

Washington System of Care Statewide FYSPRT

Date: January 25, 2024 **Time:** 3 p.m. – 5 p.m.

Approximately 54 attendees representing the following: Carelon, Clinical Quality and Care Transformation (HCA), A Common Voice/Center of Parent Excellence, Compass Health, Department of Children Youth and Families, Department of Health, Division of Behavioral Health and Recovery (HCA), Great Rivers Administrative Services Organization, Great Rivers Regional FYSPRT, Family Alliance, Great Rivers Regional FYSPRT, Greater Columbia Administrative Services Organization, Guided Pathways, Medicaid Programs Division (HCA), Molina Healthcare, North Central WA FYSPRT, North Sound Administrative Services Organization, North Sound Youth and Family Coalition, Northeast FYSPRT, Northwest Center for Family Support, Office of Superintendent of Public Instruction, Passages Family Support, Salish Administrative Services Organization, Salish Regional FYSPRT, Southeast Regional FYSPRT, Southwest Regional FYSPRT, Spokane County Behavioral Health Administrative Services Organization, Students Providing and Receiving Knowledge, System of Care Partnership, United Healthcare, plus community members.

Facilitators – Michelle Karnath, Gabriel Hamilton, and Katie Favela (Statewide FYSPRT Tri-Leads)

Timekeeper – Tri-Lead Team

Notes – Kris

Agenda Item & Lead(s)	Discussion and Notes	Action items	Assigned to	By when
<p>Welcome and introductions</p> <p>Statewide FYSPRT Tri-Leads</p> <p>3:00 – 3:10</p>	<p>Shared land acknowledgment.</p> <p>Brief Zoom meeting guidelines provided (mute when not talking, raise hand or put questions in the chat).</p> <p>Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSPRT they were representing.</p> <p>Reviewed Full Value Agreement.</p>	n/a	n/a	n/a
<p>Supporting caregivers in opioid use recovery and promoting prevention for youth</p> <p>Jim Leighty and Ashton Gatsby Northwest Center for Family Support (NCFS)</p> <p>3:10 – 3:40</p>	<p>Topic Purpose – Share information about how NCFS is working to support caregivers in opioid use recovery and also prevention for their children, ages 0-14. Dialogue about how to increase engagement, collaborative partnerships, and other recommendations to increase access for families</p> <p>In October 2023, the Tri-lead team forwarded some information about the Northwest Center for Family Support (NCFS). Today they are here to share this information and to dialogue with the group about how to increase engagement and access for families.</p> <p>Many people experiencing opioid use disorder are parents and caregivers and their children and teens are at higher risk for accidental opioid poisoning, attention deficit/hyperactivity disorder, developmental concerns, emotional and behavioral challenges, multigenerational opioid use and abuse or neglect.</p> <p>Family focused evidence-based interventions (EBIs) exist. They focus on strengthening parenting skills, promote bonding, support caregivers in recovery and improve health and wellbeing for families. NCFS has received a 3 year grant from the Foundation for Opioid Response Efforts (FORE) to increase access to family-focused EBIs for caregivers in opioid use recovery who have children ages birth to 14. NCFS offers providers free training, consultation and technical assistance and offers stipends to defray implementation costs. Providers are asked to implement family focused evidence-based interventions and share anonymous survey data to continue to learn about the best way to do this work. Family focused EBIs that NCFS trains providers on include Promoting First Relationships (ages birth -5), Families Facing the Future (ages 5-14),</p>	<p>For questions or more information about this work, please contact Jim Leighty, jleighty@uw.edu or Ashton Gatsby, agatsby@uw.edu</p>	Anyone interested	anytime

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

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Supporting caregivers in opioid use recovery continued. . .	Guiding Good Choices (ages 9-14), and Strengthening Families (ages 10-14). NCFS provides ongoing technical assistance, consultation, partnership exploration and tailoring to meet the provider and parent/caregiver needs. The goal is to train providers in these EBIs to make them available to families in the community.			
Youth and Young Adult Continuum of Care communication Michelle Karnath 3:40 – 3:50	<p>Topic Purpose – Standing agenda item to share information about the Youth and Young Adult Continuum of Care Subgroup meetings and activities</p> <p>The Statewide FYSPRT Tri-lead team dedicates time on every agenda to provide updates regarding topics moved forward by the Statewide FYSPRT to the Youth and Young Adult Continuum of Care (YYACC - a subgroup of the Children and Youth Behavioral Health Work Group or CYBHWG) to keep the Statewide FYSPRT members in the loop.</p> <p>Non-emergency Medical Transportation (NEMT) concerns have been elevated to the Statewide FYSPRT twice in the last couple years. The YYACC/CYBHWG did write a statement of support that was submitted as part of their recommendations to legislature to show support for a funding request in the amount of approximately 8 million dollars to help resolve some of the NEMT challenges being experienced by youth and families as reported by regional FYSPRTs across Washington.</p> <p>Caregiver respite was added to the Medicaid Transformation Project which is a demonstration waiver that allows WA to create and continue to develop services that improve our behavioral health system. Michelle – Statewide FYSPRT Tri-lead and YYACC/CYBHWG member, has been meeting with the Health Care Authority around what the waiver will look like.</p> <p>To review all of the recommendations and statements of support provided by the CYBHWG for the 2024 legislative session, click here. If you are interested in receiving an update on bills being tracked by the CYBHWG, please feel free to reach out to Michelle Karnath at Michelle.Karnath@clark.wa.gov.</p>	For questions or additional information, please reach out to Michelle Karnath at Michelle.Karnath@clark.wa.gov	Those interested	anytime
Youth only space updates Gabriel Hamilton 3:50 – 4:00	<p>Topic Purpose – Updates on Youth only space/Blueprint meeting</p> <p>The Statewide FYSPRT Tri-lead team dedicates time on every agenda to provide updates and information regarding topics and/or dialogue from the youth only space being facilitated by the Statewide FYSPRT Youth Tri-lead.</p> <p>No update regarding a youth only meeting with legislators focusing on the main issues being seen in mental health and peer work. This has been postponed until after the legislative session ends.</p> <p>SPARK Peer Learning Center was the successful bidder for a youth led and directed Statewide Behavioral Health Youth Network. The work of this contract will begin soon. The SPARK Peer Learning Center will be leading this work to create an environment in which youth/young adults and youth leaders with behavioral health lived experience from across the state will have a platform that brings their voice forward, as well as ensuring youth/young adults are an integral part of regional and statewide workgroups, committees,</p>	For questions or additional information, please reach out to Gabriel Hamilton at Ghamilton@wayouth.us	Those interested	anytime

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Youth only space updates continued. . .	directed initiatives, etc. to affect policies and change. Gabe will be reaching out to connect with youth, young adults, youth peers, and youth leaders who may be interested in being a part of this work.			
Statewide FYSPRT vision and mission work group update Statewide FYSPRT Tri-leads 4:00 – 4:15	<p>Topic Purpose – looping back regarding development of a vision and mission statements for the Statewide FYSPRT</p> <p>The Statewide FYSPRT developed a short-term work group to focus on developing a vision and mission statement for the Statewide FYSPRT.</p> <p>The draft vision statement is - We envision a future where WA state youth, young adults, families, and community partners work together to ensure behavioral health programs and services successfully support all to thrive.</p> <p>The draft mission statement is - To inspire hope and connection and provide education, resources and advocacy for youth, young adults, families, and system and community partners. Statewide FYSPRT represents all voices and strives to identify successes and challenges within the regions, support the work of the regional FYSPRTs, and resolve identified challenges or advance them to a legislative group.</p> <p>Feedback about the mission statement included that there are lots of commas and words, suggestion to use dot points for readability, use memes and to condense the first sentence.</p> <p>The draft vision and mission statements will be emailed to the Statewide FYSPRT members with two weeks to provide additional thoughts and feedback regarding both statements. Any additional feedback received will be combined with the feedback gathered in this meeting.</p>	Tri-lead team will send out an email to the Statewide FYSPRT members that contains both the draft vision and mission statements for an additional opportunity to provide feedback.	Tri-lead team will send out the email. Feedback about the draft statements due to Tri-lead team due Feb. 8.	1/26/24 2/8/24
Trends, wins and challenges from the regions Regional FYSPRTs 4:15 – 4:55	<p>Topic Purpose – each region will have approximately 4 minutes to share trends, wins and challenges from their regions</p> <p>Each Regional FYSPRT had about 4 minutes to share some of the trends, wins and challenges that they are noticing in their regions.</p> <p>Some of the themes included – starting or already started hybrid meetings with both an in person and online option for participants, focus on youth and family engagement, focus on having a youth only space, developing partnership with tribes, hosting in person events, WISE program referrals to FYSPRT, adding real time talk to meeting agendas, standing items for schools/education, and multiple projects including parenting classes, lock boxes or other safe storage devices, and best practices when transitioning from crisis level services.</p> <p>For additional information and more details about what each Regional FYSPRT is working on, please visit the How to Find Your Regional FYSPRT document with more information about meeting times, contact information and links to the Regional FYSPRT websites and work plans.</p>	For more information, reach out to the Regional FYSPRT and/or visit the How to Find Your Regional FYSPRT document for more information.	Those interested	anytime

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Evaluations and meeting wrap-up Statewide FYSPRT Tri-Leads 4:55 – 5:00	Meeting evaluation link provided in the chat for participants to provide feedback on the meeting including possible agenda items for future meetings. Meeting evaluation link will also be emailed out to the group after the meeting.	Tri-leads to review and consider feedback in planning future meetings.	Tri-lead team	Feb and March 2024
<i>Next Statewide FYSPRT Meeting</i>				
March 28, 2024 3 p.m. - 5 p.m.				

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