

Naloxone distribution

Washington State project to prevent prescription drug/opioid overdose (WA-PDO) grant

Overview

The Washington State Project to Prevent Prescription Drug/Opioid Overdose (WA-PDO) is a statewide network of organizations mobilizing communities, providing overdose response training, and distributing naloxone through syringe exchange programs in five high-need areas (HNAs). Activities engage professional, first responders, pharmacies, local and regional stakeholders, health care providers, and lay responders to reduce overdose risk and deaths among people who use heroin and prescription opioids

The WA-PDO is a collaborative five-year project between the Washington State Health Care Authority's (HCA) Division of Behavioral Health and Recovery (DBHR) and the University of Washington's (UW) Alcohol and Drug Abuse Institute (ADAI) with the purpose of preventing opioid overdose and deaths from opioid overdose, and building local infrastructure to plan, implement, evaluate, and fund overdose prevention efforts in the long-term. The objectives are:

- 1) develop overdose prevention strategic plans in five HNAs;
- 2) equip police, fire, and emergency medical services personnel (PFEMS) with overdose response training/naloxone;
- 3) equip lay responders (LR) with overdose response training/naloxone;
- 4) increase naloxone dispensed by pharmacists each year;
- 5) educate health care providers on opioid guidelines, patient overdose education, and naloxone and opioid use disorders;
- 6) develop new models of substance use treatment linkage and care coordination in five HNAs;

- 7) facilitate coordination in five HNAs among local and regional stakeholders and with state agencies;
- 8) build and harmonize data infrastructures to inform resource allocation, maintain overdose surveillance, and measure outcomes; and
- 9) create knowledge translation infrastructure to disseminate emerging data, best practices, training, and technical assistance.

Authority

U.S. Department of Health and Human Services (HHS), Substance Abuse & Mental Health Services Administration (SAMHSA), Center for Substance Abuse Prevention (CSAP), Grant Number SP023015.

2019-21 Budget

This federal grant runs from September 1, 2016, through August 31, 2021. The budget is \$1 million each year for a total of \$5 million over the five years.

Federal Fiscal Year (FFY) 4 – 2019 numbers served (September 1, 2019 to August 31, 2020)

9,497 Naloxone kits were distributed to 9,159 trained recipients. (Some individuals received multiple kits during the year.) 2,083 reported overdose reversals, with 96.4% of those reported overdose reversals completed by lay responders.

Key partners:

- 1) UW ADAI
- 2) HNAs partners:
 - a. North: Pioneer Human Services
 - b. Northeast: Spokane Regional Health District
 - c. South: Dave Purchase Project
 - d. Southwest: Grays Harbor Public Health and Social Services
 - e. Southeast: Blue Mountain Heart to Heart
- 3) HCA – Office of Communication
- 4) DSHS – Research and Data Analysis

Washington State Department of Health overdose education and naloxone purchasing/distribution programs

Overview

The Washington State Health Care Authority's (HCA) Division of Behavioral Health and Recovery (DBHR) is partnering with the Washington State Department of Health (DOH) to provide overdose response training and distributing naloxone through syringe exchange programs, local agencies, physical health settings, and emergency services. Activities engage professional, first responders, local and regional stakeholders, and health care providers to reduce overdose risk and deaths among people who use heroin and prescription opioids. HCA DBHR contracts with DOH to carry out the program. The current plan is for DOH to take the lead on naloxone distribution and overdose response training following the end of the Washington State Project to Prevent Prescription Drug/Opioid Overdose (WA-PDO) grant in August of 2021.

This program is one of the strategies developed by the State Opioid Response Plan under the authority of Executive Order 16-109 with the purpose of preventing opioid overdose and deaths from opioid overdose, and building local infrastructure to plan, implement, evaluate, and fund overdose prevention efforts in the long-term. The objectives are:

- 1) equip lay responders and professionals with overdose response training/naloxone through access at local agencies/entities;
- 2) educate health care providers, local agencies, syringe exchange programs, and emergency services on opioid guidelines, patient overdose education, opioid use disorders, and naloxone distribution; and
- 3) build and harmonize data infrastructures to inform resource allocation, maintain overdose surveillance, and measure outcomes;
- 4) work closely with the University of Washington's (UW) Alcohol and Drug Abuse Institute (ADAI), who provides naloxone distribution for the WA-PDO grant, to make sure there is not overlap of naloxone distribution between the two programs; and

- 5) work closely with HCA DBHR, DOH, and UW ADAI to develop a sustainability plan, to include funding, in preparation for the WA-PDO grant expiring in August 2021.

Authority

State Opioid Response Plan, Executive Order 16-09.

2019-21 Budget

The budget for naloxone is \$864,000 each year of grant funds from the Substance Abuse and Mental Health Services Administration (SAMHSA) Substance Abuse Block Grant (Grant Number TI010056). Additional funding for naloxone distribution, training, education, and technical assistance is provided by the SAMHSA State Overdose Response (SOR) grant (Grant Number TI081705) at \$135,338 in FY 2020 and SAMHSA State Overdose Response II (SOR II) grant (Grant Number B08TI083138-01) at \$142,863 in FY 2021.

Fiscal Year (FY) 2020 numbers served (October 1, 2019 to September 30, 2020)

12,540 Naloxone kits were distributed to 7,204 trained recipients. (Some individuals received multiple kits during the year.) 2,185 reported overdose reversals using program kits.

Key partners:

- 1) DOH
- 2) UW ADAI

Oversight

WA-PDO Project Director provides oversight to the University of Washington's Alcohol and Drug Institute, who in turn provides oversight to sub-contractors providing direct services and receiving funds through this federal grant. Project Director also provides oversight to the Washington State Department of Health.

For more information

Sue Green, WA-PDO Project Director

sue.green@hca.wa.gov / (360) 725-0810