

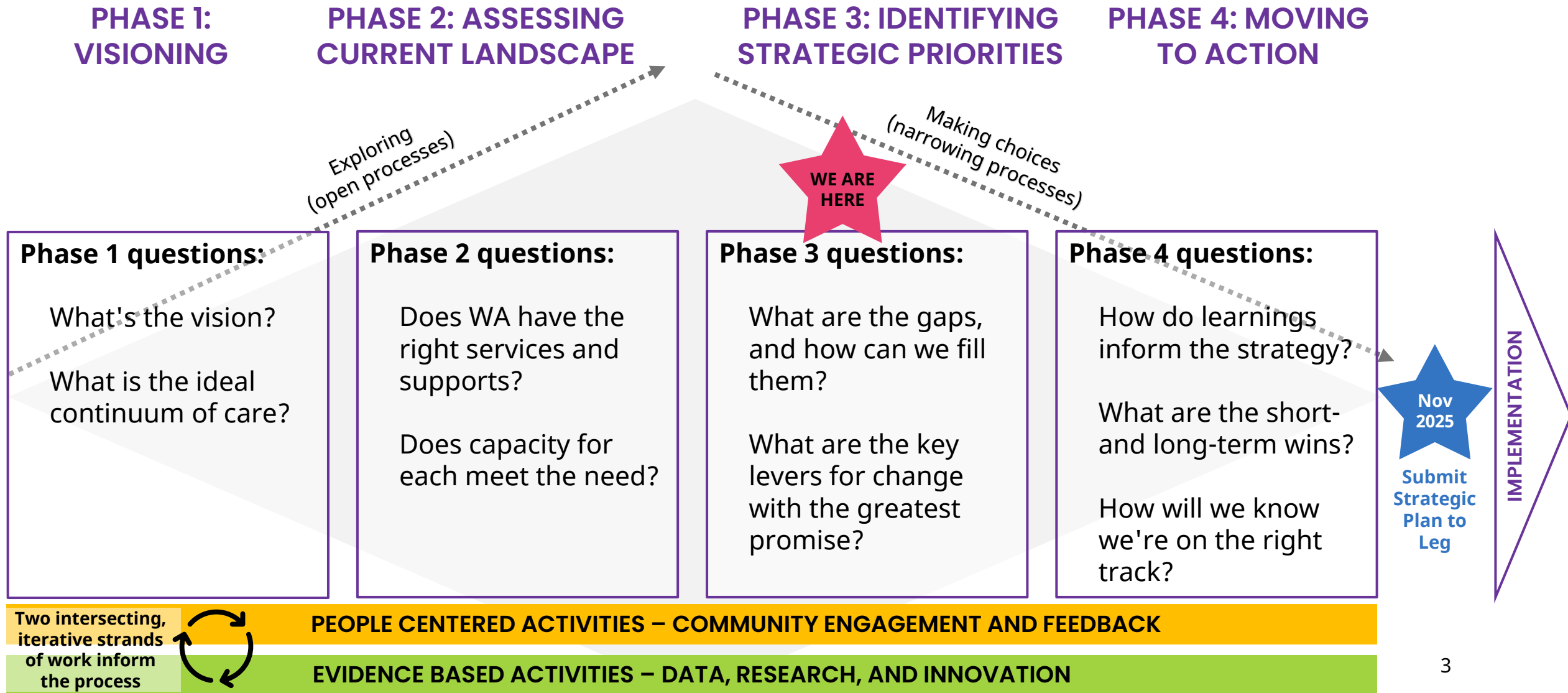
# Washington Thriving Updates



# What is Washington Thriving?

- Effort to develop a Behavioral Health strategic plan for prenatal to age 25 in Washington state, referred to as Washington Thriving
- Initiated in response to the ongoing statewide crisis in behavioral health among children, youth, young adults and their parents and caregivers
- Requires that we address the most significant and systemic gaps in our behavioral health system, as well as in the intersecting systems and factors that impact behavioral health (e.g. education, justice, child welfare, housing, disability, employment, crisis response)
- Aims to affect transformational change across the system by:
  - providing an actionable roadmap to ensure **equitable access at every stage of development** to **high-quality, developmentally-appropriate and culturally-attuned** supports and services
  - outlining a vision for how this **array of supports and services** can be accessed in or through a range of settings including clinics, schools, and community settings
- **Our goal today is to understand where your interests intersect and how we can best engage you**

# Where are we in the process?



# Context

- Constrained state fiscal environment limits appetite for individual recommendations
- Uncertainty around impacts of federal changes (on funding, on specific programs, on specific communities)
- P-25 Strategic Plan due to Legislature November 1
- Governor's transition team has indicated support for the CYBHWG and Washington Thriving to inform direction on behavioral health
- CYBHWG members expressed a desire for future recommendations to be more cohesive and less numerous

# CYBHWG priority this year:

## Provide input to and approve P-25 Strategic Plan

### Proposed approach for 2025

- CYBHWG's primary recommendation will be for the Legislature to adopt and resource the Strategic Plan as the guiding framework for P-25 behavioral health in Washington
- CYBHWG will dedicate at least half of its meeting time to the Strategic Plan this year
- CYBHWG subgroups will focus their effort this year on providing input and recommendations to the Strategic Plan elements in their domain
- CYBHWG will hold a consensus vote in October to approve submitting the Strategic Plan
- Hold space for timely, emergent overarching recommendations and for preserving and protecting legacy CYBHWG recommendations that are not otherwise being championed

**Washington Thriving Advisory Group** is the key body influencing direction of P-25 Strategic Plan.

**CYBHWG** is the sponsor and ultimate decision-maker.

# Why We Are Here

## Goals for the preliminary outreach:

Identify & narrow the BHI Subgroup scope to focus on our highest priorities

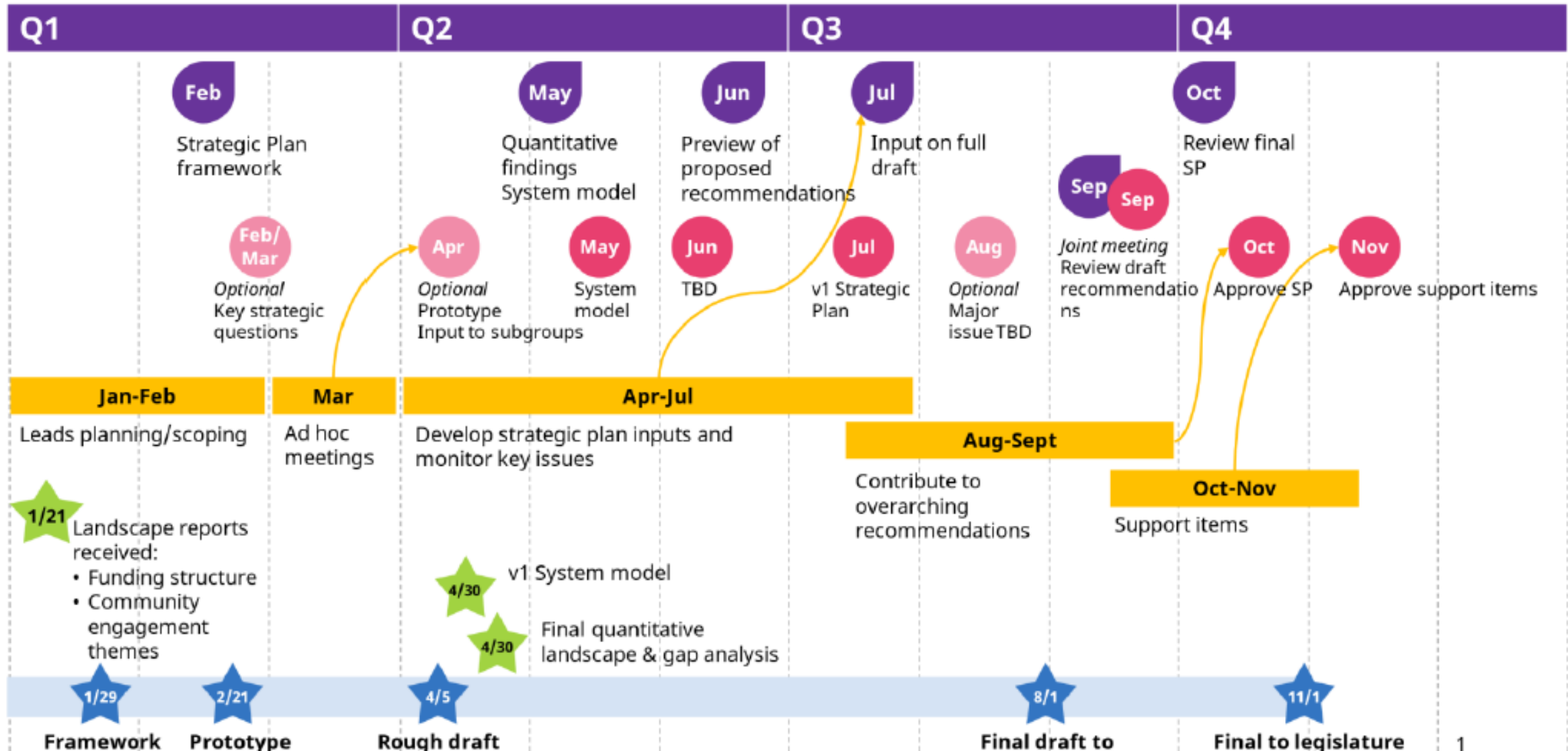
Identify opportunities for expanded community engagement to best inform the development of inputs to WA Thriving

## Goals for the year:

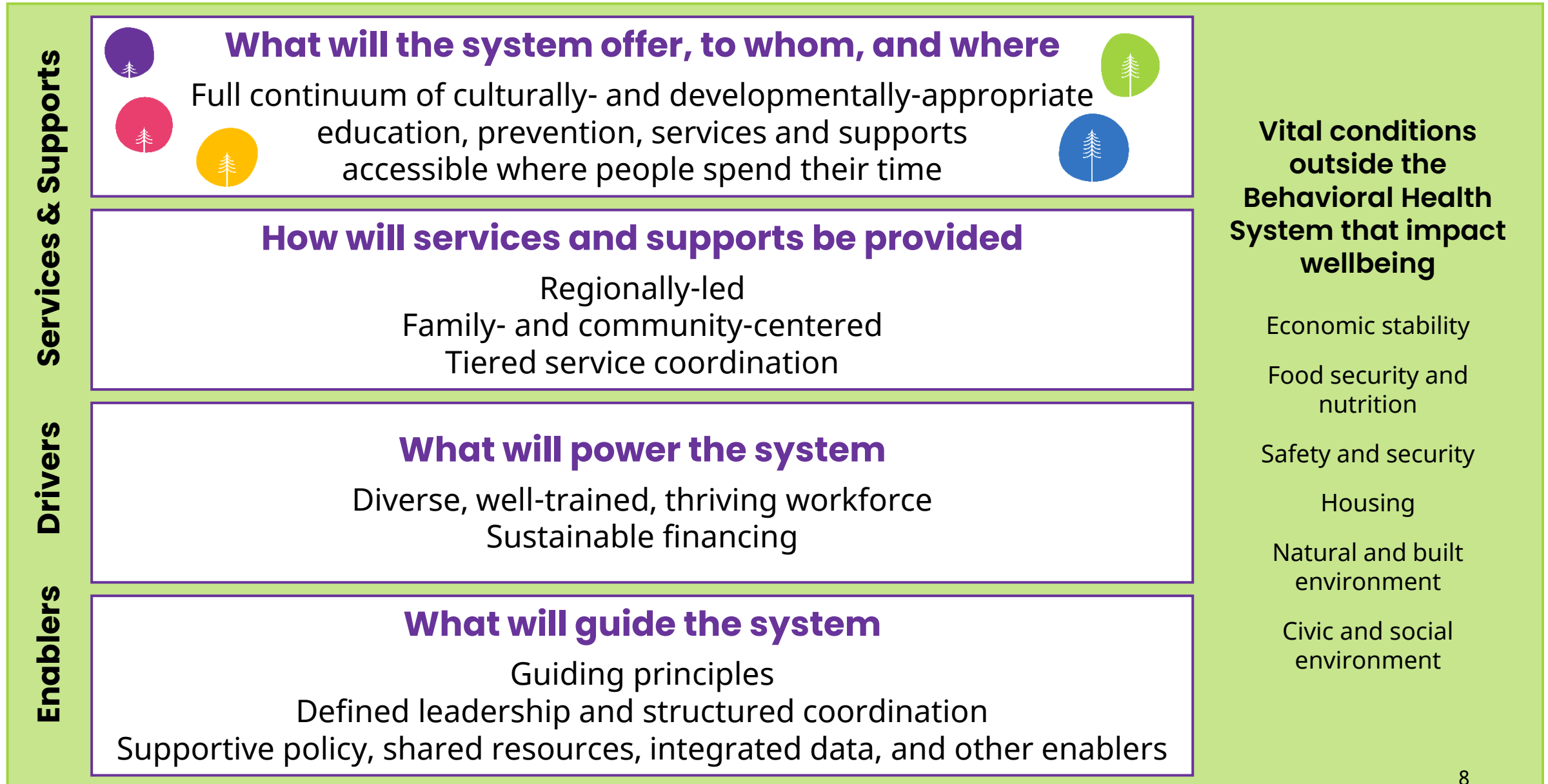
Contribute to 1-3 key BHI issues critical to the P-25 Strategic Plan

Identify other continuing and/or urgent BHI issues not championed by others to be considered as Overarching recommendations or Support Items of the CYBHWG

# 2025 Overview



# The Strategic Plan will address these areas





# The Strategic Plan will likely be structured as follows

SECTIONS	CONTENT
Section 1: Introduction	<ul style="list-style-type: none"> <li>Executive summary &amp; letter from co-chairs</li> <li>Washington State context &amp; legislative charge</li> <li>Summary of plan structure</li> <li>Methods &amp; approach (high level)</li> </ul>
Section 2: Current State	Summaries of: <ul style="list-style-type: none"> <li>current landscape (supply &amp; demand)</li> <li>bright spots in Washington's system</li> <li>gaps, barriers, &amp; challenges</li> </ul>
Section 3: Vision for Washington's P-25 BH System of Care	<ul style="list-style-type: none"> <li>Washington Thriving's purpose &amp; vision</li> <li>Thesis statement: Ideal vision for the P-25 BH system</li> <li>System of Care components and principles</li> </ul>
Section 4: Strategic Recommendations <i>Relevant to today's discussion</i>	<ul style="list-style-type: none"> <li>Early prototype currently includes 17 recommendations &amp; 52 sub-recommendations under 7 categories</li> </ul>
Section 5: Next Steps	<ul style="list-style-type: none"> <li>High level roadmap (sequence, pace, where to start)</li> <li>Measuring success over time: indicators &amp; data dashboard</li> </ul>
Annexes	<ul style="list-style-type: none"> <li>Activities undertaken in SP planning process</li> <li>Inputs to SP</li> <li>Register of involved parties with heat maps/disaggregation</li> <li>Backlog of specific recommendations</li> <li>Bibliography, relevant literature references</li> <li>Definitions &amp; acronyms</li> </ul>

WORK IN PROGRESS  
NOT FOR CIRCULATION

# Work-in-Progress: Recommendation Areas (1/2)

WORK IN PROGRESS  
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## I. STRATEGIC SYSTEM LEVEL

- A. **Establish Clear System Leadership & Coordination:** Create defined leadership and coordination requirements at state, regional, and local levels
- B. **Develop Comprehensive System Infrastructure:** Support P-25 Behavioral Health system with data integration, service standardization, technology, and quality management

## II. UNIVERSAL EDUCATION, PROMOTION, & PREVENTION

- A. **Invest in Behavioral Health Promotion, Education, & Universal Prevention:** Invest in population-level education, promotion, wellness, and prevention

## III. AGE/STAGE-SPECIFIC SERVICE DEVELOPMENT

- A. **Support Prenatal to Age 5:** Focus on early development, prevention, intervention, and holistic family supports
- B. **Enhance School-Age Services (6-17):** Build behavioral health literacy, wellness, and resilience through school-based services
- C. **Create TAY-Specific Service Set (18-25):** Develop comprehensive transition age youth service set

## IV. SERVICE CONTINUUM DEVELOPMENT

- A. **Strengthen Early Identification Systems:** Develop comprehensive early identification and support systems with pre/post-diagnosis support
- B. **Expand Service Array Options:** Build comprehensive System of Care addressing specific gaps and needs
- C. **Strengthen Crisis & Acute Care:** Enhance crisis response infrastructure and stabilization services
- D. **Build Recovery & Support Services:** Provide sustained community-based support post-treatment/crisis

# Work-in-Progress: Recommendation Areas (2/2)

WORK IN PROGRESS  
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## V. FAMILY WELLBEING SUPPORTS

### A. Provide Familial Support through Young Person's BH Journey:

Provide comprehensive support through the diagnosis, treatment, and recovery journey

### B. Support Overall Health & Wellness of Family & Caregivers: Address the needs of caregivers and the whole family

## VI. CROSS-CUTTING SYSTEM REQUIREMENTS

### A. Develop a Diverse, Well-Trained Workforce in Sufficient Number:

Invest in diverse, well-trained workforce meeting P-25 population needs

### B. Transform Financing & Payment Mechanisms: Redesign funding ecosystem with sustainable revenue sources and payment models

## VII. CROSS-CUTTING SERVICE REQUIREMENTS

### A. Ensure Cultural & Linguistic Competency: Build culturally and linguistically competent services across the continuum

### B. Ensure Trauma-Informed Care: Implement comprehensive trauma-informed strategy throughout system

### C. Health Equity Focus: Reduce/eliminate disparities across demographic factors through system design and service delivery

## Key themes emerging for BHI -specific Strategic Plan recommendations

- Expanding integrated primary care as the foundation of a coordinated, tiered system of care
- Implementing integrated care to reduce fragmentation of services for families whose children have co-occurring needs
- Implement universal early screening and supports at the onset or early stages of symptoms with appropriate tech/protocols
- Establish a system of measurement/outcomes for BH integration quality assurance, scale & implementation modeling without creating heavy admin burden
- Increase access to and capacity of diversified cross-system navigation supports
- Strengthen cross-system coordination between pediatric care, families, community supports, and schools