

Substance Use Disorder Family Navigator project

Overview

The Substance Use Disorder (SUD) Family Navigators project aims to support family members, friends, caretakers and significant others of individuals experiencing SUD related challenges.

This project has been implemented statewide and supports SUD Family Navigators to access training, certification, licensed supervision, and development of expertise in serving family and friends who are impacted by their loved ones SUD.

Family members, friends, caretakers and significant others can be influential on their loved ones recovery journey. These individuals often understand the environments and emotions that contribute to their loved one's substance use. However, they often do not know what to do that is both supportive to their loved ones and themselves. SUD Family Navigators play a critical role in providing skills to address this complex dynamic. Access to this type of care for friends and families is also a harm reduction approach, as it address the impacts experienced by the entire family system and increases positive life outcomes for all who are involved in services.

Background

The SUD Family Navigators project was directed by [Second Engrossed Substitute Senate Bill 5536 \(33\) \(7\)](#). Additional recommendations are provided ongoing by the [Substance Use Recovery Services Advisory Committee](#).

Objective

Family navigator services are provided by trained and certified family support peers who have lived experience with SUD within their family/friends. They serve participants in a culturally responsive and person-centered manner, building relationships with underserved communities/populations while addressing the unique needs of each individual.

Each program site provides a differing array of services to meet the needs of their community. In general, the services provided are:

- One-to-one peer coaching
- Management of their own wellbeing
- Peer group support
- Education groups
- Employment support
- Supportive housing
- Systems navigation

Current program locations

Since initiation, the SUD Family Navigator project has expanded to 6 locations:

- [Multicultural Child and Family Hope Center](#)
- [Recovery Café of Clark County](#)
- Peer Washington: [Spokane](#)
- Peer Washington: [Olympia](#)
- Peer Washington: [Kent](#)
- Peer Washington: [Seattle](#)

In fiscal year 2024, this project served **3,684 individuals** who identified as being impacted by someone's SUD.

Budget: Fiscal Year 2024-25

This project is currently funded by State Proviso and Opioid Abatement Settlement (OAS) Account funds through June 2025.

- \$650,000 State Proviso - FY24
- \$250,000 OAS – FY24
- \$650,000 State Proviso - FY25
- \$250,000 OAS – FY25

For more information:

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