

# Hub and Spoke Projects

## Overview

The Health Care Authority's Division of Behavioral Health and Recovery (DBHR) received funding from the Substance Abuse Mental Health Services Administration (SAMHSA) in 2017 for the State Targeted Response (STR) grant to develop six Hub and Spoke (H&S) projects in six areas of the state to provide medication for opioid use disorder (MOUD).

DBHR was able to utilize federal funds through the State Opioid Response I (SOR-I) and SOR-II grants and extended the projects through September 29, 2022.

Due to the success of the six SAMHSA-funded projects, State funding was budgeted through Engrossed Substitute Senate Bill 6032. This bill set aside funding for four hub and spoke networks. An additional site was funded by Federal Substance Abuse Block Grant (SABG) creating a total of eleven Hub & Spoke are operating in Washington State.

The H&S model was designed to create a coordinated, systemic response to the complex issues of opioid use disorder among Medicaid and low-income populations, focusing specifically on increasing the state's capacity for treating individuals with Medication for Opioid Use Disorder (MOUD).

DBHR contracts with the hubs, who identify, collaborate, and subcontract with spoke sites to provide integrated care, regardless of how participants enter the system. Spokes are facilities that provide opioid use disorder (OUD) treatment, behavioral health treatment and primary healthcare services, syringe exchange programs, criminal justice programs including jails, wraparound services, and referrals. While there has been less movement of patients across the hub and spokes than initially anticipated, the spokes are used as referral sources as needed.

Each H&S network is staffed with nurse care managers and care navigators to reduce barriers for individuals seeking services and to help prescribing practitioners manage increases in their practice.

Strategies and interventions include Evidence Based/Informed Practices. Project goals are to increase the number of patients receiving MOUD by increasing capacity in a variety of settings and to enhance the integrated care that patients receive, improve retention rates for enrollees, decrease drug and alcohol use, decrease overdoses, and reduce adverse outcomes related to OUD.

## Eligibility

- Individuals must meet the Diagnostic and Statistical Manual of Mental Disorders (DSM 5) diagnostic criteria for OUD
- Meet state and federal eligibility requirements for admission.
- Screened for stimulant use, HIV and viral hepatitis, and then provided treatment or referrals for treatment.
- Pregnant and intravenous drug users are priority populations for admission.

## Authority

Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, State Opioid Response Grant Number H79TI083286-01

HCA/DBHR for state appropriations from Engrossed substitute senate bill 6032 Section 4 (uu).

Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, Substance Abuse Block Grant Number CFDA 93.788,

## 2021-2022 Budget

The federal SOR II grant runs from September 30, 2020, to September 29, 2022.

## SOR Budget

The budget is \$4,431,324 over one year for six sites. Each sites receives \$738,554.

## State budget

Engrossed substitute senate bill 6032 SL Sect(uu) \$2,315,000 of the general fund—state appropriation for each fiscal year 2021 and 2022. Federal appropriations are provided solely for the authority to contract with four organizations to coordinate medically assisted treatment that was done through an RFP process.

The federal Substance Abuse Block Grant (SABG). Each network is budgeted at \$799,523.

## State Fiscal Year (SFY) 2021 numbers served.

Most Hub and Spoke (H&S) networks are contracted to serve 300 unduplicated individuals within the grant period. As Northeast WA Medical Group Providence, serves frontier locations in Pend Oreille, Stevens, and Ferry Counties the contract was reduced to serve 240 individuals.

## Award Locations

Eleven hub & spoke contracts have been awarded:

Cascade Medical Advantage

- Whatcom, Skagit, Snohomish, Island, San Juan Counties

Rainier Internal Medicine, dba Northwest Integrated Health

- Pierce, Thurston Counties

Peninsula Community Health

- Jefferson, Clallam, Kitsap Counties

Valley Cities Counseling and Consultation

- King County

Harborview Medical Center

- King County

Lifeline Connections

- Clark, Skamania, Grays Harbor, Pacific Counties

Comprehensive Health Care

- Yakima and Kittitas Counties

Ideal Options

- Snohomish and Skagit Counties

Multicare Rockway Clinic

- Spokane County

Olympic Peninsula Health Services

- Jefferson and Clallam Counties

Northeast Washington Medical Group

Providence

- Pend Oreille, Stevens, and Ferry Counties

## Key partners

The Department of Social and Health Services (DSHS) Research and Data Analysis (RDA)

University of Washington/Alcohol and Drug Abuse Institute (ADAI)

Washington State University (WSU) providing training and technical assistance on contingency management for stimulant use disorder (SABG-TA funds).

## Oversight

The Health Care Authority's Division of Behavioral Health and Recovery (DBHR) contracted with eleven hubs, each hub subcontracts with at least five spoke partners. DBHR State Opioid Response (SOR) treatment manager and Behavioral Health (BH) treatment manager have oversight as the contract managers for all hub contracts. DBHR contracted with the Addiction, Drug and Alcohol Institute (ADAI) to provide technical assistance to H&S networks. For additional information: Substance Abuse and Mental Health Services Administration

<https://www.samhsa.gov/>

## Information

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