

Washington System of Care Statewide FYSPRT

Date: February 26, 2020 **Time:** 9:30am – 3:00pm

66 attendees representing the following: Amerigroup, Attorney General's Office, Beacon Health Options of Washington, Community Health Plan of WA, Coordinated Care Washington, DadsMove, Department of Children Youth and Families, Department of Commerce – Office of Homeless Youth, Department of Health, Developmental Disabilities Administration, Division of Behavioral Health and Recovery, Family Alliance Washington, Great Rivers Behavioral Health Administrative Services Organization, Great Rivers Regional FYSPRT, Greater Columbia FYSPRT, Greater Columbia Behavioral Health Administrative Services Organization, Health Care Authority, HI-FYVE (Pierce Regional FYSPRT), King County Behavioral Health Administrative Services Organization, King County Family and Youth Council (King County Regional FYSPRT), North Central WA Regional FYSPRT, Northeast FYSPRT, Passages Family Support, Salish Behavioral Health Administrative Services Organization, Salish Regional FYSPRT, Southwest Regional FYSPRT, SPARK, System of Care Partnership (Thurston Mason Regional FYSPRT), United Healthcare, and Washington State Community Connectors.

Facilitators – Michelle Karnath, Gabriel Hamilton and Nicole Miller (Statewide FYSPRT Tri-Leads)

Timekeeper – Tri-Lead Team

Notes – Kaitlynn/Kris

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
Welcome and introductions Statewide FYSPRT Tri-Leads	Attendees introduced themselves, identified their role, agency, organization and/or Regional FYSPRT they were representing. Statewide Youth Tri-lead not feeling well today – meeting will be facilitated by the family and system partner tri-lead. Reviewed and agreed on Full Value agreement. Structure for this agenda guided by feedback from activity at the November 2019 Statewide FYSPRT meeting.	n/a	n/a	n/a
CLIP discharges dialogue and planning Statewide FYSPRT Tri-Leads	Topic Purpose – to share an overview of CLIP discharge planning challenges received by the Statewide FYSPRT, dialogue about next steps and planning In 2019 the Statewide FYSPRT Tri-lead team received two challenge and solution submission forms related to discharging from Children's Long Term Inpatient Program (CLIP) with four interrelated challenges and topics. The goal of this topic on the agenda is to share the CLIP discharge challenges submitted and prioritize a focus and start action planning. The question "what is the priority need?" was posed to the group for open dialogue. Below is the list of needs identified some related to CLIP, some connected to community resources/gaps, some broader system challenges and some a combination – top 4 priority needs are in bold: <u>CLIP specific</u> <ul style="list-style-type: none"> • Standard for all CLIP facilities/same level of care <ul style="list-style-type: none"> ○ Intake ○ Culturally relevant plans ○ Treatment plan ○ Discharge plan 			
	Kris will share priority needs list with CLIP leads to see what CLIP specific areas the CLIP Improvement Team may already be working on and with supervisors for the child youth and family team to identify areas other workgroups may be working on	Kris Royal	March 2020	

Statewide FYSPRT Goals

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	<ul style="list-style-type: none"> ○ Access to psychiatry ○ Parent advocate/peer ○ Medical necessity ○ *individualized treatment/discharge plans* ● Provide education to parents re: skills, treatment plan <ul style="list-style-type: none"> ○ *Prepare environment/home for reintegration ● Consider parent perspective about family readiness/family therapy ● Appeal process ● Definition of medical necessity – consistency among facilities ● Level of treatment – consistency among facilities ● Intake process – workgroup in place (CLIP-IT working on application process) ● Better tools to assess children/facility <p><u>Community resources/gaps</u></p> <ul style="list-style-type: none"> ● Step down plan – slow down process; other place to go if not ready for return home ● True intensive services in community/partial hospitalization ● WISE referral – doesn't work for everyone (DD) ● WISE providers coordinate – still work with family <p><u>Broader system challenges</u></p> <ul style="list-style-type: none"> ● Ways to measure outcomes <p><u>Combination</u></p> <ul style="list-style-type: none"> ● Don't discharge at 18 ● Dialectical Behavioral Therapy (DBT) ● Variations of length of stay – age of consent/ITA ● Cultural awareness <p>During Statewide FYSPRT Tri-lead planning meetings, a potential overlap was noted with other topics on the agenda today including WISE implementation strengths and challenges and Substitute Senate Bill 6560 recommendations.</p> <p>At the end of the meeting, the group agreed that they wanted to update the Respite challenge and solution form to move forward as it continues to come up as a need. The Statewide FYSPRT Tri-lead team will meet to come up with a plan to gather updated information and next steps including email communication in between today's meeting and the next meeting.</p>	<p>including gaps in services and/or community resources.</p> <p>Invite to Statewide FYSPRT to webinar for feedback on system gaps/needs.</p> <p>Statewide FYSPRT Tri-lead team to plan for next steps.</p>	<p>Kris Royal</p> <p>Statewide FYSPRT Tri-lead team.</p>	<p>March 2020</p> <p>March 2020</p>

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<p>Activity – strengths and challenges of WISE implementation</p> <p>Statewide FYSPRT Tri-Leads and WISE Team from DBHR</p>	<p>Topic Purpose – small group activities to dialogue about and share strengths and challenges of WISE implementation</p> <p>Within their tables, the group identified strengths around WISE Implementation. After the group had time to discuss and collaborate, the group came back to report out. Some themes for strengths included: new WISE Providers, meeting families where they are at, youth driven, broad target audience, and helping families make community connections.</p> <p>The next part of the activity was to identify challenges of WISE Implementation and then the group came back together and reported out. The themes were: workforce turnover, high interest list, culturally diverse staff, rural areas, consistency, transportation, lack of training, youth being treated like “cases”, and timeliness of responses.</p> <p>Discussed strategies currently in development by DBHR WISE staff including: 1) identifying methods for data collection on WISE workforce needs, with the additional FYSPRT suggestion to gather information on the diversity of current staff, 2) disseminating guidance on the professional role of the Youth Peer on a WISE team with the newly released HCA Youth Peer Toolkit which will be posted on the website in the near future, 3) promoting agencies to provide WISE Family/Parent/Caregiver groups facilitated by a WISE Family Partner. All challenges identified during the meeting will be compiled, re-reviewed and shared through the various WISE Quality Infrastructure workgroups.</p>	<p>Type up strengths and challenges.</p> <p>For the full list of strengths and challenges, reach out to Kristen.royal@hca.wa.gov.</p> <p>For questions about WISE, please contact WISesupport@hca.wa.gov</p>	Kaitlynn	March 2020
<p>Improving Stability for Youth Exiting Systems of Care (Substitute Senate Bill 6560 Plan) - findings, recommendations, and feedback</p> <p>Regina McDougall, SL Rao, and Amanda Lewis</p>	<p>Topic Purpose – update on Substitute Senate Bill 6560 ensuring no youth is discharged into homelessness</p> <p>Office of Homeless Youth initially presented at the Statewide FYSPRT in 2018 to share information around what is happening in Washington to support youth experiencing homelessness in response to a challenge brought forward to the statewide FYSPRT. In 2019, five workgroups met to identify potential recommendations to ensure no youth is discharged from child welfare, juvenile rehabilitation facilities, and behavioral health into homelessness. Some Regional FYSPRT Youth Tri-leads participated in the behavioral health workgroup. At the May 2019 Statewide FYSPRT, Regina and SL provided an update on the workgroups and shared a survey with the Statewide FYSPRT to gather feedback on recommendations from the workgroups.</p> <p>Regina, SL and Amanda led us in a reflection activity where we were asked to think of a time in our life when we were in a transition period. We discussed a time of transition with a partner and specifically what got us through that time. After this we came back together as a whole group and a few of us shared.</p> <p>Regina, SL and Amanda led us through a PowerPoint presentation on Substitute Senate Bill (SSB) 6560 including the process and the results so far. Three themes have emerged from the work: effective transitions</p>	<p>PowerPoint will be emailed with the notes.</p> <p>For more information or questions, contact Amanda Lewis amanda.lewis@hca.wa.gov, Regina McDougall regina.mcdougall@commerce.wa.gov, SL Rao sl.rao@commerce.wa.gov.</p>	Kris Royal	March 2020

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	<p>from care, community connections and housing. This bills goal is to make it so youth are not getting discharged into homelessness and this goes into effect in 2021.</p> <p>The group participated in an activity at their tables that included specific questions based on the recommendation identified for them to dialogue about. Recommendations for behavioral health for dialogue at the tables included:</p> <ul style="list-style-type: none"> • Add re-entry team planning to residential programs for substance use and mental health • Add respite care for after discharge from residential program • Allow payment for after care counselors to connect before release from a residential program • Make diversion funds available for families once youth are returned to them • Add advocate to schools to assist youth re-entering after residential care • Use a screening tool for housing stability prior to being released from care • Screen for eligible benefits • Community network support after discharge • Housing Resources: transitional living beds (under 18) and master leasing (over 18) <p>Click the link to view the full report: Improving Stability for Youth Exiting Systems of Care.</p>			
<p>Meeting evaluation</p> <p>Agenda items for the next meeting</p> <p>Statewide FYSPRT Tri-Leads</p> <p>2:45 – 3:00</p>	<p>Evaluations handed out for participants to complete to provide feedback on the meeting including agenda items for future meetings.</p> <p>Also shared the option to complete the evaluation through survey monkey.</p>	<p>Tri-leads to review and consider feedback in planning future meetings.</p> <p>Kris will email survey monkey link.</p>	<p>Kris</p>	<p>March 2020</p> <p>Feb 2020</p>
Next Statewide FYSPRT Meeting				
<p>Thursday June 4, 2020 9:30am – 3 pm Lacey WA</p>				

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