



## Children and Youth Behavioral Health Work Group – Youth and Young Adult Continuum of Care (YYACC) Subgroup

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*April 10, 2025*

### Glossary of Terms

CAPS: Central Assessment of Psychosis Services

CYBHWG: Children and Youth Behavioral Health Work Group

FYSPRT: Family Youth System Partner Round Table

HCA: WA Health Care Authority

PAL: Partnership Access Line

RUBI: Research Units in Behavioral Intervention

TAY: transition age youth

UW: University of Washington

### Meeting Topics

Session Updates

Washington Thriving updates & cohesion

Group Discussion on emerging YYACC recommendations and input received to-date

Align on preliminary priorities of interest

### Discussion Summary

#### Session Updates

1. None of the items YYACC moved forward in the Children and Youth Behavioral Health Work Group (CYBHWG) were included in this year's budget, including the Research Units in Behavioral Intervention (RUBI) Parent Training Program Pilot, the expansion of the Bridge Housing Program, development of an advisory committee for Recovery High Schools expansion, or funding for Central Assessment of Psychosis Services (CAPS).
2. Representative Davis moved forward a bill on certified peer support specialists. The bill was heard in the Ways and Means Committee on April 4, 2025, and scheduled for executive action on April 8, 2025.
3. The contract for BH360, the initiative to stand up a parent portal to expand access to resources for parents, caregivers and families, and championed by Representative Eslick, was signed two weeks ago and the funds are being released so it can move forward.
4. [HB 1811](#) has been amended to become [SHB 1811 \(2025\)](#), and now includes a directive to the University of Washington (UW) School of Social Work to establish a crisis responder training academy, and specifies requirements for the curriculum. The bill was heard in the Ways and Means Committee on April 4, 2025, and was scheduled for executive action this past Monday.
5. [HB 2038 \(2025\)](#), a bill to create a tax to help fund behavioral health telehealth for school aged youth, was heard in the Finance Committee this past week.



6. [SHB 1272 \(2025\)](#), introduced to extend the timeline of [2SHB 1580 \(2023\)](#), is continuing to move forward. Some updates on implementation include:
  - a. The team created to help children stuck in hospitals by coordinating resources and services is working well, with great success in improving the process of getting kids and families what they need, and a high rate of referrals from Seattle Children's.
  - b. The Seattle Children's team also launched a [psychiatric urgent care clinic](#), which is up and running and serving the community well.
  - c. [1580's first report to the state legislature](#)

## Washington Thriving Updates & Cohesion

1. Julia Kemner (Behavioral Health Catalyst) discussed [Washington Thriving](#) and its relationship with the CYBHWG, including the following (see slides for more detailed information):
  - a. A review of Washington Thriving – the effort to develop a statewide prenatal-through-age-25 behavioral health strategic plan, due to the Legislature on November 1<sup>st</sup>.
  - b. The project's organizational structure, including the Washington Thriving Advisory Group and Discussion Groups, and the partnership with the CYBHWG and subgroups.
  - c. Current context around the constrained fiscal environment, and federal and local administration and policy changes.
  - d. The proposed approach for the CYBHWG's priority this year – to provide input to and approval of the P-25 Strategic Plan.
  - e. The preliminary session goals:
    - i. Identifying and narrowing the YYACC subgroup scope to focus on the highest priorities
    - ii. Identifying opportunities for expanded community engagement to inform the development of inputs to Washington Thriving
  - f. The goals for the year:
    - i. Contributing 1-3 key YYACC issues critical to the P-25 Strategic Plan
    - ii. Identifying other continuing and urgent issues to be considered as overarching recommendations or support items of the CYBHWG
  - g. An overview of the 2025 subgroup process and timeline.
  - h. An overview of the Strategic Plan framework, including the services and supports that will be provided, and drivers and enablers of the system.
  - i. A review of the structure of the Strategic Plan, which includes a number of recommendations and sub-recommendations under 7 categories for behavioral health system improvement.
  - j. Discussion about Washington Thriving and the subgroup process for 2025 included the following:
    - i. This year, the work group is trying to reduce individual recommendations and rather create a foundation for cohesive and coordinated recommendations for the developing strategic plan, while holding space for continuing priorities for overarching and supplemental recommendations.
    - ii. Ensuring data from the Family Youth System Partner Round Table (FYSPRT) Needs Assessments and other community and statewide networks' inputs are included in this effort.



## Group Discussion on emerging YYACC recommendations and input received to-date

1. Subgroup members participated in breakout rooms to discuss the YYACC/FYSPRT Strategic Plan Input and key themes emerging for YYACC-specific Strategic Plan recommendations, including the following:
  - a. Creating transition age youth (TAY)-specific service set
  - b. Strengthening care for crisis, acute, and long-term needs
  - c. Building recovery and support services
2. The discussion groups highlighted the following key themes from their conversations:
  - a. The need to replace the term "recovery" with more inclusive language like "post-treatment stabilization" and "wellness development" or "family health."
  - b. The importance of addressing the developmental capacity for consent, especially for youth with conditions like fetal alcohol spectrum disorder.
  - c. The need to expand services intentionally to populations currently lacking access, such as those with autism or intellectual disabilities.
  - d. The importance of peer support and the need for proactive measures rather than reactive ones.
  - e. The need for supportive recovery and education on available community resources and insurance coverage.
  - f. The need for care coordination for transitional age youth, especially those aging out of foster care.
  - g. The challenges of engaging youth with complex behavioral health issues.

## Wrap Up and Next Steps

1. The subgroup will plan to meet again May 8 3:30-5:30.
2. The subgroup leads will be presenting preliminary findings from this meeting and other outreach efforts on inputs to the emerging recommendations to the Washington thriving team and the work group.
3. The subgroup will continue developing focus areas for inputs to the strategic plan for delivery at the end of July.