Columbia Behavioral Health, Health Care Authority, HI-FYVE (Pierce Regional FYSPRT), King County Family and Youth Council (King County Regional FYSPRT), Molina Healthcare, North Central WA Regional FYSPRT, North Sound Family and Youth Coalition, Northeast FYSPRT, Office of Superintendent of Public Instruction, Passages Family Support, Salish Behavioral Health Organization, Salish Regional FYSPRT, Southwest Regional FYSPRT, System of Care Partnership (Thurston Mason Regional FYSPRT), United Healthcare, and Washington PAVE.

Facilitators – Michelle Karnath and Nicole Miller (Statewide FYSPRT Tri-Leads) and Evelyn Clark (DBHR Youth Liaison) **Timekeeper** – Tri-Lead Team **Notes** – Kaitlynn/Kris

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
<p>Welcome and introductions</p> <p>Statewide FYSPRT Tri-Leads</p>	<p>Attendees introduced themselves, identified their role, agency, organization and/or Regional FYSPRT they were representing. Each participant had the opportunity to share a brief announcement with the group.</p> <p>Comfort agreement reviewed and edited then agreed to.</p> <p>Activity: Write down “good news stories, highlights and shout outs from the year” on post-it notes (from your Regional FYSPRT or region in general) to gather and share throughout the meeting.</p>	<p>Type up all the “good new stories”.</p> <p>Send “good news stories” with the notes.</p>	<p>Kaitlynn</p> <p>Kris</p>	<p>November 2019</p> <p>December 2019</p>
<p>Youth Tri-lead candidate introduction and presentation or activity</p> <p>Youth Tri-lead candidate</p>	<p>Topic Purpose – for Youth Tri-lead candidates to have time to share information about their interest in the position and provide a presentation or facilitate an activity.</p> <p>Initially two candidates identified interest in the role. One of the candidates stepped aside. Youth Tri-Lead position accepted by: Gabe Hamilton.</p> <p>Gabe introduced himself and spoke on why he wanted to be the Statewide FYSPRT Youth Tri-lead, then facilitated an activity for participants to share their Spirit animal with the group (could name the animal, make the sound of that animal, etc.)</p> <p>The group asked Gabe questions about his vision for the work and asked him to share why he is interested in the role.</p>	<p>Tri-lead team will invite Gabe to participate in debrief and planning meetings.</p>	<p>Tri-lead team</p>	<p>November 2019</p>

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or Children’s Behavioral Health Executive Leadership Team that include youth, family and system partner voice.

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<p>CLIP Improvement Team follow up</p> <p>Patty King and Liz Venuto</p>	<p>Topic Purpose – follow up on process to access Children’s Long-term Inpatient Program (CLIP) - dialogue from March meeting, community mapping activity from May meeting, and last update from August meeting.</p> <p>Recap of dialogue and updates from previous Statewide FYSPRT meetings regarding the process to access a Children’s Long-term Inpatient Program (CLIP) bed. Patty and Liz discussed the survey monkey that went out to the CLIP-Improvement Team to determine which process was preferred by the group. CLIP-IT members came to a consensus that the majority vote would be the option that was moved forward on. The voting results were close with the majority of votes to split the application up into two sections. Section one would be an initial form submitted to the CLIP committee prior to review that only includes core information needed to conduct the review including treatment history, narrative piece of the application (created by families in partnership with peers), and psychiatric evaluation. Section two would be the remaining information only to be filled out if the CLIP Committee recommends CLIP or the family or youth wishes to file an appeal. The goal of this new admittance process is to streamline the process and make it a faster review period.</p> <p>Next step is to re-work the application which will be a lengthy process. Could include a change to CLIP contracts and would go back through the CLIP Improvement Team.</p> <p>Patty provided an update on the community mapping notes completed during an activity at a prior meeting.</p>	<p>Patty will be sending out the community mapping to all the regions</p>	<p>Patty will send to Kris for distribution to Regional FYSPRTs.</p>	<p>December 2019</p>
<p>Lunch and Networking 11:40 – 12:45 Lunch on your own</p>				
<p>Respite update and dialogue</p> <p>Peggy Dolane, Liz Venuto and Rachel Burke</p>	<p>Topic Purpose – update on respite topic since January 2019</p> <p>Michelle introduced this topic by providing an update around the respite topic and steps that have been taken since 2017 when the Statewide FYSPRT moved this challenge forward to the Children’s Behavioral Health Executive Leadership Team (CBH ELT). The CBH ELT will now be a sub-group of the Children’s Mental Health Work Group (CMHWG).</p> <p>Rachel introduced the Children’s Mental Health Workgroup and included the agencies and roles represented at each meeting. More information regarding the CMHWG can be found on the HCA website at the following link https://www.hca.wa.gov/about-hca/behavioral-health-recovery/childrens-</p>	<p>Continue dialogues and problem solving in the regions and at the state.</p>	<p>All</p>	<p>2019/2020</p>

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	<p>mental-health-workgroup-cmhwg, including a schedule of meetings and recordings of previous meetings. The email for the Children’s Mental Health Workgroup is cmhwg@hca.wa.gov for questions or if you would like to call into the Children’s Mental Health Workgroup you can contact Rachel via email at Rachel.burke@hca.wa.gov.</p> <p>Peggy discussed that respite care that is needed for families and informed the group that it is being discussed at the CMHWG, including a budget for it. A participant in the meeting also shared a link regarding respite, www.archrespice.org.</p> <p>Liz identified additional areas where respite is being dialogued about including Senate Bill 6560 workgroups (Senate Bill to ensure that no youth is discharged from a public system of care into homelessness) where a recommendation has been identified to provide respite to families and youth to prevent youth from experiencing homelessness. Another bill that was discussed was House Bill 1394 which is a bill to get more services for youth on the autism and developmental disabilities spectrum (ensuring a continuum of care for behavioral health). The cross systems workgroup is discussing the gaps that occur across the systems, including respite care and other challenges or gaps, how to identify the gaps, and what to do to address them. The workgroups have youth with lived experience at the table during these discussions.</p>			
<p>Reflection activity</p> <p>Statewide FYSPRT Tri-leads</p>	<p>Topic Purpose – activity to reflect on 2019 and look forward to 2020</p> <p>In groups, participants dialogued about and wrote on post it notes information and ideas related to the following:</p> <ol style="list-style-type: none"> 1. What worked at the Statewide FYSPRT meetings in 2019? 2. What ideas or topics would you like to see for 2020 Statewide FYSPRT meetings? <p>Statewide FYSPRT Tri-leads shared some of the reflections and ideas for 2020 with the group. The full list will be sent out with the notes.</p>	<p>Type up activity results.</p> <p>Send out with notes.</p>	<p>Kaitlynn</p> <p>Kris</p>	<p>November 2019</p> <p>December 2019</p>

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Meeting evaluation Agenda items for the next meeting Statewide FYSPRT Tri-Leads	Evaluations handed out for participants to complete to provide feedback on the meeting including agenda items for future meetings. Also shared the option to complete the evaluation through survey monkey.	Tri-leads to review and consider feedback in planning future meetings. Kris will email survey monkey link.	Kris	November 2019
<i>Next Statewide FYSPRT Meeting</i>				
Wednesday February 26, 2020 9:30am – 3 pm Lacey, WA				

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