

Children and Youth Behavioral Health Work Group – Prenatal through Five Relational Health (P5RH) Subgroup

June 25, 2025

Glossary of Terms

CNF: Complex Needs Fund CPP: Child Parent Psychotherapy DC:0-5: Diagnostic Classification (of Mental Health and Developmental Disorders of Infancy and Early Childhood) EBP: Evidence Based Practice Early ECEAP: (Birth to three) Early Childhood Education and Assistance Program ECEAP: Early Childhood Education and Assistance Program HCA: WA Health Care Authority IECMH: Infant and Early Childhood Mental Health IECMH-C: Infant and Early Childhood Mental Health IECMH-C: Infant and Early Childhood Mental Health Consultation UW: University of Washington W&R: Workforce and Rates Subgroup WSA: Washington State Association of Head Start and ECEAP

Meeting Topics

Welcome, Introductions & Agenda: Primer Update Breakout Discussions:

- Universal Information, Promotion, Prevention
- Strengthen Early Identification System
- Develop and Maximize Access to Service Continuum
- Recruit and Retain Workforce
- Close out, Next Steps, Share P5RH Timeline

Discussion Summary

Welcome, Introductions & Agenda + Primer Update

- Sandy Diaz (P5RH Subgroup Lead) gave an update on the development of the Primer document. The Primer is being influenced by previous and ongoing conversations taking place during P5RH subgroup meetings with the purpose of providing recommendations to the Washington Thriving Strategic Plan. You can review and contribute comment to the Primer in the P5RH working Google document.
- Kelli Bohanon (P5RH Subgroup Lead) shared the timeline for finalizing the drafting of the Early Life Priorities document (recommendations for the Strategic Plan) with a majority of the work taking place between July 9 and July 22 with a final deadline of July 23.



- a. The document includes four main areas: universal information promotion and prevention, strengthen early identification system, develop and maximize access to service continuum, and recruit and retain workforce.
- b. The recommendations differentiate between short and long-term recommendations in order to best work within the current legislative environment.
- c. For the breakout discussions, subgroup participants were asked to review and collaborate on bettering the current draft within the context of existing plans and frameworks, and identifying areas that may overlap with other subgroup priorities.

Breakout Discussions

- 1. In a series of breakout discussions, participants discussed the Early Life Priorities document that had been shared as a pre-read. The goal of these discussions was to inform further iteration of this document, which will be submitted to Washington Thriving by July 23.
 - a. Universal Information, Promotion, and Prevention
 - b. Strengthen Early Identification System
 - c. Develop and Maximize Access to Service Continuum of Care
 - d. Recruit and retain workforce

Next Steps & Wrap

- 1. We're utilizing a new google drive to collaborate outside of meeting hours. You can find the current Primer document, as well as the Early Life Priorities document under the 2025 materials section, please use comments to provide feedback as you see fit.
- 2. <u>Next P5RH Subgroup meeting</u>: July 9th, 10-11:30AM. *If you are not already on the P5RH mailing list and would like to be added, you can email cybhwg@hca.wa.gov indicating your preference.*