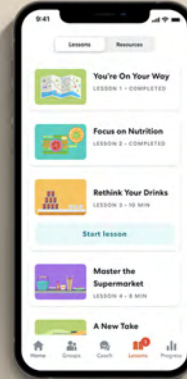


# Better health, made easier



Whatever 'healthy' means to you, the Diabetes Prevention Program powered by Omada® helps you get there. **All at no cost for eligible members.**

## What you get:

- ✓ A plan built around you.
- ✓ Dedicated health coach & care team.
- ✓ All the smart health devices you need.

## Do what works for you

We'll help you figure out the healthy habits and routines that work for you—motivation included.

## 24/7 access to support

From weekly lessons to online community, get all the tools you need to face any challenge head-on.

## You decide what 'healthy' means

Try new things you actually enjoy, rather than avoiding foods you "can't eat" or things you "shouldn't do."

## The best part? It's covered.

If you or your adult family members are at risk for type 2 diabetes, are eligible and accepted into the program, your PEBB medical plan will cover the entire cost.

It only takes a few minutes to get started:

[omadahealth.com/wapebb](https://omadahealth.com/wapebb)

The PEBB Diabetes Prevention Program is powered by Omada. Visit [hca.wa.gov/prevent-diabetes](https://hca.wa.gov/prevent-diabetes) to learn more.