

# DBHR listening session for behavioral health service providers

Tuesday August 23, 1:30 to 2:30 p.m.

*Behavioral health providers have the power to stop an overdose. [Learn more.](#)*

# Teams listening session norms

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- ▶ Mute yourself if you are not speaking.
- ▶ Raise your hand if you want to speak.
- ▶ This time is for you. Ask questions, give comments, ask for help if you need it.
- ▶ If we cannot answer your question on this call, we will follow up after the webinar.

# Disclaimer

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- ▶ This webinar is being recorded and will be posted to the HCA COVID-19 page.
- ▶ This recording is open to public disclosure.
- ▶ Please do not disclose any private or confidential information.

# Agenda

Subject	Who
• <b>Welcome/DBHR section updates</b>	• Keri Waterland
• <b>Mental health trainings for young children</b>	• WA Association for Infant Mental Health
• <b>Procurement for crisis stabilization facilities</b>	• Matt Mazur-Hart
• <b>Behavioral health comparison rates</b>	• Katrina Lucero
• <b>Audio only payment options</b>	• Charissa Fotinos and Teresa Claycamp
• <b>Questions</b>	• All

# DBHR updates: Prevention

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- ▶ DBHR Fellowship Program Recruitment

- ▶ Cohort 10 will start on October 2022 and go through July 2023

- ▶ Visit these pages for more info:

- ▶ [CPWI Fellowship Athena page](#)
  - ▶ [CPWI Fellowship IMPACT Lab page](#)

Find a convenient medication disposal location at:  
**MED-Project.org**

#OverdoseAwareness



Carrying naloxone could save a life.  
Order free naloxone at  
**stopoverdose.org**

#OverdoseAwareness



**Signs of an overdose:**  
Slow or no breathing.  
Won't wake up.  
Pale, ashy, cool skin.  
Blue lips or fingernails.

#NationalOverdoseAwarenessDay



# DBHR updates: Prevention

Wednesday, August 31 is overdose awareness day

# DBHR updates: Prevention trainings

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Sign up for the following trainings and conferences:

- ▶ National Prevention Network Conference
  - ▶ August 23-25 Virtual
- ▶ Substance Abuse Prevention Skills Training (SAPST)
  - ▶ Session 1 and 2 August 29 and August 30
  - ▶ Session 3 and 4 September 6 and September 7
- ▶ Rural Prevention Conference
  - ▶ Thursday September 22 to Friday September 23
- ▶ 2022 Washington Prevention Summit
  - ▶ November 8 to 9

# DBHR updates: Prenatal through age 25

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- ▶ Prenatal through age 25 behavioral health system
  - ▶ Child youth behavioral health workgroup kick off meeting happening at the end of the month.
    - ▶ Questions can be sent to [cmhwg@hca.wa.gov](mailto:cmhwg@hca.wa.gov).
- ▶ Second annual Tina Burrell Award of Innovation and Excellence in Leadership was awarded during the WISE Symposium.
  - ▶ Congratulations to:
    - ▶ Sebastian Compton, Youth SoCP tri-lead
    - ▶ Mary Stone Smith – Vice President, Catholic Community Services of Western Washington
    - ▶ Janice Schutz, Director of Washington State Community Connectors
- ▶ Contact Monica Webster at [HCAFamilyInitiatedTreatment@hca.wa.gov](mailto:HCAFamilyInitiatedTreatment@hca.wa.gov) if you want Family Initiated treatment for your team.



# DBHR update: Adult services and involuntary treatment

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- ▶ Save the date for the upcoming Washington Co-Occurring Disorder and Treatment Conference October 10-11, with a pre-conference on the 9th. The conference will be offered in a hybrid format with both virtual and in-person options. For more information: <https://wacodtx.org>

# DBHR updates: Recovery Support Services

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- ▶ Proviso 97 Behavioral Health Discharge Bridge Programming:
  - ▶ \$50,000 had been added to each BH-ASO contract to create a rental voucher and bridge program to reduce instances individuals leave a behavioral health facility directly into homelessness.
  - ▶ Guidance forthcoming.
- ▶ Proviso 96 No/Low Barrier Housing:
  - ▶ Informational webinar will be coming up this fall for providers interested in implementing a no to low housing program that uses the Housing First Model.
- ▶ Currently, 75 Certified Peer Counselor Training events scheduled to occur between now and June 3, 2023.

# Infant and Early Childhood Mental Health Workforce Collaborative

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1

## Mental health needs of babies and young children


- ▶ The first years of life are a unique and foundational developmental period.
- ▶ 10-14% of children <5yrs experience behavioral and mental health challenges.



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2

## Mental Health Assessment for Young Children (MHAYC) (HB1325, 2021)


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For the purposes of mental health assessment for children birth through 5 years of age, Apple Health will:

Legislative Direction*	Available Resources
Allow reimbursement for: 📅 Up to five sessions 🚗 Provider travel to home & community settings	📄 Mental Health Billing Guide, SERI, and A-19 Invoice Forms 📄 Apple Health Crosswalk DC:0-5 Crosswalk 🗣️ Billing webinars, office hours, and support as needed
Require providers to: 📖 Use the DC:0-5™	
	💡 IECMH-WC: Free training and professional development resources

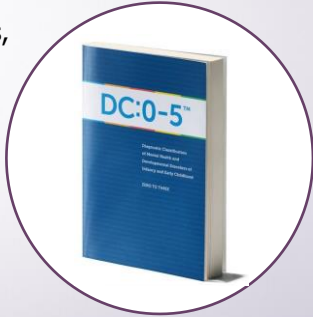
\*See RCW 71A.05.530  
 Medical assistance—Care and services included—Funding limitations.
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3

## Why DC: 0-5™?



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- ▶ Diagnostic system specifically for babies, toddlers, and preschoolers
- ▶ Developmentally informed
- ▶ Relationship based
- ▶ Contextually and culturally grounded



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4

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## DC: 0-5™ Clinical Training for Mental Health Providers

Clinical DC: 0-5™ training is designed to support mental health professionals in developing in-depth knowledge of the approach and utilizing the system in their work with children birth through age five.

**Professional Credits for DC: 0-5™ Clinical Training:**


- ▶ 12 CEUs for mental health professionals (LMSW, LMHC, LMFT)
- ▶ Counts towards the requirements for WA-AIMH IMH Endorsement®

203  
trained

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5

5

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## DC: 0-5™ Overview Training for Allied Health Professionals

DC: 0-5™ Overview training provides an overview of the approach and is particularly helpful for allied professionals in understanding the importance of developmentally appropriate diagnostic practices.

**Professional Credits for DC: 0-5™ Overview Training:**

- ▶ 3 CEUs for mental health professionals (LMSW, LMHC, LMFT)
- ▶ 3 STARS hours for early learning professionals
- ▶ Counts towards the requirements for WA-AIMH IMH Endorsement®

174  
trained

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6

6



7

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WA-AIMH WASHINGTON ASSOCIATION FOR Infant Mental Health

### Want to learn more from the IECMH-WC?

- ▶ Visit the [IECMH-WC Training and Resource Hub](#)
- ▶ Sign up for the [IECMH-WC Communications List](#)
- ▶ Join a Clinician Listening Session
- ▶ Email us at [training@wa-aimh.org](mailto:training@wa-aimh.org)

DC:0-5  
DC: 0-5 Trainings


Communities of Practice

IECMH Trainings


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8


8


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## Want to learn more from the HCA?




**Visit the MHAYC website**  
[Mental Health Assessment for Young Children](#)




**Watch a MHAYC Billing Webinar**  
 Recordings, slides, and registration under [How Do I Bill?](#) on our [website](#)

**Email us!**  
[Kiki.fabian@hca.wa.gov](mailto:Kiki.fabian@hca.wa.gov)  
[Christine.cole@hca.wa.gov](mailto:Christine.cole@hca.wa.gov)



**Sign up for alerts & updates**  
 Subscribe to [Prenatal – Age 25 Behavioral Health](#) topics through GovDelivery



**Join HCA IECMH Office Hours**  
 Sign-up under [How Do I Bill?](#) on our [website](#)

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9


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## Upcoming Dates

**DC: 0-5™ Clinical Training for Mental Health Providers**

- ▶ September 14 - 16
- ▶ September 27 - 29

**DC: 0-5™ Overview Training for Allied Health Providers**

- ▶ September 15


**Register at [wa-aimh.org](http://wa-aimh.org)**


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10

Thank you!

Contact us at [training@wa-aimh.org](mailto:training@wa-aimh.org)

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Washington State  
Health Care Authority 

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# Behavioral Health Comparison Rates Project

# Behavioral Health Comparison Rates Project: Background

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- ▶ HCA has been working with providers and actuarial partners on a project to develop transparent payment rate benchmarks for Medicaid funded BH services.
- ▶ Benchmarks are intended to capture the provider cost of delivering a specific services.
- ▶ Phase 1 focused on MH outpatient, SUD outpatient, SUD residential, WISe and PACT.
- ▶ Phase 2 will focus on refining core Phase 1 assumptions.
- ▶ HCA is releasing a provider cost and wage survey to collect information that will be used to inform the payment rate assumptions.

# Behavioral Health Comparison Rates Project: What's Next?


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- ▶ Survey will be released in early September
- ▶ Training and technical assistance will be available
  - ▶ Recorded training posted to HCA's website
  - ▶ Live Q&A session offered two weeks after survey distribution
  - ▶ FAQs posted in HCA website as needed
  - ▶ Dedicated email for questions about the survey ([AppleHealth@Milliman.com](mailto:AppleHealth@Milliman.com))

# Behavioral Health Comparison Rates Project: Want To Learn More?

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- ▶ Additional project background and resources are posted on HCA's website:
  - ▶ <https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/contractor-and-provider-resources>
  - ▶ Scroll down to the “for MCOs and BH-ASOs” section and select the “Behavioral Health Rate Comparison Project” drop down.



# Behavioral Health - Telemedicine Policy Updates

August 2022

Washington State  
Health Care Authority

# Overview

# Terminology 101

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## ▶ Telemedicine –

The delivery of health care services using interactive audio and video technology, permitting real-time communication between the client and the provider, for the purpose of diagnosis, consultation, or treatment. Telemedicine includes audio-only telemedicine, but does not include any of the following services:

- ▶ Email and facsimile transmissions
- ▶ Installation or maintenance of any telecommunication devices or systems
- ▶ Incidental services or communications that are not billed separately, such as communicating laboratory results

## ▶ Audio-only telemedicine

The delivery of health care services using audio-only technology, permitting real-time communication between the client at the originating site and the provider, for the purposes of diagnosis, consultation, or treatment

## ▶ Face-to-face vs In person

Face to face means the person could be receiving care in person or via audio-visual technology. In person means the person and the provider are in the same location.

# Legislative history of telemedicine in WA

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- ▶ **2015:** SB 5175 Defined telemedicine, excludes home as an originating site
- ▶ **2016:** SB 6519 Includes “home” as originating site, create the WA Telehealth Collaborative
- ▶ **2017:** SB 5436 Definition of “home” updated to any place the individuals deems is home
- ▶ **2020:** SB 5385 Adds requirement that by 1/1/21, a health care professional that provides clinical telemedicine services (except MD or OD) completes telemedicine training
- ▶ **2020:** SB 5385 Payment parity for telemedicine (Parity in payment- HCA has paid the same for services provided by telemedicine as in-person/face-to-face since 2018.)
- ▶ **2021:** HB 1196 Audio - only telemedicine (audio only services available during PHE prior to 1196; legislation additionally updated definition of telemedicine, required patient consent, and formalized parity)
- ▶ **2021:** SB 5423 allows telemedicine consultation by a practitioner licensed in another state, to consult with a practitioner that is responsible for the diagnosis and treatment of the individual in this state
- ▶ **2022:** HB 1821 defines “established relationship” for audio-only services



# HCA telehealth policy

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## ▶ Immediate pandemic response

- ▶ Rapid policy changes to support continuity of care during PHE
- ▶ Direct support for providers and patients
- ▶ Collaboration with partners in telehealth

## ▶ Recent/ongoing updates

- ▶ Audio only related to HB 1196 and HB 1821

## ▶ Post-pandemic

- ▶ Parity (payment) will remain for in person, audio-visual, and audio only
- ▶ Ongoing evaluation of clinical appropriateness, review of evidence base for effectiveness and outcomes and monitoring for fraud, waste, and abuse
- ▶ Continued understanding of new developments including digital health (text, smart phone apps), cross state border care, etc.

# Audio only updates

# Audio only policy update

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- ▶ Allowable services determined based on HB1196 language of “safely and effectively delivered” and review of CMS audio-only list, utilization of services provided audio-only during the PHE and clinical review
- ▶ Code lists available on HCA website for all services, behavioral health code list on a separate list
  - ▶ See “telehealth” tab: <https://www.hca.wa.gov/billers-providers-partners/prior-authorization-claims-and-billing/provider-billing-guides-and-fee-schedules>
  - ▶ See “Behavioral health audio-only procedure codes”
- ▶ Telemedicine WAC update underway

# Audio only modifier for behavioral health agencies

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- ▶ Makes billing and identifying audio-only services more clear- beneficial for administration simplification and research
- ▶ Modifier FQ for behavioral health services
  - ▶ Definition: The service was furnished using audio-only communication technology
  - ▶ Providers using the Service Encounter Reporting Instructions (SERI) guide, Mental Health Billing guide part 2, and the SUD billing guide.

# Review of coding/billing – behavioral health agencies

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- ▶ Service provided is designated by either a CPT or HCPCS procedure code
  - ▶ Modality used may be identified by CPT/HCPCS, POS or modifier
- ▶ Location of the provider is called the distant site
- ▶ Location of the client is called the originating site
- ▶ Telemedicine - Place of Service (POS) is based on the location of the client
  - ▶ POS 02: “service provided via telemedicine and client was not in their home”
  - ▶ POS 10: “patient is located in their home and received health care services through telemedicine”
- ▶ Documentation requirements may vary; generally information required related to the service includes length of interaction, means of communication, consent
- ▶ All technology required to be HIPAA compliant

# Service Encounter examples

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Provider bills/reports:

SERI: Client at home and receives behavioral health services through **audio-visual technology**

- Appropriate behavioral health service
- POS 10

SERI: Client home and receives behavioral health services through **audio-only technology**

- Appropriate behavioral health service
- POS 10
- Modifier FQ

# Resource information

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- ▶ Telehealth policies & guidance - see “telehealth” tab:

<https://www.hca.wa.gov/billers-providers-partners/prior-authorization-claims-and-billing/provider-billing-guides-and-fee-schedules>

- ▶ Questions:

- ▶ Related to telehealth or audio-only policies

[HCAAppleHealthClinicalPolicy@hca.wa.gov](mailto:HCAAppleHealthClinicalPolicy@hca.wa.gov)

- ▶ Related to the Service Encounter Reporting Instructions (SERI) guide

[HCAmcprograms@hca.wa.gov](mailto:HCAmcprograms@hca.wa.gov)



Open forum: All questions are welcome



# Behavioral health provider resources

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- ▶ [Department of Health Situation reports](#)
- ▶ [Department of Health coping with COVID blog](#)
- ▶ [Proposed 2021-2023 state budget](#)
- ▶ [DOH information on PPE](#)

Thanks for your time!