

Washington System of Care Statewide FYSPRT

Date: December 10, 2024 **Time:** 3 p.m. – 5 p.m.

Approximately 56 attendees representing the following: Carelon, A Common Voice, Coordinated Care WA, Developmental Disabilities Administration, Department of Children Youth and Families, Department of Health, En Route, Family Alliance, Great Rivers Administrative Services Organization, Great Rivers FYSPRT, Greater Columbia Administrative Services Organization, Health Care Authority (Clinical Quality and Care Transformation, Division of Behavioral Health and Recovery), HI-FYVE (Family and Youth Voices for Empowerment), King County, King County Community Collaborative, North Sound Administrative Services Organization, North Sound Youth and Family Coalition, Northeast FYSPRT, Office of Superintendent of Public Instruction, Passages Family Support, Salish Behavioral Health Administrative Services Organization, Salish Regional FYSPRT, Southeast FYSPRT, Southwest Regional FYSPRT, Spokane County Behavioral Health Administrative Services Organization, System of Care Partnership, Students Providing and Receiving Knowledge, United Healthcare, Wellpoint (formerly Amerigroup), Yakima Health District, Youth and Young Adult Continuum of Care Subgroup, plus community members.

Facilitators – Statewide FYSPRT Tri-leads - Michelle Karnath (Family), Gabriel Hamilton (Youth), and Katie Favela (System Partner) **Timekeeper** – Tri-Lead Team **Notes** – Amanda/Kris

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action items</u>	<u>Assigned to</u>	<u>By when</u>
<p>Welcome, introductions and announcements</p> <p>Statewide FYSPRT Tri-Leads</p>	<p>Shared land acknowledgment.</p> <p>Brief Zoom meeting guidelines (mute when not talking, raise hand or put questions in the chat).</p> <p>Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSPRT they were representing.</p> <p>Reviewed Full Value Agreement.</p> <p>HCA and the Statewide FYSPRT Tri-leads will not be recording this meeting to be respectful of confidentiality as identified in the Full Value Agreement.</p> <p>The recurring needs and gaps form the Statewide FYSPRT provided feedback on (formerly the Challenge and Solution Submission Form) is almost finalized and will be sent out by email to the group and also posted to HCA's FYSPRT webpage. Thanks for your help with updating this document that is such an important part of the FYSPRT and Governance Structure process that brings the voice of families, youth and system partners forward from the Regional FYSPRTs.</p> <p>A few presenters are unexpectedly out of the office today so the original agenda has been adjusted.</p>	n/a	n/a	n/a
<p>Wraparound with Intensive Services (WISe) Quality Plan project update</p> <p>Kari Samuel and team</p>	<p>Topic Purpose – Update on themes of information gathered from families, youth and community partners as part of this project.</p> <p>Presenter unexpectedly out of the office and unable to present. Statewide FYSPRT Tri-lead team will try to get the topic rescheduled for a future meeting agenda.</p>			
		Tri-lead team will work with presenter to reschedule.	Tri-lead team and presenter	January 2025

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

Agenda Item & Lead(s)	Discussion and Notes	Action items	Assigned to	By when
<p>Youth and Young Adult Continuum of Care communication</p> <p>Michelle Karnath</p>	<p>Topic Purpose – Standing agenda item to share information about the Youth and Young Adult Continuum of Care Subgroup meetings and activities.</p> <p>This is a standing agenda item to provide updates regarding topics moved forward from a Regional FYSPRT to the Statewide FYSPRT that the Statewide FYSPRT was not able to address. When this occurs the Statewide FYSPRT moves the topic to legislative groups such as the Youth and Young Adult Continuum of Care or YYACC (a subgroup of the Children and Youth Behavioral Health Work Group or CYBHWG). This communication is on the agenda to keep the Statewide FYSPRT members in the loop and to share general priorities from the work of the YYACC.</p> <p>The YYACC voted in October on overarching priorities agreed on by the group. The YYACC has identified 6 priorities – expanding access to peer support services, support expansion of recovery high schools, fund administration for CAPS (Centralized Assessment of Psychosis Services), expand the Bridge Housing Program, increase and sustain funding for Youth Wellness Zone, and supporting the autism spectrum and intellectual disability (ASD/IDD) workforce serving youth and young adults. Extending the timeline for House Bill 1580, related to supporting children who remain hospitalized unnecessarily due to barriers to discharge, is moving forward as a legacy item to the CYBHWG. Other Legacy items (items that have been funded before that the YYACC wants to sustain) include funding a streamlined pathway for assessment for first episode psychosis. YYACC is moving forward with supporting statements of support for the Department of Children, Youth and Families (DCYF) specifically a funding packet around FRS to be more community based and accessible to families, for Students Providing and Receiving Knowledge (SPARK) making sure they can continue to get into schools to support young people, and to maintain funding for Office of Homeless Youth programs.</p> <p>For more information, see the recommendations for 2025 from the Children and Youth Behavioral Health Work Group (provided in a report to the Governor’s Office and the Legislature). This report contains priorities voted on by the YYACC and other subgroups that the Children and Youth Behavioral Health Work Group moved forward as recommendations to the Governor’s Office and the Legislature.</p> <p>The priorities from YYACC that were voted on as <i>new</i> recommendations, in the CYBHWG Annual Report for 2025, are expand the Bridge Residential housing program, expand access to peer supports in school settings and professional peer pathways for youth and young people and support expansion of recovery high schools. Other priorities items from YYACC and other subgroups of the CYBHWG are also included in the CYBHWG Annual Report for 2025.</p>	<p>Contact Michelle Karnath at Michelle.Karnath@clark.wa.gov with questions or for more information.</p>	<p>Anyone interested</p>	<p>Anytime</p>
<p>Youth only space updates</p> <p>Gabriel Hamilton, Cece Byrd and Quentesa Garraway</p>	<p>Topic Purpose – Standing agenda item to share updates on WA Statewide Youth Network activities and youth only spaces</p> <p>The Statewide FYSPRT Tri-lead team dedicates time on every agenda to provide updates/information regarding topics and/or dialogue from youth only spaces.</p> <p>The Youth Network Development Team is currently building, growing, and developing the Youth Network structure and activities. Young people are leading this project and determining what the Youth Network and youth only spaces will look like. In 2025, the Youth Network is wanting to reach out to offer support and assistance to Youth Tri-leads. The current Assistant Youth Director for the Youth Network shared their</p>	<p>Contact the Youth Network team at yn@wayouth.us with questions or for more information.</p>	<p>Anyone interested</p>	<p>Anytime</p>

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

Agenda Item & Lead(s)	Discussion and Notes	Action items	Assigned to	By when
Youth only space updates continued	excitement for the next year and that Regional FYSPRTs will be hearing from the Youth Network to start connecting with Youth Tri-leads.			
Respite update Liz Venuto and team	<p>Topic Purpose – Follow up on progress made regarding respite as brought forward by the Statewide FYSPRT to the Youth and Young Adult Continuum of Care group, a legislative group.</p> <p>Behavioral health respite for youth/families – Definition, history and update</p> <ul style="list-style-type: none"> • Definition of respite care services in behavioral health - the observation, direct support and monitoring to meet the physical, emotional, social, and mental health needs of an individual by someone other than their primary caregivers. Respite care should be provided in a manner that offers necessary relief to the caregivers, and respite may be provided on a planned or emergent basis and may be provided in a variety of settings. • For more information about the history of respite in Washington – please watch the Caregiver Respite Implementation Webinar from 2023 and/or continue reading the meeting notes. • Respite was identified as a recurring need by the Regional/Statewide FYSPRTs initially in 2017. • In 2020 the Statewide FYSPRT gathered updated information about respite from the regions and it was presented to a legislative group, the Youth and Young Adult Continuum of Care (YYACC) in August 2020. • YYACC Subgroup recommended to the larger Children and Youth Behavioral Health Work Group (CYBHWG), another legislative group, to direct the Health Care Authority to explore Medicaid waiver options for respite care for youth with behavioral health needs, without adversely impacting the Developmental Disabilities Administration and Department of Children, Youth and Families respite waivers. • In 2021, the Health Care Authority (HCA) was directed by the legislature to contract for a report which would review the options for providing behavioral health respite in Washington. This report was completed in June 2022 and is titled Behavioral Health Respite Implementation – Authority Options. As an alternate, there is also a one page summary available titled Status update: Behavioral Health respite options. • HCA reviewed the options which included the Medicaid Transformation Project (MTP) which is Washington’s Section 1115 Medicaid demonstration waiver between HCA and the Centers for Medicare and Medicaid (CMS). MTP allows HCA to create and continue to develop projects, activities and services that improve Washington’s health care system for those enrolled in Apple Health/Medicaid. • HCA included caregiver respite in the MTP/1115 waiver application to CMS. • Caregiver respite was approved in 2024, in the waiver application/renewal. • Under development is a cross-agency workgroup with HCA and the Department of Social and Health Services. • Services and eligibility are currently under negotiations with CMS. Proposed services include: intermittent and temporary supervision on a short-term basis, services are primarily non-medical and 	<p>For more information or for any questions, please contact:</p> <p>For History, Kristen Royal, kristen.royal@hca.wa.gov</p> <p>For information related to MTP and rates, Matt Christie, matt.christie@hca.wa.gov</p>	Those interested	Anytime

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action items</u>	<u>Assigned to</u>	<u>By when</u>
Respite update continued	<p>may include to attending to individual’s basic self-help needs or activities of daily living or have been assessed to have a behavioral health need that requires constant or near constant supervision.</p> <ul style="list-style-type: none"> • Respite could be made available when it is useful and necessary to maintain a person in their own home and prevent caregiver burnout and/or avoid institutional placement. • Eligible providers could include but are not limited to: providers contracted by county behavioral health, behavioral health agencies, respite facilities, county agencies, crisis support agencies, etc. • Proposed rates were shared for in-home and in facility respite care. • For more information about rates or to share comments or concerns, see Medicaid Transformation Project Caregiver Respite Services rate. Public comment period will be open until Friday December 27. • A lot of intentional engagement with people with lived experience, people in recovery, and people receiving different services has been done. There is still a lot of work to do to design and implement caregiver respite. 			
Evaluations and meeting wrap-up Statewide FYSPRT Tri-Leads	<p>Meeting evaluation link provided in the chat for participants to provide feedback on the meeting including possible agenda items for future meetings.</p> <p>Meeting evaluation link will also be emailed out to the group after the meeting.</p>	Tri-leads to review and consider feedback in planning future meetings.	Tri-lead team	January 2025
<i>Next Statewide FYSPRT Meeting</i>				
Tuesday February 4, 2025 3 p.m. - 5 p.m.				

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.