

Strategic Prevention Framework for Prescription drugs grant (WA SPF Rx)

Program overview

Washington Health Care Authority's Division of Behavioral Health and Recovery (HCA's DBHR) will lead efforts to address the risks of misusing prescription drugs by implementing a collaborative strategic plan that will include prevention campaign messaging, evidence-based prevention education, prescriber education, and increased utilization of the Prescription Monitoring Program (PMP).

SPF Rx prevention projects

Strategic plan development

Evaluate and maintain a coordinated, strategic plan among state agency partners to prevent prescription drug and opioid use.

Safe storage and disposal of medications

Promoting safe home storage and appropriate disposal options of prescription medications is shown to prevent misuse. Through expanding prevention campaign messaging with a keen focus on awareness of prescription drug misuse issues, including disposal, health care settings and communities with higher risk for opioid use disorder can be safer and better informed. DBHR aims to increase the number of adults that report safely and securely storing medication in the home and know how to properly return unused medication.

Prescriber education

Best practices among health care providers for prescribing opioids is promoted by expanding prescriber and public education in various healthcare settings and increasing the utilization of the PMP. Doing so will likely reduce the number of opioid prescriptions prescribed to youth and young adults and increase the utilization of the PMP.

Eligibility requirements

Key populations of focus for prevention are those communities and schools with elevated substance-use risk scores. The WA SPF Rx project's primary population of focus are residents, particularly youth and young adults, who have been identified as being at-risk of misusing prescription drugs.

Authority

The Federal Substance Abuse Mental Health Services Administration, whose Catalog of Federal Domestic Assistance (CFDA) number is 93.243.

Budget

The Federal Fiscal Year 2025 total grant amount is \$384,000.

Numbers served

HCA plans to serve approximately 500,000 duplicated individuals over the life of the grant in communities that are at the highest risk of opioid use disorder. For FY 23-24, DBHR partnered with all Washington State Hospital Association (WSHA) hospitals and clinics by providing opioid misuse prevention campaign materials to their prescribers. These materials included a provider toolkit that guides providers in safe prescribing and informing patients on safe storage and medication return. These campaigns combined gained over 5 million impressions and had a reach of over 2 million.

Partners

Partners for this project is the Washington State Hospital Association (WSHA) and their 134 members.

Oversight

Internal: Division of Behavioral Health and Recovery

External:

- Substance Abuse and Mental Health Services Administration
- Center for Substance Abuse Prevention

For more information

Contact: HCADBHRInformation@hca.wa.gov

Codie Garza, Development and Strategic Initiatives Supervisor, SUD Prevention and MH Promotion Section, DBHR