



Children and Youth Behavioral Health Work Group – Youth and Young Adult Continuum of Care (YYACC) Subgroup

October 21, 2025

Glossary of Terms

YYACC: Youth and Young Adult Crisis Continuum

YAC: Youth Advisory Committee

ASD: Autism Spectrum Disorder

IDD: Intellectual and Developmental Disabilities

BHC: Behavioral Health Catalyst

CAPS: Central Assessment of Psychosis Service

FIT: Family Initiated Treatment

FYSRT: Family, Youth and System Partner Round Table

MRSS: Mobile Response Stabilization Service

FIT: Family Initiated Treatment

IEP: Individualized Education Program

SMI: Severe Mental Illness

SUD: Substance Use Disorder

WISe: Wraparound with Intensive Services

Meeting Topics

Welcome, Agenda, CYBHWG Recap

Statements of Support Working Session

Next Steps

Children and Youth Behavioral Health Work Group (CYBHWG) 10/14 Meeting Recap

1. Michelle Karnath (YYACC lead) provided an update on the October 14th meeting that combined the Children, Youth Behavioral Health Work Group.
 - a. Three recommendations from the YYACC subgroup were advanced:
 - i. Bridge housing (preserve and protect) - approved as a Legacy Recommendation.
 - ii. Mandatory training for WISE providers on Autism Spectrum Disorder (ASD), Intellectual and Developmental Disabilities (IDD), and externalizing behaviors - approved as a New Recommendation.
 - iii. Family-initiated treatment Task Force will be included in the report as an Additional Recommendation.
 - b. The CYBHWG also reached consensus to move forward the Washington Thriving Strategic Plan (prenatal through age 25) as the Primary Recommendation in the CYBHWG Annual Report.



Statements of Support (SoS) Working Session

The group discussed the process and purpose of statements of support, which are due November 3rd. Key clarifications included: Statements of support are intended to endorse work being advanced by external organizations or agencies outside of the CYBHWG that aligns with CYBHWG efforts and mission. SoS differ from the recommendations already submitted by the subgroup and organizations can submit proposed statements for the subgroup's consideration. The subgroup will vote on whether to support items before submission to the full work group.

1. DCYF Critical Incidents Response Decision Package:
 - a. A statement was submitted supporting the Department of Children, Youth and Families' decision package addressing the 70% increase in critical incidents (maltreatment-related child fatalities or near fatalities) between 2021 and 2024. The package proposes investments in:
 - i. Plan of Safe Care community pathways for families with substance-exposed newborns
 - ii. Wraparound family supports through family resource centers.
 - iii. Referral system development for a "No Wrong Door" experience
 - b. The group noted that many elements relate to infant and maternal mental health, suggesting potential collaboration with the P-5 subgroup on this statement. Additional review of the full decision package was requested before finalizing support.
2. The group also discussed the following topics but were not considered applicable as Statements of Support of because they were either already a legislative recommendation from the CYBHWG or there isn't current work being done on them:
 - a. Support for strengthening OSPI statewide guidance and establishing minimum expectations for behavioral health supports in schools. (Legislative Recommendation)
 - b. Family-Initiated Treatment for Adolescents Taskforce (Legislative Recommendation)
 - c. Restraint and Isolation Legislation (House Bill 1479) (No work currently being done toward this)

Next Steps

1. Final Statements of Support from subgroups are due on November 3rd. CYBHWG will be convening on November 12th to review Statements of Support for inclusion in the Annual Report.
2. The subgroup's next meeting is to be determined. *If you are not already on the YYACC mailing list and would like to be added, you can email cybhwg@hca.wa.gov indicating your preference.*