

Pregnant and Parenting Women (PPW) services

Overview

Pregnant and Parenting Women (PPW) services are designed to meet the needs of pregnant and parenting women who are seeking services. PPW are a priority population for the federal Substance Use Prevention, Treatment and Recovery Services Block Grant (SUPTRS).

PPW Substance Use Disorder (SUD) outpatient treatment services

Outpatient treatment includes assessment, counseling services, and education. It may also include opiate substitution treatment for those experiencing opiate use disorder. Relapse prevention strategies are a primary focus of counseling. The continuum of care also includes activities designed to engage and connect individuals to recovery services such as outreach, screening in healthcare (including referral to prenatal care), or other non-treatment settings, and case management services.

PPW SUD residential treatment services

Residential SUD treatment is available for women and their children under the age of six (not enrolled in school) for up to six months. Length of stay is variable and determined by the woman's needs using American Society of Addiction Medicine (ASAM) patient placement criteria.

Structured clinical services are provided in a planned regimen of patient care in a 24-hour, live-in setting. PPW residential treatment offers an enhanced curriculum for women. Services may include a focus on domestic violence, childhood sexual abuse, mental health issues, employment skills and education, linkages to pre- and post-natal medical care, legal advocacy, and safe affordable housing.

- There are currently five PPW residential treatment facilities, with a reported total

capacity of about 121 for women and 90 for accompanying children.

PPW housing support services

PPW housing support services provides for women who are pregnant, postpartum, or parenting, and for their children, in drug-free and alcohol-free residences for up to 18 months.

Therapeutic intervention for children

Therapeutic intervention for children is on-site for those whose parents are receiving residential substance use disorder services. Services are designed to support healing for any trauma exposure and repair the maternal-child bond and support healthy future relationship patterns. Therapeutic interventions for children provide a safe and nurturing environment for children when their parent is in treatment.

Eligibility requirements

PPW SUD outpatient treatment services:

Individuals who are:

- Pregnant and parenting women experiencing a SUD who meet the American Society of Addiction Medicine (ASAM) criteria for this level of care.
- A comprehensive assessment is performed by a SUD professional to determine the diagnosis and a recommendation for the appropriate level of treatment.

PPW SUD residential treatment services:

Individuals who are:

- Individuals in the program have used alcohol and/or drugs during pregnancy and meet the Diagnostic and Statistical Manual (DSM-5) and American Society of Addiction Medicine (ASAM) criteria.

If funded through Block Grant or Medicaid:

Individuals who are:

- Pregnant and parenting women and their young children, at or below 220 percent of the Federal Poverty Level (FPL) or Medicaid eligible.

PPW housing support services:

Individuals who are:

- Pregnant, postpartum, or parenting and their children aged 17 and over at the time they enter housing support services.
- Currently participating in outpatient treatment for SUD or have completed residential or outpatient SUD treatment within the last 12 months.
- Are at or 220 percent of the FPL or on Medicaid at the time they enter transition housing and not actively involved in using alcohol and other drugs.

Therapeutic interventions for children:

- Individuals who are: Children of parents who are engaged in an SUD assessment and/or treatment services.

Budget

Budget The Medicaid funding for PPW SUD treatment services is included in the per-member-per-month (PMPM) payment for the Managed Care Organizations (MCOs). In addition to the PMPM for Medicaid clients, benefits may be accessed through providers contracted with Behavioral Health-Administrative Services Organization (BH-ASO) using the Substance Use Prevention, Treatment and Recovery Services Block Grant (SUPTRS) or GF-State funds.

People served¹

PPW SUD Outpatient Treatment Services:

- In SFY 2023, 3,146 pregnant or parenting women received SUD outpatient services.

PPW SUD Residential Treatment Services:

- In SFY 2023, 811 pregnant or parenting women received SUD residential services.

PPW Housing Support Services:

In SFY 2023, 50 pregnant or parenting women received SUD housing support services.

Partners

PPW SUD outpatient treatment services:

- Outpatient providers collaborate with case management entities, residential treatment programs, community service offices, medical providers, courts, and others involved in the individual's life.

PPW SUD residential treatment services:

- PPW residential treatment providers work closely with a network of community providers to ensure support services are available, accessible, and meet the needs of women and their families. Many agencies refer eligible women who need treatment. PPW residential treatment providers have established working relationships with mental health provider networks to respond to the prevalence of co-occurring disorders among high-risk women with SUD.

PPW Housing support services:

- Housing support case manager collaborate with residential and outpatient treatment
- providers, the courts and legal system, Division of Social and Health Services (DSHS) case workers, and housing advocates/providers.

Therapeutic interventions for children:

- Collaborates directly with the residential treatment facility, as well as Child Protective Services (CPS) other services in which other and children are involved.

Additional resources

- [Substance Using Pregnant People \(SUPP\) program](#)
- [Parent Child Assistance Program \(PCAP\) UW Medicine](#)
- [Parent Trust for Washington Children](#)

For more information

Contact: HCADBHRInformation@hca.wa.gov

Ashley Pina, Pregnant and Parenting Families
Substance Use Disorder Policy Administrator

¹ Women were counted as “pregnant or parenting” if a client profile indicating pregnancy or parenting status 82-0475 (10/24)

was found within 45 days of an SUD treatment encounter during FY2021

