



## EXECUTIVE SUMMARY



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# Washington State's Foundational Community Supports Programs

## SUPPORTIVE HOUSING

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April 13, 2021

**After decreasing beginning in March 2020 (due to COVID-19 related challenges), the number of newly Enrolled participants entering the Foundational Community Supports program has begun to climb. The Health Care Authority has strongly encouraged shifting from in-person services to virtual telehealth services by providers, including assessments, which was allowed under the waiver prior to the pandemic.**

**Enrollment in the Foundational Community Supports Program has continued to grow over time and now more clients are enrolled to receive Supportive Housing services than those enrolled to receive Supported Employment services.**

- As of January 2021, 9,371 persons were enrolled in the Foundational Community Supports (FCS) program. 33% (3,116) were enrolled to receive Supported Employment (SE) services only, 47% (4,384) were enrolled to receive Supportive Housing (SH) services only, and 20% (1,871) were jointly enrolled to receive Supported Employment and Supportive Housing services.
- Over the most recent six-month period, total enrollment has increased an average of 5% per-month.
- During the first-year of the program, about one-third of enrollees were enrolled to receive Supportive Housing services. This was in part due to the lag in available Supportive Housing providers. Over the course of CY 2019 and 2020, Supportive Housing enrollment has caught up, and now 67% of all enrollees are enrolled to receive Supportive Housing or Supported Employment and Supportive Housing services.

**FCS enrollees are authorized to receive services for a six-month period. If more time or services are needed, FCS providers may submit an Exception to Rule (ETR) for additional time or services. We observe at least one extension for more than 60% of all enrollees.**

- As of January 2021, Supported Employment enrollees have an average of 10.8 months of enrollment with 64% having been granted at least one six-month extension. Supportive Housing enrollees have an average of 10.6 months of enrollment with 66% having been granted at least one six-month extension.

**FCS Enrollees have a higher use of mental health and substance use disorder services than the general Medicaid population.**

- Based on most recently available data (November 2020), 95%/93% of Medicaid-Only Supported Employment/Supportive Housing enrollees had a need for mental health (MH) services within the last 24-months, and 64%/76% had need for substance use disorder (SUD) services. 61%/72% had co-occurring MH/SUD needs.
- While the FCS program does not provide MH or SUD services, it is worth noting the 85%/79% of Medicaid-Only Supported Employment/Supportive Housing enrollees needing MH services received a MH service within the last 12-months compared to 50% of all Medicaid adults (18-64) in CY 2019, and 65%/61% of enrollees needing SUD services received a SUD services compared to 39% of all Medicaid adults (18-64) in CY 2019.

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## Washington State's Foundational Community Supports Program SUPPORTIVE HOUSING

April 13, 2021

This report provides a month-by-month look at Medicaid clients enrolled in the Foundational Community Supports (FCS) Supportive Housing program, which began (along with the FCS Supported Employment program) in January 2018.

*Note: This report describes the enrolled population for a given month and is not intended to be used for evaluation purposes.*

**ELIGIBILITY NOTES**

**Eligibility for Supportive Housing.** Medicaid clients age 18 years or older who: 1) have a mental health or substance use treatment need, 2) are receiving long-term services, or 3) have a complex physical health need and/or physical impairment AND meet one of the following criteria at the time of referral:

- Chronically homeless, as defined by the U.S. Housing and Urban Development.
- Had more than one contact with, or a stay longer than 90 days in, a correctional facility, inpatient treatment setting, hospital, skilled nursing facility, or other institutional setting in the past 12 months.
- Have a history of frequent or lengthy adult residential care facility stays.
- Had three or more different in-home caregiver providers in the last 12 months.
- Have a PRISM Risk Score of 1.5 or above.

### FCS SUPPORTIVE HOUSING ENROLLMENT SUMMARY

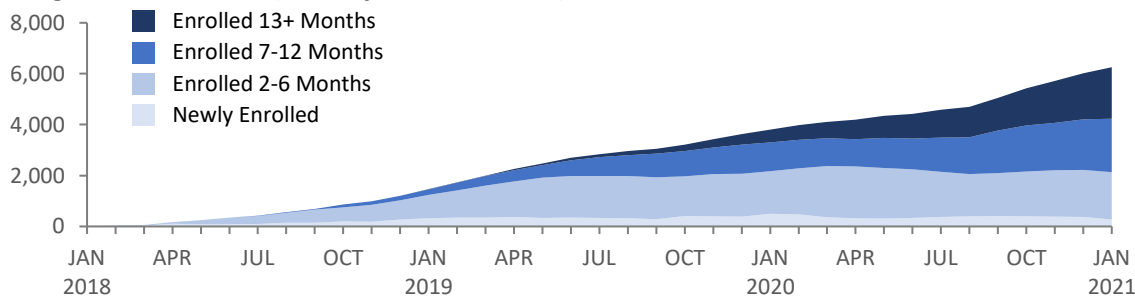
#### Length of Enrollment (Previous 12 Months)

Previous 12 Months	Enrolled in Month	Newly Enrolled <sup>1</sup>		Enrolled for 2-6 Months <sup>2</sup>		Enrolled for 7-12 Months <sup>2</sup>		Enrolled for 13+ Months <sup>2</sup>		Avg. Months Enrolled <sup>2</sup>
	CLIENTS	CLIENTS	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER
FEB	3,980	473	12%	1,813	46%	1,117	28%	577	14%	6.7
MAR	4,110	356	9%	2,012	49%	1,097	27%	645	16%	7.0
APR	4,198	317	8%	2,047	49%	1,065	25%	769	18%	7.4
MAY	4,347	315	7%	1,987	46%	1,174	27%	871	20%	7.7
JUN	4,423	329	7%	1,915	43%	1,208	27%	971	22%	8.1
JUL	4,588	368	8%	1,779	39%	1,339	29%	1,102	24%	8.4
AUG	4,694	398	8%	1,661	35%	1,448	31%	1,187	25%	8.7
SEP	5,050	404	8%	1,685	33%	1,682	33%	1,279	25%	9.0
OCT	5,429	400	7%	1,754	32%	1,816	33%	1,459	27%	9.3
NOV	5,719	382	7%	1,826	32%	1,865	33%	1,646	29%	9.7
DEC	6,019	373	6%	1,852	31%	1,988	33%	1,806	30%	10.1
2021 JAN	6,255	274	4%	1,855	30%	2,103	34%	2,023	32%	10.6

<sup>1</sup>Only includes clients enrolled in Supportive Housing for the very first time.

<sup>2</sup>Results are based on the total number of months over the life of the client (and are not necessarily consecutive).

#### Length of Enrollment (January 2018 - Present)



#### In January 2021...

- 6,255 clients were enrolled in Supportive Housing.
- 274 of these clients were enrolled for the first time in Supportive Housing.

**PROGRAM CONTACT:** Matt Christie (Matt.Christie@hca.wa.gov)  
**DATA QUESTIONS:** Matthew Pavelle (Matthew.Pavelle@dshs.wa.gov)

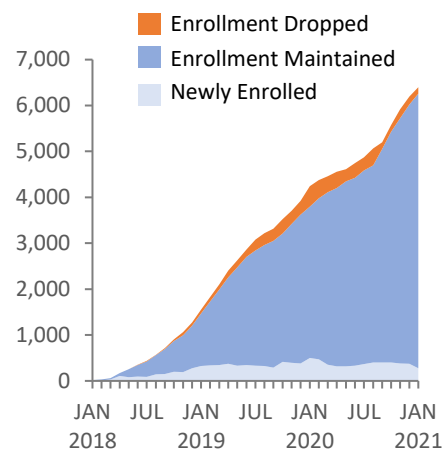
## SUPPORTIVE HOUSING - ENROLLMENT CHURN

### Supportive Housing Enrollment Notes.

- Enrollees are authorized for the program in six month segments. If more time or services are needed, FCS providers may submit an Exception to Rule (ETR) for additional time or services.
- Enrollment in the month does not necessarily indicate that any services were received by the enrollee in that month.

### Monthly Enrollment Churn

Previous 12 Months	Enrolled in Month	Newly Enrolled <sup>1</sup>		Enrollment Maintained <sup>2</sup>		Enrollment Dropped	
	CLIENTS	NUMBER	PERCENT <sup>3</sup>	NUMBER	PERCENT <sup>3</sup>	NUMBER	PERCENT <sup>4</sup>
FEB	3,980	473	12%	3,507	88%	395	10%
MAR	4,110	356	9%	3,754	91%	350	9%
APR	4,198	317	8%	3,881	92%	362	9%
MAY	4,347	315	7%	4,032	93%	264	6%
JUN	4,423	329	7%	4,094	93%	319	7%
JUL	4,588	368	8%	4,220	92%	284	6%
AUG	4,694	398	8%	4,296	92%	369	8%
SEP	5,050	404	8%	4,646	92%	<i>pending</i>	-
OCT	5,429	400	7%	5,029	93%	<i>pending</i>	-
NOV	5,719	382	7%	5,337	93%	<i>pending</i>	-
DEC	6,019	373	6%	5,646	94%	<i>pending</i>	-
2021 JAN	6,255	274	4%	5,981	96%	<i>pending</i>	-



<sup>1</sup>Only includes clients enrolled in Supportive Housing for the very first time.

<sup>2</sup>Includes clients who continue enrollment from the previous month, as well as clients who return after a 1+ month gap in enrollment.

<sup>3</sup>Denominator is the current month's Enrollee Total.

<sup>4</sup>Denominator is the previous month's Enrollee Total.

### Enrollment History of Clients No Longer Enrolled

Previous 12 Months	No Longer Enrolled <sup>5</sup>	Enrolled for 1-6 Months <sup>6</sup>		Enrolled for 6-12 Months <sup>6</sup>		Enrolled for 13+ Months <sup>6</sup>		Avg. Months Enrolled <sup>6</sup>
	CLIENTS	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER
FEB	2,193	661	30%	1,330	61%	202	9%	7.1
MAR	2,437	700	29%	1,497	61%	240	10%	7.2
APR	2,703	751	28%	1,667	62%	285	11%	7.4
MAY	2,903	785	27%	1,781	61%	337	12%	7.5
JUN	3,156	834	26%	1,918	61%	404	13%	7.6
JUL	3,380	871	26%	2,064	61%	445	13%	7.7
AUG	3,655	907	25%	2,248	62%	500	14%	7.8
SEP	3,744	939	25%	2,280	61%	525	14%	7.8
OCT	3,819	970	25%	2,309	60%	540	14%	7.8
NOV	3,958	1,018	26%	2,359	60%	581	15%	7.9
DEC	4,093	1,077	26%	2,402	59%	614	15%	7.9
2021 JAN	4,237	1,149	27%	2,438	58%	650	15%	7.9

<sup>5</sup>Cumulative count of clients who are no longer enrolled in Supported Employment as of the most recent enrollment month. Clients will be removed from this table entirely if they return to the program after a 1+ month gap.

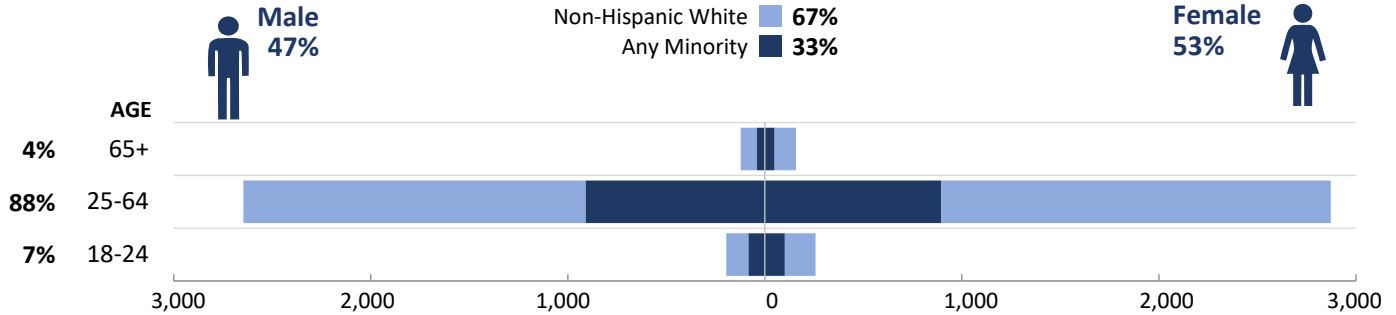
<sup>6</sup>Results are based on the total number of months over the life of the client (and are not necessarily consecutive).

## SUPPORTIVE HOUSING - DEMOGRAPHICS

### Demographic Notes.

- "Any Minority" includes enrollees whose race/ethnicity is not recorded as "white"/"non-hispanic" (including when missing or not provided).

### Demographics of Clients Enrolled in January 2021



## SUPPORTIVE HOUSING - CARE ASSESSMENT

### CARE Assessment Notes.

- Comprehensive Assessment Reporting Evaluation (CARE) is the tool used by case managers to document a client's functional ability, determine eligibility for long-term care services, evaluate what and how much assistance a client will receive, and develop a plan of care.

### CARE Assessment Detail

*Note: month to month changes are due to client enrollment mix, not program impact.*

Previous 12 Months	Enrolled in Month	Developmental Disability CARE Assessment in Last 15 Months		Aging CARE Assessment in Last 15 Months	
	TOTAL	NUMBER	PERCENT	NUMBER	PERCENT
FEB	3,980	30	1%	855	21%
MAR	4,110	32	1%	859	21%
APR	4,198	31	1%	891	21%
MAY	4,347	33	1%	897	21%
JUN	4,423	38	1%	896	20%
JUL	4,588	39	1%	913	20%
AUG	4,694	39	1%	915	19%
SEP	5,050	47	1%	969	19%
OCT	5,429	52	1%	1,027	19%
NOV	5,719	49	1%	1,098	19%
DEC	6,019	50	1%	1,141	19%
2021 JAN	6,255	70	1%	1,177	19%

## SUPPORTIVE HOUSING - OTHER PROGRAM ELIGIBILITY

### For those enrolled in January 2021...

- Enrollees' Medicaid eligibility is predominately obtained through either the ACA expansion adult (Non-Presumptive) program (32%) or the Categorically Needy Blind/Disabled program (33%).
- 15% of the Supportive Housing enrollees are dually eligible for Medicaid and Medicare.

### Medicaid Eligibility Categories

Previous 12 Months	Enrolled in Month	CN Blind/Disabled (Medicaid-Only & Full Dual Eligibles)		CN Aged (Medicaid- Only & Full Dual Eligibles)		CN Family Medical & Pregnant Woman		ACA Expansion Adults (Non- Presumptive)		ACA Expansion Adults (SSI Presumptive)		CN Children <sup>1</sup>	
		TOTAL	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER
FEB	3,980	1,441	36%	241	6%	442	11%	1,206	30%	624	16%	26	1%
MAR	4,110	1,489	36%	225	5%	470	11%	1,256	31%	638	16%	32	1%
APR	4,198	1,480	35%	243	6%	489	12%	1,299	31%	649	15%	38	1%
MAY	4,347	1,509	35%	238	5%	527	12%	1,316	30%	718	17%	39	1%
JUN	4,423	1,526	35%	233	5%	550	12%	1,321	30%	751	17%	42	1%
JUL	4,588	1,569	34%	235	5%	578	13%	1,404	31%	755	16%	47	1%
AUG	4,694	1,592	34%	230	5%	608	13%	1,454	31%	765	16%	45	1%
SEP	5,050	1,695	34%	247	5%	660	13%	1,600	32%	799	16%	49	1%
OCT	5,429	1,809	33%	251	5%	714	13%	1,750	32%	847	16%	58	1%
NOV	5,719	1,897	33%	263	5%	757	13%	1,871	33%	876	15%	55	1%
DEC	6,019	1,990	33%	270	4%	819	14%	1,969	33%	914	15%	57	1%
2021 JAN	6,255	2,079	33%	280	4%	854	14%	2,019	32%	963	15%	60	1%

<sup>1</sup>Includes coverage of Foster Care clients between the age of 18-26.

### Other Housing Assistance Program Eligibility

*Note: month to month changes are due to client enrollment mix, not program impact.*

Previous 12 Months	Enrolled in Month	Referral for Housing and Essential Needs (HEN)		Housing and Urban Development (HUD) Chronic Homelessness Criteria					
				Total HUD Chronic Homelessness		HUD Chronic Homelessness: Lengthy		HUD Chronic Homelessness: Frequent	
				NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT
FEB	3,980	1,415	36%	1,006	25%	960	24%	110	3%
MAR	4,110	1,501	37%	1,075	26%	1,025	25%	109	3%
APR	4,198	1,530	36%	1,120	27%	1,066	25%	116	3%
MAY	4,347	1,622	37%	1,174	27%	1,115	26%	128	3%
JUN	4,423	1,667	38%	1,256	28%	1,200	27%	127	3%
JUL	4,588	1,717	37%	1,333	29%	1,286	28%	116	3%
AUG	4,694	1,746	37%	1,375	29%	1,329	28%	118	3%
SEP	5,050	1,876	37%	1,463	29%	1,417	28%	123	2%
OCT	5,429	2,021	37%	1,545	28%	1,501	28%	117	2%
NOV	5,719	2,127	37%	1,595	28%	1,555	27%	120	2%
DEC	6,019	2,243	37%	1,668	28%	1,628	27%	115	2%
2021 JAN	6,255	2,313	37%	1,707	27%	1,666	27%	115	2%

### REFERENCES

- **HUD Chronic Homelessness Criteria.** Criteria can be met in two ways. For the **Lengthy criteria** an enrollee is determined to be experiencing 12 continuous months of homelessness within the past year. For the **Frequent criteria** an enrollee is determined to have experienced 4 episodes of homelessness over the past 3 years, which equal 12+ total months spent homeless. The Lengthy and Frequent criteria are not mutually exclusive. Note that the results are a proxy for the HUD criteria based on ACES data, and not Homeless Management Information System (HMIS).

ACA = Affordable Care Act | CN = Categorically Needy | HEN = Housing and Essential Needs | HUD = Housing & Urban Development

# SUPPORTIVE HOUSING - MENTAL HEALTH AND SUBSTANCE USE DISORDER

NOTES

### Mental Health and Substance Use Disorder Notes.

- Mental Health (MH) and Substance Use Disorder (SUD) Treatment Need Indication and Service Use are based on Medicaid data only. Therefore, the MH and SUD results that follow are show only for enrollees eligible for Medicaid only.
- In November 2020, 85% of Supportive Housing enrollees were eligible for Medicaid only.
- MH and SUD source data is only shown through November 2020 when it is more complete.
- See the bottom of page SH6 for Mental Health and Substance Use Disorder references

**Nov 2020**

15% **DUALS**

85% **MEDICAID-ONLY**

## MENTAL HEALTH

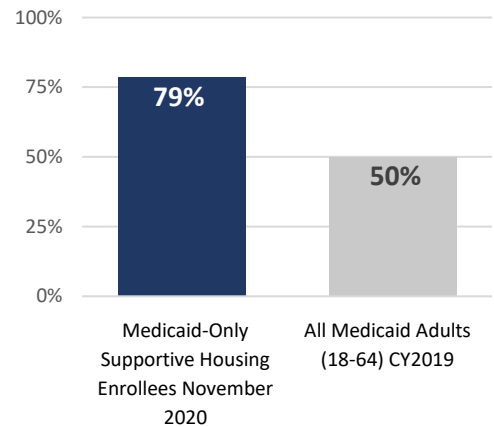
### Mental Health Treatment Need and Service Use Overlap Summary (for Medicaid-Only Enrollees)

*Note: month to month changes are due to client enrollment mix, not program impact.*

Previous 12 Months	Medicaid-Only Enrollees	Mental Health				
		Treatment Need Indicated in Last 24 Months		Services Received in Last 12 Months		Penetration Rate
		TOTAL	NUMBER	PERCENT	NUMBER	PERCENT
FEB	3,270	3,131	96%	2,556	78%	82%
MAR	3,403	3,248	95%	2,646	78%	81%
APR	3,495	3,331	95%	2,701	77%	81%
MAY	3,641	3,447	95%	2,800	77%	81%
JUN	3,719	3,506	94%	2,833	76%	81%
JUL	3,863	3,638	94%	2,923	76%	80%
AUG	3,940	3,698	94%	2,971	75%	80%
SEP	4,246	3,979	94%	3,189	75%	80%
OCT	4,590	4,299	94%	3,379	74%	79%
NOV	4,841	4,515	93%	3,546	73%	79%
DEC	5,097	pending	-	pending	-	-
2021 JAN	5,286	pending	-	pending	-	-

### Mental Health Penetration Rate

Medicaid-Only clients enrolled in the FCS Supportive Housing program are more likely to be receiving Mental Health services than the state-wide adult Medicaid population.



## SUBSTANCE USE DISORDER

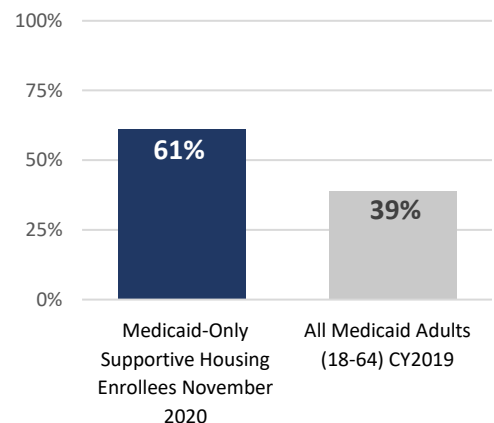
### Substance Use Disorder Treatment Need and Service Use Overlap Summary (for Medicaid-Only Enrollees)

*Note: month to month changes are due to client enrollment mix, not program impact.*

Previous 12 Months	Medicaid-Only Enrollees	Substance Use Disorder				
		Treatment Need Indicated in Last 24 Months		Services Received in Last 12 Months		Penetration Rate
		TOTAL	NUMBER	PERCENT	NUMBER	PERCENT
FEB	3,270	2,530	77%	1,568	48%	62%
MAR	3,403	2,627	77%	1,631	48%	62%
APR	3,495	2,707	77%	1,674	48%	62%
MAY	3,641	2,822	78%	1,719	47%	61%
JUN	3,719	2,856	77%	1,751	47%	61%
JUL	3,863	2,963	77%	1,811	47%	61%
AUG	3,940	2,998	76%	1,836	47%	61%
SEP	4,246	3,229	76%	1,996	47%	62%
OCT	4,590	3,488	76%	2,150	47%	62%
NOV	4,841	3,674	76%	2,241	46%	61%
DEC	5,097	pending	-	pending	-	-
2021 JAN	5,286	pending	-	pending	-	-

### Substance Use Disorder Penetration Rate

Medicaid-Only clients enrolled in the FCS Supportive Housing program are more likely to be receiving SUD services than the state-wide adult Medicaid population.



## SUPPORTIVE HOUSING - MENTAL HEALTH AND SUBSTANCE USE DISORDER

**NOTES**

**Mental Health and Substance Use Disorder Notes.**

- Mental Health (MH) and Substance Use Disorder (SUD) Treatment Need Indication and Service Use are based on Medicaid data only. Therefor, the MH and SUD results that follow are show only for enrollees eligible for Medicaid only.
- MH and SUD source data is only shown through November 2020 when it is more complete.

### TREATMENT NEED

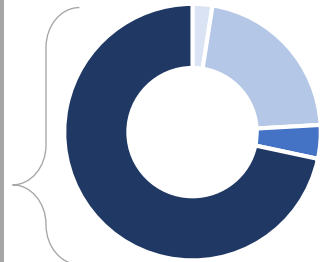
#### Mental Health and Substance Use Disorder Treatment Need Overlap Detail (for Medicaid-Only Enrollees)

Note: month to month changes are due to client enrollment mix, not program impact.

Previous 12 Months	Medicaid-Only Enrollees	No MH or SUD Treatment Need Indicated in Last 24 Months		MH Treatment Need Only Indicated in Last 24 Months		SUD Treatment Need Only Indicated in Last 24 Months		Co-occurring MH and SUD Treatment Need Indicated in Last 24 Months	
	TOTAL	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT
FEB	3,270	48	1%	692	21%	91	3%	2,439	75%
MAR	3,403	52	2%	724	21%	103	3%	2,524	74%
APR	3,495	55	2%	733	21%	109	3%	2,598	74%
MAY	3,641	77	2%	742	20%	117	3%	2,705	74%
JUN	3,719	87	2%	776	21%	126	3%	2,730	73%
JUL	3,863	90	2%	810	21%	135	3%	2,828	73%
AUG	3,940	98	2%	844	21%	144	4%	2,854	72%
SEP	4,246	102	2%	915	22%	165	4%	3,064	72%
OCT	4,590	109	2%	993	22%	182	4%	3,306	72%
NOV	4,841	121	2%	1,046	22%	205	4%	3,469	72%
DEC	5,097	pending	-	pending	-	pending	-	pending	-
2021 JAN	5,286	pending	-	pending	-	pending	-	pending	-

- In November 2020, 72% of Medicaid-Only SH enrollees have indicated a co-occurring MH and SUD treatment need in the last 24 months.

- No Tx Need
- MH Tx Need Only
- SUD Tx Need Only
- MH & SUD Tx Need



### SERVICE USE

#### Mental Health and Substance Use Disorder Service Use Overlap Detail (for Medicaid-Only Enrollees)

Note: month to month changes are due to client enrollment mix, not program impact.

Previous 12 Months	Medicaid-Only Enrollees	No MH or SUD Service Use in Last 12 Months		MH Service Use Only in Last 12 Months		SUD Service Use Only in Last 12 Months		Both MH and SUD Service Use in Last 12 Months	
	TOTAL	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT	NUMBER	PERCENT
FEB	3,270	438	13%	1,264	39%	276	8%	1,292	40%
MAR	3,403	456	13%	1,316	39%	301	9%	1,330	39%
APR	3,495	483	14%	1,338	38%	311	9%	1,363	39%
MAY	3,641	526	14%	1,396	38%	315	9%	1,404	39%
JUN	3,719	560	15%	1,408	38%	326	9%	1,425	38%
JUL	3,863	602	16%	1,450	38%	338	9%	1,473	38%
AUG	3,940	631	16%	1,473	37%	338	9%	1,498	38%
SEP	4,246	678	16%	1,572	37%	379	9%	1,617	38%
OCT	4,590	777	17%	1,663	36%	434	9%	1,716	37%
NOV	4,841	832	17%	1,768	37%	463	10%	1,778	37%
DEC	5,097	pending	-	pending	-	pending	-	pending	-
2021 JAN	5,286	pending	-	pending	-	pending	-	pending	-

- In November 2020, 37% of Medicaid-Only SH enrollees have received both MH and SUD services in the last 12 months.

- No Service Use
- MH Service Use Only
- SUD Service Use Only
- MH & SUD Service Use



**REFERENCES**

- Mental Health Treatment Need Flag.** Indication based on any MH diagnosis, prescription or service recorded in administrative data.
- Mental Health Services.** Received inpatient or outpatient mental health services in the past 12 months.
- Substance Use Disorder Treatment Need Flag.** Indication based on at least one substance-related diagnosis, procedure, prescription, treatment or arrest.
- Substance Use Disorder Services.** Received substance use disorder services (including inpatient, outpatient or opiate substitution) in the past 12 months.