

Washington System of Care Statewide FYSPRT

Date: Wednesday May 31, 2017

Time: 9:30am – 3:00pm

Location: Blake Office Park West, 4450 10th Avenue SE, Lacey, WA 98503

Room(s): Chelan/Roosevelt Rooms

48 Attendees representing the following: Attorney General’s Office, Children’s Administration, Children’s Behavioral Health Workforce Collaborative, Coordinated Care, Developmental Disabilities Administration, Disability Rights Washington, Division of Behavioral Health and Recovery, Great Rivers BHO Regional FYSPRT, Greater Columbia Regional FYSPRT, Health Care Authority, King County Regional FYSPRT (Family and Youth Council), North Central WA BHO and Regional FYSPRT, North Sound BHO Regional FYSPRT, Optum Pierce BHO Regional FYSPRT (HI-FYVE), Rehabilitation Administration, Salish BHO Regional FYSPRT, Southwest Washington Regional FYSPRT, Spokane/Northeast Regional FYSPRT, Thurston Mason BHO Regional FYSPRT, Youth from the Community, and YouthSound.

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
Welcome and Introductions Travis Rybarski	Attendees introduced themselves, identified their role and which agency, organization, and/or Regional FYSPRT they were representing. Information shared about mental health awareness events in the regions. Comfort agreement reviewed with opportunity for feedback.	n/a	n/a	n/a
System Partner Tri-Lead Role Travis Rybarski, Michelle Karnath and Kris Royal	<p>Topic Purpose – Dialogue and next steps regarding vacant System Partner Tri-Lead role</p> System Partner Tri-Lead role currently vacant. Previous System Partner Tri-Lead attended the meeting to share transition information. Current Youth Tri-Lead planning to start transitioning out of role. If any members are interested in stepping into one of the Tri-Lead roles, please contact Kristen Royal or one of the Tri-Leads by June 16. Provided information about the role and identified average time requirements, up to approximately 10 hours quarterly. Support could be provided through the Regional FYSPRT contracts.	Contact Kristen.Royal@dshs.wa.gov Michelle Karnath Michelle.Karnath@clark.wa.gov Travis Rybarski travis.rybarski@wsu.edu with questions.	Members	June 16, 2017
Developmental Disabilities Administration Overview and Executive Leadership Team Update Evelyn Perez	<p>Topic Purpose – Overview of DDA activities and share highlights from previous ELT meetings</p> An overview of Developmental Disabilities Administration (DDA) programs and waivers was provided by Evelyn Perez, Assistant Secretary for DDA and Executive Leadership Team member. See below for links to fact sheets and descriptions: Community Crisis Stabilization Service (CCSS) – short term program that provides behavioral health stabilization and supports to children enrolled and eligible for services with DDA and who are in crisis and at risk of hospitalization or institutionalization Basic Plus Waiver – designed to offer services and supports to up to 8,800 individuals who are at risk of losing their current living situation and require waiver services to	Provide DDA facts sheets electronically to members.	Kris	June 9, 2017

Statewide FYSPRT Goals

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2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or Children’s Behavioral Health Executive Leadership Team that include youth, family and system partner voice.

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	<p>meet the health and welfare needs in their own home, their family’s home or in other settings</p> <p>Individual and Family Services Waiver – designed to offer a variety of services to help support clients living in the family home, provide clients with a choice of services and allow clients more control over resources allocated to them</p> <p>Voluntary Placement Services – offers an array of services to children residing in a licensed setting outside of the family home</p> <p>Medically Intensive Children’s Program - provides skilled nursing services to children ages 17 and younger</p> <p>Children’s Intensive In-Home Behavioral Support - designed to support children at high risk of out of home placement due to challenging behaviors to live successfully at home with their families</p> <p>Community First Choice - offers a variety of services designed to support individuals to remain living in the community. Services are provided to children or adults in their own home, an adult family home, or an assisted living facility.</p> <p>Agenda items from the April 12 and May 10 Executive Leadership Team (ELT) meeting included Integration and WISE, Exit Review Check In/Dialogue, ELT member attendance at May 31 Statewide FYSPRT meeting. Click ELT Notes to view notes for the meetings.</p>			
<p>Challenge and Solution Submission Forms</p> <p>Travis Rybarski and Michelle Karnath</p>	<p>Topic Purpose – Dialogue about North Central WA submission, recognition of additional challenges or solutions submitted</p> <p>A month before the meeting, Statewide FYSPRT Tri-Leads requested that all regions submit a Challenge and Solution Submission Form prior to the meeting. One form received shared a solution about creating a Facebook page, with the support of YouthSound, to connect with community around the Regional FYSPRT. YouthSound has a Facebook 101 document the Youth Tri-Lead agreed to share.</p> <p>The remaining forms identified a challenge and included the following topics:</p> <ol style="list-style-type: none"> 1. Respite services 2. WISE Services for non-Medicaid eligible children/youth 3. No CLIP facilities in some counties 4. Supporting homeless youth 5. Recruiting/maintaining a Regional FYSPRT System Partner Tri-Lead 6. Education outreach - training/workshops advertised to families along with available resources information. 	<p>Facebook 101 document to be shared when meeting notes are emailed to membership.</p>	<p>Travis Kris</p>	<p>June 9, 2017</p>

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	<p>Attendees participated in an activity to vote on a topic of focus for the next Statewide FYSPRT meeting. Respite services to support youth and their families received 5 votes. WISE services for Non-Medicaid youth and families received 4 votes. Education outreach – training/workshops received 4 votes.</p> <p>Members participated in a dialogue around a challenge identified at a previous meeting regarding availability of neuropsychologists. Some regions identified that there are no neuropsychological evaluations available in their county/region and that youth are taken to Seattle for this evaluation. Possible solutions included conference or web based evaluation. Telehealth services were brought up as a potential solution but need further investigation to determine if this is a viable option. One participant identified telehealth is used by some tribes. Noted that there may be a difference between neuropsychological evaluations, disability evaluations and other types of evaluations. Some agencies provide satellite offices for psychological evaluations.</p>	<p>Tri-Leads and Kris will work with Regional FYSPRT Coordinator/Tri-leads to develop questions to send to membership to gather information about respite services across the state.</p> <p>Send ideas for providing neuropsychological evaluations to Dee Cummings at: dcummings1962@yahoo.com</p>	<p>Tri-Leads and Kris</p> <p>Dee Cummings</p>	<p>June 30, 2017</p> <p>As available</p>
Lunch Break 12:00pm – 1:00pm Lunch on your own				
<p>Report Out from the Regions</p> <p>Jared Langton and Michelle Karnath</p>	<p>Topic Purpose – Gather feedback and strategies for family engagement in mental health and substance use services</p> <p>A month before the meeting, Statewide FYSPRT Tri-Leads requested the Regional FYSPRTs/system partners gather information around successes and/or challenges with family engagement in mental health and substance use services from the youth, family and/or system partner/provider perspective. Some confusion around the questions was expressed.</p> <p>Successes reported by the regions included the utilization of Youth and Family Peers, family and youth voice in treatment, motivating approach, non-judgmental approach, mental health and substance use services provided in schools, being treated as expert of own family, meeting families where they are at, building relationships with family members, and including natural supports.</p> <p>Challenges included family culture, timeframe to get services, very few peers in outpatient services, no effort to engage families, conflicting work and school schedules (school-based services), labeling as a parenting problem, not enough trust established with families and too much trying to fix families, a need for more diversity in treatment, availability of services for working poor or non-Medicaid populations, age of consent, and improvement of crisis services.</p>	<p>Jared will compile and share information with State Youth Treatment – Implementation sites across Washington.</p> <p>Statewide FYSPRT Tri-Leads, Kris and Jared to review FYSPRT evaluations and determine next steps for this topic.</p>	<p>Jared</p> <p>Tri-Leads, Kris and Jared</p>	<p>August 8, 2017</p>

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<p>Meeting Evaluation</p> <p>Agenda Items for the Next Meeting</p> <p>Michelle Karnath</p>	<p>Evaluations handed out for participants to complete to provide feedback on the meeting including an agenda item request for future meetings. Also requested that members write proposed questions for the next meeting to gather information from Statewide FYSPRT members regarding the respite care challenge form from Great Rivers.</p> <p>Acknowledged Kathy Smith Di-Julio's retirement and work on the System of Care Grant and WISE Implementation.</p>	<p>Kris and Tri-Leads will share proposed questions with Great Rivers FYSPRT Coordinator for review and edits to ensure questions ask for information to help address the challenge.</p>	<p>Kris and Tri-Leads</p>	<p>June 9, 2017</p>
<p>Supported Employment for Youth and Young Adults</p> <p>Melodie Pazolt and Lisa Bennett-Perry</p>	<p>Topic Purpose – Information sharing</p> <p>Presentation on Supported Employment for Youth and Young Adults. Overview of Medicaid Transformation Waiver that provides targeted Medicaid benefits that help eligible clients with complex health needs, including youth of working age experiencing behavioral health symptoms, obtain and maintain employment and housing stability. Principles of Supported Employment include:</p> <ol style="list-style-type: none"> 1. Open to anyone who wants to work 2. Focus on competitive employment 3. Systematic job development 4. Prioritize rapid job search 5. Client preferences guide decisions 6. Individualized long-term supports 7. Integrated with treatment <p>Services for Supported Employment may include:</p> <ol style="list-style-type: none"> 1. Employment assessment and development of a plan to address barriers 2. Assistance with applications, community resources and outreach to employers 3. Education, training, coaching to maintain employment. <p>For more information about how to qualify to offer Supported Employment services for youth of working age experiencing behavioral health symptoms, please contact: Melodie Pazolt 360-725-0487 or by email at melodie.pazolt@dshs.wa.gov or Lisa Bennett-Perry at 360-725-3257 or by email at bennell@dshs.wa.gov</p>	<p>Membership to share info with their networks. For handouts or PowerPoint from the meeting, please contact Kris Royal at Kristen.royal@dshs.wa.gov or Melodie Pazolt or Lisa Bennett-Perry at the below email addresses.</p> <p>Presenters are available to share this information at Regional FYSPRTs. To schedule a presentation, Regional FYSPRT Coordinators and/or Tri-Leads can contact:</p> <p>Melodie Pazolt at 360-725-0487 or by email at melodie.pazolt@dshs.wa.gov</p> <p>Lisa Bennett-Perry at 360-725-3257 or by email at bennell@dshs.wa.gov</p>	<p>Membership</p> <p>Regional FYSPRT Coordinators and/or Tri-Leads</p>	<p>August 2017</p>
Next Statewide FYSPRT Meeting				
<p>Tuesday August 8, 2017 9:30am – 3 pm in Lacey, WA</p>				

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