

Children and Youth Behavioral Health Work Group

Children and Youth Behavioral Health Work Group (CYBHWG) Notes

April 19, 2022

<input checked="" type="checkbox"/>	Representative Lisa Callan, Co-Chair	<input checked="" type="checkbox"/>	Dr. Robert Hilt	<input checked="" type="checkbox"/>	Michele Roberts
<input checked="" type="checkbox"/>	Keri Waterland, Co-Chair	<input checked="" type="checkbox"/>	Kristin Houser	<input type="checkbox"/>	Joel Ryan
<input checked="" type="checkbox"/>	Hannah Adira (alternate)	<input checked="" type="checkbox"/>	Avreayl Jacobson	<input type="checkbox"/>	Noah Seidel
<input type="checkbox"/>	Javiera (Javi) Barria-Opitz	<input checked="" type="checkbox"/>	Nichole Jensen (non-voting)	<input checked="" type="checkbox"/>	Mary Stone-Smith
<input checked="" type="checkbox"/>	Dr. Avanti Bergquist	<input type="checkbox"/>	Barb Jones	<input checked="" type="checkbox"/>	Representative My-Linh Thai
<input type="checkbox"/>	Tony Bowie	<input type="checkbox"/>	Andrew Joseph, Jr.	<input checked="" type="checkbox"/>	Jim Theofelis
<input type="checkbox"/>	Representative Michelle Caldier	<input checked="" type="checkbox"/>	Kim Justice	<input type="checkbox"/>	Dr. Eric Trupin
<input checked="" type="checkbox"/>	Diana Cockrell	<input checked="" type="checkbox"/>	Michelle Karnath	<input checked="" type="checkbox"/>	Senator Judy Warnick
<input checked="" type="checkbox"/>	Lee Collyer	<input checked="" type="checkbox"/>	Kaur Preet	<input type="checkbox"/>	Lillian Williamson
<input checked="" type="checkbox"/>	Representative Carolyn Eslick	<input checked="" type="checkbox"/>	Judy King	<input checked="" type="checkbox"/>	Claire Wilson
<input checked="" type="checkbox"/>	Dr. Thatcher Felt	<input checked="" type="checkbox"/>	Amber Leaders	<input type="checkbox"/>	Dr. Larry Wissow
<input type="checkbox"/>	Tory Gildred	<input checked="" type="checkbox"/>	Bridget Lecheile	<input checked="" type="checkbox"/>	Jackie Yee
<input type="checkbox"/>	Dorothy Gordor	<input checked="" type="checkbox"/>	Laurie Lippold	<input type="checkbox"/>	
<input checked="" type="checkbox"/>	Summer Hammons	<input type="checkbox"/>	Cindy Myers	<input type="checkbox"/>	

Guest Speaker

Ingrid Ulrey, Department of Health and Human Services (HHS), Region 10 Director

See TVW recording (14:51)

Highlights

- Health and Human Services (HHS) leadership and agencies are deeply committed to health equity.
- Region 10 consists of Washington, Oregon, Idaho, Alaska, and 272 federally recognized tribes.
- Primary duties of HHS are intergovernmental relations and external affairs.
- HHS looks at funding streams and policies, including the interface between state and federal policies.
- A National Mental Health Strategy has been created which includes money that has already been invested, new grants announced by SAMSA and a look forward to signal congress that these are the president’s fiscal priorities.
- Many initiatives from the National Mental Health Strategy are embedded in president’s budget proposal for 2023.
- HHS looks at funding streams, policies, and the interface between state and federal policies.
- Top priorities of HHS region 10:
 - COVID – response and recovery
 - Behavioral health – Mental health and SUD
 - Access to care – Coverage & Access and workforce
 - Heath Across the Life Span – maternal, child and elder
 - Tribal health – government to government relations

Recommendation timeline and process

See TVW recording (46:57); see page 4 for slides

DEI article: Highlights to inform our work

Avreayl Jacobson, King County Behavioral Health and Recovery

See TVW recording (51:50); see page 6 for slide

Article Link: <https://hbr.org/2022/02/do-your-diversity-initiatives-promote-assimilation-over-inclusion>

Legislative Session review

See TVW recording (1:07:56); see page 7 for slides

2022 interim-working toward 2023 session recommendations

See TVW recording (1:22:53)

Update on 988 work & Crisis Response Improvement Strategy (CRIS) Committee

Sen. Manka Dhingra, Rep. Tina Orwall, Betsy Jones (Health Management Associates), & Kashi Arora (Seattle Children's)

See TVW recording (2:04:03); see page 10 for slides

Chat:

Resources

Washington Post Article: Teen overdose deaths are surging to new heights. Where is the outrage?

<https://www.washingtonpost.com/opinions/2022/04/18/teen-overdose-deaths-surg-ing-fentanyl-addiction-crisis/>

#CrisTalk: <https://talk.crisisnow.com/learningcommunity/>

CRIS Website: <https://www.hca.wa.gov/about-hca/behavioral-health-recovery/crisis-response-improvement-strategy-cris-committees>

Public Comment

See TVW recording (2:38:12)

PUBLIC COMMENT from Jerri Clark, PAVE

1. WA Mental Health Summit is Live at UW and virtually on May 17: <https://www.wamhsummit.org/>

2. Children's Mental Health Summit, sponsored by WSCC, is virtual Monday, May 2:

<https://wccsupport.org/event/childrens-behavioral-health-summit/>

Children and Youth Behavioral Health Work Group

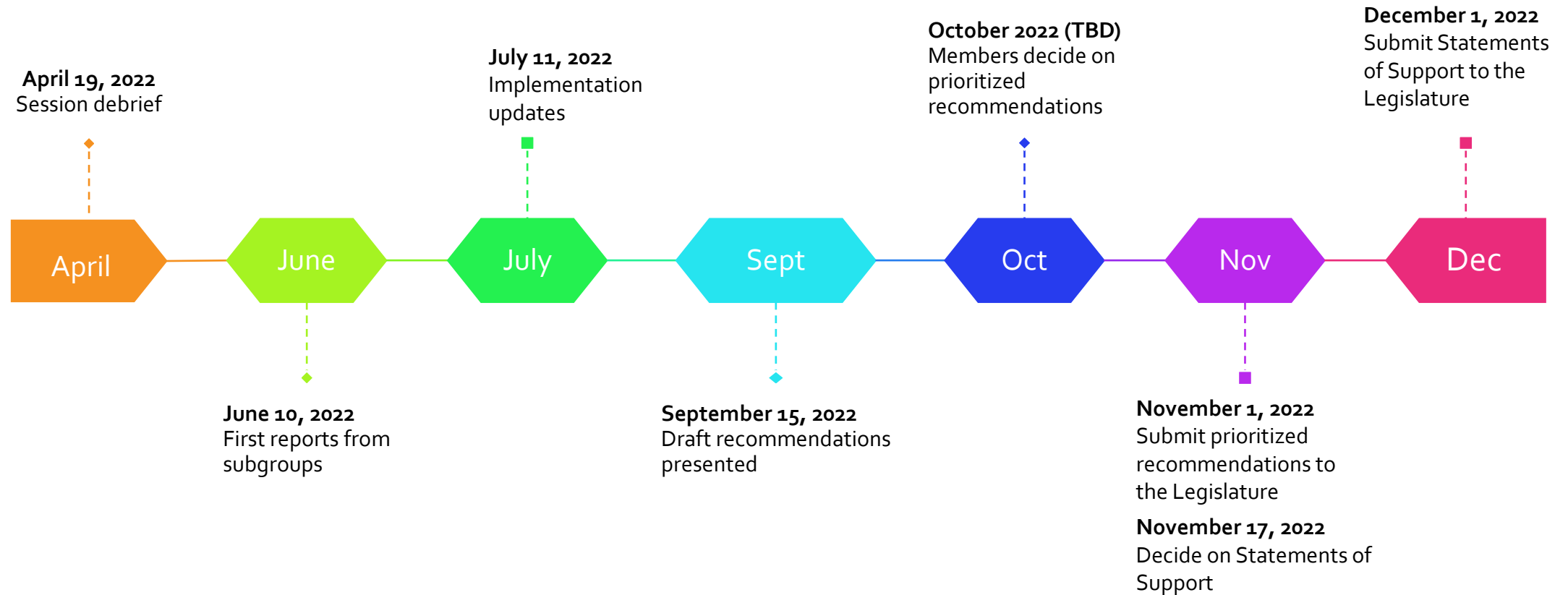
3. PAVE offers a new Behavioral Health toolkit that consolidates information about crisis, school, medical, family-serving agencies, advocacy (i.e. this committee's work) and more: <https://wapave.org/behavioral-health-toolkit-for-navigating-crisis-school-based-services-medical-services-family-support-networks-and-more/>

Attendees

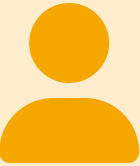
Kashi Arora, Seattle Children's
Kelsey Beck, Kaiser Permanente
Kevin Black, Legislative staff
Marta Bordeaux, Child, and Adolescent Clinic
Karen Brady, Ryther Center for Children & Youth
Mary Beth Brown
Eric Bruns, University of Washington (UW)
Rachel Burke, Health Care Authority (HCA)
Monica Burke, Department of Health (DOH)
Megan Celedonia, Government's Office
Jerri Clark, PAVE
Mary Clogston, Legislative staff
Diana Cockrell, HCA
Christine Cole, HCA
Joe Contris, Community Health Plan of Washington (CHPW)
Thalia Cronin, CHPW
Kiki Fabian, HCA
Mary Sprute Garland
Camille Goldy, Attorney General's Office
Zach Hall, Legislative staff
Mark James, Rod's House
Negheen Kamkar, Washington Association of Community Health
Kelci Karl-Robinson
Erik Kiffe, legislative staff
Chris Ladish, Mary Bridge
Cameron Long, Legislative staff
Ashley Mangum, MultiCare

Pavi Montes, Urban League
Liz, Nelson, Washington Association of School Social Workers (WASSW)
Corban Nemeth
Julia O'Connor, The Washington council
Alice Palosarri, Legislature
Nelson Rascon, Dad's Move
Janice Schutz, DOH
Jonathan Seib
Sharon Shadwell, Department of Children, Youth & Families (DCYF)
Tamara Sheehan, Providence Health Care
Alexa Silver
Daniel Smith, CHPW
Maureen Sorenson, Coordinated Care
Christian Stark, Office of Superintendent of Public Instruction (OSPI)
Anne Stone, Department of Social and Health Services (DSHS)
Roz Thompson, Association of Washington School Principals (AWSP)
Renee Tinder, DOH
Andy Toulon, Legislative staff
Ingrid Ulrey, Department of Health and Human Services (HHS)
Amber Ulvenes
Megan Veith, Building Changes
Cynthia Wiek, HCA
Kristin Wiggins

Children and Youth Behavioral Health Workgroup (CYBHWG) Meetings



Children and Youth Behavioral Health Work Group (CYBHWG) Recommendations process



Stakeholders

The work group and its subgroups are made up of stakeholders, including:

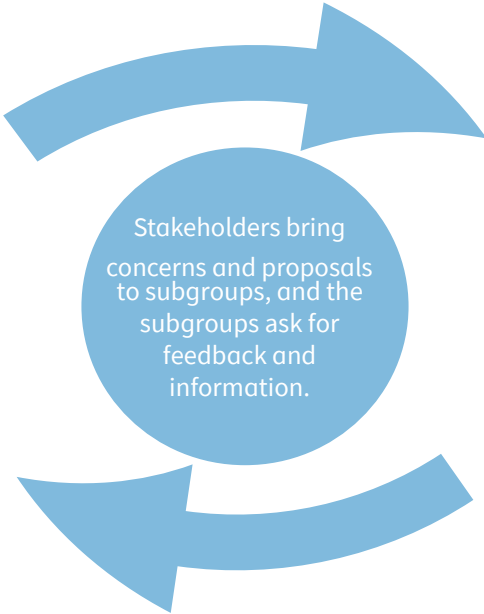
- Young people who have received behavioral health services
- Their parents and other family members, and
- Organizations that provide behavioral health services and/or support children, youth, and families



Family Youth System Partner Round Tables

Regional FYSPRTS provide a forum for families, youth, system partners, and communities identify barriers to access in behavioral health and provide community-based approaches to addressing them.

Issues and recommendations for legislative and/or system changes are passed on to the Youth and Young Adult Continuum of Care (YYACC) subgroup.



Work Subgroups

CYBHWG subgroups who meet to identify issues affecting children, youth, and families' access to behavioral health services and develop recommendations for legislative and system changes to address them.

There are currently 5 subgroups:

- Behavioral Health Integration Subgroup
- Prenatal to Five Relational Health Subgroup
- School-based Behavioral Health & Suicide Prevention Subgroup
- Workforce & Rates Subgroup
- Youth and Young Adult Continuum of Care Subgroup

Subgroup members represent:

- | | |
|----------------------------|------------------------------|
| Hospitals | Local governments |
| Medical clinics | Head Start |
| Pediatricians | School directors |
| Physicians | School counselors |
| Managed care organizations | School districts |
| BH providers | ESDs |
| Psychologists | University of Washington |
| Social service providers | Counselors |
| Social workers | Advocates |
| State agencies | Community supports |
| Private insurers | Family support organizations |
| Legislators | Youth and young adults |
| Tribes | Parents |



Children and Youth Behavioral Health Work Group

Each fall, the CYBHWG decides which recommendations to move forward, submitting prioritized recommendations and statements of support for other groups' initiatives to the Legislature and the Governor.

Article to be shared by Avreayl Jackson, King County Department of Community and Human Services

Subject: RE: Article - Harvard Business Review: Diversity and Inclusion - Do Your Diversity Initiatives Promote Assimilation Over Inclusion?

I came across this article in the Harvard Business Review called [Do Your Diversity Initiatives Promote Assimilation Over Inclusion?....](#)

Below is excerpt from the article.

“Along those lines, it’s vital to remember that authorship is ownership. We see many companies trying to create DEI programs to support a particular group without including this group in the process. It’s surprising how often this piece is missing.

To serve marginalized employees, you need to give them a say in these initiatives, design programs that consider their needs, and gain their buy-in. At the same time, ensure that your efforts don’t place the burden or responsibility solely on them. Be clear about your rules of engagement and clarify your efforts to avoid “spotlight stress” and tokenization. You need to ask:

- *What role have the program participants played in the decision-making process?*
- *How did I determine the needs of the participants?*
- *How will I check in with the participants to determine whether the program was successful?*

Diversity, equity, and inclusion aren’t realized as a result of a program or because of good intentions. If your organization’s process for professional development places the burden solely on the individual, it’s time to reexamine your approach and expectations. Just like the need to prioritize this work is unquestionable, so is the understanding that if employees change and their environments don’t, diversity-focused professional development won’t lead to progress.”

Children and Youth Behavioral Health Work Group

Prioritized recommendations

Recommendation	Bill	Budget
Increase Medicaid rates by 7%		✓
Develop a Strategic Plan for Washington's children, youth, young adults and their families	2SHB 1890	✓
Provide stipends for people with lived experience that participate in the work	2SHB 1890	✓
Provide funds for eligible primary care clinics to establish behavioral health integration		✓
Reimbursement for non-licensed staff in primary care clinics		✓
Develop a sustainable, alternative payment model for Certified Community Behavioral Health Clinics (CCBHC)		✓
Create a clinical supervision to reduce barriers to certification		↗
Expand the Parent Support Warm Line to better support new and expectant parents	HB 1800	✓
Provide grants to put more behavioral health clinicians in schools to meet urgent needs of students		X
Funding to ensure stable housing and care coordination for youth exiting inpatient settings		✓
Convene stakeholders to design, further define, and implement a parent portal	HB 1800	✓
Invest in a communications/outreach position at HCA to share information with providers and families	HB 1800	✓

Children and Youth Behavioral Health Work Group

Statements of support

Recommendation	Bill	Budget
Strengthen and fund behavioral health loan repayment program		✓
Increase rates by 7% for services that are not covered by Medicaid		✓
Provide bridge funding grants to community behavioral health agencies participating in federal certified community behavioral health clinic expansion		✓
Provide grants to nonhospital based community behavioral health providers receiving payment for Medicaid services through Medicaid MCO's for immediate workforce retention		✓
Stabilize three infant and early childhood mental health consultation FTE's		✓
Expansion support for the School-Based Health Center (SBHC) program to increase access to behavioral health care in academic settings		✓
Increase funding to support staffing ratios for school nurses, social workers, psychologists, guidance counselors, safety staff and parent involvement coordinators	HB 1664	✓
Add coverage for partial hospitalization and intensive outpatient services for children under 18 of age the Medicaid state plan	SB 5736	✓
Certification of peer counselors to expand their use to more settings		X

Children and Youth Behavioral Health Work Group

Additional 2022 legislation that aligns with work group goals

Legislation objective	Bill	Budget
Funding to increase the number of Children's Long-term Inpatient Program (CLIP), and rates for CLIP by 4.5%		✓
Funding to increase Medicaid reimbursement rates for Parent Child Assistance program (PCAP)		✓
Funding to align reimbursement (fee-for-service and managed care) for Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) services with the American Academy of Pediatrics' Bright Futures guidelines	SB 5912	✓
Funding to establish a Lifeline for Independent Living program (Lifeline)	HB 1883	✓
Child assessment and training funding for the current version of the diagnostic classification: 0-5 classification system of mental health developmental disorders infant and early childhood	2SHB 1325	✓
Community supports for children (DDA) will increase staff by two full time employees to review and maintain the no-paid services caseload	SSB 5819	✓
Funding to contract for Youth IP navigator services in 4 regions, through clinical response teams		✓
Fund a new facility in Vancouver to increase Behavioral Rehabilitation Services (BRS).		✓
Funding to provide a semi-annual report of Behavioral Rehabilitation Service (BRS) placement and continuum		✓
Funds to coordinate and lead a multi-agency approach to youth suicide prevention and intervention.		✓
Funds to increase wraparound with intensive services for youth ineligible for Medicaid as outline in the settlement agreement		✓
Increase school funding allocations to increase school nurses, teacher librarians, social workers, school psychologists and counselors	HB 1664	✓

Update on 988 Work and the Crisis Response Improvement Strategy Committee

Children and Youth Behavioral Health Work Group (CYBHWG)

April 19, 2022

- **HB 1477, establishes the Crisis Response Improvement Strategy Committee, Steering Committee, and Subcommittees to make recommendations necessary to implement and monitor the progress of the 9-8-8 crisis hotline in Washington, and for the statewide improvement of behavioral health crisis response and suicide prevention services.**
 - ❑ **January 1, 2022:** First progress report to the Governor and Legislature, including results of comprehensive assessment of the current system and preliminary 988 funding recommendations
 - ❑ **January 1, 2023:** Second progress report to the Governor and the Legislature, including recommendations related to crisis call center hubs, and final 988 funding recommendations
 - ❑ **January 1, 2024:** Final report to the Governor and Legislature, including recommendations in 13+ areas outlined by the legislation

BHI and HMA Roles

House Bill 1477 directs the Behavioral Health Institute at Harborview Medical Center to convene the CRIS Committee, Steering Committee, and Subcommittees. Health Management Associates, Inc. (HMA) is serving as Harborview's contracted consultant to provide meeting facilitation and staff support for the CRIS committee meetings and HB 1477 deliverables outlined for the Committees.

**HARBORVIEW
MEDICAL CENTER**

UW Medicine  King County

Steering Committee

Role: Make Recommendations to the Governor and Legislature

CRIS Committee

Role: Advise the Steering Committee as it formulates recommendations

Subcommittees

Role: Provide professional expertise and community perspectives on discrete topics

Tribal 988 Subcommittee	Credentialing and Training Subcommittee	Technology Subcommittee	Cross-System Crisis Response Subcommittee	Confidential Information Subcommittee	Rural & Agricultural Communities	Lived Experience
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* Five of the seven subcommittees are established by HB 1477. The Steering Committee established two additional subcommittees: Lived Experience, and Rural & Agricultural Communities

- The Steering Committee approved the CRIS High-Level Workplan, which will provide an organizing framework for our work ahead to ensure the full continuum of crisis response.
 - **Objective 1:** A place to contact – NSPL call centers
 - **Objective 2:** Someone to come – Mobile crisis rapid response teams
 - **Objective 3:** A place to go – Broad range of crisis stabilization services
 - **Objective 4:** Pre- and Post-Crisis Care – Immediately upstream and downstream of crisis events
 - **Objective 5:** Crisis system infrastructure and oversight
- State agencies are responsible for implementation of this work, and the Steering Committee, CRIS and Subcommittees will provide recommendations.
 - State agency partners will be providing regular and timely updates regarding implementation planning across the crisis response continuum to engage meaningful committee feedback.

HB 1477 Committee and Subcommittee Meetings

Date	Committee/ Subcommittee Meetings
4/14	Rural & Agricultural Communities Subcommittee <i>(Input on the draft vision and principles; Begin discussion of opportunities to center equity)</i>
4/18	Lived Experience Subcommittee <i>(Input on the draft vision and principles; Personal stories to inform system-level recs)</i>
4/20	Tribal 988 Subcommittee <i>(Input on the draft vision; Tribal Consultation on the HB 1477 Technical and Operational Plan)</i>
4/20	Confidential Information Compliance & Coordination Subcommittee <i>(Understand NSPL call center privacy standards, federal and state privacy laws)</i>
4/21	Credentialing and Training Subcommittee <i>(Understand current federal NSPL call center staffing and training standards)</i>
4/25	Technology Subcommittee <i>(Review and Input on the HB 1477 Technical and Operational Plan)</i>
TBD	Cross System Collaboration Subcommittee (1st meeting 3/17) <i>(Inform development of cross-system intersections and coordination)</i>
5/10	CRIS Committee Meeting
5/19	Steering Committee Meeting

- **CRIS and Steering Committee meeting dates, agendas, materials and other resources are available on the CRIS webpage - <https://www.hca.wa.gov/about-hca/behavioral-health-recovery/crisis-response-improvement-strategy-cris-committees>**