

# Behavioral Health Intensive Treatment Facilities

## Purpose

To provide ongoing care to individuals who no longer benefit from treatment at state hospitals but need further treatment and support to fully integrate back into their community.

## Need identification

During a systematic review of the state hospital discharges a group of people were identified that no longer benefited from treatment but were unable to discharge due to the need for further treatment and no appropriate facility able to provide it.

## The facility

To meet this need the legislature established a new facility called Behavioral Health Intensive Treatment Facilities (BHITF). These facilities have beds for up to 16 people to live in and receive active rehabilitative treatment. A clinical staff will work to provide recovery-based treatment using evidence-based practices, independent living skills training, social skills, and community integration. These facilities will be staffed 24/7 with a clinical team to work with the individual all hours of the day if needed.

The facilities are designed to be residences for the individuals that live there. Individuals will only be discharged from the facility if they complete their treatment plan objectives and can be safely served within the community in a less-structured setting. The facility will allow for limited egress from the facility by monitoring individuals leaving the facility and providing staff when they individual presents as a risk to themselves or others.

The facilities will make individual crisis plans available to local behavioral health crisis services and local first responders to better coordinate response to these individuals and support them in their recovery.

## Active treatment options

Services will be provided by specially trained, qualified licensed staff; coverage will be 24/7 to meet individual treatment needs. Individuals will develop care plans to work through specific barriers in their lives and to work to a higher level of independence.

## Start up

The legislature has provided operation and capital funds to operate four facilities in the state. Selection for the capital funds for 3 facilities was announced in October through the Department of Commerce's Behavioral Health Facilities Grant Program spring competitive process. The chosen facilities will be located in:

- Chewelah
- Renton
- Tacoma

All three facilities are still working through building permit issues to start construction.

Capital funds for 2 more facilities was included in the FY22-23 capital budget.

HCA has been working with the winners of the previous round and contracted with Advocates for Human Potential for technical assistance to further develop the facility and provide support while the facilities are being built.

## Current Funding

GF-s \$1,401,000 in FY22 and FY23

GF-f \$3,210,000 in FY22 and FY23

## For more information

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