



Children and Youth Behavioral Health Work Group – Youth and Young Adult Continuum of Care Subgroup

March 14, 2024

Glossary of Terms

FIT: Family Initiated Treatment

FYSPRT: Statewide Family and Youth Supports Round Table

HCA: Washington State Health Care Authority

NEMTs: Non-Emergency Medical Transport services

WISe: Wraparound with Intensive Services Washington

Meeting Topics

Recap of session

Guided feedback session: [Family Initiated Treatment \(FIT\)](#), Enos Mbajah, HCA

Look-ahead to 24/25

Discussion Summary

Session Recap

*Items with an ****asterisk** are YYACC-specific recommendations.*

- **[PASSED]** [House Bill 2256](#) (ESHB 2256). (Overarching CYBHWG recommendation)
 - Ask: Update House Bill 1890 (2022) to reflect current work plan for the P-25 Behavioral Health Strategic Plan.
 - Legislation: ESHB 2256 Addressing children and youth behavioral health work group.
 - Extends development of the strategic plan through August 1, 2025;
 - Extends the mandate of the workgroup to 2029; and
 - Adjusts work group membership, introduces term limits, increases youth representation, and adds an Educational Service District (ESD) representative.
 - Budget: Senate Bill 5950 ([ESSB 5950](#)), Sec 215 (78), pg. 394. Funds are provided to extend strategic plan development through 2025.
- **[PASSED]** Continue to finance behavioral health care coordination as performed by community health workers (CHWs)
 - Senate Bill 5950 ([ESSB 5950](#)), Sec 215 (43)(a)(b), pg. 323
- **[DROPPED]** ****Ensure equitable access to and realize the intended outcomes of intensive programs serving youth and young adults with the most complex behavioral health needs.**
 - Work Group Ask:



- Allocate funds and direct a task force to recommend concrete solutions to current challenges with access and implementation by December 31, 2024;
- Remove the substance-use disorder (SUD) eligibility requirement of HOST to expand access; and
- Increase funding to achieve parity across these programs while creating accountability for program effectiveness and accessibility.
- **[RELATED LEGISLATION]** This ask was dropped due to significant legislation called out for PACT via a proposal introduced outside of the CYBHWG. The related budget allocation is as follows:
 - Budget: Senate Bill 5950 (**ESSB 5950**), Sec 215 (5)(a)(b)(c)(d), pg. 358; Funds provided for the continuation of contracting for implementation of high-intensity programs for assertive community treatment (PACT) teams to:
 - Create two new programs;
 - Support current programs to increase and maintain average caseloads to no less than 80 percent of the maximum capacity for full and half teams as established in the WA-PACT program standards; o Establish a rate increase for existing PACT programs;
 - Address administrative costs related to PACT, including training, technical assistance, and assessment services; and
 - Contract for an assessment on the access of young adults to PACT team services
- **[DROPPED]** **Reduce administrative complexities in the Wrap-around with Intensive Services (WISe) program.
 - Work Group ask: Direct the Health Care Authority (HCA) to create parity in clinical auditing practices between physical health and behavioral health providers. Process auditing is particularly burdensome for the Wraparound with Intensive Services (WISe) program. This burden is leading to a shortage of individuals willing to provide WISe services and to instability for youth engaged in this service.
 - *No legislation or budget request was pursued this session. HCA is engaging stakeholders from the Workforce & Rates subgroup to undertake a revision of the WISe reporting requirements, without requiring legislative action. HCA is also actively undergoing the WISe Quality Plan Review.
- **[PASSED]** Deliver and sustain approved funding for BH360 (formerly Parent Portal)
 - WG Ask: Fund development of BH360, previously known as the Parent Portal, by amending the 2023 budget proviso to use state funds for this purpose instead of the federal Mental Health Block Grant (MHBG) funds currently specified in the budget. Federal regulations prevent the use of MBHG funds for early intervention services like BH360, which are essential for preventing behavioral health conditions from escalating.
 - Budget: Senate Bill 5950 (**ESSB 5950**), Sec 215 (104), pg. 402



- Funding is provided to continue work with the convener, Rprime Foundation, of the Washington State children's behavioral health statewide family network to develop a parent online resource platform, known as BH360.
- **[PASSED]** Accelerate the adoption of technological innovations across the behavioral health continuum of care
 - *Additional recommendation proposed by YYACC and championed by YYACC co-lead, Representative Davis*
 - Budget: Senate Bill 5950 (**ESSB 5950**), Sec 215 (134), pg. 414
 - Funding provided for HCA to develop a request for information to identify and make recommendations on digital technologies that can be used for supporting youth and young adult behavioral health support services; and
 - HCA to convene a panel of experts to evaluate responses and submit a report recommending technologies and their associated costs by June 30, 2025.
- **[PASSED]** Amend Senate Bill 5120 to allow youth services in 23-hour crisis relief centers.
 - *Support item of YYACC*
 - Legislation: Senate Bill 5853 (**SB 5853**)– Extending the crisis relief model to provide behavioral health crisis services for minors.
 - Budget: Senate Bill 5950 (**ESSB 5950**) Sec 222 (167), pg. 493
 - Funding provided to DOH, in consolidation with HCA and DCYF, to create licensure certification rules for Crisis Relief Centers (CRCs) that provide services to children by March 31, 2025 to implement SB 5853.
- **[PASSED]** Fund The Bridge Residential *proposal by NorthStar Advocates*
 - *Support item of YYACC co-sponsored by YYACC co-lead Representative Eslick*
 - Legislation: House Bill 1929 (**SSHB 1929**) – Supporting young adults following inpatient behavioral health treatment.
 - Establishes the Post-Inpatient Housing Program for Young Adults to provide supportive transitional housing with behavioral health supports for young adults ages 18 to 24 who are exiting inpatient behavioral health treatment.
 - Directs the HCA to administer the program by providing funding to community-based organizations to operate at least two residential programs (one in western WA and one in eastern WA) with six to ten beds each to serve eligible participants for up to 90 days
 - Budget: Senate Bill 5950 (**ESSB 5950**), Sec 215 (123), pg. 410
 - Funding provided to implement the program in accordance with SSHB 1929.
- **[PASSED]** Non-Emergency Medical Transport (NEMTs) (HCA decision package)
 - *Support item of YYACC introduced by FYSPT*
 - Budget: Senate Bill 5950 (**ESSB 5950**), Sec 211 (97), pg. 347



- \$7 million is provided for HCA to increase the non-emergency medical transportation broker administrative rate to ensure access to health care services for Medicaid patients.

Family Initiated Treatment (FIT) feedback session

- HCA staff led a feedback session with YYACC participants with guiding questions, viewable in the slide deck.
- Participants were invited to share feedback via chat or via email for collection, as well as verbally if they would like dialogue.
- HCA staff welcome additional feedback via hcafamilyinitiatedtreatment@hca.wa.gov.
- All responses will be kept confidential.
- Concerns were raised about complexities with accessing FIT in CLIP and SUD treatment; provider and family knowledge of FIT; and the importance of FIT in cases of anasignoa.
- HCA welcomes requests for in-person trainings; requests can be directed to the above email.
 - One of the agency's goals is to expand trainings available to providers and families.

Look Ahead: 24/25 YYACC Schedule

Thursday April 11 4-5:30 PM

Thursday May 9, 4-5:30PM

Thursday June 13, 4-5:30 PM

Thursday July 11, 4-5:30 PM

Tuesday July 23, 4-5:30 PM

Thursday August 8, 4-5:30PM

Tuesday August 27, 4-5:30 PM

Thursday September 12, 4-5:30 PM

Tuesday September 24, 4-5:30 PM

Thursday October 10, 4-5:30PM

Thursday November 14, 4-5:30 PM

Thursday December 12, 4-5:30 PM