DBHR listening session for behavioral health service providers

Tuesday August 23, 1:30 to 2:30 p.m.

Behavioral health providers have the power to stop an overdose. Learn more.
Teams listening session norms

- Mute yourself if you are not speaking.
- Raise your hand if you want to speak.
- This time is for you. Ask questions, give comments, ask for help if you need it.
- If we cannot answer your question on this call, we will follow up after the webinar.
Disclaimer

- This webinar is being recorded and will be posted to the HCA COVID-19 page.
- This recording is open to public disclosure.
- Please do not disclose any private or confidential information.
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DBHR updates: Prevention

(DBHR Fellowship Program Recruitment
- Cohort 10 will start on October 2022 and go through July 2023

Visit these pages for more info:
- CPWI Fellowship Athena page
- CPWI Fellowship IMPACT Lab page
DBHR updates: Prevention

Wednesday, August 31 is overdose awareness day
DBHR updates: Prevention trainings

Sign up for the following trainings and conferences:

- National Prevention Network Conference
  - August 23-25 Virtual

- Substance Abuse Prevention Skills Training (SAPST)
  - Session 1 and 2 August 29 and August 30
  - Session 3 and 4 September 6 and September 7

- Rural Prevention Conference
  - Thursday September 22 to Friday September 23

- 2022 Washington Prevention Summit
  - November 8 to 9
DBHR updates: Prenatal through age 25

- Prenatal through age 25 behavioral health system
  - Child youth behavioral health workgroup kick off meeting happening at the end of the month.
  - Questions can be sent to cmhwg@hca.wa.gov.

- Second annual Tina Burrell Award of Innovation and Excellence in Leadership was awarded during the WISe Symposium.
  - Congratulations to:
    - Sebastian Compton, Youth SoCP tri-lead
    - Mary Stone Smith – Vice President, Catholic Community Services of Western Washington
    - Janice Schutz, Director of Washington State Community Connectors

- Contact Monica Webster at HCAFamlyInitiatedTreatment@hca.wa.gov if you want Family Initiated treatment for your team.
DBHR update: Adult services and involuntary treatment

Save the date for the upcoming Washington Co-Occurring Disorder and Treatment Conference October 10-11, with a pre-conference on the 9th. The conference will be offered in a hybrid format with both virtual and in-person options. For more information: https://wacodtx.org
DBHR updates: Recovery Support Services

Proviso 97 Behavioral Health Discharge Bridge Programming:
- $50,000 had been added to each BH-ASO contract to create a rental voucher and bridge program to reduce instances individuals leave a behavioral health facility directly into homelessness.
- Guidance forthcoming.

Proviso 96 No/Low Barrier Housing:
- Informational webinar will be coming up this fall for providers interested in implementing a no to low housing program that uses the Housing First Model.

Currently, 75 Certified Peer Counselor Training events scheduled to occur between now and June 3, 2023.
Mental health needs of babies and young children

- The first years of life are a unique and foundational developmental period.
- 10-14% of children <5 yrs experience behavioral and mental health challenges.
Mental Health Assessment for Young Children (MHAYC) (HB1325, 2021)

For the purposes of mental health assessment for children birth through 5 years of age, Apple Health will:

**Legislative Direction**

- Allow reimbursement for:
  - Up to five sessions
  - Provider travel to home & community settings
- Require providers to:
  - Use the DC:0-5™

**Available Resources**

- Mental Health Billing Guide, SERI, and A-19 Invoice Forms
- Apple Health Crosswalk DC:0-5 Crosswalk
- Billing webinars, office hours, and support as needed

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Why DC: 0-5™?

- Diagnostic system specifically for babies, toddlers, and preschoolers
- Developmentally informed
- Relationship based
- Contextually and culturally grounded

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DC: 0-5™ Clinical Training for Mental Health Providers

Clinical DC: 0-5™ training is designed to support mental health professionals in developing in-depth knowledge of the approach and utilizing the system in their work with children birth through age five.

**Professional Credits for DC: 0-5™ Clinical Training:**
- 12 CEUs for mental health professionals (LMSW, LMHC, LMFT)
- Counts towards the requirements for WA-AIMH IMH Endorsement®

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DC: 0-5™ Overview Training for Allied Health Professionals

DC: 0-5™ Overview training provides an overview of the approach and is particularly helpful for allied professionals in understanding the importance of developmentally appropriate diagnostic practices.

**Professional Credits for DC: 0-5™ Overview Training:**
- 3 CEUs for mental health professionals (LMSW, LMHC, LMFT)
- 3 STARS hours for early learning professionals
- Counts towards the requirements for WA-AIMH IMH Endorsement®

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Want to learn more from the IECMH-WC?

- Visit the IECMH-WC Training and Resource Hub
- Sign up for the IECMH-WC Communications List
- Join a Clinician Listening Session
- Email us at training@wa-aimh.org

[Image of various icons and text]
Want to learn more from the HCA?

- Visit the MHAYC website
- Watch a MHAYC Billing Webinar
- Email us!
- Sign up for alerts & updates

Watch MHAYC Billing Webinar
- Presenter: Joe, and registration update
- How Do I Bill? on our website

Join HCA IECMHO Office Hours
- Sign up under How Do I Bill? on our website

Email us!
- Kiki.fabian@hca.wa.gov
- Christine.cole@hca.wa.gov

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Upcoming Dates

**DC: 0-5™ Clinical Training for Mental Health Providers**
- September 14 - 16
- September 27 - 29

**DC: 0-5™ Overview Training for Allied Health Providers**
- September 15

Register at wa-aimh.org

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Thank you!

Contact us at training@wa-aimh.org

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Behavioral Health Comparison Rates Project
Behavioral Health Comparison Rates Project: Background

- HCA has been working with providers and actuarial partners on a project to develop transparent payment rate benchmarks for Medicaid funded BH services.
- Benchmarks are intended to capture the provider cost of delivering a specific services.
- Phase 1 focused on MH outpatient, SUD outpatient, SUD residential, WISe and PACT.
- Phase 2 will focus on refining core Phase 1 assumptions.
- HCA is releasing a provider cost and wage survey to collect information that will be used to inform the payment rate assumptions.
Behavioral Health Comparison Rates Project: What’s Next?

刽 Survey will be released in early September

 уни Training and technical assistance will be available
  ► Recorded training posted to HCA’s website
  ► Live Q&A session offered two weeks after survey distribution
  ► FAQs posted in HCA website as needed
  ► Dedicated email for questions about the survey
    (AppleHealth@Milliman.com)
Behavioral Health Comparison Rates Project: Want To Learn More?

Additional project background and resources are posted on HCA’s website:

- [https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/contractor-and-provider-resources](https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/contractor-and-provider-resources)

- Scroll down to the “for MCOs and BH-ASOs” section and select the “Behavioral Health Rate Comparison Project” drop down.
Behavioral Health - Telemedicine Policy Updates

August 2022
Overview
Terminology 101

Telemedicine –
The delivery of health care services using interactive audio and video technology, permitting real-time communication between the client and the provider, for the purpose of diagnosis, consultation, or treatment. Telemedicine includes audio-only telemedicine, but does not include any of the following services:

- Email and facsimile transmissions
- Installation or maintenance of any telecommunication devices or systems
- Incidental services or communications that are not billed separately, such as communicating laboratory results

Audio-only telemedicine
The delivery of health care services using audio-only technology, permitting real-time communication between the client at the originating site and the provider, for the purposes of diagnosis, consultation, or treatment

Face-to-face vs In person
Face to face means the person could be receiving care in person or via audio-visual technology. In person means the person and the provider are in the same location.
Legislative history of telemedicine in WA

- **2015**: SB 5175 Defined telemedicine, excludes home as an originating site
- **2016**: SB 6519 Includes “home” as originating site, create the WA Telehealth Collaborative
- **2017**: SB 5436 Definition of “home” updated to any place the individuals deems is home
- **2020**: SB 5385 Adds requirement that by 1/1/21, a health care professional that provides clinical telemedicine services (except MD or OD) completes telemedicine training
- **2020**: SB 5385 Payment parity for telemedicine (Parity in payment- HCA has paid the same for services provided by telemedicine as in-person/face-to-face since 2018.)
- **2021**: HB 1196 Audio - only telemedicine (audio only services available during PHE prior to 1196; legislation additionally updated definition of telemedicine, required patient consent, and formalized parity)
- **2021**: SB 5423 allows telemedicine consultation by a practitioner licensed in another state, to consult with a practitioner that is responsible for the diagnosis and treatment of the individual in this state
- **2022**: HB 1821 defines “established relationship” for audio-only services
HCA telehealth policy

- Immediate pandemic response
  - Rapid policy changes to support continuity of care during PHE
  - Direct support for providers and patients
  - Collaboration with partners in telehealth

- Recent/ongoing updates
  - Audio only related to HB 1196 and HB 1821

- Post-pandemic
  - Parity (payment) will remain for in person, audio-visual, and audio only
  - Ongoing evaluation of clinical appropriateness, review of evidence base for effectiveness and outcomes and monitoring for fraud, waste, and abuse
  - Continued understanding of new developments including digital health (text, smartphone apps), cross state border care, etc.
Audio only updates
Audio only policy update

- Allowable services determined based on HB1196 language of “safely and effectively delivered” and review of CMS audio-only list, utilization of services provided audio-only during the PHE and clinical review
- Code lists available on HCA website for all services, behavioral health code list on a separate list
  - See “Behavioral health audio-only procedure codes”
- Telemedicine WAC update underway
Audio only modifier for behavioral health agencies

- Makes billing and identifying audio-only services more clear and beneficial for administration simplification and research
- Modifier FQ for behavioral health services
  - Definition: The service was furnished using audio-only communication technology
  - Providers using the Service Encounter Reporting Instructions (SERI) guide, Mental Health Billing guide part 2, and the SUD billing guide.
Review of coding/billing – behavioral health agencies

- Service provided is designated by either a CPT or HCPCS procedure code
  - Modality used may be identified by CPT/HCPCS, POS or modifier
- Location of the provider is called the distant site
- Location of the client is called the originating site
- Telemedicine - Place of Service (POS) is based on the location of the client
  - POS 02: “service provided via telemedicine and client was not in their home”
  - POS 10: “patient is located in their home and received health care services through telemedicine”
- Documentation requirements may vary; generally information required related to the service includes length of interaction, means of communication, consent
- All technology required to be HIPAA compliant
Service Encounter examples

Provider bills/reports:

- Appropriate behavioral health service
- POS 10

SERI: Client at home and receives behavioral health services through audio-visual technology

SERI: Client home and receives behavioral health services through audio-only technology

- Appropriate behavioral health service
- POS 10
- Modifier FQ
Resource information

Telehealth policies & guidance - see “telehealth” tab:

Questions:

► Related to telehealth or audio-only policies
  HCAAppleHealthClinicalPolicy@hca.wa.gov

► Related to the Service Encounter Reporting Instructions (SERI) guide
  HCAmcprograms@hca.wa.gov
Open forum: All questions are welcome
Behavioral health provider resources

- Department of Health Situation reports
- Department of Health coping with COVID blog
- Proposed 2021-2023 state budget
- DOH information on PPE
Thanks for your time!