

Washington System of Care Statewide FYSVRT

Date: May 23, 2024 **Time:** 3 p.m. – 5 p.m.

Approximately 46 attendees representing the following: Behavioral Health Catalyst, Carelon, A Common Voice/Center of Parent Excellence, Department of Children Youth and Families, Department of Health, Developmental Disabilities Administration, Great Rivers Administrative Services Organization, Great Rivers Regional FYSVRT, Family Alliance, Greater Columbia Administrative Services Organization, Guided Pathways, Health Care Authority (Division of Behavioral Health and Recovery, Clinical Quality and Care Transformation and Medicaid Programs Division), Molina Healthcare, North Central WA FYSVRT, North Sound Administrative Services Organization, North Sound Youth and Family Coalition, Northeast FYSVRT, Office of Superintendent of Public Instruction, Passages Family Support, Salish Behavioral Health Administrative Services Organization, Salish Regional FYSVRT, Southwest Regional FYSVRT, Spokane County Behavioral Health Administrative Services Organization, Statewide Family Network, Students Providing and Receiving Knowledge, System of Care Partnership, United Healthcare, Wellpoint (formerly Amerigroup) plus community members.

Facilitators – Statewide FYSVRT Tri-leads - Michelle Karnath (Family), Gabriel Hamilton (Youth), and Katie Favela (System Partner) **Timekeeper** – Tri-Lead Team **Notes** – Amanda/Kris

Agenda Item & Lead(s)	Discussion and Notes	Action items	Assigned to	By when
Welcome and introductions Statewide FYSVRT Tri-Leads	Shared land acknowledgment. Brief Zoom meeting guidelines (mute when not talking, raise hand or put questions in the chat). Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSVRT they were representing. Request to turn off artificial intelligence (AI) programs for notetaking and recording, closed captioning has been enabled to support participation and engagement in the meeting. Reviewed Full Value Agreement.	n/a	n/a	n/a
Youth and Young Adult Continuum of Care communication Michelle Karnath	<p>Topic Purpose – Standing agenda item to share information about the Youth and Young Adult Continuum of Care Subgroup meetings and activities</p> <p>The Statewide FYSVRT Tri-lead team dedicates time on every agenda to provide updates regarding topics moved forward by the Statewide FYSVRT to legislative groups, specifically the Youth and Young Adult Continuum of Care (YYACC - a subgroup of the Children and Youth Behavioral Health Work Group or CYBHWG).</p> <p>The YYACC has been meeting to gather information to determine priorities for this year and tracking implementation of ongoing priorities. For additional information, feel free to review the April 2024 and May 2024 YYACC meeting notes. Work is continuing to move forward around the Prenatal – 25 Behavioral Health Strategic Plan. Representatives from the Strategic Plan work will be reaching out to family, youth, and system partners to do a deeper dive regarding intensive services for youth and young adults. YYACC meetings are open to the public and anyone is welcome to attend.</p>	For questions or additional information, please reach out to Michelle Karnath at Michelle.Karnath@clark.wa.gov	Those interested	anytime

Statewide FYSVRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSVRTs and state partners and develop collective recommendations to share with Statewide FYSVRT members, Regional FYSVRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

Agenda Item & Lead(s)	Discussion and Notes	Action items	Assigned to	By when
<p>Youth only space updates</p> <p>Gabriel Hamilton</p> <p>Youth only space updates continued. . .</p>	<p>Topic Purpose – Standing agenda item to share updates on WA Statewide Youth Network activities</p> <p>The Statewide FYSPRT Tri-lead team dedicates time on every agenda to provide updates and information regarding topics and/or dialogue from the youth only space being facilitated by the Statewide FYSPRT Youth Tri-lead and also Statewide Youth Network activities. The Statewide FYSPRT Youth Tri-lead is working to pull people together to explore youth spaces as part of the Youth Network and also beyond. SPARK, the contractor for the Youth Network, is currently working with Youth MOVE National, a national youth run organization and also getting input from youth, young adults and youth peers.</p>	<p>For questions or additional information, please reach out to Gabriel Hamilton at Ghamilton@wayouth.us</p>	<p>Those interested</p>	<p>anytime</p>
<p>Great Rivers FYSPRT Tri-lead meeting proposal</p> <p>Kari Goudge, Ray Gregson, and Statewide FYSPRT Tri-leads</p>	<p>Topic Purpose – Share proposal for creating a space for Regional FYSPRT Tri-Leads to meet and collaborate regularly. Time on agenda includes time for questions and dialogue.</p> <p>Earlier this year, the Great Rivers FYSPRT proposed an idea for a Tri-lead meeting. Their idea was shared with the Regional FYSPRT Coordinators to share with the Tri-leads for each Regional FYSPRT. The Statewide FYSPRT Tri-leads invited Ray and Kari to share the proposal and give the group time to ask questions and dialogue about it during the meeting.</p> <p>What: Opportunity for youth and family tri-leads to meet and collaborate regularly (similar to the set up for the FYSPRT coordinator call – where FYSPRT Coordinators/Conveners have time to share ideas and learn from each other). The Tri-lead call would not be mandated – but more of a space/opportunity for Tri-leads to get together to work with each other, network and build connections across the regions.</p> <p>Who: Option #1: Regional/Local Youth Tri-leads and Family Tri-leads to include an invitation to the Statewide FYSPRT Youth and Family Tri-leads. Option #2: Any Youth, Family, and System partner Tri-leads including Statewide Tri-leads. Would like to explore this more as the original intent is to amplify youth and family voice and leadership. Additional idea - Division of Behavioral Health and Recovery Tri-leads - Patty King, Quentesa Garraway and Kris Royal, could attend as neutral co-facilitators OR if preferred would not attend at all but would be available if helpful.</p> <p>Why: Opportunity for Regional Tri-leads to share experiences and resources across 10 different regions and learn from each other’s experiences and collaborate on specific topics they choose. If a theme around a specific gap or barrier comes up it could be worked through together or sent forward to the Statewide FYSPRT for a larger discussion. If one region found a solution to a problem, it could be shared. Would like all youth and families Tri-leads to have the opportunity to participate and see what the discussions could look like, what topics they would like to see, and support their needs in real time. There are a lot of new Tri-leads coming in and it will be great and empowering to be able to bounce ideas off or have</p>	<p>For questions or additional information, reach out to Ray Gregson at rgregson@grbhaso.org or Kari Goudge at kgoudge@grbhaso.org</p>	<p>Those interested</p>	<p>anytime</p>

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action items</u>	<u>Assigned to</u>	<u>By when</u>
<p>Great Rivers FYSPRT Tri-lead meeting proposal continued. . .</p>	<p>conversations to discuss what is working for others, what they are nervous about, what it may look like for them. Set strategies for success and spark ideas for growth within the FYSPRT program.</p> <p>When and How: Could be a monthly meeting or bi-monthly meeting depending on what the group wants. Would likely be a virtual meeting.</p> <p>Participants were divided up into breakout groups to dialogue about questions connected to the proposal.</p> <p>Questions for the breakout group dialogues included:</p> <ul style="list-style-type: none"> • What are the pros/cons of this proposal? • Do you have alternative ideas for magnifying Youth and Family Tri-lead voice and choice? – within your region? Or across the state? • Would Tri-leads find value in collaborating directly with other Tri-leads across the state? • Other considerations to ensure Regional FYSPRT Tri-leads have their thoughts and needs met in the Tri-lead role? <p>Pros - A lot of energy around it being a great space for youth and family Tri-leads to build confidence, share notes and increase communication, being able to have a space for everyone to bring or share ideas and resources, support each other and connect, sense of togetherness and understanding, collaborating, shared voices have value, would be an opportunity for letting it all out with solutions in a safe environment, a smaller group may feel safer to share and create connections across the regions including rural areas, reduced power imbalance, a way for regional voices to hear and elevate concerns, help with onboarding and keeping Regional Tri-leads engaged in the role, and keeping things more consistent across the state. (Many of these responses were shared by multiple groups).</p> <p>Cons – It’s another meeting to attend – may be a bigger ask or a change of routine, the budget has been the same for Regional FYSPRTs since 2015 - how will family and youth Tri-leads be paid to attend when it is already a tight budget, if regional system partner tri-leads are not included it might create division. (Many of these responses were shared by multiple groups).</p> <p>Ideas - There is more presence in in-person meetings. Being able to bounce off ideas and connect across the state and recognizing all regions have their strengths and growth areas, yearly retreat or annual training/symposium, a quarterly daylong event, every other month, or a monthly weekend event, build an online network to access all the resources for easier access and communication, maybe Regional Tri-leads could meeting during the Statewide FYSPRT meeting (for example a one hour breakout session) – could be every Statewide FYSPRT or every other.</p>			

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action items</u>	<u>Assigned to</u>	<u>By when</u>
Great Rivers FYSPRT Tri-lead meeting proposal continued. . .	<p>Value – Yes would have value (multiple responses)</p> <p>Considerations - What would it look like, how would it be structured, make sure each meeting has a purpose, consider planning an in-person retreat to bring the teams together to share and learn, creating a Tri-lead specific training or a mentor system for youth and family Tri-leads, have a facilitator to keep meeting on topic and running smoothly, consider also having a notetaker and a way to submit topics to discuss, systems voices are valuable too, consistency could and would impact engagement.</p> <p>Additional dialogue and ideas from the large group discussion: What is a FYSPRT Coordinator/Convener call? Conveners are the contract holders for FYSPRT work and deliverables. Conveners/Coordinators have a monthly call to talk about FYSPRT deliverables and share resources and approaches for meeting Regional FYSPRT expectations in the contract and manual.</p> <p>System partners have lived experience as parents/caregivers/family too. Do not want to eliminate system partners, because lived experience should be in this meeting and amplified to offer insight. Maybe it could be a strategic subcommittee.</p> <p>Emphasize the name of FYSPRT (Family Youth System Partner Round Table) makes it a round table conversation. There aren't any positions of authority at the round table – everyone listens to everyone – it's an inclusive round table experience – giving everyone the opportunity to be heard. System partner tri-leads are important and bring value to the meetings.</p> <p>The Tri-lead model is powerful and brings many opportunities. The strength of the FYSPRT is that the Tri-lead model is being lived out. If there are time or meetings or budget concerns – set up a pilot to see if there is value in the meetings to provide funding. Encourage keeping the FYSPRT model even for a non-mandatory call for Tri-leads.</p> <p>Having Regional Tri-leads come together to discuss what is going good and bad in their area, not reinvent stuff and learning from each other statewide with the opportunity to problem solve and grow as regions and have a centralized location to bring Tri-leads together.</p> <p>Provide a couple of breakout sessions during the Statewide FYSPRT meeting - have peer group breakouts and then bring them back in to brainstorm together – maximize meeting time and still be able to discuss things at participants comfort level. It is not about separating space, but about bringing everyone together to communicate and get different perspectives across the region/state. Pulling themes and trends to bring back to the group.</p> <p>The connection is much better when you are in person in the same room together. Feels more like a community that way. A space like this could really open opportunities to be able to bring in unique experiences and wisdom.</p>			

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action items</u>	<u>Assigned to</u>	<u>By when</u>
Real Talk Statewide FYSPRT Tri-leads Remaining meeting time	<p>Topic Purpose – Time to talk about whatever is on your mind related to child, youth, and family behavioral health or FYSPRTs</p> <p>The real talk time on the agenda came from feedback about wanting some time to connect and share. To provide a space to have authentic conversations and opportunity to discuss concerns related to child, youth, and family behavioral health or FYSPRTs. If there is a concern it could be dialogued about in this space and the group can identify if it is a recurring need, if more information needs to be gathered and/or if a challenge and solution form would be elevated to legislative groups (specifically the Youth and Youth Adult Continuum of Care). The goal is to provide an honest and safe space to connect and discuss and potentially elevate issues as a collective.</p>	If you have feedback about Real Talk or topics to propose, please reach out to the Statewide FYSPRT Tri-lead team.	Anyone	Anytime
Evaluations and meeting wrap-up Statewide FYSPRT Tri-Leads	<p>Meeting evaluation link provided in the chat for participants to provide feedback on the meeting including possible agenda items for future meetings.</p> <p>Meeting evaluation link will also be emailed out to the group after the meeting.</p>	Tri-leads to review and consider feedback in planning future meetings.	Tri-lead team	June and July 2024
<i>Next Statewide FYSPRT Meeting</i>				
Thursday July 25, 2024 3 p.m. - 5 p.m.				

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.