

Washington System of Care Statewide FYSPRT

Date: Thursday, August 11, 2016

Time: 10:00am – 3:00pm

Location: Blake Office Park West, 4450 10th Avenue SE, Lacey, WA 98503

Room(s): Chelan/Roosevelt Rooms

48 Attendees representing the following: Attorney General’s Office, Children’s Administration, Community Health Plan of Washington, Coordinated Care, Department of Health, Developmental Disabilities Administration, Disabilities Rights Washington, Division of Behavioral Health and Recovery, Great Rivers BHO Regional FYSPRT, Greater Columbia BHO Regional FYSPRT, Health Care Authority, King County BHO Regional FYSPRT, North Central WA BHO Regional FYSPRT, North Sound BHO Regional FYSPRT, Office of Superintendent of Public Instruction, Optum/Pierce BHO Regional FYSPRT, Passages Family Support, Rehabilitation Administration-Juvenile Rehabilitation, Salish BHO Regional FYSPRT, Southwest WA Regional FYSPRT, Spokane BHO Regional FYSPRT, Thurston/Mason BHO Regional FYSPRT, True Star Behavioral Health Services, WSU Workforce Collaborative, Washington State Association of Counties, Washington State Community Connectors, and YouthSound

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
<p>Welcome and Introductions</p> <p>Michelle Karnath, Travis Rybarski and Jake Towle</p> <p>10:00am – 10:20am</p>	<p>Participants introduced themselves and had the opportunity to provide a very brief announcement regarding activities, events etc. from their region/agency.</p> <p>Reviewed comfort agreement from previous meeting for changes. Gained agreement.</p>	n/a	n/a	n/a
<p>Briefing Paper Activity</p> <p>Travis Rybarski</p> <p>10:20pm - 10:50pm</p>	<p>Topic Purpose – gather feedback/approve briefing paper for communication between levels of the Governance Structure</p> <p>Introduced Briefing Paper form and activity. Participants reviewed and discussed the form in small groups and then shared feedback with the whole group.</p> <p>During lunch, changes were made to the document based on feedback. This document will be used for written communication and agenda items requests between the Regional FYSPRT and Statewide FYSPRT only. After lunch, changes were reviewed and the document was approved for use. The approved document, now called the Challenge and Solution Submission Form, will be sent out with the meeting notes for Regions/State Partners to modify for use to request topics for Regional FYSPRT meetings.</p>	Send out approved form with notes.	Kris Royal	8/24/16
<p>Report Out from the Regions</p> <p>Michelle Karnath, Travis Rybarski and Jake Towle</p> <p>10:50am – 11:50pm</p>	<p>Topic Purpose – updates from the regions regarding the below questions, identify items for discussion and/or possible items to take to Executive Leadership Team</p> <p>Participants shared information related to the below questions:</p> <p>1. What is working well?</p> <p>Highlights from the Regions and Partners:</p> <ul style="list-style-type: none"> - Enthusiasm and energy - Lots of systems attending, numbers increasing, great communication, 			

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	<p>support from the BHO</p> <ul style="list-style-type: none"> - Community has understanding, changed name - Meeting in a new, more family and youth friendly location, new Tri-Leads, working on brochures, changed name - More systems attending, meetings to get feedback, new brochure - youth participation, monthly presentations, adding WISE teams - 35 members, meeting with NAMI to develop programs, new Youth Tri-Lead - a traveling Regional FYSPRT, local agency providing space for weekly youth meetings - Consistent membership and growth, working to develop local FYSPRTs - Parent participation and voice in meetings, Tri-Leads meet monthly, alternate meeting locations to decrease travel - Working with FYSPRT to get administration staff involved - WISE referrals for youth as part of release from facilities - Good connection at the state level - Focusing on need for family voice <p>2. What challenges are being addressed regionally? Highlights from the Regions and Partners:</p> <ul style="list-style-type: none"> - Two quarters behind, catching up - Clarifications on what we do, keeping youth and family at the table - Multiple changes, explaining integration to the community - Youth involvement, incarcerated youth getting the services they need, WISE waiting list - System partner attendance inconsistent, fuel cards for parents, help with childcare, youth involvement - Workforce shortage and/or lack of experience, building WISE teams has been a challenge - Bringing together 5 counties with different needs/cultures, technical issues with GoTo meeting, working on reimbursement for youth - Youth engagement, representation from all counties - Transitional issues with moving to MCO/BHO <p>3. What challenges would you like to discuss further at the Statewide FYSPRT? Highlights from the Regions and Partners:</p> <ul style="list-style-type: none"> - Lack of adolescent treatment beds for substance use and mental health - Police response to mental health crisis - Rural areas: family, youth, system partner involvement - Marketing: getting family and youth connected 			

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	<ul style="list-style-type: none"> - Youth involvement (multiple regions) - WISE waiting list - Non-Medicaid families and crisis services - More outreach with substance use services - Challenge and Solution Submission Form – ongoing feedback - MultiCare adolescent unit opening - WISE updates on service availability, roll out and capacity - Any upcoming changes <p>Optional – How has the FYSPRT Leadership Academy affected FYSPRT work for you?</p> <p>Highlights from the Regions and Partners:</p> <ul style="list-style-type: none"> - Good bonding opportunity for new members - Great networking and communicating opportunity - Great presenter - Reset was great - Interest in leadership training for youth ages 14 - 18 - Leadership Academy was a wonderful chance to meet with people and participate in meetings for behavioral health across the state - More representation from substance use 	“How do we keep moving this forward?”	Tri-Leads	Next meeting
Lunch Break 11:50pm – 12:50pm	Lunch on your own			
Reports from Regions Continued Considerations for Executive Leadership Team 12:50pm – 1:20pm	See Report Out from the Regions section before lunch			
WISE Updates, Information and Dialogue Jessica Bayne and Jake Towle 1:20pm - 1:50pm	<p>Topic Purpose – share updates related to WISE; WISE review process; discuss information gathered from Regional FYSPRTs around what information is available and being shared with families and youth about WISE across the state; and identify next steps/strategies to disseminating WISE information</p> <p>Appreciation and thanks were shared for feedback received on the WISE Manual. Per feedback at last meeting, Community Collaboratives have been removed from Section 6 of the manual and each region will identify how general trends from the service level will come to the governance structure for dialogue.</p> <p>Draft Youth and Family WISE Information Sheets were shared with an opportunity to provide feedback. All WISE Information sheets will be distributed once translation has been completed. Feedback included:</p>	Update DBHR website	Jessica Bayne	8/26/16

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	<ul style="list-style-type: none"> - one streamlined information sheet be made for general release - youth friendly flyer with scan cube with link to a video - sharing information with children’s hospitals - Update DBHR website on WISe including roll out schedule <p>Checked in on the feedback process for when information is requested and/or documents are distributed for review and feedback by email. Suggestions included:</p> <ul style="list-style-type: none"> - Make request 2 months before due date - In subject line of email, identify what is needed for example, “action required” and by when - Clarify if ok to send in late - If barriers on obtaining information, please share barriers <p>Additional feedback regarding the following questions can still be provided to the WISeSupport email address:</p> <ol style="list-style-type: none"> 1. Are the WISe Information Sheets and the WISe Overview Video being used? What, if anything, can be improved on to make them more helpful? 2. If your region is using information, techniques, and materials on WISe (created by your region) to educate youth and families (either about what WISe is or what youth and families can expect from the WISe process), please share the materials with us and specify how the information is being shared or distributed. 3. Do regional FYSPRT members feel the <i>youth, families, and system partners (such as school personnel) in your communities</i> have adequate information and understanding of WISe. Are there specific gaps in information that you need assistance with? 4. Do regional FYSPRT members feel <i>they</i> have adequate information and understanding of WISe. Are there specific gaps in information that you need assistance with? 	<p>Use subject line suggestions when sending information requests</p> <p>Email additional information gathered regarding the 4 questions (to the left) to the WISe Support email address; WISeSupport@dshs.wa.gov</p>	<p>Kris Royal</p> <p>Tri-Leads</p>	<p>With next information request</p> <p>As available</p>
<p>Youth Substance Use Disorder Grants Site Presentation</p> <p>Jared Langton and Patricia Bell</p> <p>1:50pm -2:20pm</p>	<p>Topic Purpose – sharing data and outcomes for services provided as part of the State Adolescent Treatment – Enhancement and Dissemination (SAT-ED) and State Youth Treatment – Implementation (SYI-I) Grants</p> <p>Updates provided regarding the State Adolescent Treatment – Enhancement and Dissemination Grant (SAT-ED). The grant ended in July 2016 and provided substance use services to 260 youth.</p> <p>The first year of the State Youth Treatment – Implementation (SYT-I) grant will conclude at the end of September 2016. As part of SYT-I, 86 youth have received services for substance use.</p>	<p>n/a</p>	<p>n/a</p>	<p>n/a</p>

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	<p>Guests from True Star Behavioral Health, a SAT-ED and SYT-I provider, were introduced and they shared some information regarding services for youth at True Star. Recovery support services at True Star include a club house to build a safe, positive and fun place for youth in recovery, a clinician who goes into the schools and, at Port Angeles High School, school credit for participating in treatment services. Group and individual recovery support services are also available.</p>			
<p>Executive Leadership Team Update</p> <p>John Clayton</p> <p>2:20pm - 2:40pm</p>	<p>Topic Purpose – share highlights from previous ELT meeting, purpose of the ELT and value for Rehabilitation Administration</p> <p>Assistant Secretary of Rehabilitation Administration, John Clayton, shared some common issues from other states around a lack of services for youth in the juvenile justice system who are experiencing mental health symptoms. He described some of what has been accomplished in Washington State and acknowledged the energy going into the legislative session for funding for mental health services for youth in the juvenile justice system.</p> <p>John Clayton also identified as a member of the Executive Leadership Team (ELT). The notes for these meetings have been posted to the DSHS website and can be viewed through following link: https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/executive-leadership-team. The Statewide FYSPRT has the opportunity to bring forward items to the ELT after the Statewide FYSRPT addresses the item and attempts to resolve it.</p>	<p>Include a link to ELT meeting notes in this meeting’s notes (see the link in Discussion and Notes for this topic)</p>	<p>Kristen Royal</p>	<p>8/24/16</p>
<p>Agenda Items for the Next Meeting</p> <p>Meeting Evaluation</p> <p>Michelle Karnath, Travis Rybarski and Jake Towle</p> <p>2:40pm – 3:00pm</p>	<p>Items identified for further discussion during the Report Out from the Regions (above) were reviewed. Updates on WISE availability, roll out and capacity were requested. Agenda item requests can also be emailed to Kristen Royal at Kristen.royal@dshs.wa.gov and/or the Statewide FYSPRT Tri-Leads.</p> <p>Evaluations were distributed to collect feedback on this meeting.</p>	<p>Request an agenda item for a future meeting</p> <p>Evaluation feedback to be reviewed and shared with Tri-Leads</p>	<p>Statewide FYSPRT members</p> <p>Kathy Smith-DiJulio</p>	<p>anytime</p> <p>8/19/16</p>
Next Statewide FYSPRT Meeting				
<p>Tuesday, November 1, 2016 10am – 3 pm Blake Office Park West, Chelan/Roosevelt Rooms Lacey, WA</p>				