



## Children and Youth Behavioral Health Work Group – Prenatal through Five Relational Health (P5RH) Subgroup

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September 8, 2025

### Glossary of Terms

**BHC:** Behavioral Health Catalyst

**UDS:** Universal Developmental Screening system

**Early ECEAP:** (Birth to three) Early Childhood Education and Assistance Program

**ECEAP:** Early Childhood Education and Assistance Program

**ECLIPSE:** Early Childhood Intervention Prevention Services

**HCA:** WA Health Care Authority

**IECMH:** Infant and Early Childhood Mental Health

**IECMH-C:** Infant and Early Childhood Mental Health Consultation

**PERC:** Perinatal Mental Health & Substance Use Education, Research & Clinical Consultation (PERC) Center

**WSA:** Washington State Association of Head Start and ECEAP

### Meeting Topics

Welcome, Introductions & Agenda

P5RH Updates

Exploring 2026 Legislative Session

Next Steps and Close

### Discussion Summary

#### P5RH Updates

*Kelli Bohanon (P5RH Lead) shared a review of the subgroup's legislative timeline, reviewed the guidelines for the 2026 Legislative Session. Christine Cole (HCA) provided updates on P5RH Community Health workers and Screening Initiatives.*

1. Emerging Legislative Recommendations from subgroups are due on September 18<sup>th</sup>. Final submissions for the 2026 Legislative session are due on October 6<sup>th</sup>.
  - a. Subgroup Support Items for the legislative recommendation are due on November 3<sup>rd</sup>.
2. Christine Cole shared a preview of updates around HCA Screening Initiatives and research on outcomes Community Health Worker services the Prenatal-Age 5.

#### Exploring 2026 Legislative Session

*The subgroup officially decided not to pursue any legislative recommendations for 2026 session due to the state's fiscal environment. The group discussed a few topics that would be useful for highlighting to the Washington Thriving Strategic Plan or as support items for the session.*

1. Reflective Supervision in infant and early childhood mental health work.
  - a. Reflective Supervision and practice can improve workforce retention by allowing for safer dynamics in working and client relationships.



- b. Reflective practice/supervision is associated with prevention of secondary traumatic stress, vicarious trauma.
  - c. Reflective supervision and consultation are forms of reflective practice. They are supportive partnerships that require the establishment and protection of regularly scheduled meetings that emphasize:
    - i. relational safe interactions characterized by respect
    - ii. compassion and trust
    - iii. collaboration between providers and their reflective partners
  - d. Supervisors and consultants support the providers growth, enhances the program quality, strengthen overall practice, and offer a supportive and healing space for providers.
2. **ECLIPSE (Early Childhood Intervention Prevention Services)**: A subgroup member highlighted budget cuts to ECLIPSE programming. While the P5RH subgroup wants to protect and preserve legacy programs as much as possible, the fiscal environment for this legislative session has made it difficult for the group to move forward with a recommendation at this time.

## Next Steps and Close

- 1. P5RH Subgroup decided not to put any legislative recommendations forward for consideration this year and future subgroup meetings will focus on legislative support items.
- 2. We're utilizing a [google drive](#) to collaborate outside of meeting hours
- 3. Next P5RH Subgroup meeting: September 23<sup>rd</sup>, 10:00AM-11:30AM. *If you are not already on the P5RH mailing list and would like to be added, you can email [cybhwg@hca.wa.gov](mailto:cybhwg@hca.wa.gov) indicating your preference.*