

## Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network (WA FAS DPN)

### Overview

Fetal Alcohol Spectrum Disorders (FASD) are lifelong disabilities caused by consumption of alcohol during pregnancy. FASD is the leading known cause of intellectual disabilities and is 100 percent preventable. In Washington, an estimated 70,000 people have FASD, and 870 babies with FASD are born each year (one percent of all births).

The Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network (WA FAS DPN) has included two to seven community based interdisciplinary FASD diagnostic clinics and since 1993, linked by the core clinical/research/training program at the University of Washington (UW). The mission of the WA FASDPN is FASD prevention through screening, diagnosis, intervention, research, and training. All aspects of this mission have been accomplished as documented in the literature published by the WA FAS DPN over the past 30 years. [Read the WA FAS DPN annual report.](#)

The WA FAS DPN:

- Provides 100 percent of the state's interdisciplinary FASD diagnostic and treatment referral services to individuals from birth to under 22 years old with fetal alcohol exposure.
- Provides FAS screening and surveillance for high-risk populations.
- Identifies and refers high-risk women to intervention programs.
- Developed evidence based FASD screening, diagnostic, and intervention tools through its translational research program.
- Provides FASD training to community professionals.

The WA FAS DPN is recognized as a national/international model for FASD diagnosis and prevention. It has been replicated worldwide.

### Eligibility requirements

- FASD diagnostic evaluations: Individuals under 22 years of age have a confirmed prenatal alcohol exposure history are eligible to receive a FASD diagnostic evaluation at one of the WA FAS DPN clinics. An evaluation is conducted in one four-hour appointment. Information on [how to request an appointment](#) is posted on the [WA FAS DPN website](#).
- FASD training: The FASDPN at the UW offers free training for community professionals interested in learning how to recognize, refer, diagnose, treat, and prevent FASD. Information for how to enroll in the [training programs](#) is posted on the [WA FAS DPN website](#).

### Budget for SFY 25

\$453,598 State funds per fiscal year.

Breakdown:

- \$362,494 for training (per year)
- \$91,104 for evaluation (per year)

### Partners

The WA FAS DPN clinics are hosted by the UW Medical Center. The WA FAS DPN is a member of the WA FASD Interagency Work Group. Partners include: University of Washington (UW), Wonderland Child and Family Services, Parent Child Assistance Program (PCAP), WA chapter of the National FASD United organization, Child Health and Education Tracking (CHET), Alliance for Child Welfare Excellence, Children's Home Society of WA, Department of Corrections, Department of Health, Office of Superintendent of Public Instruction, Centers of Disease Control and Prevention, National Institute on Alcohol Abuse and Alcoholism, American Academy of Pediatrics, and community-based pediatric mental and health care providers throughout the state.

### For more information

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