



Children and Youth Behavioral Health Work Group – Prenatal through Five Relational Health (P5RH) Subgroup

June 11, 2025

Glossary of Terms

CNF: Complex Needs Fund

CPP: Child Parent Psychotherapy

DC:0-5: Diagnostic Classification (of Mental Health and Developmental Disorders of Infancy and Early Childhood)

EBP: Evidence Based Practice

Early ECEAP: (Birth to three) Early Childhood Education and Assistance Program

ECEAP: Early Childhood Education and Assistance Program

HCA: WA Health Care Authority

IECMH: Infant and Early Childhood Mental Health

IECMH-C: Infant and Early Childhood Mental Health Consultation

UW: University of Washington

W&R: Workforce and Rates Subgroup

WSA: Washington State Association of Head Start and ECEAP

Meeting Topics

Welcome, Introductions & Agenda

Legislative Debrief – What's Ahead

Infant Early Childhood Mental Health Update

Recapping what happened June 2nd (P5RH Primer + Initial Priorities)

Close out, Next Steps, Share P5RH Timeline

Discussion Summary

Welcome, Introductions & Agenda

1. Sandy Diaz (P5RH Subgroup lead) introduced the newest addition to the support team from Behavioral Health Catalyst—Danae Villarreal, She/Her, Policy Program Associate. Danae will be the point of contact for Subgroup meetings and documentation of P5RH around P5RH's efforts to contribute to the Washington Thriving Strategic Plan. Email danae@bhcatlyst.org with any questions or concerns on the administrative side of the subgroup.

Legislative Debrief – What's Ahead

1. Kristin Wiggins, P5RH Advocacy Lead, provided updates from the legislative session on the priorities that had been [included in the 2025 CYBHWG annual report](#). Kristin reported that the environment of the legislative session was impacted by the budget shortfall and new leadership at all levels of government.



- a. Legacy items that were *not funded* included:
 - i. Expanding Early ECEAP (Birth to three Early Childhood Education and Assistance Program) (p.6)
 - ii. Expanded investment in infant and early childhood mental health consultation (IECMH-C, Holding Hope program) (See Preserved Items Section C.)
 - iii. Expand the ECEAP Complex Needs Fund (See Preserved Items Section C.)
- b. New items that were *not funded* included:
 - i. Expand Maternity Support Services (p.64)
 - ii. Increased family psychotherapy reimbursement rate (p.72)
- c. Preserved Items
 - i. *Holding Hope Preserved 50% of Funds (\$4.354M/biennium was retained)
 - ii. *ECEAP Complex Needs fund—Preserved all but \$198k/biennium in ECEAP CNF
 - 1. Retained \$9.058M/biennium in ECEAP CNF
 - iii. Preserved 75% of Child Care CNF
 - 1. Retained \$15.08M/biennium in CC CNF

Infant and Early Childhood Mental Health Update

- 1. Christine Cole and Kiki Fabian of HCA gave an update on community informed priorities for IECMH for HCA. (Please see the slides for more information)
 - a. Priority 1: Strengthen and support a diverse infant-early childhood mental health workforce
 - b. Priority 2: Ensure equitable access to developmentally appropriate IECMH services for young children. This has been iterative work to help clarify policies to expand access.
 - c. Priority 3: Build person- and community centered IECMH systems. A lot of this work has been informed through community discussion, and they are pursuing growth in this area.
 - d. Priority 4: Achieve value-based, sustainable IECMH care through aligned payments and systems. This is about data driven decisions (paying for care and quality, not just paying for something happening).
 - e. Priority 5: Strengthen cross system alignment to achieve integrated whole person care for young children and their families.
 - f. Statewide Tour Feedback and Future Priorities
 - i. Emphasis on the importance of professional development, culturally relevant screening tools, and infrastructure support.
 - ii. The need for awareness and accessibility of infant and early childhood mental health services was highlighted.
 - iii. Collaboration with allied professionals and funding streams to ensure appropriate payment for care.

Recapping what happened June 2nd (P5RH Primer + Initial Priorities)

- 1. Sandy Diaz and Kelli Bohanon shared updates on the working session that took place with volunteers on June 2nd—the group worked on the P5RH Primer that will be delivered to Washington Thriving at the end of June. June 2nd attendees included Kristin Wiggins, Marcy Miller, Shelley Bogart, Sharon Shadwell, Steven Theibert, MaryAnn Woodruff, Judy King, Nucha Isarowong, Katy Warren, Sarah Pulliam, Sandy Diaz, and Kelli Bohanon. Sandy shared the



following about the Primer and next steps that resulted from the June 2nd conversation and work session:

- a. The Primer helps to center the subgroup's work and inform policy asks for system-level change.
- b. Feedback and revision to the Primer are being implemented online with Kelli and Sandy and will be sent out to the full P5RHS for final feedback before being submitted to WA Thriving by the end of June.
2. In addition to continued refinement of the Primer, the June 2nd workgroup also spent time working on and refining a P5RHS policy container to guide our work moving forward. The proposed container has four overarching buckets with short-term and long-term priorities under each bucket, (please see the slides for further breakdowns of each bucket). The meeting on June 25th will focus on a working session to further flesh-out the priorities within these four areas.
 - a. Universal information promotion and prevention
 - b. Strengthening the early identification system
 - c. Developing and maximizing access to services
 - d. Recruiting and retaining the workforce

Next Steps & Wrap

1. We're utilizing a [new google drive](#) to collaborate outside of meeting hours. Linked here you will find the drive. You can also find [the current Primer document](#), please use comments to provide feedback as you see fit.
2. Next P5RH Subgroup meeting: June 25th, 10-11:30AM and will be a working session to dive further into the Primer and finalize priorities.