



# Healthier Washington Quarterly Webinar Series

## The Future of Healthier Washington

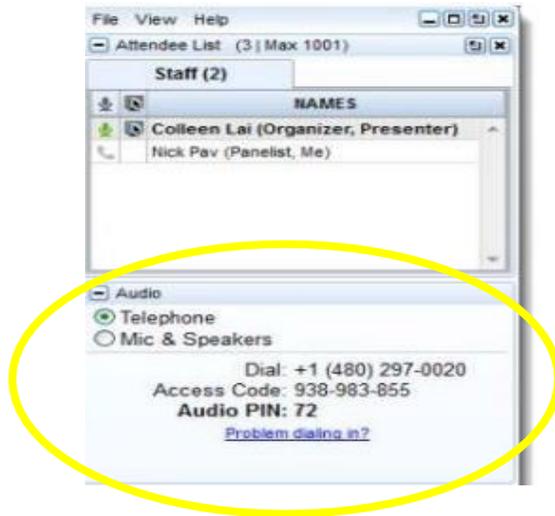
February 14, 2019



# Before we get started, let's make sure we're connected

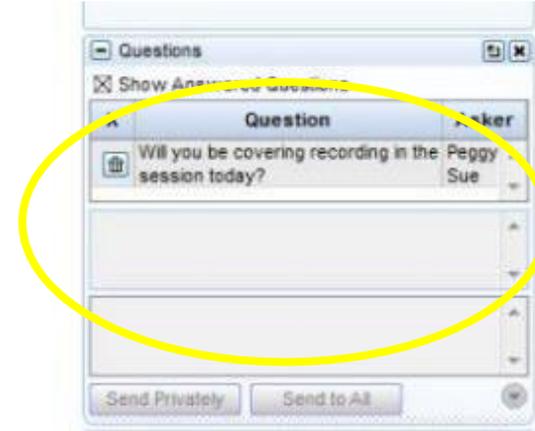
## Audio Options

- Mic & Speakers
- Telephone: Use your phone to dial the number in the "Audio" section of the webinar panel. When prompted, enter your access code and audio pin.



## Have questions?

Please use the "Questions" section in the webinar panel to submit any questions or concerns you may have. Our panelists will answer questions as they arise and at the end of the presentation.





# Today's panel

- **Sue Birch**, Director, Washington State Health Care Authority (HCA)
- **Maria Courogen**, Special Assistant, Systems Transformation, Department of Health
- **Bonnie Wennerstrom**, SIM Project Director and Healthier Washington Connector, HCA
- Moderator: **Rachelle Alongi**, Health Transformation Communications Manager



# Today's presentation

- What is Healthier Washington?
- Evaluation results
- The Healthier Washington movement will continue
- Future work
- Q&A



## Terms you'll hear today

- **SIM:** State Innovation Models
- **Healthier Washington** or **HW:** a vision for health and wellness transformation in Washington State
- **ACH:** Accountable Community of Health
- **PEBB:** Public Employees Benefits Board
- **SEBB:** School Employees Benefits Board
- **Behavioral health:** depression, anxiety, other mental health disorders, and substance use disorder (SUD)
- **Apple Health:** Medicaid in Washington State





# Healthier Washington: The history of a movement

- Healthier Washington (HW) was formed with federal support: the State Innovation Models (SIM) grant.
- HW was boosted by a federal waiver allowing Medicaid transformation, 2017-2021
- SIM ended Jan. 31, 2019.
- The Medicaid Transformation continues through 2021.
- HW continues ...



# SIM grant sparked big advances

- SIM laid a foundation and accelerated the transformation of Washington's health and wellness system.



# Beyond SIM, Medicaid Transformation (2017-2021)

- Transforming the vision
- Challenging the notion of health care as simply treating illness
- Creating a culture of health and wellness
- Leading the nation in innovation

Evidence points to success



# Evaluation results: progress, promise, and work ahead.

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Evidence gathered from three state evaluation partners:

- University of Washington
- Center for Community Health and Evaluation
- Research and Data Analysis at DSHS



# Evaluation results: progress, promise, and work ahead.

- SIM grant funding increased Washington's readiness for system change.
- A major achievement: creation of 9 regional organizations – Accountable Communities of Health –
  - ACHs have become the critical, organizational infrastructure for regional capacity building.
  - ACHs are the foundation for collaborative, regional advancement of the HW movement.
- HW partners believe system transformation may take decades.



# Evaluation results: Integrated Managed Care

Findings from the “Early Adopter” region of Integrated Managed Care (Clark and Skamania counties/SWACH ACH):

- Positive outcomes in several areas, compared with the rest of the state:
  - Increased access to care
  - Better coordination of care
  - Better use of inpatient services



# Evaluation results: value-based payment models

HW created new payment models to move the state away from fee-for-service, toward value-based methods.

- Preliminary results show an increase in health care quality



## Accomplishments – Practice Transformation Support Hub

- Met goals, learned lessons related to provider support.
- Medicaid Transformation projects increased understanding and urgency by ACHs about importance of transformation support for providers.
- ACHs are now leading local practice transformation efforts – DOH role is to understand how this is evolving across the system, foster alignments, and make connections.



## Accomplishments – bridging systems

- Resource Portal – originally built in collaboration with UW to support providers with curated resources.
- After placing the Population Health Planning Guide on the Portal, thinking expanded – now creating a virtual space for many partners to work together (providers, public health, community).
- Rebranding to Healthier Washington Collaboration Portal ([waportal.org](http://waportal.org)).
- Supports broader body of work that DOH provides leadership on – linkage to community.



## Accomplishments – defining roles, building relationships

- Funding to three local health jurisdictions in three ACHs to build and define public health role.
  - Chief Health Strategist
  - Population health data
  - Health equity lens
  - Public health interventions.
- Strategic planning – aligning and braiding resources.
- Continuing with cross-agency, cross-system work (State Health Improvement Plan)

The Healthier Washington movement  
continues



# Healthier Washington moves forward

- Although it originated through grant funding, Healthier Washington does not equate to the SIM grant.
- Nor does it belong to any single program, grant, department, or initiative in Washington State.
- Healthier Washington is a vision whereby health and wellness systems stakeholders strive to transform the way whole-person care is provided in Washington State.



# Sustaining the Healthier Washington movement

All SIM-funded initiatives are continuing and evolving:

- Integrated Managed Care
- Accountable Care Program (UMP Plus, for PEBB and soon to be SEBB)
- Workforce transformation
- Rural system transformation
- Shared decision-making
- Accountable Communities of Health
- And many others



## Through 2021: Medicaid Transformation

We have three more years of the Medicaid Transformation:

- Initiative 1: Transformation through ACHs
- Initiative 2: Long-term Services and Supports
- Initiative 3: Supported Employment and Supportive Housing
- SUD Initiative

SIM grant funding laid the groundwork; the federal waiver increased capacity. After 2021, HW will continue: sustaining the advances and pursuing innovation.



The Future



# The future of Healthier Washington

We're just getting started. We will continue to:

- Strengthen and build partnerships
- Explore new funding opportunities
- Build a culture of health and wellness

# Questions and discussion

## Learn more about Healthier Washington

Website: [hca.wa.gov/hw](https://hca.wa.gov/hw)

> [How to participate](#)

Email: [healthierwa@hca.wa.gov](mailto:healthierwa@hca.wa.gov)

Twitter: [@WA\\_Health\\_Care](https://twitter.com/WA_Health_Care)

Facebook: [@WAHealthCareAuthority](https://www.facebook.com/WAHealthCareAuthority)

Hashtag: #HealthierWA

