

## Washington System of Care Statewide FYSPRT

**Date:** Tuesday, May 3, 2016

**Time:** 10:00am – 3:00pm

**Location:** Blake Office Park West, 4450 10<sup>th</sup> Avenue SE, Lacey, WA 98503

**Room(s):** Chelan/Roosevelt Rooms

**48 Attendees representing the following:** Attorney General’s Office, Children’s Administration, Department of Health, Developmental Disabilities Administration, Disability Right’s Washington, Division of Behavioral Health and Recovery, Great Rivers BHO Regional FYSPRT, Greater Columbia BHO Regional FYSPRT, Health Care Authority, North Central WA Behavioral Health Organization, North Sound BHO Regional FYSPRT, Office of the Superintendent of Public Instruction, Optum Pierce BHO Regional FYSPRT, Passages Family Support, Rehabilitation Administration - Juvenile Administration, Salish BHO Regional FYSPRT, Seattle Indian Health Board, Southwest WA Regional FYSPRT, Spokane County Regional BHO/NE Regional FYSPRT, Thurston/Mason BHO Regional FYSPRT, Workforce Collaborative, and Youth N Action.

<u>Agenda Item &amp; Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
<p><b>Welcome and Introductions</b></p> <p>Michelle Karnath, Travis Rybarski and Jake Towle</p> <p>10:00am – 10:30am</p>	<p>Children and Youth Behavioral Health Unit Announcements:</p> <ul style="list-style-type: none"> <li>- Tina Burrell will be Interim Supervisor starting May 1</li> <li>- Paul Davis will be stepping into Greg Endler’ s position</li> </ul> <p>Interim Statewide FYSPRT Tri-Leads Introduced themselves:</p> <ul style="list-style-type: none"> <li>- Travis Rybarski – Interim Youth Tri-lead</li> <li>- Jake Towle – Interim System Partner Tri-lead</li> <li>- Michelle Karnath– Interim Family Tri-lead</li> </ul> <p>Activity – meeting participants organized into small groups conducting introductions and answering the following questions which were reported out to the group:</p> <ol style="list-style-type: none"> <li>1. Who is your favorite super hero?</li> <li>2. What makes you comfortable in or at a meeting or conference?</li> </ol>			
<p><b>Report out from the Regions</b></p> <p><b>Considerations for Executive Leadership Team</b></p> <p>Michelle Karnath, Travis Rybarski and Jake Towle</p> <p>10:30am – 12:00pm</p>	<p><b>Topic Purpose</b> – updates from the regions regarding the below questions, identify items for discussion and/or possible items to take to Executive Leadership Team</p> <p><b>Regional FYSPRT updates</b> – the Regional FYSPRTs represented at the meeting shared updates from their region regarding what is working well, what challenges are being addressed regionally, what challenges need attention from the state and how the Community Collaborative is working in the their region.</p> <p><b>North Sound:</b> Putting together an RFP for convener, still recruiting for youth and family. Two “Have your say” Café’s will be held to complete needs assessment (one will be in an Urban setting one in Rural</p>			

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	<p>Community). Youth partner resigned. Don't understand the need for both a FYSPRT and Community Collaborative.</p> <p><b><u>Pierce County (Optum):</u></b> Planning a mental health awareness activity, parents are bringing other parents to FYSPRT meetings, created a name and mission statement, will announce once vote is finalized. FYSPRT is time intensive. There is a tension between forming a group and the time it takes and the pressure to get work done. Are struggling with "Do we wait to create our vision/mission until we have the right people?" and should we do an RFP to get a convener. There lies an opportunity in ambiguity related to regional FYSPRT that "lets us go where we want". Youth are falling through the cracks as criteria can be a barrier for youth. In reference to the Community Collaborative, why are there two different entities which overlap in value and foundation? CLIP is being incorporated into the Community Collaborative.</p> <p><b><u>Salish:</u></b> PAVE is convener and a strength is a partnership with the BHO, currently working on needs assessment. The Community Collaboratives with Kitsap and Clallam Counties are strong, Jefferson County is taking a different approach.</p> <p><b><u>Thurston/Mason:</u></b> Families, youth, schools, agencies (multi-system engagement) are participating. Three WISE programs give families and youth choices. Community Collaborative is fully functional and family centered. Creating a strong youth pool has been a challenge in addition to increasing school based mental health and mid-level services with EBPs, creating a meeting structure that is outcome focused, and a more outcome focused system of care for all levels of care. Items for the state: more recognition that each region and county has their own needs, strengths and culture, that stakeholders want to create their own pathway for effective services and supports, governance is more likely sustainable when built by local stakeholders from the ground up, and pre-existing grassroots community teams hold themselves accountable to youth not an agency/entity. Integrated Case Management Team acts like a local FYSPRT. Children's Community Consensus Teams (Community Collaborative) in both counties and functioning for years. Concern re: expectation for reporting in briefing papers.</p>			

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	<p><b>Great Rivers:</b> The 5 counties in the region are just now coming together as part of the transition to the BHO. The Cowlitz Community Collaborative is well attended. Bringing people together for regional meetings is a challenge due to transportation and time, plan to explore teleconferencing to engage people in meetings. Head Start is willing to collaborate to provide childcare for FYSPRT for Cowlitz County. Concern that at times, working the process and bringing issues to the State and Legislature can sometimes take us in the wrong direction.</p> <p><b>Spokane:</b> Focus groups being created for youth in rural areas, transportation is an issue for youth. Youth groups being created around the region that reflect what the youth want it to look like. Stand Up for Mental Health will occur in Spokane on June 4<sup>th</sup>. Needs assessment results were stable structure. Community education occurs at each meeting. One county already has functioning groups/meetings working well. Trying to figure out how to bring voice from already existing groups and utilize as a conduit. It's hard to bring the voice from rural areas forward. There's not enough money or time for them to travel long distances to meetings. For the state, bullying and youth suicide are prevalent. How can the state present data in laymen's terms.</p> <p><b>Greater Columbia:</b> Is bonding and working collaboratively as a small dedicated and motivated group. Experiencing challenges within 10 county region getting required numbers, BHO attendance, deliverable tasks have decreased membership, historical FYSPRT in the region disbanded, need a clear path on what to do with concerns. Getting the basic structure in place so haven't done a big outreach pull to increase members. Adding community forum to the top of the FYSPRT agenda and a graphic designer will design youth friendly materials. Request from the state, more time to complete deliverables and more options for clients with private insurance and fee for service.</p> <p><b>North Central:</b> Three meetings since January with 18 stakeholders engaged. Grant County has joined this BHO/FYSPRT, members come prepared to address issues, FYSPRT members have agreed help recruit youth. Confusion about the function of the Community Collaborative and why we need both a FYSPRT and Community Collaborative.</p>			

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	<p><b><u>King County</u></b> – no report as no representatives present.</p> <p><b><u>Fully Integrated Region/Clark-Skamania:</u></b> Meeting for 1 year with transition support from Jill McCormick, PAVE (previous FYSPRT convener). BHO and HCA attending Regional FYSPRT meetings, Juvenile Court parent partners are able to recruit families this, community service hours give to youth who participate in FYSPRT meetings. Challenging getting Catholic Community Services staff to attend FYSPRT meetings. Challenging to retain people when topic is not interesting, technical tasks bore members, transition to the fully integrated region has created some hiccups, tribal representatives invited however not attending. The Community Collaborative is in limbo due to changes to the fully integrated region. Request from the state, explaining a clear vision for FYSPRT, support with WISE providers attending meetings, hiring people without experience working with complex families affecting families negatively.</p> <p><b><u>Rehabilitation Administration Juvenile Rehabilitation:</u></b> M.O.U. results in youth being able to sign up for Medicaid 30 days prior to their release date to alleviate gaps after discharge, including medications, psychiatric appointments etc. Parole office and regional courts attending FYSPRT meetings.</p> <p><b><u>Health Care Authority:</u></b> Four big changes related to Medicaid coverage happened on 4/1/16</p> <ul style="list-style-type: none"> <li>• Early enrollment, consumers will be enrolled immediately into managed care (back dated to the 1<sup>st</sup> of the month).</li> <li>• Full integration, combine behavioral health/medical care Southwest region is first, Chelan Douglas will be next.</li> <li>• Behavioral Health Organizations are up and running which integrates mental health with substance use disorder</li> <li>• Apple Core Connections allows children/youth in foster care or receiving adoption support to be enrolled into Coordinated Care.</li> </ul> <p><b><u>Department of Health:</u></b> Large grant from Centers for Medicare &amp; Medicaid Services which supports integration of primary care, medical, and behavioral health. Linking Actions for Unmet Needs in Children’s Health, grant from SAMHSA-education around social emotional and infant mental</p>			

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	<p>health.</p> <p><b>Children’s Administration:</b> Offered to help make connections with local staff for participation in Regional FYSPRTs as needed during transitions, site visit related to the oversight of psychotropic medication use and what mechanism are available for children and youth in foster care.</p> <p><b>Developmental Disabilities Administration:</b> Offered to help make connections with local staff for participation in Regional FYSPRTs as needed during transitions.</p> <p><b>Youth ‘N Action:</b> Event for Mental Health Awareness Month, Stand Up for Mental Health on May 14 at the WA Performing Arts Center, youth will be sharing their stories of recovery through comedy. Donating tickets for youth to attend is possible. Spokane is also doing the same event June 4<sup>th</sup>. Flyers shared.</p>			
<p><b>Lunch Break</b> 12:00pm – 1:00pm</p>	Lunch on your own			
<p><b>Youth Substance Use Disorders Data and Outcomes</b></p> <p>Kathy Smith-DiJulio and Research and Data Analysis</p> <p>1:00pm -1:30pm</p>	<p><b>Topic Purpose</b> – sharing data and outcomes for services provided as part of the State Adolescent Treatment – Enhancement and Dissemination (SAT-ED) and State Youth Treatment – Implementation (SYI-I) Grants</p>			
	<p>Research and Data Analysis representatives presented information related to evaluations for the State Adolescent Treatment – Enhancement and Dissemination (SAT-ED) and WA State Youth Treatment – Implementation (WSYT-I) Grants including:</p> <ul style="list-style-type: none"> <li>- A comparison of the grant programs</li> <li>- Participant enrollment</li> <li>- Demographics of participants (including race/ethnicity, primary substance, juvenile justice involvement, and outpatient vs. inpatient treatment services,</li> <li>- Evaluation design for SAT-Ed</li> <li>- Next Steps for both grants</li> </ul>	<p>For questions regarding the this data, please contact, Bridget Pavelle <a href="mailto:pavelbj@dshs.wa.gov">pavelbj@dshs.wa.gov</a>; Grace Hong <a href="mailto:hongg@dshs.wa.gov">hongg@dshs.wa.gov</a></p> <p>A copy of the PowerPoint presentation and information about Recovery Support Services will be sent out with the notes.</p> <p>Please provide input about site locations to DBHR Children’s team.</p>		
<p><b>Workforce Development</b></p>	<p><b>Topic Purpose</b> – Workforce discussion topic requested at the last Statewide FYSPRT meeting. Purpose is to share strengths, barriers</p>			

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<p><b>Discussion</b></p> <p>Paul Davis, Michelle Karnath, Travis Rybarski and Jake Towle</p> <p>1:30pm - 2:30pm</p>	<p>and resolutions and discuss next steps.</p> <p>Carla Reyes, Assistant Secretary and Executive Leadership Team (ELT) member, joined the meeting to listen and participate in the Workforce Development Discussion and provide an update on the ELT around looking to build participation from the FYSVRT and youth.</p> <p>Bills that passed include:  <a href="#">HB 2439</a> – Increasing access to adequate and appropriate mental health services for children and youth.  <a href="#">HB 2746</a> - mental health and chemical dependency treatment for juvenile offenders, adds mental health disposition for juvenile offenders so that treatment can be ordered.  <a href="#">HB 1713</a> - Integrating the treatment systems for mental health and chemical dependency</p> <p>Discussion around Workforce Development Strengths, Challenges and possible Solutions submitted by the regions prior to the meeting.</p> <p>Strengths: enthusiastic applicants, on call stipends, designing youth friendly materials, flexible work week, applicants from graduate schools, employee centered, youth and family driven, data driven, and innovative employers.</p> <p>Challenges discussed: higher wages in other systems, staff leave after experiencing providing intensive services, workload, paperwork, lack of diversity of staff.</p> <p>Possible solutions discussed: loan forgiveness, professional development opportunities, paperwork reduction, partner with universities, sharing system of care principles, manageable workload, WISE employee summit, pay increases, peer advancement, workgroup related to background checks.</p>	<p>For additional information regarding these bills, please go to <a href="http://www.leg.wa.gov">www.leg.wa.gov</a></p> <p>Information gathered in preparation for and during this discussion to be shared with Executive Leadership Team.</p> <p>Lorrin from Youth 'N Action interested in leading a workgroup related to hiring youth who currently cannot pass background checks.</p>		
<p><b>Agenda Items for the Next Meeting</b></p> <p>Michelle Karnath, Travis Rybarski and Jake Towle</p>	<p>Possible agenda items for the next meeting include:</p> <ul style="list-style-type: none"> <li>- Briefing of topics for ELT</li> <li>- How to address concerns that span across regional FYSVRT Groups</li> <li>- Engaging presentation of data</li> </ul> <p>To request an agenda topic for the next meeting please email:</p>			

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2:30pm – 3:00pm	Michelle Karnath – Family Lead at <a href="mailto:Michelle.Karnath@clark.wa.gov">Michelle.Karnath@clark.wa.gov</a> ; Travis Rybarski – Youth Lead at <a href="mailto:trybarski@lcsnw.org">trybarski@lcsnw.org</a> ; Jake Towle – System Partner Lead at <a href="mailto:towlejd@dshs.wa.gov">towlejd@dshs.wa.gov</a> ; or System of Care Project Manager at <a href="mailto:Kristen.royal@dshs.wa.gov">Kristen.royal@dshs.wa.gov</a>  Meeting evaluations provided to participants for completion.			
<b><i>Next Statewide FYSPRT Meeting</i></b>				
Thursday, August 11, 2016 10am – 3 pm Blake Office Park West, Chelan/Roosevelt Rooms Lacey, WA				