



**Quarter 4 and Annual Report: Section 1115 Family Planning Only  
Demonstration Waiver**

**Demonstration Year 20: July 1, 2020 - June 30, 2021**

**Demonstration Reporting Period: April 1, 2021 - June 30, 2021**

**Demonstration Approval Period: July 1, 2018 - June 30, 2023**

**Project Number: 11-W-00134/0**

**September 30, 2021**

## Contents

EXECUTIVE SUMMARY .....	3
PROGRAM UPDATES .....	4
POLICY ISSUES AND CHALLENGES.....	7
QUALITY ASSURANCE AND MONITORING .....	10
PROGRAM OUTREACH AND EDUCATION.....	11
Appendix A: FPO Telemedicine/Telehealth Billing and Policy Guidance .....	13
Appendix B: Background and Definitions .....	15

## EXECUTIVE SUMMARY

Washington State's 1115 Family Planning Only (FPO) Programs demonstration waiver was originally approved by the Centers for Medicare and Medicaid Services (CMS) in 2001 and became effective July 1, 2001. In May 2018, the waiver was approved for another five years through June 30, 2023. The Special Terms and Conditions (STCs) for the waiver require quarterly monitoring reports that must be submitted 90 days following the end of each quarter. This report provides information on enrollment, utilization, operations, and updates related to the waiver. Washington uses the state fiscal year (SFY) as our demonstration year (DY) period. This report covers services provided during the period July 1, 2020 through June 30, 2021 but highlights quarter 4 of DY20 April 1, 2021 through June 30, 2021. Appendix B provides background and definitions of the program.

The Washington State Health Care Authority (HCA) administers the waiver in Washington in addition to Medicaid. The waiver includes two Family Planning Only programs: The Family Planning Only – Pregnancy Related (formally known as Family Planning Only Extension), which existed prior to the waiver and the Family Planning Only program (formally known as Take Charge), which began with the waiver. The waiver extends eligibility for family planning services to uninsured people capable of producing children and certain groups that need confidential family planning services, all with income at or below 260 percent of the federal poverty level (FPL). Family Planning Only programs cover every FDA approved birth control method and a narrow range of family planning-related services that help clients use their contraceptive methods safely and effectively to avoid unintended pregnancy.

Total enrollees decreased over the past demonstration year by 90.3% from 15,189 in DY19 to 7,981 in DY20. During DY20, there were steady declines each quarter in enrollment in both the Family Planning Only (FPO) and the Family Planning Only-Pregnancy Related (FPO-PR populations, see Table 9 for program and population descriptions), however in DY20, the FPO enrollment increased by 12.9% from Quarter 3 to Quarter 4. Overall participation decreased over the past demonstration year by 123.6% from 3,122 in DY19 to 1,396 in DY20.

The declines in enrollment and participation in DY20 coincide with Washington State's Governor Inslee's 'Stay Home, Stay Healthy' quarantine directives. We will continue to monitor this enrollment and participation as impacts from COVID-19 and variants continue to fluctuate.

Enrollment decreased by 5.3% from 3,691 in DY20 Quarter 3 to 3,494 in Quarter 4 and participation declined by 25.1% (from 601 to 450 participants). Newly enrolled clients declined by 34.8% from 848 in DY20 Quarter 3 to 553 in Quarter 4. Client enrollment and participation remain predominantly female, driven by the fact that 50.8% of enrollees are post pregnancy. In DY20, the most frequently provided family planning method for all participants was oral contraceptives (i.e., birth control pills) used by 35.2% of unduplicated participants.

Besides family planning and contraceptive care, waiver clients also have access to Neisseria gonorrhoea (GC) and Chlamydia trachomatis (CT) screens and tests and cervical cancer screenings. To date, 344 unduplicated waiver participants received a GC/CT test or 4.3% of total waiver enrollees for the demonstration year. Additionally, 25 (or 0.6%) of the unduplicated female participants to date have received a cervical cancer screen while enrolled in the demonstration waiver.

## PROGRAM UPDATES

### Current Trends and Significant Program Activity

#### *Administrative and Operational Activities*

In DY20 Q2, HCA worked with CMS to revise the Family Planning Only programs application in 2020 and communicated this change with providers through webinars held on December 8, 10, and 18, 2020.

HCA released the revised Family Planning Only application to include an option for the applicant to make an informed choice to waive their right to apply to full-scope Apple Health. The revised application was released in January 2021 (DY20, Q3) and preliminary FPO application data show an increase in application approvals. Application approval percentage increased by 35% from 53% in January through March 2020 to 88% in March 2021. There was a cumulative total of 523 approved FPO applications out of 993 applications in January through March 2020. In March 2021, 122 out of 139 applications were approved.

For the period of April to June 2021 (DY20, Q4), 84% of applications were approved (total of 110 applications, 92 approved) in April, 85% of applications were approved (total of 89 applications, 76 approved) in May and 86% of applications were approved (total of 94 applications, 81 approved) in June.

In DY20 Q4, HCA also published and communicated a direct telephone extension number for clients to apply for the Family Planning Only program over the telephone. We received feedback from navigators and providers stating that this update makes the program more accessible for clients. Rather than going through a series of prompts when calling the 800-562-3022 telephone number, the client or navigator is able to reach the Family Planning application staff directly at the extension.

HCA is continuing to allow FPO benefit services to be delivered through telemedicine and temporary COVID pandemic telehealth mediums effective January 1, 2020 until the HCA determines discontinuation. This guidance was created in March 2020, edited in April 2020 and is included in Appendix A of this report [here](#). As mentioned in a previous quarter report (DY19 Quarter 4), FPO services provided through telemedicine mediums will not expire and are included in current physician billing guides.

#### *Delivery System and Provider Participation*

Access to family planning services is widely available through expanded Medicaid, qualified health plans and other commercial insurance. HCA continues to support efforts to provide Washington residents with access to comprehensive insurance coverage that surpasses the coverage that the FPO programs offer. HCA is invested in seeing that all persons, whose pregnancies and births are paid for by Medicaid, have access to the services they need to plan and space their pregnancies.

HCA also administers a state funded FPO program for populations that do not meet the waiver criteria. HCA recently created and released a separate FPO application for the state-funded program in March 2021.

During DY20 Quarter 1, HCA participated with our counterparts, the Washington State Department of Health (DOH) in their quarterly provider network webinar to share updates on the Family Planning Only program including questions on the telehealth/telemedicine guidelines and upcoming improvements to the Family Planning Only application, specifically addressing concerns about the noncitizen, undocumented population and other questions and concerns with the FPO program.

There are still gaps in coverage for some Medicaid enrollees, young adults covered by their parents' insurance who desire confidentiality, and some immigrant populations. These groups are currently not eligible for the waiver.

Family Planning providers and advocates are also working with HCA to ensure that the waiver population and those not eligible for the waiver are provided services needed to continue to improve access to family planning and family planning-related services, decrease unintended pregnancies and lengthen intervals between pregnancies and births to improve positive birth and health outcomes.

### *Enrollment and Participation*

Total enrollees have decreased 5.3% over the past demonstration quarter, from 3,691 in DY20 Quarter 3 to 3,494 in DY20 Quarter 4. Notably, this decrease started last DY during the fourth quarter of DY19, due to impacts from COVID-19 on client financial eligibility and delivery of healthcare services, we expected decreases in enrollment and participation during Quarter 4 as it coincided with Washington State's Governor Inslee's 'Stay Home, Stay Healthy' quarantine directives.

We also hypothesize that the decrease in enrollment may be caused by the Public Health Emergency extension of benefits for the Apple Health pregnancy population. Clients that lose the Apple Health pregnancy benefit are automatically enrolled into the Family Planning Pregnancy Related program. Before the COVID-19 pandemic, the Family Planning Pregnancy Related program contributed approximately 70 percent of the program's enrollees. The State plans to include results of the short- and long-term impacts from COVID-19 in the 2018 – 2023 evaluation report.

The State will continue to monitor this enrollment and participation as the quarter-to-quarter trends had been stable since the implementation of the Affordable Care Act (ACA).

Of the 3,494 total unduplicated enrollees in the third quarter of DY20, 99.0% enrollees were female. Clients 21-44 years old had the highest enrollment (2,732 or 78.2%) and the highest participation (300 or 66.7%). As expected, enrollment and participation is dominated by female clients since 50.8% of enrollees are post pregnancy and participants choose contraceptives predominately used by females (see Table 9 for program and population descriptions).

Tables 1 through 4 show data on enrollees and participants for DY20 by sex and age group.

**Enrollees** are all individuals in the demonstration for the specified demonstration quarter, including those newly enrolled and those still eligible from the previous demonstration quarter.

**Participants** are all individuals who obtain one or more covered family planning service through the demonstration.

Due to small numbers and the obligation of HCA to protect the privacy of its clients, cell numbers less than 11 are suppressed and noted.

<b>Table 1: Unduplicated Number of Female Enrollees by Age Group** and Quarter</b>					
	<b>14 years old and under</b>	<b>15-20 years old</b>	<b>21-44 years old</b>	<b>Over 45 years old</b>	<b>Total Unduplicated Female Enrollment*</b>
<b>Quarter 1</b>	10	952	4,712	63	5,737
<b>Quarter 2</b>	*	743	3,518	*	4,319
<b>Quarter 3</b>	*	631	2,983	*	3,663
<b>Quarter 4</b>	*	668	2,732	*	3,459
<b>Year End</b>	19	1,272	6,556	87	7,934

\*\*Ages for Quarters are calculated based on the last day in the quarter while Age for "Year End" is based on the last day of the DY. Given that a client may age into an older age cohort throughout their 12-month program eligibility period, "Year End" is not a sum of each age cohort.

<b>Table 2: Unduplicated Number of Male Enrollees by Age Group** and Quarter</b>					
	<b>14 years old and under</b>	<b>15-20 years old</b>	<b>21-44 years old</b>	<b>Over 45 years old</b>	<b>Total Unduplicated Male Enrollment*</b>
<b>Quarter 1</b>	*	*	15	*	24
<b>Quarter 2</b>	*	*	15	*	24
<b>Quarter 3</b>	*	*	16	*	28
<b>Quarter 4</b>	*	*	22	*	35
<b>Year End</b>	*	14	31	*	47

\* Due to HCA policy regarding the release of small numbers, numbers less than 11 are suppressed.  
 \*\*Ages for Quarters are calculated based on the last day in the quarter while Age for "Year End" is based on the last day of the DY. Given that a client may age into an older age cohort throughout their 12-month program eligibility period, "Year End" is not a sum of each age cohort.

<b>Table 3: Unduplicated Number of Female Participants with any Claim by Age Group** and Quarter</b>						
	<b>14 years old and under</b>	<b>15-20 years old</b>	<b>21-44 years old</b>	<b>Over 45 years old</b>	<b>Total Female Users*</b>	<b>Percentage of Total Unduplicated Enrollment</b>
<b>Quarter 1</b>	*	113	216	*	340	5.9
<b>Quarter 2</b>	*	201	401	*	618	14.2
<b>Quarter 3</b>	*	151	437	*	600	16.3
<b>Quarter 4</b>	*	136	298	*	448	13.0
<b>Year End</b>	*	421	932	*	1,388	17.5

\* Due to HCA policy regarding the release of small numbers, numbers less than 11 are suppressed.  
 \*\*Ages for Quarters are calculated based on the last day in the quarter.

<b>Table 4: Unduplicated Number of Male Participants with any Claim by Age Group** and Quarter</b>						
	<b>14 years old and under</b>	<b>15-20 years old</b>	<b>21-44 years old</b>	<b>Over 45 years old</b>	<b>Total Male Users*</b>	<b>Percentage of Total Unduplicated Enrollment</b>
<b>Quarter 1</b>	*	*	*	*	*	0.0
<b>Quarter 2</b>	*	*	*	*	*	0.1
<b>Quarter 3</b>	*	*	*	*	*	0.1
<b>Quarter 4</b>	*	*	*	*	*	0.1
<b>Year End</b>	*	*	*	*	*	0.1

\* Due to HCA policy regarding the release of small numbers, numbers less than 11 are suppressed.

\*\*Ages for Quarters are calculated based on the last day in the quarter.

### **POLICY ISSUES AND CHALLENGES**

HCA program staff and CMS worked together to address the revised client application in DY20 Q1 and Q2. HCA received feedback from CMS to revise parts of the citizenship and immigration status section of the FPO application. HCA reviewed these recommendations, edited and aligned the requested changes with other applications related to federally funded state programs.

The HCA program staff continue to work with providers to clarify questions that arise from the Family Planning Only programs billing guide to ensure that is more user and reference friendly. The program staff continue to respond to and clarify billing questions and directly resolve billing issues for Family Planning providers on an ad hoc basis.

**Table 5: Demonstration Year 20 Action Plan**

Activity	Quarter 1 Update	Quarter 2 Update	Quarter 3 Update	Quarter 4 Update
<ul style="list-style-type: none"> <li>• <b>Add the HPV vaccine benefit to the Family Planning Only programs services package.</b></li> </ul>	<ul style="list-style-type: none"> <li>• HCA received conditional approval from CMS to move forward to add the HPV vaccine to its FPO benefit package.</li> <li>• HCA is working internally to get leadership and finance approval for program implementation.</li> </ul>	<ul style="list-style-type: none"> <li>• HCA continues to work internally to get leadership and finance approval for program implementation.</li> </ul>	<ul style="list-style-type: none"> <li>• HCA continues to work internally to get leadership and finance approval for program implementation. We are close to a decision for implementation.</li> </ul>	<ul style="list-style-type: none"> <li>• HCA is working on the required documents for the amendment request.</li> <li>• HCA is working on the Washington Administrative Code addition to the Reproductive Health Services benefits.</li> <li>• HCA is working on revising the billing guide to include the HPV vaccine under the Family Planning benefit offerings once approved by CMS.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Evolve the benefits package for the Family Planning Only programs through research and financial analysis and feasibility.</b> <ul style="list-style-type: none"> <li>• Increase the number of clients receiving cervical cancer screening and gonorrhea and chlamydia screening and testing.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• HCA is soliciting provider feedback and researching ways to increase the number of clients receiving cervical cancer screening and gonorrhea and chlamydia screening and testing.</li> </ul>	<ul style="list-style-type: none"> <li>• HCA is working on a situation and financial analysis for internal leadership and finance review and approval.</li> </ul>	<ul style="list-style-type: none"> <li>• HCA is continuing to work on a situation and editing the financial analysis for internal leadership and finance review and approval.</li> </ul>	<ul style="list-style-type: none"> <li>• This project requires approval from the WA state legislature as well as budget approval. It will be moved forward during DY21.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Expand eligibility and ensure access to underinsured people, as changes occur in requirements for insurance coverage related to family planning needs on a national level.</b></li> </ul>	<ul style="list-style-type: none"> <li>• HCA is working with providers and navigators to make the application and application approval process for the FPO program as user-friendly and easy to navigate as possible while considering ongoing changes insurance eligibly requirements and other barriers.</li> </ul>	<ul style="list-style-type: none"> <li>• HCA continues to analyze and data and monitor potential gaps in coverage for populations and benefits.</li> </ul>	<ul style="list-style-type: none"> <li>• HCA continues to analyze and data and monitor potential gaps in coverage for populations and benefits.</li> </ul>	<ul style="list-style-type: none"> <li>• HCA added a direct extension to the Family Planning application telephone line to increase access to potential clients who do not have internet and/or printing capabilities.</li> </ul>

<ul style="list-style-type: none"> <li>• <b>Communicate with family planning providers, navigators and administrators on their needs for their clients and will create training and resources based off these needs.</b></li> </ul>	<ul style="list-style-type: none"> <li>• HCA is working with providers and navigators to determine best practices for their client application process to share during training and for upcoming written resources.</li> </ul>	<ul style="list-style-type: none"> <li>• HCA is working with Seattle King County Public Health on a user-friendly FAQ sheet for FPO clients to better understand their benefits and the program.</li> </ul>	<ul style="list-style-type: none"> <li>• HCA is setting up individuals provider/navigator meetings to discuss the FPO application process and provide feedback for seamless client access to the program.</li> </ul>	<ul style="list-style-type: none"> <li>• HCA regularly communicates with family planning providers, navigators, administrators and stakeholders to improve the benefits and access for their clients. HCA held a total of six virtual training sessions in DY20 related to family planning program and application updates.</li> </ul>
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## QUALITY ASSURANCE AND MONITORING

### Service Utilization

Table 6 shows utilization by birth control method and age group for DY20. The use of family planning methods are listed according from the most frequently used to the least frequently used. To date, the most frequently provided family planning method for all participants is oral contraceptives (i.e., birth control pills), used by 35.2% of unduplicated participants. This is followed by emergency contraceptives at 16.1% and hormonal injections at 14.3%.

Method	Total Users					
	14 years old and under	15-20 years old	21 – 44 years old	45 years old and older	Total Participants** (unduplicated)	Percent of all Methods
Oral Contraceptive	*	229	386	*	630	35.2
Emergency Contraception	*	120	158	*	288	16.1
Hormonal Injection	*	77	170	*	256	14.3
Intrauterine Device (IUD)	*	57	183	*	242	13.5
Contraceptive Implant	*	50	104	*	154	8.6
Condom (male and female)	*	45	48	*	94	5.3
Vaginal Contraceptive Ring	*	11	45	*	57	3.2
Contraceptive Patch	*	18	33	*	53	3.0
Spermicide***	*	*	*	*	*	*
Sterilization- Tubal Procedure & Vasectomy	*	*	*	*	*	*
Diaphragm / Cervical Cap	*	*	*	*	*	*
Natural Family Planning	*	*	*	*	*	*
Total Participants*** (unduplicated)	*	391	856	*	1,275	

\*Due to HCA policy regarding the release of small numbers, some contraceptive methods (i.e., Natural Family Planning, spermicide, sterilization, and diaphragm/cervical cap) were suppressed from the table and total unduplicated participants were recalculated to avoid deriving utilization for this method.

\*\*A participant may choose more than one birth control method during the demonstration year and is recorded for each. The numbers for each method or age cohort do not add up to the totals.

\*\*\*Includes all topical preparations (i.e. creams, foams, and gels), films, suppositories, and sponges.

Table 7 shows the number of Neisseria gonorrhoea (GC) and Chlamydia trachomatis (CT) screens and tests provided to Family Planning Only clients. These services are sexually transmitted infection (STI) testing specifically related to the effective and safe use of the chosen contraceptive and cervical cancer screening. Women ages 13 – 25 receive screening and all women receive testing when symptoms or exposure are reported. Men are limited to testing only when exposure or symptoms are reported. To date, 344 of the unduplicated number of waiver participants received a GC/CT test or 4.3% of total waiver enrollees (7,981, to date) for the demonstration year.

<b>Table 7: Number of Participants Tested for any STD by Demonstration year (to date)</b>		
<b>Total Tests</b>		
	<b>Number</b>	<b>% of total Enrolled</b>
Unduplicated number of participants who obtained an STD test	344	4.3

\*The waiver programs only cover GC and CT screening for females ages 13-25. STD testing is also covered if an exposure to a STI increases client’s risk to infertility.

Table 8 shows the number of females who have received cervical cancer screening using cervical cytology (Pap test) and/or human papilloma (HPV) testing. Twenty-five of the female participants received cervical cancer screening in DY20 to date.

<b>Table 8: Total Number of Female Participants who obtained a Cervical Cancer Screening (to date)</b>		
<b>Screening Activity</b>	<b>Number</b>	<b>% of total Females Enrolled</b>
Unduplicated number of female participants who obtained a cervical cancer screening	25	0.6

\*The U.S. Preventive Services Task Force (USPSTF) and the American College of Obstetricians and Gynecologists (ACOG) recommend cervical cytology every 3 years for those 21-29 years old and for those 30-65 years old choosing either every 3-year cervical cytology or every 5 years with high risk human papillomavirus testing, or every 5 years with a combination of HPV testing and cytology.

### *Program Integrity*

There were no program integrity updates in DY20 Quarters 1 - 4.

### *Grievances and Appeals*

There were no grievances and appeals made DY20 Quarters 1 – 4.

## **PROGRAM OUTREACH AND EDUCATION**

### *General Outreach and Awareness*

HCA continues to communicate with FPO providers on program updates and additional coverage for FPO clients related to the COVID 19 Public Health Emergency policies.

### *Target Outreach Campaign(s)*

In DY20 Quarter 2, HCA hosted three Family Planning application update webinars to:

- Review the Family Planning Only (FPO) eligibility guidelines and application process.

- Review the step-by-step process for an applicant to complete a FPO application.
- Review the changes to the application and the new application coversheet FAQ and address any questions.

Over 300 providers, navigators and administrative staff registered and about 200 attended webinars held on December 8, 10, and 18, 2020.

HCA also continued working with partnering providers to support their outreach efforts in making FPO services available to their clients. The major outreach of the agency is focused on connecting clients to full scope coverage through Apple Health or a referral to a qualified health plan.

In DY20 Quarter 3, HCA program staff scheduled targeted meetings with three top FPO providers including Seattle King County Public Health, Neighborcare, and Planned Parenthood to address missing client information on FPO applications and to discuss ways to improve access to the FPO program for their clients.

In DY20 Quarter 4, HCA met with Neighborcare school-based health centers and Planned Parenthood Lynwood, Everett and Bellevue health centers. HCA established direct connections between the patient navigators, clinic managers and the family planning application team and discussed improvements for client access to the family planning program specific to their organization.

### *Stakeholder Engagement*

In DY20 Quarter 1, HCA communicated with FPO providers via email to solicit feedback, send updates, answer questions and offer assistance for the FPO programs. HCA has also received and reviewed suggestions from FPO providers for improvement of the program including adding information to the FPO application and addressing inefficiencies in the approval/denial process.

In DY20 Quarter 2, HCA solicited feedback from stakeholders including Jefferson County Public Health, Planned Parenthood Columbia Willamette, Grays Harbor County Public Health, Skamania County Public Health, and Seattle King County Public Health on offering gonorrhea and chlamydia screening, testing and treatment for Family Planning Only benefits.

After the revised FPO application was released in January 2021 (DY20 Q3), HCA received significant positive feedback from stakeholders including Planned Parenthood, Seattle King County Public Health, Columbia Basin Health Association, SeaMar, Neighborcare and other Family Planning advocate groups. A few of these stakeholders also co-presented on a webinar for our state-funded FPO application.

### *Annual Post Award Public Forum*

There were no annual post award public forum activities DY20 Quarters 1 - 4.



## Family Planning Only (FPO) Program billing guide for telemedicine/telehealth services offered during the COVID-19 pandemic

In this time of the COVID-19 pandemic, the Health Care Authority (HCA) is aware that usual and customary ways of providing and billing/reporting services may not be feasible. It is also understood that different providers will have different capabilities. Therefore, in the interest of public health, HCA's Apple Health (Medicaid) program is trying to be as flexible as possible and is creating new policies that will allow you to provide medically necessary services and bill or report the encounter with the most appropriate code you determine applicable, using the guidance below.

**This FAQ reinforces HCA's current policies regarding telemedicine as defined in [WAC 182-531-1730](#) and covers the new telehealth policies that will only be in effect during this health care crisis. We will update this FAQ as necessary to respond to new information as it develops.**

*The FAQ below was revised after new information was released Friday, March 20, by the Centers for Medicare & Medicaid Services (CMS) in an all-state call about the use of telehealth in Medicaid. Note: Medicaid is not subject to the same policies as Medicare.*

### Frequently asked questions

#### **Is the COVID-19 vaccine administration a covered service for Family Planning Only clients?**

Yes. The COVID-19 vaccine administration is a covered service for Family Planning Only clients retroactive to dates of service on and after April 1, 2021. For more information, please review the [COVID vaccine clinical policy](#).

#### **Can providers use telemedicine/telehealth to serve clients receiving Family Planning Only benefits?**

Yes. Clients under the Family Planning Only – Pregnancy Related program and the Family Planning Only program (formerly referred to as TAKE CHARGE) are eligible for telemedicine/telehealth services **temporarily** during the COVID-19 outbreak.

The availability of telemedicine/telehealth during the pandemic allows Family Planning Only clients, particularly those in medically underserved areas of the state, improved access to essential family planning services that may not otherwise be available.

ProviderOne has been updated to allow reimbursement for telemedicine/telehealth services for Family Planning Only clients, dating back to the start of the pandemic.

#### **What modes of technology can I use to provide services to my patients?**

Please refer to Part II of [Apple Health \(Medicaid\) clinical policy and billing for COVID-19 FAQs](#). Part II describes technologies and modalities, which may be used to provide services to Family Planning Only clients.

*(Revised 04/12/2021)*

### How do I bill for services provided to Family Planning Only clients via telemedicine or telehealth?

Please refer to Part II of [Apple Health \(Medicaid\) clinical policy and billing for COVID-19 FAQs](#). Part II outlines how to bill for telemedicine/telehealth services.

The following codes are covered for Family Planning Only clients receiving services via telemedicine/telehealth: CPT® 99201, 99202, 99203, 99204, 99211, 99212, 99213, 99214.

Comprehensive prevention family planning visits are also covered via telemedicine/telehealth, billed with an FP modifier: CPT® 99384, 99385, 99386, 99394, 99395, 99396, 99401. Comprehensive prevention family planning visits will continue to be limited to once every 365 days.

Bill any of above codes, as appropriate, using modifier CR (catastrophe/disaster) at the line level.

Telemedicine/telehealth services are paid at the same rate as if the services were provided face-to-face.

All services provided to Family Planning Only clients require a primary focus AND diagnosis of family planning.

### What other codes could be used if the options described above are not applicable to the care provided?

If you are a licensed provider who can bill an E&M code and using the usual procedure code with one of the options above is not applicable, below is a matrix of codes that are also available for telephone and digital evaluation visits. Please see the [COVID-19 fee schedule](#) for rates.

Bill these codes using modifier CR (catastrophe/disaster) at the line level.

CPT® Code	Short Description
99441	PHONE E/M PHYS/QHP 5-10 MIN
99442	PHONE E/M PHYS/QHP 11-20 MIN
99443	PHONE E/M PHYS/QHP 21-30 MIN
99421	OL DIG E/M SVC 5-10 MIN
99422	OL DIG E/M SVC 11-20 MIN
99423	OL DIG E/M SVC 21+ MIN

Code	Description
G2012	Brief communication <a href="#">technology</a> -based service, e.g. <a href="#">virtual</a> check-in, by a <a href="#">physician</a> or other qualified <a href="#">health care professional</a> who can report evaluation and management services, provided to an established <a href="#">patient</a> , not originating from a related e/m service provided within the previous 7 days nor leading to an e/m service or <a href="#">procedure</a> within the next 24 hours or soonest available appointment; 5- 10 minutes of <a href="#">medical</a> discussion

CPT® codes and descriptions only are copyright 2019 American Medical Association.

Please note that the revised date on this document only pertains to formatting changes, there have been no policy changes. For questions related to FPO telemedicine billing and claims, please email [HCAFamilPlanning@hca.wa.gov](mailto:HCAFamilPlanning@hca.wa.gov).

## Appendix B: Background and Definitions

### *Definition of Terms*

The following terms are used in the report and defined here.

**Enrollees** are defined as all individuals enrolled in the demonstration for the specified demonstration year, including those newly enrolled and those still eligible from the previous demonstration year. This is also called the eligible population.

**Participants** are defined as all individuals who obtain one or more covered family planning services through the demonstration.

**Disenrollment** is defined as having a gap in enrollment of more than four months.

**Retention** is defined as those continuously enrolled or experiencing a gap in eligibility of no more than four months.

**Re-enroll** is defined as clients who dis-enroll, then re-enroll with a gap greater than 4 months or were previously pregnant, but re-enrolled after pregnancy ended.

**Full benefits** include all full eligible clients, including the new Medicaid Expansion program, and Parent/Caretaker.

**Member months** refer to the number of months in which persons enrolled in the demonstration are eligible for services.

**Table 9. Program Description**

Program Goals	<ul style="list-style-type: none"> <li>• Improve access to family planning and family planning related services.</li> <li>• Decrease the number of unintended pregnancies.</li> <li>• Increase the use of contraceptive methods.</li> <li>• Increase the interval between pregnancies and births to improve positive birth and women’s health outcomes.</li> <li>• Reduce state and federal Medicaid expenditures for averted births from unintended pregnancies.</li> </ul>	
Historical population name	Family Planning Only Extension	Take Charge
Current demonstration population name	Family Planning Only – Pregnancy Related	Family Planning Only
Income eligibility	Income at or below 198 percent of the federal poverty level (FPL)	Income at or below 260 percent of the federal poverty level
Target population	<ul style="list-style-type: none"> <li>• Recently pregnant women who lose Medicaid coverage after their 60-day post pregnancy coverage ends</li> </ul>	<ul style="list-style-type: none"> <li>• Uninsured women and men seeking to prevent unintended pregnancy</li> <li>• Teens and domestic violence victims who need confidential family planning services</li> </ul>
Coverage period	<p>Additional 10-month coverage following Medicaid 60-day post-pregnancy coverage</p> <ul style="list-style-type: none"> <li>• When coverage ends must apply for Medicaid or Take Charge</li> </ul>	<p>12-month coverage</p> <ul style="list-style-type: none"> <li>• No limit on how many times they can reapply for coverage</li> </ul>
Program coverage	<ul style="list-style-type: none"> <li>• Family planning-related services for women include an annual comprehensive family planning preventive medicine visit, screening for gonorrhea and chlamydia for women ages 13 through 25, cervical cancer screening, and services directly related to successfully using a chosen method of contraception.</li> </ul>	<ul style="list-style-type: none"> <li>• Family planning-related services for women include an annual comprehensive family planning preventive visit, screening for gonorrhea and chlamydia for women ages 13 through 25, cervical cancer screening, and services directly related to successfully using a chosen method of contraception.</li> <li>• Family planning-related services for men include an annual comprehensive family planning preventive visit for reducing the risk of unintended pregnancy, condoms and spermicides, and services directly related to vasectomies.</li> </ul>