

Prenatal to Five notes

Telehealth

- Strengthen telehealth access to make it more responsive and appropriate.
- Provide payment for preventive parent peer support during post-partum period.
- Require and adequately fund PMAD (Postpartum Mood and Anxiety Disorder) screening of all parenting adults. *Reimbursement rate currently \$1.84.*

IECMH

- Endgoal: Reduce expulsions and suspensions, and increase family supports for children ages 0-5
- Looking at supports for existing mental health consultant work force and future efforts to diversify workforce, and increase access to children's MH consultants.
- Preserve existing efforts that are going on.
- *Working on what our ask can be, since we think it's unlikely this will get funded this session.*
- Potential ask: landscape analysis – who's doing what where, what are their consultations, what are there needs? Marginalized communities: What is preventing them from entering the workforce?

IECMH Assessment

- Recommend Medicaid reimburse for 3-5 visits in the home setting.
- Ask is coming before the cost modeling by HCA.

Telehealth Assessment groups not meeting, but people will get asks in e-mail to help co-edit the documents.

Consultation group – meeting next Monday.



Prenatal to 5
Relational
Health
Subgroup

September 8,
2020 Meeting

Agenda

- ✓ Welcome
 - ✓ Breakout introductions
- ✓ Breakouts – Issue Groups
 - ✓ Settle on recommendations
 - ✓ Refine language
 - ✓ Make assignments to complete recommendations
- ✓ Report Out
- ✓ Next Steps





Welcome & Introductions

Say hello and introduce yourself in breakouts (3 minutes)

1. Fathiya Abdi
2. Endelkachew Abebaw
3. Megan Beers
4. Meeghan Bergman
5. Dr. Amritha Bhat
6. Jessica Box
7. Rachel Burke
8. Rep. Lisa Callan
9. Victor Cardenas
10. Gina Cardillo
11. Dr. Christopher Chen
12. Simrun Chhabra
13. Haruko Watanabe Choosakul
14. Diana Cockrell
15. Brent Collett
16. Dr. Marie Celeste Condon
17. La'Quonia Cooper
18. Dr. Ben Danielson
19. Darlene Darnell
20. Mia Edidin
21. Ayan Elmi
22. Jamie Elzea
23. Rep. Debra Entenman
24. Areceli Escarzaga
25. Kimberly Fabian
26. Janet Fraatz

27. Kim Gilsdorf
28. Dorothy Gorder
29. Jon Gould
30. Becca Graves
31. Zach Hall
32. Katrina Hanawalt
33. Kim Harris
34. Libby Hein
35. Renée Hernandez Greenfield
36. Lauren Hipp
37. Julie Hoffman
38. Dr. Nucha Isarowong
39. Byron Jackson
40. Avreayl Jacobson
41. Judy King
42. Elizabeth Krause
43. Jodi Kunkel
44. Garrison Kurtz
45. Erin Lee
46. Litonya Lester
47. MaryAnne Lindeblad
48. Laurie Lippold
49. Edna Maddalena
50. Sandy Maldonado

51. Alicia Martinez
52. Kathryn McCormick
53. Sally Mednansky
54. Jesica Mendoza
55. Lou Olson
56. Monica Oxford
57. Dila Perera
58. Ryan Pricco
59. Sarah Rafton
60. Jennifer Rees
61. Joel Ryan
62. Rep. Tana Senn
63. Sharon Shadwell
64. Mary Smith
65. Paula Steinke
66. Anne Stone
67. Ashley Taylor
68. Beth Tinker
69. Cynthia Turrietta
70. Megan Veith
71. Elisa Waidelich
72. Katy Warren
73. Kristin Wiggins
74. Dr. David Willis
75. Dr. Mary Ann Woodruff
76. Liv Woodstrom

Zoom Tip Share your name and organization

1. Click on "Participants" from the black menu at the bottom of your Zoom window
2. Find your name
3. Click "More"
4. Click "Rename"
5. Enter your name

Breakout - Introductions

*What is on your
mind today?*



Color Brave Space Norms From [Equity Matters Northwest](#)

- 1. Put Relationships First** – *Work to build community and trust with an awareness of power dynamics.*
- 2. Keep Focused on Our Common Goal** – *We care deeply about [insert your mission], especially those who are directly impacted by racism.*
- 3. Notice Power Dynamics in the Room** – *Be aware of how you use your privilege: From taking up too much emotional and airtime space or disengaging.*
- 4. Create Spaces for Multiple Truths and Norms** – *Speak your truth, and seek understanding of truths that differ from yours, with awareness of power dynamics.*
- 5. Be Kind & Brave** – *Remember relationships first and work to be explicit with your language about race, class, gender, immigration, etc.*
- 6. Practice Examining Racially Biased Systems and Processes** – *Individual actions are important, and systems are what are left after all the people in this room leave.*
- 7. Look for Learning** – *Show what you're learning, not what you already know. Avoid playing devil's advocate, the devil has enough advocates.*

Children and Youth Behavioral Health Work Group

Vision: Washington's children, youth, and young adults have access to high-quality behavioral health care.

Mission: Identify barriers to and opportunities for accessing behavioral health services for children, youth and young adults and their families that are accessible, effective, timely, culturally and linguistically relevant, supported by evidence, and incorporate tailored innovations as needed; and to advise the Legislature on statewide behavioral health services and supports for this population.

Important Elements of Work Group Charge:

- Support unique needs of children and youth (prenatally through age 25), including promoting health, and social and emotional development in the context of children's family, community, and culture
- Develop and sustain system improvements to support the 15 behavioral health needs of children and youth

P5RHS Calendar

Date	Actions
August 11	P5RHS meeting <ul style="list-style-type: none">• Issue groups refine prioritized recommendations
From Sept 1	<ul style="list-style-type: none">• Potential budget cuts by State agencies
September 8	P5RHS meeting <ul style="list-style-type: none">• P5RHS finalizes prioritized recommendations
September 18	Draft P5RHS recommendations due to CYBHWG
October 13	P5RHS meeting – Finalize recommendations
October 13	Final P5RHS recommendations due to CYBHWG
October-November	Advocacy agendas finalized
November 1	CYBHWG report due to the Legislature
November 10	P5RHS – Outreach and engagement with advocacy partners
December 8	P5RHS – Outreach and engagement with advocacy partners
January 11, 2021	Legislature starts

Commenting on Draft Recommendations

1. Telehealth

(Garrison) garrison@dovetailing.us

2. Infant & Early Childhood Mental Health Consultation

(Kristin) kwigginsconsulting@gmail.com

3. Developmentally Appropriate Assessment & Care

(Jamie) Jamie@wa-aimh.org



Issue Groups

1. Telehealth (Garrison)
2. IECMH-C (Kristin)
3. Developmentally Appropriate Assessment & Care (Jamie)

- ✓ Select and refine recommendations
- ✓ Make assignments
- ✓ Prepare to report out: *We are recommending ____, which will require __, so that ____.*



Issue Group Recommendations

We are recommending _____, which will require _____, so that _____

#1 Telehealth

✓ X

✓ X

#2 Infant & Early Childhood Mental Health Consultation

✓ X

✓ X

#3 Developmentally Appropriate Assessment & Care

✓ X

✓ X

Wrap Up

 Articulate our next steps

-
1. Convene issue groups
 2. Refine recommendation
briefs



Thank You!

- Stay **healthy**
- **Reach out** to others →
“Distant socializing”, not
“social distancing”
- **Support our heroes** in child
care, emergency services,
health care, food production,
and retail
- **Keep moving** the prenatal to
5 relational health systems
forward!

