

Recovery in Community

Overview

Recovery is a *process* of change, through which people improve their health and wellness, live self-directed lives, and strive to reach their full potential. The four major dimensions that support recovery are health, home, purpose, and community. Every person's recovery is unique and there is no wrong path to recovery. Recovery Support Services (RSS), including peers/recovery coaches, remove barriers to recovery and support the recovery process, through individualized and self-directed goals.

Recovery in Community SAMHSA- Substance Use Prevention, Treatment, and Recovery Support Block Grant Funds (SUPTRS)

The Washington State Health Care Authority's Division of Behavioral Health and Recovery (HCA's DBHR) contracts with organizations to provide peer coaching and recovery support services in their communities. Services funded include recovery housing, peer support, mutual support groups, transportation, basic needs, accountability groups, education and employment services, emotional support, information and referral, and mentoring.

With legislative support, Washington state is removing the gap in recovery support services by utilizing block grant funding. Recovery supports are available to individuals recovering from any substance use condition and not limited to opiate or stimulant use disorders.

Recovery in Community (State Opioid Response)

SAMHSA's State Opioid Response III (SOR III) grant addressed the opioid crisis by increasing medication-assisted-treatment, reducing opiate overdose related deaths through prevention, treatment, and recovery activities for opioid use disorder (OUD) and stimulant misuse.

Eligibility requirements

- Adults 18 year or older
- (SAMHSA-SUPTRS Block Grants), individuals experiencing a substance use disorder except for opioid use disorder or stimulant use disorder.
- SOR III grant, an individual experiencing an opioid use disorder or stimulant use disorder only.

Partners

The Health Care Authority holds contracts with Skagit County, Everett Recovery Café, Peer Washington, King County, Recovery Café Orting Valley, Multicultural Family and Health Center/Tacoma Recovery Center, Clark County, Okanogan Behavioral Health, Comprehensive Health Care, and Community Minded Enterprises, Ltd.

Program outcomes FY24

As of June 30, 2024, Recovery in Community Program SUPTRS Block Grant, served 758 individuals, spending approximately \$3,000 per individual and providing peer support groups to a minimum of 374 unique individuals per month.

As of August 31, 2024, Recovery in Community SOR III, served 459 individuals, spending approximately \$5,000 per individual.

Budget for SFY 25

- SAMHSA-SUPTRS Block Grants: \$3,988,475.00
- State Opioid Response IV (Recovery Support Services) funds \$3,426,500.00

For more information

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