

# Wraparound with Intensive Services (WISe)

## Overview

WISe<sup>1</sup> provides comprehensive behavioral health services and supports to youth who are Apple Health eligible under WAC 182-505-0210 through age 20 years of age, with complex behavioral health needs. It is focused on the children in our state with the most intensive, cross-system needs. Providing behavioral health services and supports in home and community settings, crisis planning, and face-to-face crisis interventions are critical and required components of the program.

WISe uses a wraparound approach and is strength-based, relying heavily on youth and family voice and choice through all its phases (engagement, assessing, teaming, service planning, and implementation, monitoring and adjusting, and transition). An individualized Child and Family Team (CFT) is formed for each youth. The CFT develops a Cross System Care Plan (CSCP) that outlines all services and supports. The development of a CFT and use of a single care plan assists in the coordination of services across the systems of care.

#### Outcomes and results

WISe uses several administrative data sources to determine how effective the services are. In addition, the Child and Adolescent Needs and Strengths (CANS) tool is used to quantify progress at the individual and aggregated level. Reports can be found online.

# Eligibility requirements

Individuals from birth through 20 years of age, who are eligible for Apple health coverage under

<sup>1</sup> 1 In 2009, a class action lawsuit was filed against the Department of Social and Health Services and the Health Care Authority, called *T.R. et al. v. Birch and Strange.* Attorneys of the class members who filed the lawsuit felt that children and youth living in Washington were not getting the intensive mental health services they needed. The lawsuit was based on federal Medicaid laws that require states to provide services and treatment to youth enrolled in Medicaid any time the services are medically necessary even if the services had 82-0473 (9/24)

WAC 182-505-0210-e, and screen in meeting medical necessity are eligible for WISe.

## Budget for 2024-25

WISe is funded through a match of state and federal dollars.

Funding in SFY 2025, with federal funding match:

- GF-S: \$102,685,000
- GF-F: \$101,583,000
- Total: \$204,267,000

#### Rates

The composite rate for Managed Care Organizations (MCO)s) for the WISe Service Based Enhancement (SBE) is \$5,108 per member per month, per youth enrolled in WISe. In managed care, MCOs receive the SBE and the Per Member Per Month (PMPM). In Fee for Service (FFS) the WISe SBE is \$4258. For WISe FFS, providers receive the SBE monthly as well as the FFS rate per individual service billed.

### FY 2023 costs and numbers served

In FY 2023, the WISe statewide monthly caseload capacity target was 3,345. For FY 2024, effective January 2024, the capacity target is 3,278, based on the reduction of PHE enrollment. As the provider network can expand, the number of youth and families served in WISe will increase to meet the needs of children and youth across the state.

The final numbers served for FY 2023 was 6,409. The median length of stay in WISe for FY 2023 was seven months. The estimated number served in SFY 2024 will not be available until January 2025.

#### **Partners**

The Division of Behavioral Health and Recovery (DBHR) is partnering with other state and local child serving agencies, higher education, families, youth, providers,

not been provided in the past.

The purpose of the settlement agreement was to develop a system that provides intensive mental health services in home and community settings that work for Medicaid-eligible children and youth. The agreed upon service delivery model is referred to as **Wraparound** with Intensive Services (WISe).



behavioral health, and managed care organization administrators to reach our common goals of improving access and service delivery essential to children, youth, and families.

# For more information

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Online: www.hca.wa.gov/free-or-low-cost-health- care/i-need-behavioral-health-support/wraparound-intensive-services-wise