

Children and Youth Behavioral Health Work Group (CYBHWG)

June 5, 2020
9:00 am – 1:00 pm
Virtual meeting – Zoom (see below)

Via Web (STRONGLY preferred): <https://us02web.zoom.us/j/89136323922>

Via Phone: 253-215-8782, Meeting ID#: 891 3632 3922

For tech questions or issues, call/text 206-962-5098. For content questions, use the “chat” function in Zoom.

If you cannot access the meeting, send email to cybhwg@hca.wa.gov.

Attendees					
<input type="checkbox"/>	Representative Noel Frame, Co-Chair	<input type="checkbox"/>	Lacy Fehrenbach	<input type="checkbox"/>	Steve Kutz
<input type="checkbox"/>	MaryAnne Lindeblad, Co-Chair	<input type="checkbox"/>	Dr. Thatcher Felt	<input type="checkbox"/>	Amber Leaders
<input type="checkbox"/>	Randon Aea	<input type="checkbox"/>	Tory Gildred	<input type="checkbox"/>	Nickolaus Lewes
<input type="checkbox"/>	Dr. Avanti Bergquist	<input type="checkbox"/>	Camille Goldy	<input type="checkbox"/>	Laurie Lippold
<input type="checkbox"/>	Ruth Bush	<input type="checkbox"/>	Libby Hein	<input type="checkbox"/>	Rep. John Lovick
<input type="checkbox"/>	Representative Michelle Caldier	<input type="checkbox"/>	Dr. Robert Hilt	<input type="checkbox"/>	Joel Ryan
<input type="checkbox"/>	Diana Cockrell	<input type="checkbox"/>	Kristin Houser	<input type="checkbox"/>	Mary Stone-Smith
<input type="checkbox"/>	Senator Jeannie Darneille	<input type="checkbox"/>	Avreayl Jacobson	<input type="checkbox"/>	Jim Theofelis
<input type="checkbox"/>	Peggy Dolane	<input type="checkbox"/>	Lonnie Johns-Brown	<input type="checkbox"/>	Dr. Eric Trupin
<input type="checkbox"/>	Jamie Elzea	<input type="checkbox"/>	Kim Justice	<input type="checkbox"/>	Sen. Judy Warnick
<input type="checkbox"/>	Representative Carolyn Eslick	<input type="checkbox"/>	Judy King	<input type="checkbox"/>	Dr. Larry Wissow

No	Agenda Items	Time	Lead	Meeting Instructions
Pre	Zoom Meeting Active for Early-Sign On & Technical Troubleshooting	8:40 – 9:00 am	Rep. Noel Frame/ Natalia Koss-Valejo/ Kimberly Harris	<ul style="list-style-type: none"> Anyone is welcome to sign-on early to make sure they can sign on to Zoom ok, test audio and video, test participation functions, etc.

No	Agenda Items	Time	Lead	Meeting Instructions
1.	Special Presentation: DOH analysis of the impact of COVID-19 on behavioral health	9:00 – 9:30 am	Trevor Covington (Dept. of Health, Certified Emergency Manager)	<ul style="list-style-type: none"> Rep. Frame will moderate Q&A, providing instructions for using chat function in Zoom. Natalia Koss-Vallejo and Kimberly Harris will help monitor the chat anytime it is used throughout the call. Please note: The Chat function is primarily for work group members. Members of the public can: <ul style="list-style-type: none"> Ask questions in Chat. HCA staff will follow up within 48 hours. Send e-mail to cybhwg@hca.wa.gov if you would like to comment during the public comment period at the end of the meeting.
2.	Introductions	9:30 – 9:45 am	Rep. Noel Frame/ MaryAnne Lindeblad	<ul style="list-style-type: none"> Work group members: Rep. Frame will do a roll call. Please unmute when your name is called to acknowledge you are on the line (and then re-mute!). Agenda will be shared on the screen. Members of the public: Please e-mail cybhwg@hca.wa.gov with your name and organizational affiliation, if any. Let us know if you would like to make a public comment at the end of the meeting. Rep. Frame will then share instructions to change name on Zoom, video call etiquette & guidance on breaks. Being recorded so you can check what you missed later!
COVID-19 Updates and impacts				
3.	Budget realities	9:45 – 10:15	Rep. Noel Frame/ Sen. Jeannie Darneille	<ul style="list-style-type: none"> Rep Frame will provide an update. Rep. Frame will moderate Q&A.
4.	COVID-19 landscape updates	10:15 – 10:45	MaryAnne Lindeblad	<ul style="list-style-type: none"> MaryAnne Lindeblad will provide update. Rep. Frame will moderate Q&A.
	BREAK	10:45 – 10:55		
Work Group updates and discussion				
5.	Work Group updates	10:55 – 11:05	Rep. Noel Frame	

No	Agenda Items	Time	Lead	Meeting Instructions
Work Group updates and discussion				
6.	<p>Subgroup updates</p> <p>Work in progress:</p> <ul style="list-style-type: none"> • Workforce and Rates (Laurie Lippold and Hugh Ewart) • Prenatal to Five Relational Health (Jamie Elzea) <p>Process updates:</p> <ul style="list-style-type: none"> • Youth and Young Adult Continuum of Care (Rep. Frame) • School-based Behavioral Health and Suicide Prevention (Camille Goldy) 	11:05 am – 12:05 pm		15 minutes per subgroup; includes questions and discussion
7.	<p>Wrap-up/Next Steps</p> <p>Next meeting: September 18, 2020</p>	12:05 – 12:15	Rep. Noel Frame/ MaryAnne Lindeblad	<ul style="list-style-type: none"> • Rep. Frame will make a final announcement for those wishing to provide public comment to email cmhwg@hca.wa.gov now. • Rep. Frame will summarize next action steps and responsible party, including calling on Rachel to compare notes.
8.	<p>Public Comment</p>	12:15 – 12:35	Rep. Frame	<ul style="list-style-type: none"> • Rep. Frame will call on individuals by name who have emailed indicating they wish to provide public comment. • Those called on should unmute, speak, and then re-mute when comments have concluded. • Rep. Frame will do a final call for public comment for those who could not email ahead of time.

Action Items/Decisions					
#	Action Item	Assigned To:	Date Assigned:	Date Due:	Status



STATEWIDE BEHAVIORAL HEALTH FORECAST
-MAY UPDATE-

Purpose & Development

Purpose:

- Provide a brief, initial forecast of behavioral health impacts
- Captures key concepts and models

How it was made and caveats:

- Created by DOH's Behavioral Health Strike Team based on literature review, informed by data (*much more* to be added over time)
- Caveats:
 - Extrapolated based on existing research, incident is novel
 - Highly subject to future waves, government actions, social and economic impacts
 - Will be routinely revised

Key Things: Changed or Added

Upwards of two to three million Washingtonians could experience behavioral health symptoms consistent with acute stress, anxiety, or depression within the next 6 months.

Integrated information about impact of unemployment, specifically around deaths of despair

- 1% increase in unemployment = ~1-1.6% increase in suicide rates
- 5% unemployment (Great Recession) = 103 additional suicides
- 20% (Great Depression)= 412 additional suicides

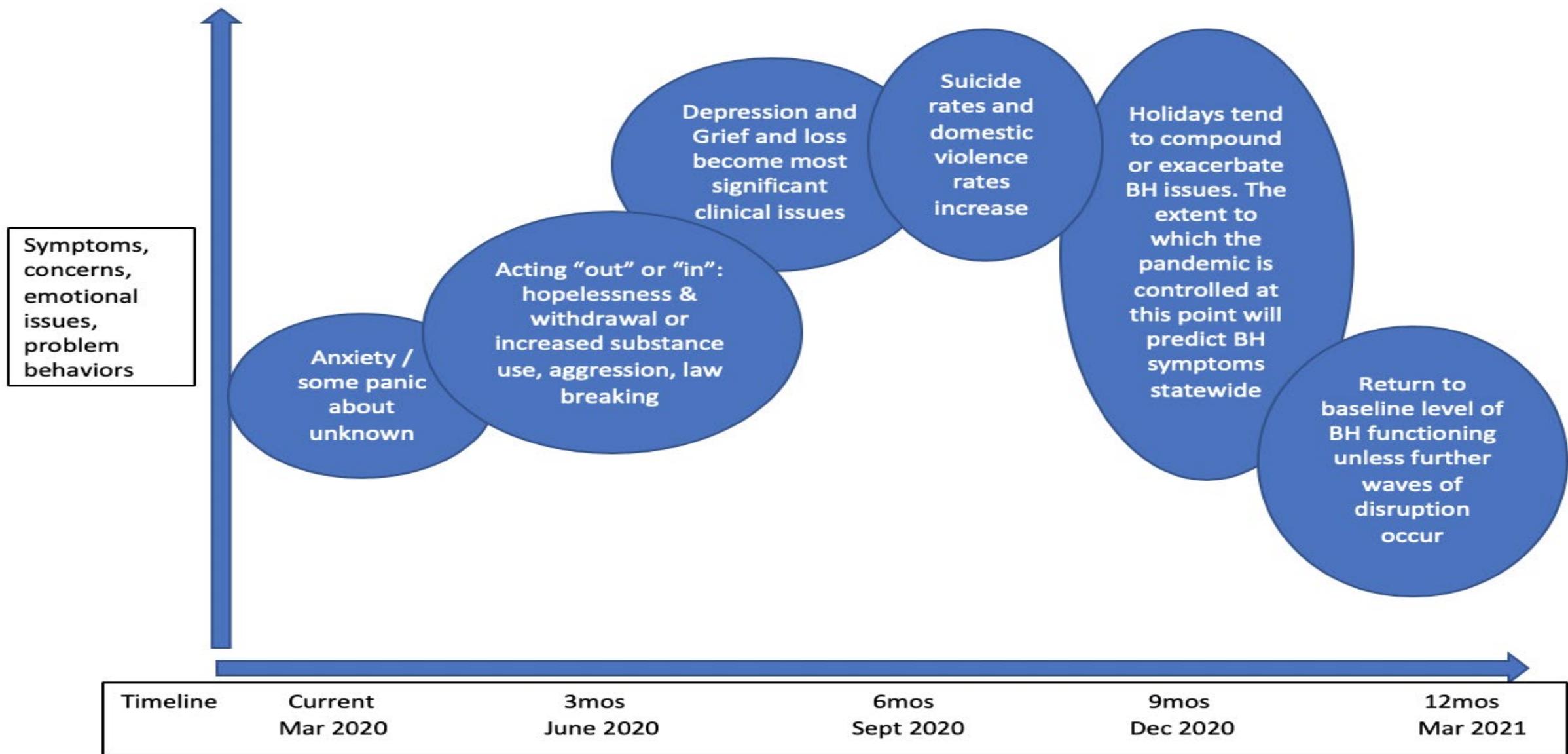
Information around crimes and domestic violence:

- 25% *decrease* in other offenses, 17% *increase* in domestic violence

Report incorporates forecasting for multiple pandemic scenarios (+trauma cascade)



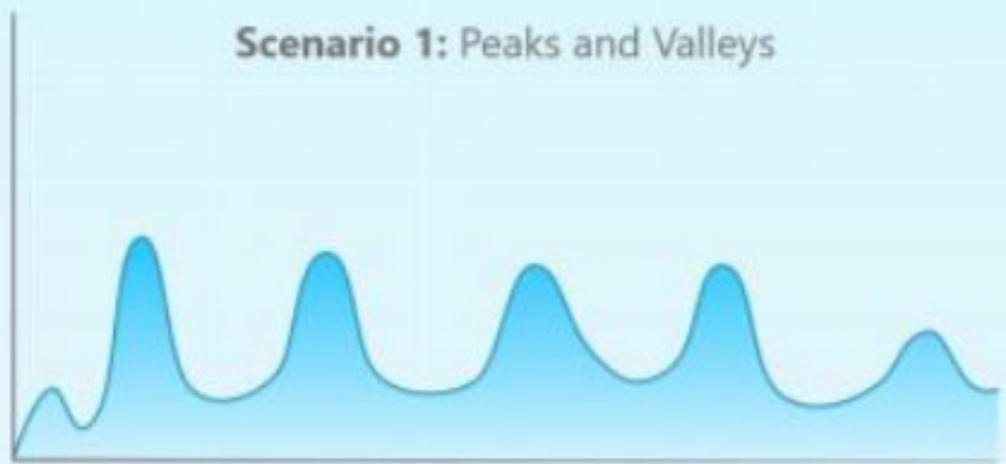
Figure 1. Reactions and Behavioral Symptoms in Disasters: SAMHSA



NOTE: Where people start on this chart is strongly predicted by their baseline level of functioning BEFORE the outbreak / pandemic, | and the degree to which they have SOCIAL SUPPORT and use ACTIVE COPING SKILLS. If the situation comes to a resolvable level after 12 months, the VAST majority of people will return to their baseline level of functioning. If the situation cascades, then the emotional and behavioral responses become compounded over time.

Possible Pandemic Wave Scenarios for COVID-19

Scenario 1: Peaks and Valleys



Scenario 2: Fall Peak



Scenario 3: Slow Burn

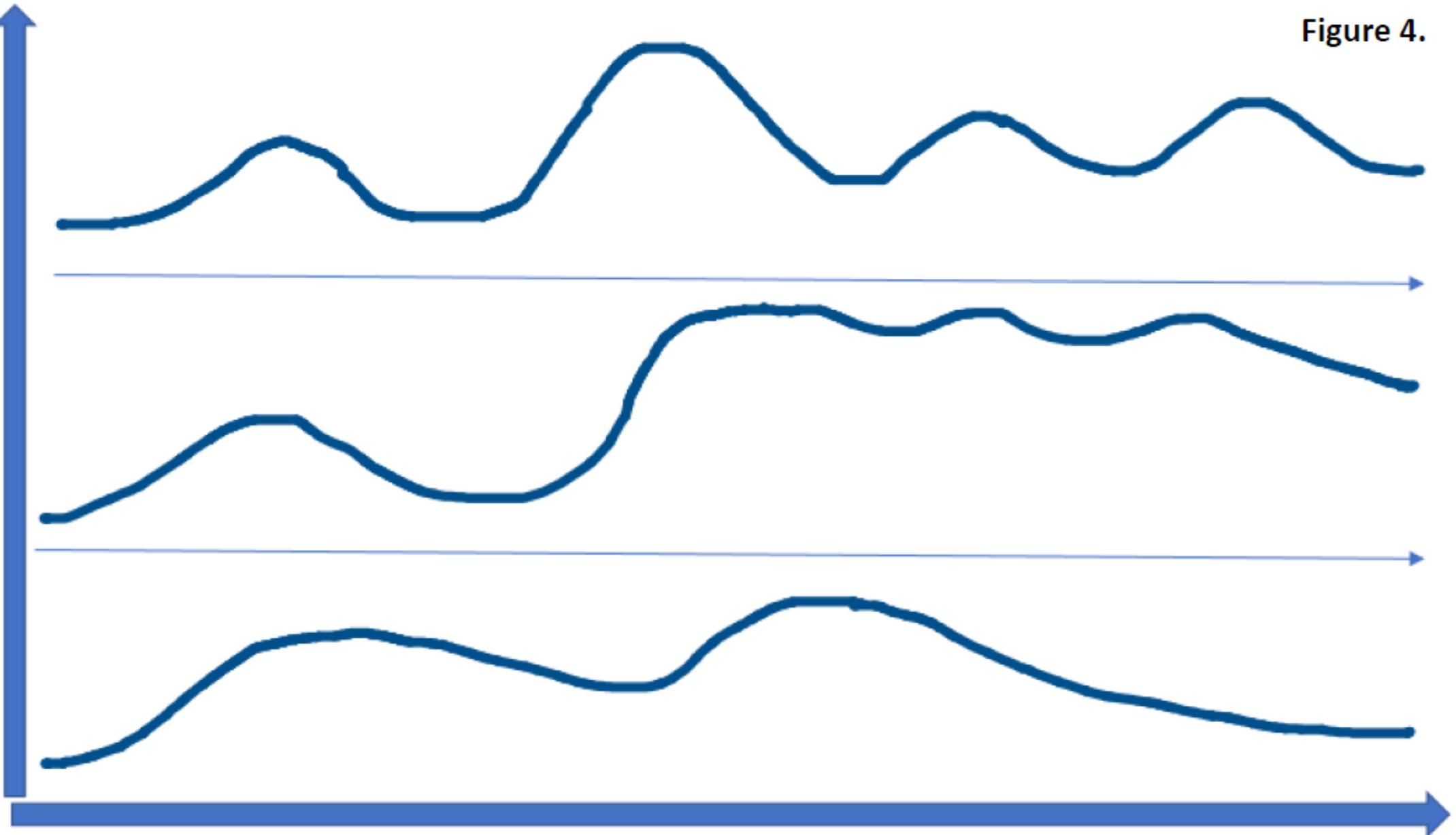


Figure 4.

Behavioral Health Symptoms across the population for Scenario #1

Behavioral Health Symptoms across the population for Scenario #2

Behavioral Health Symptoms across the population for Scenario #3



Timeline	Month of Outbreak	3 mos post-outbreak.	6 mos post-outbreak	9 mos post-outbreak	12 mos post-outbreak	15 mos post-outbreak
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Questions?



Washington State Department of Health is committed to providing customers with forms and publications in appropriate alternate formats. Requests can be made by calling 800-525-0127 or by email at civil.rights@doh.wa.gov. TTY users dial 711.