Children and Youth Behavioral Health Work Group – Workforce and Rates

CYBHWG Workforce and Rates Notes

Leads: Representative Mari Leavitt, Hugh Ewart, Laurie Lippold

Review/Recap

Highlights

• Received close to $50 million for a 7% rate increase effective 1-1-23
  o Directed payment language was included in legislation to ensure that it gets passed on through the MCOs to providers.
• $600k for exploration and implementation of alternative payment models like Certified Community Behavioral Health Clinics (CCBHCs).
• 5 million in bridge funding for current CCBHCs in Washington state as the federal grant ends this year.
  o Funding can also be used to secure actuarial expertise for research into national models and to obtain technical assistance from the National Council for Mental Wellbeing CCBHC’s success center.
• $20 million to provide 7% rate increase for services not covered by Medicaid
  o Funding can be used for crisis services, room and board, and secure withdrawal facilities.
• Startup costs for behavioral health integration
  o Proviso passed, $2 million for startup costs for pediatric clinics that demonstrate readiness.
  o Goal: Fund 10 clinics at around $200K per clinic (one-time grants).
  o Clinics with a significant Medicaid population will be prioritized.
  o Grants can be used for, among other things, staff training and on-boarding, IT infrastructure, and tracking outcomes.
• Certified peer specialists – Bill did not pass
  o Individuals with commercial care have no access to youth and parent peers.
  o Currently, peers are tethered to community behavioral health settings, which are unable to bill for peer services.
• Community Health Workers
  o Budget funded 50 community health workers providing support services in primary care clinics, beginning 1/1/2023, and continuing for 2 years.

Moving Forward

Highlights

• Network Adequacy – Access survey
  o 2 surveys; one for providers and one for families.
  o Access survey is the first step in identifying barriers between behavioral health systems and the ability to access services.
  o Surveys will be distributed this month.
  o Seeking feedback from young people and family members with lived experience, so members please forward to those you know.
988 Update
Matthew Gower, Health Care Authority (HCA), and Bethany Mizushima, Department of Health (DOH)

Highlights
- HCA and DOH are collaborating to move the work of HB 1477 forward, which includes the 988 line.
- The 988 line is a federal initiative spearheaded by SAMHSA.
- The 988 line reduces barriers by allowing people to contact the national suicide hotline.
  - Local crisis lines and services will stay in place.
  - There will also be a tribal-specific line in July 2022.
  - Across the nation the text and chat suicide hotline will increase capacity in July 2022 to accommodate.
- The 988 line is already connected and available for some carriers.
- The goal is to have every carrier connected starting in July 2022.
- HB 1477 creates a Crisis Response Improvement Strategy committee that will be making recommendations for legislation.
  - Goal: set up a technical and operational plan allowing the caller from 988 to be connected to services seamlessly.

Brief Updates
- HB 1890, Strategic Plan passed, so be thinking about the work that brings to the subgroup.
- SB 5793 passed, this includes providing stipends to people with lived experience.

Chat
- Behavioral Health Apprenticeship information: https://healthcareapprenticeship.org/bh-apprenticeships/ and https://healthcareapprenticeship.org/faqs/

Action Items
- Subgroup members to send Laurie identified networks or groups to receive the access survey.
- Subgroup members Bring preliminary thoughts regarding 2022 subgroup work to April 20th meeting.
Attendees
Fernando Anusha, Molina Healthcare
Kevin Black, Legislative staff
Marci Bloomquist, Community Health Plan of Washington (CHPW)
Thalia Cronin, CHPW
Hugh Ewart, Seattle Children’s Hospital
Kiki Fabian, Health Care Authority (HCA)
Elias Hawa, CHPW
Robert Hilt, Seattle Children’s Hospital
Kristin Houser, Parent Advocate
Marissa Ingalls, Coordinated Care
Mark James, Rod’s House
Todd Jensen, HCA
Barbara Jones, Office of the Insurance Commissioner (OIC)
Laurie Lippold, Partners for Our Children
Joan Miller, Washington Council for Behavioral Health
Bethany Mizushima, Department of Health (DOH)
Liz Nelson, Washington Association of School Social Workers (WASSW)
Julia O’Connor, Washington Council for Behavioral Health
Avery Park, University of Washington
Steve Perry, HCA
Colina Sagung, HCA
Sheryl Schwartz, Harborview Medical Center
Samantha Slaughter, Washington State Pharmacy Association (WSPA)
Beth Tinker, HCA
Alex Wehinger, Washington State Medical Association (WSMA)
Larry Wissow, Seattle Children’s Hospital