

School-based Behavioral Health and Suicide Prevention Subcommittee

Of the Child and Youth Behavioral Health Work Group

2024 Kickoff! – 4.17.24



Washington Office of Superintendent of
PUBLIC INSTRUCTION



Vision

All students prepared for post-secondary pathways, careers, and civic engagement.

Mission

Transform K–12 education to a system that is centered on closing opportunity gaps and is characterized by high expectations for all students and educators. We achieve this by developing equity-based policies and supports that empower educators, families, and communities.

Values

- Ensuring Equity
- Collaboration and Service
- Achieving Excellence through Continuous Improvement
- Focus on the Whole Child



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Equity Statement

Each student, family, and community possesses strengths and cultural knowledge that benefits their peers, educators, and schools.

Ensuring educational equity:

- Goes beyond equality; it requires education leaders to examine the ways current policies and practices result in disparate outcomes for our students of color, students living in poverty, students receiving special education and English Learner services, students who identify as LGBTQ+, and highly mobile student populations.
- Requires education leaders to develop an understanding of historical contexts; engage students, families, and community representatives as partners in decision-making; and actively dismantle systemic barriers, replacing them with policies and practices that ensure all students have access to the instruction and support they need to succeed in our schools.



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Tribal Land Acknowledgment



ONE Logo
by Roger Fernandes
(Lower Elwha Klallam Tribe)

We start today with a land, water, and people acknowledgement. OSPI is here in Olympia, on the traditional territories of the Coast Salish people, specifically the Squaxin Island peoples. We say their name out loud because they are still here today despite the attempted erasure of their language, culture, and bodies. We, as OSPI and the SBBHSP Subcommittee, honor the past, present and future caretakers of these lands and dedicate our work to honor this place they call home. We strive to do so by respecting and affirming tribal sovereignty and culture, working with our tribal governments through the state in government-to-government partnership, and lifting tribal voice in the work of supporting student physical, social, and emotional well-being. We invite you to share the names of the first peoples on whose traditional lands you are joining us from today in the chat.

Agenda: April 17th, 2024

#	Agenda Items	Time	Lead
1.	Welcome	2:30 p.m.	Christian Stark, OSPI
2.	Getting to Know Each Other	2:40 p.m.	In breakout groups: <ul style="list-style-type: none">• Name• Role• What brings you to this work?
3.	Defining School-based Behavioral Health <ul style="list-style-type: none">• Breakout discussion – 20 min• Group share-out – 20 min	3:00 p.m.	In breakout groups: <ul style="list-style-type: none">• What does comprehensive SBBH include?• Who is involved? Who plays a role?• What does it feel like?• What is it not?
4.	Looking forward: Key Updates and Timeline Overview	3:40 p.m.	Christian Stark, OSPI
5.	Public Comment	3:50 p.m.	
6.	Meeting Adjourned	4:00 p.m.	

Group Agreements

Share airtime; make sure all voices have the opportunity to be heard

Stay engaged

Speak your truth

Expect and accept non-closure

Listen with the intent to learn and understand

Assume positive intentions

Disagree respectfully

Clarify and define acronyms

Take care of yourself and take care of others

Ask for clarification

Listen harder when you disagree

Avoid using the phrase "committed suicide," instead refer to it as a cause of death

Person first language

Respect, but don't expect, the sharing of lived experience

**UNDER
CONSTRUCTION**





Welcome Members and Guests

Co-Chairs



Representative My-Linh Thai

Christian Stark, OSPI



Members: Youth & Young Adults w/ Lived Experience



Eliasib Alvarado

Hanna Baker

Keira Gregson

Payton Frank

Pradyu Kandala

Rowan Guerrero

Taanvi Arekapudi

Zoe Barnett



Members: Parents, Guardians, & Family Members with Lived Experience



Arnie Martinez

Byron Smith

Danielle Ouellette

Marcella Taylor

Richelle Madigan

Shawnda Hicks

Valerie Denney

Yahaira Nava



School, District, & Educational Service District Staff

Alice Amaya, Pasco
School District

Brooke Fox, Frank
Wagner
Elementary

David Crump,
Spokane Public
Schools

Devyna Aguon,
Renton School
District

Jeannie M Dodd,
Burlington Edison
School District

Jodie DesBiens,
Northwest
Educational
Service District 189

Joe Neigel,
Monroe School
District

Joseph Soliz,
Granger School
District

Mabel Thackeray,
Quillayute Valley
School District

Megan Howard,
Olympia
Educational
Service District 114

Michelle Sorensen,
Richland School
District

Tabby Stokes,
Vancouver Public
Schools



Members: Health Care Providers & Community-based Organizations



Britnee Harvey, Shine Light on Depression/Erika's Lighthouse

Brook Vejo, Beacon Health Options

Nolita Reynolds, Catholic Community Services

Phyllis M. Cavens, MD, Child and Adolescent Clinic

Sinuon Hem, Asia Pacific Cultural Center



Members: Local Government/Coalition, Managed Care, and Higher Education



Daniel Smith, Community Healthplan of Washington

Delaney Knottnerus, King County, Department of Community and Human Services, Behavioral Health and Recovery

Gina Cabiddu, Kids Mental Health Washington

Renee' Schoening, Whitworth University



Members: Advocacy & Other Professional Staff



Chetan Soni, Washington Youth Alliance & Youth/Young Adult

Elise D Petosa, Washington Association of School Social Workers

Erin Dury, Washington School-Based Health Alliance

Jill Patnode, Kaiser Permanente

Megan Reibel & Rafaela Steen, Forefront Suicide Prevention

Nigar Suleman, WA State PTA

Rayann Silva, University of Washington School Mental Health Assessment Research & Training (SMART) Center



State Agency Staff Supporting the Subcommittee

Office of
Superintendent of
Public Instruction
(OSPI)

Health Care
Authority (HCA)

Office of the
Insurance
Commissioner
(OIC)

Department of
Health (DOH)

Department of
Children, Youth, &
Families (DCYF)

Department of
Social & Health
Services (DSHS)

WA State School
Directors'
Association
(WSSDA)



Children & Youth Behavioral Health Work Group

The CYBHWG recommends legislation and other changes to ensure that behavioral health services for all of Washington's children, youth and young adults, and their families, are:

- Accessible, affordable, effective, timely, and engaging;
- Culturally, linguistically, and developmentally relevant;
- Supportive and affirming of gender orientation;
- Supported by evidence;
- Incorporate tailored innovations, as needed;
- Coordinated across sectors, and tailored and aligned with communities' strengths and needs;
- Integrated whole-person care;
- Normalized as part of everyone's health care;
- Sustainable, with robust capacity and funding;
- Hold the promise of measurably improving health and outcomes; and
- Amply resourced for all children, youth, and young adults.



The CYBHWG is informed by six advisory groups:

Prenatal to Age Five Relational Health Subgroup

Workforce and Rates Subgroup

**School-based Behavioral Health & Suicide Prevention
(SBBHSP) Subcommittee**

Youth & Youth Adult Continuum of Care Subgroup

Behavioral Health Integration Subgroup

P25 Behavioral Health Strategic Plan Advisory Group



Purpose of the SBBHSP Subcommittee

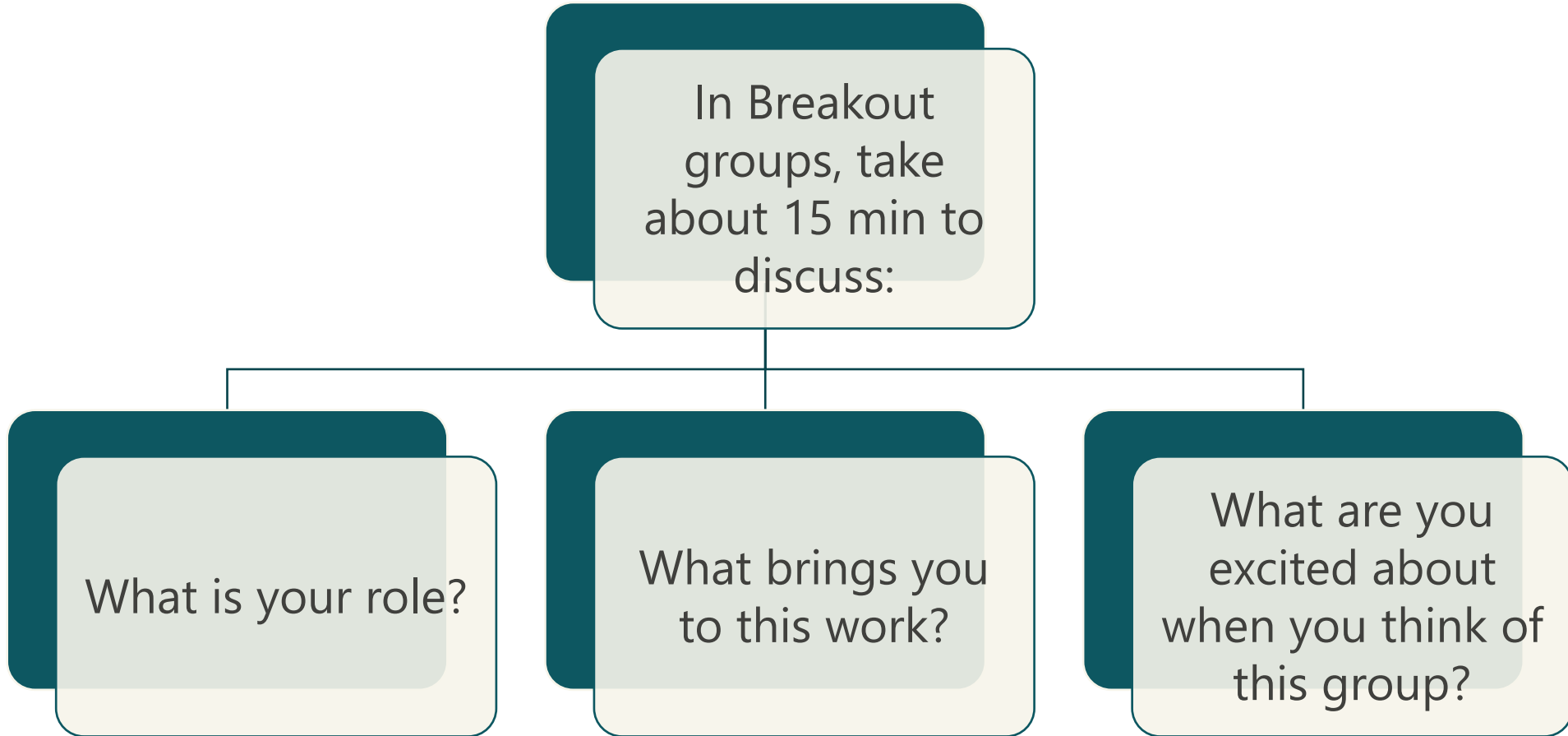
To advise the CYBHWG on creating and maintaining an integrated system of care through a tiered support framework for preschool through twelfth grade school systems defined by the office of the superintendent of public instruction and behavioral health care systems that can:

- Rapidly **identify** students in need of care and effectively link these students to appropriate services
- Provide age-appropriate **education** on behavioral health and other universal supports for social-emotional wellness for all students, and
- **Improve** both education and behavioral health **outcomes** for students.

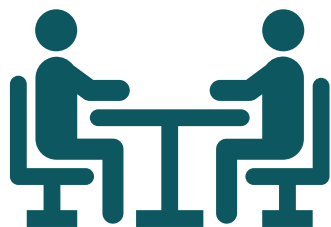
The school-based behavioral health and suicide prevention advisory group shall consider the broader behavioral health issues impacting children, youth, and families, while focusing on the issues that are unique to children and families that interface with schools. The work group co-chairs may invite non-workgroup members to participate as advisory group members.



Group Orientation Exercise



Defining School-based Behavioral Health



Breakout Room Activity (20 minutes)

- What does comprehensive SBBH include?
- Who is involved? Who plays a role?
- What does it look like?
- What does it feel like?
- What is it not?



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What does the group *actually* do?

Bring people together

Monthly meetings with youth & family members, school and community behavioral health staff, advocacy, technical assistance, & other professional staff

Share information

- Highlight promising practices, share relevant data and information on system supports, and identify ongoing gaps in the system

Recommend policy changes

- Create annual recommendations to the CYBHWG for improving school-based behavioral health supports for P-12 students and their families in Washington



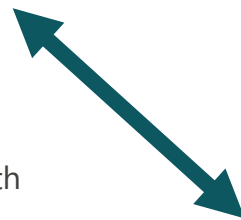
2024 SBBHSP Timeline

2024 Monthly Meeting Dates:

- Wednesday, April 17th
- Wednesday, May 15th
- Wednesday, June 26th
- Wednesday, July 17th
- Wednesday, August 21st
- Wednesday, September 11th
- Wednesday, October 9th
- Wednesday, November 6th
- Wednesday, December 11th

Recommendations Timeline:

- *August 28th* – Subgroups' **draft recommendations due**
- *September 5th* – Subgroups present draft recommendations
- *October 1st* – Subgroups' **final recommendations due**
- *October 14th* – Subgroups present & discuss final recommendations
- *November 4th* – Subgroups' **statements of support due**



*Meeting times to
come!*



2024 Legislative Recommendations

Funding for school districts: Provide funding to school districts to plan, coordinate, and provide school-based supports that address the emergent student mental health crisis.

Mental health training: Provide funding to school districts to provide culturally-responsive mental health & suicide prevention training for school staff and student families.

Designating a lead agency: Designate a statewide leadership authority for student behavioral health and well-being, with a mandate and the funding to ensure student access to comprehensive behavioral health services in school and interconnected community settings.

Access to student mental health education: Fund a state position to serve as a mental health curriculum lead responsive for reviewing, disseminating, and cataloging high-quality mental health literacy curriculum for the P-12 education system.



2024 SBBHSP Statements of Support

**Workforce for
Support
Wellbeing**

**Social Emotional
Learning**

**School-based
Health Centers**

**AESD Behavioral
Health Network**

**WA Homeless
Student Stability
Program (HSSP)**

**Addressing
restraint &
isolation**



2024 Legislative Session Review

Mental health curriculum lead

- \$150,000 for FY25 for OSPI to hire a mental health implementation coordinator

School-based health centers

- Increase of \$500,000 to DOH for FY25 for grant funding and administrative costs for the school-based health center program

AESD Behavioral Health Network

- \$1.2m for FY25 to continue behavioral health regional services grants to support school districts with the least access to behavioral health services

Addressing inclusion and reducing restraint & isolation in schools

- \$5 million allocated to RREI proviso for ongoing PD and training related to inclusionary practices

School mental health screening

- \$120,000 FY24 and \$250,000 FY25 for UW SMART Center to research and report on collection and use of data, including universal screening and other social-emotional, behavioral, and mental health (SEBMH) data, in public schools within the multitiered system of supports and integrated student supports frameworks.



Upcoming Opportunities!

Apply to be a Lead!

- Youth & Young Adult Lead
- Parent/Guardian/Family member Lead
- Legislative Advocacy Lead

Details on these opportunities to come over email!

Workforce Deep Dive:

- Deep dive on behavioral health workforce issues as they relate to school-based services
- Between the May and June SBBHSP meetings

Community engagement:

- Looking to partner with organizations that serve under-represented communities across the state
- Looking to partner with Tribes and other organizations to inform how our work empowers Tribal voice and addresses the needs of Native students



Next meeting

Wednesday, May 15th, 2024

3-5pm



We'd love your feedback!

Link: <https://survey.alchemer.com/s3/7809410/Apr-2024-SBBHSP>

The survey is anonymous, and you are welcome to answer as many, or as few, questions as you'd like

- Responses welcome from members, state agency reps, and public participants!



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