

# Collegiate Recovery Support

#### Overview

The goal of the Collegiate Recovery Support (CRS) effort is to provide students recovering or seeking recovery from substance use the opportunities that higher education offers in a supportive college environment. These programs provide support and positive community connections, prevent a return to substance use, and promote successful academic performance.

## Objective

CRS aims to develop and sustain statewide programs for college students through grant opportunities for colleges and universities that want to make a meaningful contribution to students seeking recovery services. These sites utilize the harm-reduction model of engagement, acknowledging there is no singular path to healing and recovery.

## **Approach**

HCA's technical partner, Washington State University (WSU), provides training, guidance, and resources to grantee sites in effort to build sustainable connections within their communities.

Programs are supported and monitored to include the following core elements:

- Develop campus and community recovery capital to systematically provide sustainable individual and community recovery assets and supports.
- Have paid, qualified, trained, ethical, and dedicated professional staff who support and provide services to students in recovery, including student employees and Certified Peer Specialists.
- Provide a variety of recovery support services to assist students in reducing harms and maintaining their recovery.
- Students who are in recovery from substance use disorder or seeking recovery services are the primary focus within the CRS programs,

- communities, and support services. Recovering students are at the core of thriving CRS services.
- If appropriate to a specific campus, have a dedicated physical space for students in recovery to gather and engage in recovery services.
- Resources and technical assistance can be awarded for planning and preparation for CRS program implementation.

# **Current program locations**

Since initiation, the program has supported expansion of collegiate recovery at 7 locations:

- Green River College
- Gonzaga University
- Washington State University
- Skagit Valley College
- Renton Technical College
- Eastern Washington University
- Central Washington University

### Future site readiness funds recipients:

Olympic College

# **Budget**

The Collegiate Recovery Support program is funded through Federal Substance Use Prevention Recovery Treatment Services (SUPRTS) from Substance Abuse and Mental Health Services Association (SAMHSA) in the amount of \$300,000 (July 1, 2024, through June 30, 2025). There is not a dedicated funding directive passed by legislature at this time.

## Technical support

We thank our partners at WSU for their innovative approach in sustaining and growing this important program. Washington State Collegiate Recovery Support Initiative

#### For more information

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82-0469 (10/24)