

State Prevention Consortium and Plan

Overview

The State Prevention Enhancement (SPE) Policy Consortium was developed by a collaborative of state partners in 2011. The SPE Policy Consortium designs and implements the five-year Washington State Prevention Strategic Plan. The Consortium is working to strengthen and support an integrated statewide system of community-driven substance use disorder prevention, mental health promotion, and related behavioral health issues. Twenty-six state agencies and organizations and tribal partners represented the Consortium with more than 45 active members.

The 2019 State Substance Use Disorder Prevention and Mental Health Promotion Plan is implemented by five workgroups that meet on a regular basis and in cooperation with statewide agencies have some focus on prevention and mental health promotion.

The following workgroups oversee the implementation of action plans to accomplish the goals and mission of the plan:

- The Washington Healthy Youth Coalition: Underage drinking and marijuana misuse/abuse prevention
www.starttalkingnow.org/about-us
- Opioid Prevention Workgroup:
<https://www.theathenaforum.org/rx>
- Young Adults Alcohol and Marijuana Misuse/Abuse Prevention Workgroup:
<https://www.theathenaforum.org/marijuana>
- Commercial Tobacco and Vapor Products Workgroup:
<https://www.theathenaforum.org/tobacco>
- Mental Health Promotion and Suicide Prevention Workgroup:
<https://www.theathenaforum.org/mentalhealth>

In 2011, the Consortium initiated the strategic planning process to develop a Five-Year Strategic Plan for 2012-2017. The Consortium used the Prevention Planning Framework, based on the

Strategic Prevention Framework (SPF), as the overall planning framework for this process. The SPF was originally developed by the federal Substance Abuse and Mental Health Services Administration (SAMHSA). SAMHSA's SPF is a comprehensive planning process designed to help states and communities build the infrastructure necessary for effective and sustainable prevention. The Consortium updates the Strategic Plan every five years, with the last major update being the 2017-2022 plan. In November 2019, a needs and resources assessment was completed and the Plan was updated at this time. The most recent version can be found at:

<https://www.theathenaforum.org/substance-use-disorder-prevention-and-mental-health-promotion-five-year-strategic-plan>

The SPE Consortium has started their full update process with the support of SAMHSA's Strategic Prevention Framework for Prescription Drug grant (SPF-Rx) and is on schedule to unveil their new statewide plan in Fall of 2022 at the Prevention Summit

Authority

SAMHSA, Center for Substance Abuse Prevention (CSAP), FY2011 SPF-SIG grant, and the five-year Partnerships for Success (PFS) 2013 and 2018 grants. HCA continues to provide resources and staff to support the implementation of the SPE Consortium and Plan in partnership with other state agencies.

Budget

The Consortium serves as the advisory council for the five-year PFS 2018 grant. With the newly awarded SPF-Rx grant to HCA, a portion of the funding will support some of the data and needs assessment activities to the strategic plan. In addition, HCA was awarded a \$35,000 supplement to the PFS 2018 grant to focus on addressing disparities in Washington State for which a portion of this funding will be utilized during the strategic plan process.

Accomplishments

The 2019 Plan lists accomplishments for each of the workgroups. Highlights from workgroups include:

- **WHY Coalition:** Continued messaging targeted at parents and adolescents who may be struggling during social isolation and stressful times. Also prepared new documentation and findings on various prevention topics for the field.
- **Opioid Misuse Prevention:** Applied for a received new funding in the form of the SPF-Rx grant from SAMHSA to help address the opioid crisis.
- **Tobacco and Vapor Product Issues:** Moved into a broader coalition model with renewed resources from the CDC, bringing in more stakeholders and partners than ever before.
- **Mental Health Promotion:** Continues to support suicide prevention training for adults and healthy coping skills for everyone affected by the COVID pandemic.

- Washington Association for Substance Abuse and Violence Prevention (WASAVP)
- Washington Healthy Youth Coalition (WHY)
- Washington Poison Center
- Washington State Commission on Hispanic Affairs (CHA)
- Washington Association of Prevention Coalitions (WAPCo)
- Washington State Institute for Public Policy (WSIPP)
- Washington State Patrol (WSP)
- Washington State Prevention Research Subcommittee (PRSC)
- Washington State University (WSU)
- Washington Traffic Safety Commission (WTSC)
- University of Washington (UW)

Partners

This work continues through ongoing partnerships with the following agency representatives:

- American Indian Health Commission (AIHC)
- Attorney General Office (AGO)
- Commission on Asian Pacific American Affairs (CAPAA)
- College Coalition for Substance misuse, Advocacy, and Prevention (CCSAP)
- Department of Children Youth and Families (DCYF)
- Department of Health (DOH)
- Health Care Authority (HCA) and HCA/Division of Behavioral Health & Recovery (DBHR)
- HCA/Office of Tribal Affairs (OTA)
- Indian Policy Advisory Committee (IPAC)
- Northwest High Intensity Drug Trafficking Area (HIDTA)
- Liquor and Cannabis Board (LCB)
- Office of Superintendent of Public Instruction (OSPI)
- Prevention Specialist Certification Board of Washington (PSCBW)
- State Board of Health (SBOH)
- State Epidemiological Outcome Workgroup (SEOW)

Oversight

Internal: Division of Behavioral Health and Recovery

External: SAMHSA/Center for Substance Abuse Prevention (PFS)

For more information

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<https://www.theathenaforum.org/spe>