

# Washington System of Care Statewide FYSPRT

**Date:** April 27, 2023    **Time:** 3:00pm – 5:00pm

**Approximately 38 attendees representing the following:** Amerigroup, Carelon (North Central, Pierce, and Southwest WA - Administrative Services Organization), Department of Children Youth and Families, Family Alliance Washington, Great Rivers Regional FYSPRT, Great Rivers Behavioral Health Administrative Services Organization, Greater Columbia Administrative Services Organization, Guided Pathways, Health Care Authority, HI-FYVE (Pierce Regional FYSPRT), Molina Healthcare, North Central WA FYSPRT, North Sound Behavioral Health Administrative Services Organization, North Sound Youth and Family Coalition, Northeast FYSPRT, Passages Family Support, Salish Administrative Services Organization, Salish Regional FYSPRT, Southwest Regional FYSPRT, Students Providing and Receiving Knowledge (SPARK), System of Care Partnership, and community members.

**Facilitators** – Michelle Karnath, Gabriel Hamilton, and Katie Favela (Statewide FYSPRT Tri-Leads)

**Timekeeper** – Tri-Lead Team

**Notes** – Kris

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
<b>Welcome and Introductions</b>  Statewide FYSPRT Tri-Leads  3:00 – 3:10	Shared land acknowledgment.  Brief Zoom meeting guidelines provided (mute when not talking, raise hand or put questions in the chat).  Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSPRT they were representing.  Reviewed Full Value Agreement.	n/a	n/a	n/a
<b>Youth and Young Adult Continuum of Care Communication</b>  Michelle Karnath  3:10 – 3:25	<p><b>Topic Purpose</b> – Standing agenda item to share information about the Youth and Young Adult Continuum of Care Subgroup meetings and activities</p> <p>The Statewide FYSPRT Tri-lead team dedicates time on every agenda to provide updates regarding topics moved forward by the Statewide FYSPRT to the Youth and Young Adult Continuum of Care (YYACC - a subgroup of the Children and Youth Behavioral Health Work Group or CYBHWG) to keep the Statewide FYSPRT members in the loop on progress. Since the YYACC does not meet during legislative session, Michelle provided some highlights on legislative work that had passed. Here are some of those highlights:</p> <ul style="list-style-type: none"> <li>• An increase in the Medicaid rate by 15% for all providers of child/youth behavioral health services.</li> <li>• An increase in Children’s Long Term Inpatient Program (CLIP) rate by 25%</li> <li>• House Bill 1580 – creating a service for young people stuck in hospitals – requires that a care coordinator in coordination with multiple state agencies develop and implement a Rapid Care Team for the purpose of supporting and identifying appropriate services and living arrangements for a child/youth in crisis and the child/youth’s family if appropriate. Allows the care coordinator to have access to flexible funds to support the safe discharge of children and youth from crisis in hospitals and long term, appropriate placement for children in crisis who are dependent. Also includes money for Applied Behavioral Analysis (ABA).</li> </ul> <p>The Prenatal – 25 Behavioral Health Strategic Plan Advisory Committee (a subcommittee of the <a href="#">Children and Youth Behavioral Health Work Group</a>) is building focus groups. A suggestion has been made to connect with FYSPRTs for this.</p> <p>YYACC and CYBHWG meetings will start again once the legislative session is over, however, the exact meeting schedule is still to be determined.</p>	For more information or questions, reach out to Michelle Karnath at <a href="mailto:Michelle.Karnath@clark.wa.gov">Michelle.Karnath@clark.wa.gov</a> .	Those interested	anytime

### Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

<b>Agenda Item &amp; Lead(s)</b>	<b>Discussion and Notes</b>	<b>Action Items</b>	<b>Assigned To</b>	<b>By when</b>
<p><b>Youth only space</b></p> <p>Gabriel Hamilton and Lillian Williamson</p> <p>3:25 – 3:40</p>	<p><b>Topic Purpose</b> – Updates on Youth only space/Blueprint meeting</p> <p>The Statewide FYSVRT Tri-lead team wants to dedicate time on every agenda to provide updates/information regarding topics and/or dialogue from the youth only space being facilitated by the Statewide FYSVRT Youth Tri-lead and the Youth and Young Adult Continuum of Care Youth Quad Lead.</p> <p>On Saturday May 13 a second session for the Building a Blueprint for Youth in WA is scheduled. This event is hosted by SPARK (Students Providing and Receiving Knowledge) and is funded by Amerigroup. This is a youth only space designed for students, peers, and youth leaders to share ideas of how to strengthen youth and young adult voice and choice in Washington. The priority is making this a safe space for youth and young adults. The first session was held in March and this second session will build on that dialogue. The goal is for this to be a judgement free zone for youth and young adults to talk about what is happening in their community and how to address issues they are noticing. Stipends will be provided for youth and youth leaders. Goal is to have a youth/youth peer/youth leader reporting out at Statewide FYSVRT meetings.</p>	<p>For more information or questions, reach out to Gabriel Hamilton at <a href="mailto:ghamil467@yahoo.com">ghamil467@yahoo.com</a>.</p>	<p>Those interested</p>	<p>anytime</p>
<p><b>WISe or Wraparound with Intensive Services data and reports</b></p> <p>Division of Behavioral Health and Recovery WISe team and Statewide FYSVRT Tri-leads</p> <p>3:40 – 4:55</p>	<p><b>Topic Purpose</b> – Requested topic per the small group breakout sessions from the February meeting, regarding WISe data and reports</p> <p>At the February Statewide FYSVRT meeting, one of the things identified in the breakout sessions as a need from the Statewide FYSVRT was how to share information from WISe (Wraparound with Intensive Services) data and reports at the Regional FYSVRTs, how to make it less clinical while sharing true life outcomes.</p> <p>Members of the Division of Behavioral Health and Recovery (DBHR) WISe team attended to share information about the connection to the TR Settlement Agreement and WISe Quality Plan. In the TR Settlement Agreement and WISe Quality Plan, the intent was for WISe to be directed by youth and families in addition to state agencies. FYSVRTs became involved in reviews of WISe data to bring the perspective of families and youth and their lived experience into the process for WISe quality and service delivery. The TR Settlement Agreement is now exited but what continues to guide WISe quality and service delivery is <a href="#">WAC 182-501-0215</a> related to Wraparound with Intensive Services and the <a href="#">WISe Quality Plan</a>. Regional FYSVRTs are a vital part of family and youth voice to improve WISe and other behavioral health services. The individual stories being voiced by families and youth may identify themes around recurring system gaps or barriers, things that are being expressed by multiple families or youth in a region. What does the data reflect in a region and/or the state regarding recurring system gaps and barriers? Are those stories represented in the information and data currently gathered regarding WISe or other behavioral health services or is there a gap in the information being collected? Data could also be utilized to see if there is a theme showing up in the experiences of families and youth and be used to promote system change.</p> <p>A question was asked regarding WISe Collaboratives. WISe Collaboratives as identified in the WISe Manual are convened by Managed Care Organizations (or MCOs) to meet with contracted WISe providers about contract expectations. It is not the same as the Community Collaboratives that used to be part of the Child, Youth and Family Behavioral Health Governance Structure. It was noted that some FYSVRT conveners are very involved in the WISe Collaboratives while others are not. The DBHR WISe team reviewed some of the WISe reports available and then the group went into breakout sessions to dialogue about the following questions:</p>	<p>For questions about any of the WISe data and reports available, including help finding existing data on a specific topic and/or to identify not being able to find data on a specific topic, please reach out to Kari Samuel at <a href="mailto:kari.samuel@hca.wa.gov">kari.samuel@hca.wa.gov</a> or Paul Davis at <a href="mailto:paul.davis@hca.wa.gov">paul.davis@hca.wa.gov</a>.</p>	<p>anytime</p>	<p>anytime</p>

**Statewide FYSVRT Goals**

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSVRTs and state partners and develop collective recommendations to share with Statewide FYSVRT members, Regional FYSVRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

<u>Agenda Item &amp; Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
	<ul style="list-style-type: none"> <li>• How to make WISE data/report review meaningful and not just a box that gets checked as a contract deliverable?</li> <li>• How to help create and support connection between the FYSPRTs and WISE quality?</li> </ul> <p>After dialoguing in breakout sessions, the smaller groups came back to the larger group for a report out. Below are some of the thoughts and themes that came out of these dialogues.</p> <p><b>How to make WISE data/report review meaningful and not just a box that gets checked as a contract deliverable?</b>  Share all the data- not just the good but also include the bad and ugly as well, make it a requirement, send the data to all people in the meeting or call, WISE providers accountable to show up at meetings and share information about what we might be seeing in the data, make the data not boring, look at how many people has WISE referred to FYSPRTs, making sure families understand where the data is coming from – it is coming from other families – likely a wide sampling of families, some of the data doesn't feel directly from the full breadth of families experience of WISE (for example those who have experienced turnover), need to know why it matters to look at the data when it is already hard enough to engage youth and families – what tools can be helpful, create a format that is family friendly and family driven – and share why it is important to share and look at data, make it more personal - if I am a family I don't want to see my story as a chart or feel like a number – important to market data in a way that says what is useful about it, not just bars and graphs – hearing people's stories, connecting with families after services to improve quality, not a boring presentation, take it back to the community, using creative infographics, focusing on how it is impacting communities we are trying to reach, how do we do this differently, how can we collaborate on strategic planning, codesign, and co-creating for system change.</p> <p><b>How to help create and support connection between the FYSPRTs and WISE quality?</b>  Using more normal language instead of just listing off data, acknowledge burnout and team building to support providers so the people can work together better, make attendance a requirement of providers/MCOs as FYSPRT not necessarily a priority with other agency pressures, make sure to hear praise of the work being done in WISE – not just the gaps and challenges, tweak the branding of FYSPRT as it can feel like an attack on providers vs wanting to change the system, go back to the recovery plan offering education and incentives for families to come to meetings – small gift cards, engagement opportunities between families and agencies, how to make it more important from providers to be there to listen – how to make FYSPRTs more engageable, where are the hang ups with how people are accessing services, finding gaps, utilizing the PDSA (plan, do, study, act) approach when engaging partners for buy in and also accountability on a timeline.</p> <p>From dialogue after the report outs, participants expressed interest in seeing data about staff shortages as this is something heard about a lot. Are LGBTQ+ families represented in the data, can we get more authentic feedback from families and young people if it is not coming in the CANS or provider reports? Emphasis of the human experience, not just a chart and sharing the good, bad and the ugly, not just the good stuff. Suggestion – do a yearly survey for WISE participants that goes to caregivers and 13 years old and up and everyone in WISE receives it – maybe a QR code that the family can scan and complete the survey with the provider explaining the idea –</p>			

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	<p>setting up context and how information provided will be used, etc. How does reviewing data and providing data impact change – this is important to share.</p> <p>For questions about any of the WISe data and reports, including help finding existing data on a specific topic and/or to identify not being able to find data on a specific topic, please reach out to Kari Samuel at <a href="mailto:kari.samuel@hca.wa.gov">kari.samuel@hca.wa.gov</a> or Paul Davis at <a href="mailto:paul.davis@hca.wa.gov">paul.davis@hca.wa.gov</a>.</p>			
<b>Evaluations and meeting wrap-up</b>  Statewide FYSPRT Tri-Leads  4:55 – 5:00	<p>Meeting evaluation link provided in the chat for participants to provide feedback on the meeting including agenda items for future meetings.</p> <p>Meeting evaluation link will also be emailed out to the group after the meeting.</p>	Tri-leads to review and consider feedback in planning future meetings.	Tri-lead team	May 2023
<b><i>Next Statewide FYSPRT Meeting</i></b>				
Thursday June 22, 2023 3-5pm				

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