

Washington System of Care Statewide FYSPRT

Date: Tuesday November 1, 2016

Time: 9:30am – 3:00pm

Location: Blake Office Park West, 4450 10th Avenue SE, Lacey, WA 98503

Room(s): Chelan/Roosevelt Rooms

42 Attendees representing the following: Attorney General’s Office, Beacon Health Option of Washington, Children’s Administration, Coordinated Care, Department of Health, Developmental Disabilities Administration, Disabilities Rights Washington, Division of Behavioral Health and Recovery, Great Rivers BHO Regional FYSPRT, Greater Columbia BHO Regional FYSPRT, Health Care Authority, King County BHO Regional FYSPRT, Lutheran Community Services Northwest, North Central WA BHO Regional FYSPRT, North Sound BHO Regional FYSPRT, Office of Superintendent of Public Instruction, Optum/Pierce BHO Regional FYSPRT, Rehabilitation Administration-Juvenile Rehabilitation, Salish BHO Regional FYSPRT, Southwest WA Regional FYSPRT, Spokane BHO Regional FYSPRT, Thurston/Mason BHO Regional FYSPRT, Washington State Community Connectors, Washington State University, and YouthSound

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
Welcome and Introductions Travis Rybarski	Attendees introduced themselves, identified which agency/organization/ Regional FYSPRT they were representing and their role within their agency/organization/Regional FYSPRT.	n/a	n/a	n/a
Draft Statewide FYSPRT Charter Michelle Karnath and Jake Towle	Topic Purpose – feedback, dialogue, and next steps			
	Statewide FYSPRT charter reviewed with members. Suggestions for edits and additions were incorporated into the draft document.	Charter to be emailed to membership for additional suggested edits/comments.	Kris Royal Feedback to Michelle Karnath	11/4/16 11/11/16
Report Out from the Regions Jake Towle, Travis Rybarski and Michelle Karnath	Topic Purpose – updates from regions regarding below questions, identify items for dialogue and/or possible items to take to Executive Leadership Team			
	Participants shared information related to the below questions: What is working well around youth engagement in your region? Highlights from Regions: -active youth group in Cowlitz, local FYSPRTs in Cowlitz, Grays Harbor and Lewis -Youth are bringing other youth -incentives- youth also want to feel useful -youth are leading meetings -topics youth can contribute to, breakout sessions for youth w/ hand-on activities -meeting w/ youth, system partners- YouthSound -we have a youth tri-lead -YouthSound participation at meetings	Information provided to be reviewed with Tri-Leads for next steps.	Kris Royal Michelle Karnath Travis Rybarski Jake Towle	Next Statewide FYSPRT meeting

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	<p>-youth specific services- teaching skills -youth pilot program -info about benefits of FYSPRT roles and membership -youth are getting adequate BH services</p> <p>What challenges are being addressed regionally? Highlights from Regions: -support for travel expenses -WISE teams are stretched thin -youth lead groups -peer mentor groups- substance use youth lead groups -2017 goals/priorities -shortage of providers for LGBTQ, MH and SUD -providers are feeling undertrained -how to get training w/ clock hours at no cost? -payment for WISE services -marketing due to size- making FYSPRT posters -possible change in location/time to engage families -WISE and family youth participation -youth engagement -limited access to services -looking for family tri-lead -youth, family and system tri-leads (regional)</p> <p>What challenges would you like to discuss further at the Statewide FYSPRT? Highlights from Regions: -outreach to rural communities -engagement w/ under-represented communities -coordination of care w/ hospitals- now working w/ BHO -CLIP referrals- better coordination of care, discharge, etc. -training for family/youth to give feedback on fidelity of service -WISE programs successful, but no comparable service for non-Medicaid clients -need WISE data and representation from BHO -what happens to FYSPRT when FIMC -discuss stigma w/ youth in Tribal communities -focus on outreach to systems -gift cards for families- transportation, child care -community needs assessments- held in all regions</p>	<p>Re: payment for WISE services, Paul Davis will follow up with DBHR, BHO and providers to determine what may be blocking payment.</p>	<p>Paul Davis and BHO</p>	<p>As soon as possible</p>
Lunch Break	Lunch on your own			

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Reports from Regions Continued	<p>Highlights from System Partners:</p> <p>Department of Health -autism grant work including needs assessment, telehealth, focus on Applied Behavior Analysis (ABA)</p> <p>Health Care Authority -focusing on integration -care coordinators in primary care physician (PCP) offices- coordinated behavioral health and physical health services</p> <p>Office of Superintendent of Public Instruction -focus on creating positive cultures in school -working on online module on adolescent brain development and executive functioning -social/emotional learning- developing benchmarks working with teachers -curriculum for trauma sensitive/trauma informed care training -train the trainer PowerPoint for the book the Heart of Learning and Teaching. See link for more information http://www.k12.wa.us/CompassionateSchools/Resources.aspx</p> <p>Children’s Administration -working with Coordinated Care who is providing physical and behavioral health services to children and youth in out of home placements, receiving adoptions support and for alumni of foster care</p> <p>Rehabilitation Administration -partnering with Health Care Authority and Sea Mar to provide Medicaid enrollments before release to setup service provisions -working on Medicaid suspension when youth is institutionalized vs. cancelled -working on services for post-release, including re-entry focus with WISe</p> <p>Attendees then broke in to groups of <u>youth partners, family partners, conveners, system partners</u> to discuss the following questions and report to the group:</p> <p style="text-align: center;">Do you feel that your community (youth, family, systems) is engaged enough for your FYSPRT to be productive? Are they seeing value? Are they attending consistently? If so, how have you achieved this?</p>	For questions and/or additional information, contact the system partner representative on the Statewide FYSPRT membership list	n/a	n/a

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Reports from Regions Continued	<p style="text-align: center;">If not, brainstorm strategies!</p> <p>Youth Partners -see the value and understand -feel comfortable when meetings are at school -relationships before information -resource drive -pick a goal and move forward</p> <p>Family Partners -agencies not asking family/youth to attend meetings -youth involvement-find safe place (school) -validation- give credit to fully participate -let them tell their story -balance of youth/family engagements -communicate to families about purpose</p> <p>Conveners -mixed responses on who is at the table</p> <p>System Partners -engaging in the education system- time is/can be a barrier -build relationships with school systems -explain FYSPRTs</p>			
Washington State Community Connectors Patty King and Carolyn Cox	Topic Purpose – Introduction to WA State Community Connectors and available technical assistance			
	Washington State Community Connectors (WSCC) is a 100% family led organization committed to building and strengthening collaborative, transparent, and proactive partnerships with child serving systems and communities throughout Washington. WSCC will be offering technical assistance to FYPSRTs and family run organizations and groups providing support services to families with children experiencing behavioral health concerns.	For additional information please contact Carolyn Cox at ccox@communityconnectors.net 509-551-5604 or Patty King at patty.king@dshs.wa.gov 360-725-3781		

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Youth Substance Use Disorder Grants Update Jared Langton	<p>Topic Purpose – State Youth Treatment – Improvement grant update and information sharing regarding the Chemical Dependency Professional Cohort at Spokane Falls</p> <p>An update on year 1 of the State Youth Treatment- Improvement (SYT-I) project was provided. 102 youth were enrolled throughout year 1 of the project. Currently in the process of expanding to Excelsior Youth Center in Spokane, with services targeted to begin on 12/1/16. Informed attendees of Spokane Falls Community College’s upcoming online accelerated Chemical Dependency Professional course for advanced professionals. Interested advanced professionals must submit their applications to take part in the free college courses by 11/21/16.</p>	For questions regarding SYT-I, please contact Jared Langton at jared.langton@dshs.wa.gov or 360-725-1415	n/a	n/a
Apple Health Core Connections Rachel Anderson- designee of Ruth Bush	<p>Topic Purpose – information sharing</p> <p>Apple Health Core Connections (AHCC) serves children and youth in out of home placements, receiving adoption support and alumni of foster care. AHCC improves access to care by establishing an integrated medical home, improving coordination between physical and behavioral health and supporting improvement of functional outcomes and overall stability of children and youth in foster care. AHCC currently serving over 107,000 members across 10 states with 23,000 members being served in Washington.</p>	For more information regarding Apple Health Core Connections, please contact Rachel Anderson at racanderson@coordinatedcarehealth.com or 206-327-1608	n/a	n/a
Agenda Items for the Next Meeting Meeting Evaluation Michelle Karnath	<p>Agenda items and/or activities proposed for a future meeting:</p> <ul style="list-style-type: none"> - Create and distribute the 2017 Statewide FYSPRT Agenda as soon as possible - Developing an elevator speech regarding FYSPRT - Dialogue around what is the benefit of FYSPRT involvement - Dialogue around wraparound for non-eligible youth - Update on payment and WISE data - More time for affinity group activities – send out questions ahead - Activities with affinity groups blended to get to know others - Report outs, pick to the two biggest impact areas for the region - Video responses from youth taped and shared 			
<i>Next Statewide FYSPRT Meeting</i>				
February 6, 2017 10am – 3 pm Lacey, WA				