

# Children and Youth Behavioral Health Work Group – Workforce & Rates (W&R) Subgroup

October 22, 2025

## **Glossary of Terms**

W&R: Workforce & Rates Subgroup

ASD/IDD: Autism Spectrum Disorder/Intellectual and Developmental Disabilities

BHC: Behavioral Health Catalyst BHA: Behavioral Health Agency

CCBHC: Certified Community Behavioral Health Clinic

CHW: Community Health Worker DOH: Department of Health FIT: Family Initiated Treatment FTE: Full Time Employee HCA: Health Care Authority ITA: Involuntary Treatment Act PAL: Partnership Access Line UW: University of Washington SoS: Statement of Support

WAC: Washington Administrative Code WISe: Wraparound with Intensive Services

## **Meeting Topics**

Welcome & Agenda Updates from Children and Youth Behavioral Health Work Group Meeting Statements of Support Working Session Future Planning Next Steps & Close

## **Discussion Summary**

## **Updates**

Renee Fullerton and Hugh Ewart (Workforce and Rates Subgroup Leads) shared updates on CYBHWG 10/14 Meeting. The full work group voted on 2026 legislative priorities and recommendations on October 14th. The recommendations were organized into several categories:

#### Final Decisions:

- 1. Members approved the Washington Thriving Strategic Plan for submission to the Legislature on Nov 1.
- 2. Members approved advancing the recommendations below in the following categories:
  - a. Primary Recommendation: Washington Thriving Strategic Plan
  - b. Overarching Legacy Recommendations



- i. Fund CCBHC implementation
- ii. Restore PAL funding
- c. Protecting and Building on Legacy Recommendations
  - i. Maintain state investments in school BH
  - ii. Preserve existing Bridge Housing sites
  - iii. Conditional scholarships and longitudinal study
  - iv. Commercial coverage for pediatric CHWs
  - v. Behavioral health teaching clinic designation and enhancement rate
- d. Top Priority New Recommendations *These were consistently ranked as the top 3 recommendations across three different voting approaches.* 
  - i. Strengthen statewide guidance on school BH
  - ii. Suspend consideration of leg impacting DOH credentialing
  - iii. Mandatory training for WISe to support youth with ASD/IDD
- e. Additional Recommendations
  - i. Technical Assistance & Training Network
  - ii. Convene an Advisory Group to improve FIT and ITA implementation

#### W&R Discussion on CYBHWG meeting outcomes:

- 1. Significant concerns were raised about the extensive and unfunded training requirements for behavioral health providers, particularly:
  - a. The WISE training for ASD/IDD was noted as an unfunded mandate that could burden providers already facing hundreds of hours of required trainings
  - b. Certified peer support specialists on crisis teams face approximately 136-156 hours of required training
  - c. Ruby training for autism services costs \$500 for parents, creating accessibility barriers for families in crisis
  - d. A parent shared personal experience about the need for better access to specialized training for families with children with complex needs
- 2. Further discussion:
  - a. Need for a comprehensive assessment of all child and adolescent behavioral health training requirements
  - b. Evaluation of training effectiveness and evidence base
  - c. Alternative financing mechanisms to reduce burden on providers
  - d. Allowing agencies to provide trainings internally when they have capacity, rather than requiring repeated state-mandated trainings
  - e. Creating pathways for families in crisis to access training through scholarships or priority placement
  - f. The group noted the challenging fiscal environment for the 2026 legislative session and acknowledged that some recommendations may require additional socialization before securing funding in future years.

### **Statements of Support Working Session**

1. No statements of support were brought forward to the W&R Subgroup for consideration for the 2025-2026 Legislative Session.



## **Future Planning**

- 1. The group will prioritize examining training requirements profession during the 2026 interim as a part of alleviating Administrative Burden.
  - a. Consider how these issues fit within the Washington Thriving strategic plan implementation and governance structures

## **Next steps**

- 1. Co-leads will coordinate before the legislative session regarding advocacy and lobbying efforts for the Subgroup's priorities.
- 2. The subgroup's next meeting is to be determined. If you are not already on the W&R mailing list and would like to be added, you can email cybhwg@hca.wa.gov indicating your preference.