

Suicide prevention and mental health promotion

Overview

Ten Community Prevention and Wellness Initiative (CPWI) coalitions, as well as private not-for-profit and educational organizations, participated in mental health promotion or suicide prevention projects funded through the Division of Behavioral Health and Recovery (DBHR) in 2018. The communities implemented a variety of mental health promotion or suicide prevention programs.

Programming included PAX Good Behavior Game, Second Step, Sources of Strength, Guiding Good Choices, Primary Project, QPR Gatekeeper Training, and MAD HOPE.

The communities also provided youth mental health first aid trainings and community awareness raising events.

DBHR also facilitates an ongoing mental health promotion/suicide prevention workgroup as part of the State Prevention Enhancement Consortium. The workgroup was organized in March 2013 and meets monthly to support the work of the consortium.

Eligibility requirements

CPWI and other coalitions and community-based organizations. Strong relationships with local school districts and educational service districts are required for all projects focused on school-based programs.

Authority

DBHR serves as the single state authority for substance use disorders prevention and mental health promotion and treatment.

2017-19 budget

DBHR has identified state general funds of \$100,000 as well as funding from the Department of Health for \$100,000 for both mental health promotion and suicide prevention in state fiscal year 2018. State fiscal year 2019 has a budget of \$174,500 and includes \$100,000 from DOH.

2018 cost and people served

Ten communities were awarded \$200,000, reaching more than 90,000 individuals across the state.

Key partners

- Community based organizations
- CPWI coalitions
- Department of Health
- Educational service districts
- Local school districts
- Other coalitions in Washington State

Oversight

DBHR contracts with providers to deliver programs and services and then manages the contracts to ensure effective implementation and reporting in order to process payments.

For more information:

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