

Washington System of Care Statewide FYSPRT

Date: June 22, 2023 **Time:** 3:00pm – 5:00pm

Approximately 48 attendees representing the following: Amerigroup, Carelon, Catholic Community Services, A Common Voice, Community Health Plan of Washington, Community Youth Services, Coordinated Care Washington, DadsMOVE, Department of Children Youth and Families, Great Rivers Regional FYSPRT, Great Rivers Behavioral Health Administrative Services Organization, Greater Columbia Administrative Services Organization, Greater Columbia Regional FYSPRT, Guided Pathways, Division of Behavioral Health and Recovery/Health Care Authority, KC3 (King County Regional FYSPRT), Medicaid Programs Division/Health Care Authority, North Central WA FYSPRT, North Sound Behavioral Health Administrative Services Organization, Northeast FYSPRT, Office of Superintendent of Public Instruction, Passages Family Support, Salish Behavioral Health Administrative Services Organization, Salish Regional FYSPRT, Sea Mar Child and Family, Shelton School District, Southwest Regional FYSPRT, Spokane County Behavioral Health Administrative Services Organization, Students Providing and Receiving Knowledge (SPARK), System of Care Partnership, Washington PAVE, Washington State Community Connectors, and community members.

Facilitators – Michelle Karnath, Gabriel Hamilton, and Katie Favela (Statewide FYSPRT Tri-Leads)

Timekeeper – Tri-Lead Team

Notes – Kris

Agenda Item & Lead(s)	Discussion and Notes	Action items	Assigned to	By when
<p>Welcome and Introductions</p> <p>Statewide FYSPRT Tri-Leads</p> <p>3:00 – 3:10</p>	<p>Shared land acknowledgment.</p> <p>Brief Zoom meeting guidelines provided (mute when not talking, raise hand or put questions in the chat).</p> <p>Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSPRT they were representing.</p> <p>Reviewed Full Value Agreement.</p>	n/a	n/a	n/a
<p>Youth only space updates</p> <p>Gabriel Hamilton</p> <p>3:10 – 3:20</p>	<p>Topic Purpose – Updates on Youth only space/Blueprint meeting</p> <p>The Statewide FYSPRT Tri-lead team wants to dedicate time on every agenda to provide updates/information regarding topics and/or dialogue from the youth only space being facilitated by the Statewide FYSPRT Youth Tri-lead.</p> <p>The youth only meeting scheduled for mid-May was postponed to this summer. This is intended to be a fun and engaging youth/young adult only space for age 16 and above where youth and young adults feel empowered to share what is happening in their communities and to connect back to the Statewide FYSPRT. The current plan is to have an in person meeting this summer and then it could switch to virtual moving forward. The Statewide FYSPRT Youth Tri-lead is looking for youth or young adults who may be interested in getting involved and to report out at the Statewide FYSPRT. There will also be a lunch session for supportive adults who may be interested in getting involved.</p> <p>Link to a survey provided in the meeting chat to share with youth and young adults for their input to help determine a meeting day and time.</p>	<p>For more information or questions, reach out to Gabriel Hamilton at g Hamil467@yahoo.com.</p>	<p>Those interested</p>	<p>anytime</p>

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

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<p>Statewide FYSVRT vision and mission dialogue</p> <p>Statewide FYSVRT Tri-leads</p> <p>3:20 – 4:25</p>	<p>Topic Purpose – Activities to support development of vision and mission statements for the Statewide FYSVRT.</p> <p>A theme has been emerging over the last year in meeting evaluations regarding FYSVRT work including how valuable it is and messaging the value of FYSVRT and the broader Governance Structure. Some of the feedback has included a clear way to describe what FYSVRTs are and what they are all about. The Tri-lead team decided to spend some time in this meeting focusing on a Vision and Mission statement for the Statewide FYSVRT. There is a vision and mission statement in a FYSVRT FAQs document that has been adapted for the Regional FYSVRTs for their vision and mission statements. In breakout groups, we will be referencing these statements and working to brainstorm to create a Statewide FYSVRT Vision and Mission statement.</p> <p>Participants were divided up into breakout groups to dialogue about the Vision statement currently in the FAQs document regarding FYSVRT.</p> <p>FYSVRT Vision - Through respectful partnerships, families, youth, systems, and communities collaborate, influence, and provide leadership to address challenges and barriers by promoting cohesive behavioral health services for children, youth and families in Washington State.</p> <p>Questions for the breakout group were:</p> <ul style="list-style-type: none"> • Does the statement make sense? • Is it reflective of the Statewide FYSVRT's work? • What is missing from the statement? • What are your ideas for clarification? <p>Vision feedback</p> <p>After dialoguing in the breakout sessions, the smaller groups came back to the larger group for a report out. Some of the thoughts, themes and feedback that came out of these dialogues for the Vision statement included: statement made sense to some while others reported it didn't make sense and was not youth friendly and not familiar language, statement is a little broad and not very engaging, a long sentence with too many words (maybe make it a couple sentences), may not feel inclusive to everyone we are trying to reach, feels inclusive to reach beyond system partners to community partners and organizations, consider adding "emerging adults" to the statement instead of youth or adolescent, language in the statement (and FAQs) are not everyday conversational language, break the statement down, add support for the Regional FYSVRT to the statement, needs to include something about elevating voices of youth and family to legislature, a vision statement should be inspiring and this one doesn't speak to the work being done or the life impact that FYSVRTs have, wording is full – not an elevator talk – bring wording to everyday conversational language.</p> <p>After the report out from the Vision statement breakout groups, participants were divided up into breakout groups to dialogue about the Mission statement currently in the FAQs document regarding FYSVRT.</p> <p>FYSVRT Mission - Family, Youth and System Partner Round Tables provide an equitable forum for families, youth, systems, and communities to strengthen sustainable resources by providing community-based approaches to address the individualized behavioral health needs of children, youth and families.</p> <p>Questions for the breakout group were:</p> <ul style="list-style-type: none"> • Does the statement make sense? • Is it reflective of the Statewide FYSVRT's work? • What is missing from the statement? • What are your ideas for clarification? 	<p>Breakout session note takers will send their group's notes to Kris to capture in the meeting notes.</p>	<p>Breakout session note takers and Kris</p>	<p>July 2023</p>

Statewide FYSVRT Goals

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	<p>Mission feedback After dialoguing in the breakout sessions, the smaller groups came back to the larger group for a report out. Some of the thoughts, themes and feedback that came out of the dialogues for the Mission statement included: having a hard time grasping what it said – its not in everyday conversational language, is a mouthful and is difficult to understand – for example what does sustainable resources mean, long statement, will communities understand equitable forum or know what a system is, not super engaging or inviting, the mission statement is clearer than the vision statement but not written in a way that is considered equitable for all reading levels, needs more clarity for the role of the Statewide FYSVRT, does not make sense as a mission statement for the Statewide FYSVRT was more reflective of the Regional FYSVRT, FAQ document could need to be in more conversational language as well, how FYSVRT sees itself may not be the same for providers who may feel in the hot seat vs. a collaborative way to problem solve in the community, how to include consistent guidance and support for Regional FYSVRTs, clarity needed regarding a pathway to elevate changes/needs/voices, doesn't represent who it was designed for, sustainable resources and community based approaches – not as relevant to Statewide FYSVRT, statement as written might push families and youth away from FYSVRT vs drawing them in, FYSVRTs do more than what is stated – education, advocacy, providing hope etc. and the statement is missing family and youth voice.</p>			
<p>Youth and Young Adult Continuum of Care Communication</p> <p>Respite update</p> <p>Michelle Karnath and Tina Burrell</p> <p>4:25 – 4:55</p>	<p>Topic Purpose – Standing agenda item to share information about the Youth and Young Adult Continuum of Care Subgroup meetings and activities</p> <p>The Statewide FYSVRT Tri-lead team dedicates time on every agenda to provide updates regarding topics moved forward by the Statewide FYSVRT to legislative groups – specifically the Youth and Young Adult Continuum of Care (YYACC - a subgroup of the Children and Youth Behavioral Health Work Group or CYBHWG) to keep the Statewide FYSVRT members in the loop on progress.</p> <p>The YYACC meeting schedule is still being put together for 2023 with meetings anticipated to begin this summer. These meetings are open to the public. The YYACC Quad Lead team is currently looking for a new Youth Quad Lead and anticipate an application process being available soon.</p> <p>Today the focus will be an update on behavioral health respite, a need that was moved forward by the Statewide FYSVRT to the YYACC in 2020. In 2021, the Health Care Authority (HCA) was directed by the legislature to contract for a report which would review the options for providing behavioral health respite in Washington. This report was completed in June 2022 and is titled Behavioral Health Respite Implementation – Authority Options. As an alternate, there is also a one page summary available titled Status update: Behavioral Health respite options. HCA reviewed the options which included the Medicaid Transformation Project (MTP) which is Washington's Section 1115 Medicaid demonstration waiver between and HCA and the Centers for Medicare and Medicaid (CMS). MTP allows HCA to create and continue to develop projects, activities and services that improve Washington's health care system for those enrolled in Apple Health/Medicaid. HCA included caregiver respite in the MTP/1115 waiver application to CMS and are waiting to hear back as the application is currently under CMS review. If caregiver respite is approved by CMS, HCA will have six months to complete policies and procedures, including identified eligibility requirements and rates. Caregiver respite would be an "in lieu of" service which pays for alternate services when it is medically appropriate and cost effective and would be available through Managed Care Organizations (MCOs) and fee for service providers.</p>	<p>For more information or questions, reach out to Michelle Karnath at Michelle.Karnath@clark.wa.gov or Tina Burrell at tina.burrell@hca.wa.gov.</p>	<p>Those interested</p>	<p>anytime</p>
<p>Evaluations and meeting wrap-up</p> <p>Statewide FYSVRT Tri-Leads</p> <p>4:55 – 5:00</p>	<p>Meeting evaluation link provided in the chat for participants to provide feedback on the meeting including agenda items for future meetings.</p> <p>Meeting evaluation link will also be emailed out to the group after the meeting.</p>	<p>Tri-leads to review and consider feedback in planning future meetings.</p>	<p>Tri-lead team</p>	<p>July 2023</p>

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<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action items</u>	<u>Assigned to</u>	<u>By when</u>
<i>Next Statewide FYSPRT Meeting</i>				
To be determined				

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