



## Children and Youth Behavioral Health Work Group – Prenatal through Five Relational Health (P5RH) Subgroup

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August 27, 2025

### Glossary of Terms

BHC: Behavioral Health Catalyst

UDS: Universal Developmental Screening system

Early ECEAP: (Birth to three) Early Childhood Education and Assistance Program

ECEAP: Early Childhood Education and Assistance Program

HCA: WA Health Care Authority

IECMH: Infant and Early Childhood Mental Health

IECMH-C: Infant and Early Childhood Mental Health Consultation

PERC: Perinatal Mental Health & Substance Use Education, Research & Clinical Consultation (PERC) Center

WSA: Washington State Association of Head Start and ECEAP

### Meeting Topics

Welcome, Introductions & Agenda

Strategic Plan Update and Overview

Legislative Landscape

Next Steps and Close

### Discussion Summary

#### Strategic Plan Update and Overview

*Raili Marks of Behavioral Health Catalyst and Washington Thriving shared and update on how the P5RH Subgroup inputs have been incorporated to the Washington Thriving Strategic Plan.*

1. Strategic Plan Status
  - a. Draft strategic plan has been submitted to the Children, Youth, and Behavioral Health Work Group and Washington Thriving Advisory Group for review.
  - b. [Public summary and video of the draft plan](#) are available for community feedback.
  - c. Joint meeting scheduled for September 18 to discuss feedback and finalize plan before November 1<sup>st</sup> legislative submission.
2. P5RH Contributions to the Strategic Plan
  - a. The subgroup successfully submitted three appendices to the strategic plan on behalf of P5RH. Most recommendations and priorities (except for Perinatal Mental Health which was separately highlighted by Washington Thriving) were included in the submission. Recognition was given to subgroup members who contributed detailed write-ups for the strategic plan process.
  - b. Perinatal Mental Health integration.



- i. Clarification Provided: Perinatal mental health recommendations from the separate convening will be integrated into the strategic plan, though not specifically from the P5RH submission.
    - ii. Feedback Process: Ongoing feedback opportunities available through the subgroup structure.
    - iii. Future Meeting: September 25 meeting scheduled to discuss perinatal mental health implementation.
  - 3. Strategic Plan Content
    - a. Three Strategic Imperatives Outlined
      - i. Infrastructure: Strengthening leadership, coordination, workforce, and sustainable funding.
      - ii. Comprehensive Offerings: Complete array of services and supports across developmental stages (prenatal through age 25).
      - iii. Core Values: Embedding mechanisms and practices to implement system of care values.
    - b. First Initiative Highlight: Perinatal Mental Health and Substance Use
      - i. 12-Month Plan: Development of action plan for family-centered care for pregnant and parenting individuals.
      - ii. Screening Focus: Advancing perinatal mental health and substance use screening in healthcare settings.
      - iii. Integration Emphasis: Coordination across adult and pediatric services for birthing and non-birthing parents.
      - iv. Non-Punitive Approach: Separating treatment pathways from punitive systems to encourage help-seeking.
      - v. UDS System: Confirmed as database for developmental screenings only, does not support referral coordination or adult caregiver screening information.
- 4. Questions and Answers about the Strategic Plan
  - a. Service Integration
    - i. Plan includes integration across adult services for birthing and non-birthing parents
    - ii. Family-centered care approach emphasized
    - iii. Plan of Safe Care considerations referenced in strategic plan
  - b. Scope Clarification
    - i. Perinatal behavioral health encompasses both mental health needs identification and substance use pathways to family-centered care
    - ii. Separate from punitive systems to address fear of CPS involvement
  - c. Implementation Details
    - i. Current initiative articulation is one page in plan
    - ii. Specific implementation roadmap requires additional collaboration and bringing right people together

## Legislative Landscape

*Kristin Wiggins (Perigee Fund) provided an overview of the current legislative landscape to provide broad situational awareness for the subgroup. Conversation included funding history and status of previous subgroup recommendations.*



## Next Steps and Close

1. Kelli Bohanon (P5RH lead) shared slides information about next steps regarding the CYBHWG timeline for the next two months, including initial parameters for submitting P5RHS legislative recommendations for FY2026 (which we will come back to at the next meeting). *See slides under bullets 1a-b.*
  - a. Time will be allotted on the next agenda for group members to bring any ideas or recommendations for the 2026 legislative session.

## Guidelines

Policy Recommendations should do one or more of the following:

- ▶ Advance **First Initiatives** identified in the P-25 Strategic Plan
- ▶ Protect and preserve **legacy programs and policies** advanced through past CYBHWG effort
- ▶ Propose **policy changes aligned with the P-25 Strategic Plan** that do not require new budget allocations

b.

## Timeline

- ▶ **September 8** – P5RH Subgroup Meeting 1:00-2:30 pm
- ▶ **September 9** – Infant-Early Childhood Mental Health Medicaid Presentation 1:00-2:00pm (Optional)
- ▶ **September 23** – P5RH Subgroup Meeting 10:00 -11:30 am
- ▶ **September 18** – CYBHWG meeting – in-person, joint with Washington Thriving Advisory Group
  - Subgroup Leads will share any emerging legislative recommendations.
- ▶ **October 6** – Final subgroup **legislative recommendations due**
- ▶ **October 8** – Subgroup legislative recommendations and Washington Thriving recommendations shared with CYBHWG as pre-read.
- ▶ **October 14** – CYBHWG meeting
  - Subgroup Leads will present final legislative recommendations.
  - CYBHWG will hold a consensus vote to submit the Strategic Plan and will use a combination of voting and discussion to decide which legislative recommendations to put forward to the Legislature in what priority.
- ▶ **November 3** – Proposed **support items due**
- ▶ **November 6** – Proposed support items shared with CYBHWG as pre-read
- ▶ **November 12** – CYBHWG meeting
  - CYBHWG votes to approve support items by consensus.

2. We're utilizing a [google drive](#) to collaborate outside of meeting hours
3. Next P5RH Subgroup meeting: September 8<sup>th</sup>, 1:00PM-2:30PM. *If you are not already on the P5RH mailing list and would like to be added, you can email [cybhwg@hca.wa.gov](mailto:cybhwg@hca.wa.gov) indicating your preference.*