

Children and Youth Behavioral Health Work Group (CYBHWG)

Thursday, Dec. 3

Attendees					
<input checked="" type="checkbox"/>	Representative Lisa Callan, Co-Chair	<input checked="" type="checkbox"/>	Summer Hammons	<input checked="" type="checkbox"/>	Cindy Myers
<input checked="" type="checkbox"/>	MaryAnne Lindeblad, Co-Chair	<input checked="" type="checkbox"/>	Dr. Robert Hilt	<input checked="" type="checkbox"/>	Michele Roberts
<input type="checkbox"/>	Dr. Avanti Bergquist	<input checked="" type="checkbox"/>	Kristin Houser	<input checked="" type="checkbox"/>	Joel Ryan
<input checked="" type="checkbox"/>	Tony Bowie	<input checked="" type="checkbox"/>	Avreayl Jacobson	<input checked="" type="checkbox"/>	Noah Seidel
<input checked="" type="checkbox"/>	Representative Michelle Caldier	<input checked="" type="checkbox"/>	Kim Justice	<input checked="" type="checkbox"/>	Mary Stone-Smith
<input checked="" type="checkbox"/>	Diana Cockrell	<input checked="" type="checkbox"/>	Nichole Jensen (non-voting)	<input checked="" type="checkbox"/>	Representative My-Linh Thai
<input checked="" type="checkbox"/>	Senator Jeannie Darneille	<input type="checkbox"/>	Andrew Joseph, Jr.	<input checked="" type="checkbox"/>	Jim Theofelis
<input checked="" type="checkbox"/>	Jamie Elzea	<input checked="" type="checkbox"/>	Michelle Karnath	<input type="checkbox"/>	Dr. Eric Trupin
<input checked="" type="checkbox"/>	Representative Carolyn Eslick	<input checked="" type="checkbox"/>	Sharon Shadwell for Judy King	<input type="checkbox"/>	Senator Judy Warnick
<input checked="" type="checkbox"/>	Dr. Thatcher Felt	<input checked="" type="checkbox"/>	Sarah Kwiatkowski	<input checked="" type="checkbox"/>	Mandy Weeks-Green
<input checked="" type="checkbox"/>	Tory Gildred	<input checked="" type="checkbox"/>	Amber Leaders	<input checked="" type="checkbox"/>	Lillian Williamson
<input checked="" type="checkbox"/>	Camille Goldy	<input checked="" type="checkbox"/>	Laurie Lippold	<input type="checkbox"/>	Dr. Larry Wissow
<input checked="" type="checkbox"/>	Dorothy Gordor	<input type="checkbox"/>	Lauren Magee	<input type="checkbox"/>	Jackie Yee

#	Agenda Items	Notes
1.	Introductions	<p><b>MaryAnne Lindeblad</b> See <a href="#">TVW recording</a>.</p> <p>Welcome to new members, Summer Hammons (Tulalip Tribes) and Andy Joseph (Confederated Tribes of the Colville Reservation).</p>
2.	Updates	<p>See <a href="#">TVW recording</a> (starts at 0:07:38).</p> <p><b>2020 budget provisos – MaryAnne Lindeblad:</b></p> <ul style="list-style-type: none"> <li>• Proviso 62 – Infant and Early Childhood Mental Health assessments: <ul style="list-style-type: none"> <li>○ Mercer working to determine costs for 3-5 evaluation sessions; home and community based series; implementation of the DC: 0-5 crosswalk.</li> <li>○ Draft report shared with stakeholders Nov. 19. Incorporating feedback (incl. additional actuarial work).</li> </ul> </li> <li>• Proviso 76: Intensive outpatient (IOP) and partial hospitalization (PH) pilots for children and youth: <ul style="list-style-type: none"> <li>○ Legislative start date of Jan. 1, 2021 for Seattle Children’s and Providence Spokane.</li> <li>○ Mercer has program information, is meeting with HCA hospital billing staff soon to finalize rates.</li> <li>○ No solid ETA yet.</li> </ul> </li> </ul> <p><b>2021 legislative session – Representative Lisa Callan, with input from Senator Darneille, Representative Eslick, and Representative Thai:</b></p> <ul style="list-style-type: none"> <li>• Legislature meeting remotely; there will be far fewer bills this year.</li> <li>• House guidelines: Does the bill: <ul style="list-style-type: none"> <li>○ Address racial equity?</li> <li>○ Respond to the COVID-19 pandemic?</li> <li>○ Advance economic recovery?</li> <li>○ Address the global climate crisis?</li> <li>○ Save money or increase the efficacy of appropriations?</li> <li>○ Help Washington access federal funding?</li> <li>○ Help other levels of government do their job to respond to the pandemic or advance economic recovery?</li> </ul> </li> <li>• If you plan to meet with your legislators, consider doing so early, before session starts; and engage newly elected members who may not know the context of this work.</li> </ul>

<p>2.</p>	<p>Discussion: Reviewing and finalizing recommendations</p>	<p><b>Workforce &amp; Rates – Laurie Lippold and Hugh Ewart</b>  See <a href="#">TVW recording</a> (starts at 0:26:18).</p> <ul style="list-style-type: none"> <li>All priorities are important. Rates undergirds the entire system. It was in the budget which was vetoed. It was a priority for the Legislature and the governor. Rate increase has to be a top priority.</li> <li>Referral assist has been a great asset. Expand youth mobile crisis services.</li> <li>Continuing education requirement and, behavioral health apprenticeships (support items) are moving forward in other groups.</li> <li>Preservation is key this session.</li> </ul> <p><b>Prenatal to Five Relational Health – Jamie Elzea</b>  See <a href="#">TVW recording</a> (starts at 0:31:03).</p> <ul style="list-style-type: none"> <li>Support maintaining the prioritization as is. The preliminary recommendations which moved forward reflects our priorities and the community-informed policy development approach.</li> </ul> <p><b>School-based Behavioral Health &amp; Suicide Prevention – Camille Goldy</b>  See <a href="#">TVW recording</a> (starts at 0:32:54).</p> <ul style="list-style-type: none"> <li>All recommendations from the school-based subgroup are support items.</li> <li>Regarding priorities, the referral service is a big help in the schools; youth mobile crisis is really important since staff are not seeing students in person.</li> </ul> <p><b>Youth and Young Adult Continuum of Care – Representative Lauren Davis</b>  See <a href="#">TVW recording</a> (starts at 0:35:14).</p> <ul style="list-style-type: none"> <li>Youth mobile crisis is especially needed now and timely, as we evaluate use of police for mental health calls. Coincides with rollout of the federal 988 behavioral health crisis line in 18 months.</li> </ul> <p><b>Discussion</b>  See <a href="#">TVW recording</a> (starts at 0:41:38).</p> <p><b>Decisions:</b></p> <ul style="list-style-type: none"> <li>Final recommendations: <ul style="list-style-type: none"> <li>Keep priorities and statements of support as they were in the preliminary recommendations.</li> <li>Add two additional support items: <ul style="list-style-type: none"> <li>Work related to federal 988 line.</li> <li>Representative Davis’ peer credential bill.</li> </ul> </li> <li>Build out information about process and stakeholder input.</li> </ul> </li> </ul>
<p>3.</p>	<p>CYBHWG during session</p>	<ul style="list-style-type: none"> <li>The CYBHWG will not meet during the legislative session.</li> <li>People interested in receiving updates during the legislative session on the status of CYBHWG recommendations can send e-mail to <a href="mailto:laurielippold@gmail.com">laurielippold@gmail.com</a> to be added to the update mailing list.</li> </ul> <p><b>Subgroups:</b></p> <ul style="list-style-type: none"> <li>The School-based Behavioral Health &amp; Suicide Prevention group has meetings scheduled every other month on the first Friday of the month. The next meeting is Friday, February 5.</li> <li>No other subgroups have regularly scheduled meetings at this time.</li> <li>A new group – Behavioral Health Integration will have an initial planning meeting in early January.</li> <li>If you are interested in being added to the mailing list for any of the subgroups (listed below), send e-mail to <a href="mailto:cybhwg@hca.wa.gov">cybhwg@hca.wa.gov</a> and let us know the group(s) you’re interested in: <ul style="list-style-type: none"> <li>Behavioral Health Integration</li> <li>Workforce &amp; Rates <ul style="list-style-type: none"> <li>Network Adequacy</li> </ul> </li> <li>Prenatal through Five Relational Health</li> <li>School-based Behavioral Health &amp; Suicide Prevention  <i>(Members are appointed, but open to the public and anyone can speak during the public comment period.)</i></li> <li>Youth and Young Adult Continuum of Care</li> </ul> </li> </ul>
<p>4.</p>	<p>Public Comment</p>	<p>See <a href="#">TVW recording</a> (starts at 01:24:05).</p> <p><b>Alicia Ferris, Community Youth Services</b>  Importance of prevention; WISe should be family-defined, not provider-defined; should enfold the complete range of services if the model is followed.</p> <p><b>Penny Quist, Parent</b>  Support for 988 and youth mobile crisis; issues related to access to services for those on private insurance and access to acute care for children/youth under the age of 16; big differences in WISe implementation from region to region.</p>

# Children and Youth Behavioral Health WorkGroup

## ***Summary: Preliminary recommendations for 2021***

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### Prioritized recommendations

#### Priority 1:

- Inclusion of the 2020 budget proviso [SB 6168, Sec. 211(78), 2020] to increase Medicaid rates for behavioral health services to retain workforce and ensure access. (Passed in 2020 legislative session for 2021 fiscal year; then vetoed as part of pandemic response.) *All of the recommendations for improving access and quality of services rely on the ability to recruit and retain a skilled workforce. An increase in existing Medicaid rates for behavioral health services is critical to achieving this goal.*
- Continue funding the “Washington State Mental Health Referral Service for Children and Teens” which helps families find providers that accept their insurance. Current funding ends July 1, 2021.

**Priority 2:** Expand youth mobile crisis services statewide and ensure existing teams can meet increased demand.

**Priority 3:** Change Medicaid policy to match best practices for mental health assessment and diagnosis of children 0-5, including allowing 3-5 sessions for intake/assessment, in children’s homes and other natural settings.

**Priority 4:** Establish a workgroup to develop a behavioral health teaching clinic enhancement rate. *[The rate would apply to Behavioral Health Agencies that are training and supervising students and those seeking their certification or license.]*

#### Priority 5:

- Expand the Student Loan Repayment Program to serve 100 additional individuals and reduce existing barriers within the program.
- Preserve existing investments in infant and early childhood mental health consultation  
*and*  
Establish a complex needs fund to address the behavioral health challenges of children ages 0-5.

**Priority 6:** Direct HCA to explore Medicaid waiver options for respite care for youth with behavioral health challenges, without adversely impacting the DDA and DCYF respite waivers.

**Priority 7:** Expand availability of youth and family peer services across the continuum of care, reduce barriers to entry and retention, enhance diversity, and ensure peers are supported in their recovery.

## Statements of support

The CYBHWG focuses its efforts on behavioral health needs of and services for infants, children, youth and young adults, and their families. To that end, the work group and its subgroups work with and support other groups' efforts whenever possible, ensuring that the needs of children and youth are considered.

The CYBHWG and its subgroups found that these initiatives, which are beyond the scope of the work group, would help address the issues children, youth, and families experience when trying to access behavioral health services. These recommendations are not prioritized.

- Support current efforts to assess and improve telehealth, including audio-only, to reduce racial and income disparities in behavioral health service access and ensure that virtual services provided are clinically effective and provide relief to children and families. These efforts should include:
  - Review of data and research focused on prenatal to age 25 and development of standards of practice, with stakeholders, and
  - A requirement that providers publicize the Washington Lifeline, which provides free wireless services to low-income families and individuals.
- Support legislation requiring continuing education for behavioral health professionals in the provision of culturally responsive treatment.
- Work with the Behavioral Health Apprenticeship Coalition to develop and implement a registered behavioral health apprenticeship model.
- Engage with and support the Workforce Training and Education Coordinating Board's efforts to address barriers to employment created by background checks.
- Support efforts to ensure that quality, affordable childcare is available and accessible (workforce issue).
- Remove clinical barriers to postpartum mood and anxiety screening by supporting the Washington Chapter of the American Academy of Pediatrics' "learning collaborative".
- Support the Multi-tiered Systems of Support (MTSS) decision package submitted by OSPI.
- Increase staffing levels in schools to support students' social-emotional health by supporting the "Building Staffing Capacity to Support Student Well-Being" decision package submitted by OSPI.
- Improve transitional care for youth discharging from inpatient behavioral health and juvenile justice settings by supporting the work of the SB 6560 work group.

## CYBHWG activities

- *School-based Behavioral Health & Suicide Prevention subgroup:*  
The subgroup will examine funding streams that contribute or could contribute to supporting K-12 students' emotional well-being and behavioral health (OSPI, HCA, others).

# Summary: Proposed recommendations for 2021

Budget proposal: \$ = <\$200,000

\$\$ = \$200,000 - \$1 million

\$\$\$ = \$1 million - \$2 million

\$\$\$\$ = >\$2 million



Policy proposal



Collaborative effort; multiple agencies or organizations

	Policy Brief/Request	Scalable?	Estimated Cost	Fiscal Note (FN) or Decision Package (DP)?	Fed Match?
\$\$\$\$	<p>Advance timely and equitable access to behavioral health services grounded in best practices by ensuring that Medicaid rates are sufficient to increase access and support competitive salaries.</p> <p>Support inclusion of the 2020 budget proviso (SB 6168, Sec. 211 (78), passed by the Legislature but vetoed by the Governor due to financial implications of the COVID-19 global pandemic.</p> <p><i>Lead: Health Care Authority</i></p>	Yes	<p>Cost:</p> <ul style="list-style-type: none"> <li>\$10,004,960 annually for adults and children - \$3,713,531 GF-State and \$6,291,429 GF-Federal.</li> <li>\$5,988,467 annually for children only - \$2,671,773 GF-State and \$3,316,694 GF-Federal.</li> </ul> <p>Estimates based on 2020 budget proviso.</p>	No	Yes
\$\$	<p>Continue the state's child mental health referral service.</p> <p>Continue funding the "Washington State Mental Health Referral Service for Children and Teens," to prevent program shut-down in July 2021.</p> <p><i>Lead: Health Care Authority</i></p>	No	<p>\$850,000 per year; \$425,000 to be contributed by commercial carriers, beginning July 1.</p> <p>\$425,000 General fund per year.</p>	No	Yes
\$ -\$\$\$\$	<p>Youth mobile crisis services</p> <p>Expand youth mobile crisis services statewide and ensure existing teams can meet the significant increase in demand exacerbated by the pandemic.</p> <p><i>Lead: Health Care Authority</i></p>	Yes	<p>Cost: \$800,000 per year per team.</p> <p>Est'd annual cost (for 6 teams): \$4,800,000</p> <p>6 out of 10 regions currently do not have youth-specific mobile crisis services. Some regions that do are at or near capacity.</p>	No	Yes

	Policy Brief/Request	Scalable?	Estimated Cost	FN or DP?	Fed Match?
<p>\$ TBD</p> 	<p>Change Medicaid policy so that best practices for mental health assessment and diagnosis of children birth through 5 years old can be implemented and diagnosis and treatment disparities reduced.</p> <p>Change Medicaid policy to allow three-five sessions (including in natural settings) utilizing the DC:0-5 manual so that misdiagnosis and subsequent ineffective/harmful treatment are avoided, thereby reducing diagnosis and treatment disparities currently experienced (particularly by boys of color) and cost of ineffective treatment.</p> <ul style="list-style-type: none"> <li>• Allow three to five sessions for intake and assessment of children 0-5.</li> <li>• Allow children 0-5 to be served in their home or other natural settings, and reimbursing clinicians for necessary travel to natural settings.</li> <li>• Require clinicians to use the developmentally appropriate standard of practice for diagnosing children 0-5, the Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC:0-5), rather than the Diagnostic and Statistical Manual of Mental Disorders.</li> </ul> <p><i>Lead: Health Care Authority</i></p>	Yes	<p>Indeterminate cost; HCA actuaries are currently calculating estimated costs.</p> <p>Scalability Options:</p> <ol style="list-style-type: none"> <li>1. Delay reimbursement for travel time. [Note: this may be most logical to delay as people are meeting less in person during the pandemic.]</li> <li>2. Adopt policy to require use of DC:0-5. Option: Phase-in over time. [Note: HCA plans to create a crosswalk for billable ICD 10 codes to facilitate clinicians in appropriately billing for use of DC:-0-5 should policy be implemented.]</li> <li>3. Implement just the 3-5 visit assessment policy [Note: Currently, clinicians typically bill the required sessions as: 1 assessment session + 2-4 therapy sessions.</li> </ol>	No	Yes
<p>\$</p> 	<p>Establish a work group to develop a Behavioral Health Teaching Clinic enhancement rate for licensed and certified behavioral health agencies.</p> <p>Representatives from the Health Care Authority, Department of Health, the Workforce Training and Education Coordinating Board, the Washington Council for Behavioral Health, licensed and certified behavioral health agencies (BHAs), and higher education must collaborate to develop a teaching clinic enhancement rate for BHAs training and supervising students and those seeking their certification or license.</p> <p>Group must develop:</p> <ul style="list-style-type: none"> <li>• Standards for classifying a BHA as a teaching clinic, including serving a certain percentage of children and families;</li> <li>• A cost methodology to determine a teaching clinic enhancement rate;</li> <li>• A financing mechanism, including potential Medicaid/Medicare reimbursement; and</li> <li>• A timeline for implementation.</li> </ul> <p>A report is due to the Governor and legislative committees on November 1, 2021.</p> <p><i>Lead: TBD</i></p>	No	<p>\$150K (assumes 0.5 FTE and \$100K for program and actuarial costs)</p> <p>Builds on related work currently underway by the Workforce Education &amp; Training Coordinating Board and per legislative proviso ESHB 1190 Sec. 221 (22) as well as the Health Care Authority in carrying out the directives of proviso ESSB 6168 Sec. 215 (57). These next steps will ensure finalization of an implementation plan.</p>	No	No

	Policy Brief/Request	Scalable?	Estimated Cost	FN or DP?	Fed Match?
<p>\$ -\$\$</p> 	<p>Expand the Student Loan Repayment Program and reduce existing barriers to access in order to reach and retain more providers.</p> <p>Increase funds for Loan Repayment/Forgiveness in order to serve 100 additional individuals. The funds would be specified specifically for Community Behavioral Health Agencies or Community Clinic staff working with the Medicaid population (public service) in exchange for retention. Student loan repayment/forgiveness program would be for the exclusive purpose of increasing <u>retention rates</u> of licensed clinical staff that work with youth and their families (age 0-24) in Washington State.</p> <p>Preference/Priority would be given to those applicants with diverse ethnic and cultural backgrounds (though not required). The WA State Achievement Council (WSAC) would be directed to ensure that the application process is streamlined and easy to navigate and that conditional complexity be kept to a minimum for both the individual and the agency to qualify. The required length of the conditional commitment should be 4-5 years of total services or 2-3 years post licensure.</p> <p>Specifics related to implementation will be developed in collaboration with the WA Student Achievement Council. Funding sources will be explored, including funding from the private sector and establishing a dedicated funding source.</p> <p><i>Lead: Washington Student Achievement Council</i></p>	Yes	<p>Estimated at \$1 million for a maximum of \$10,000 per person in student loan payments.</p> <p>In addition to any overhead cost for WSAC to implement, it is likely there will be minimal additional cost to scale up the existing loan repayment program to serve more people and make a few changes in qualification criteria or award processes.</p>	No	The existing federal loan repayment program carried out by WSAC could be considered federal match dollars.
<p>\$\$</p>	<p>Preserve existing investments in infant and early childhood mental health consultation so that children in early care and education experience reduced bias that leads to expulsions and suspensions.</p> <p>The Prenatal-5 Relational Health Subgroup (P5RHS) supports full preservation of the state investments in infant and early childhood mental health consultation (IECMH-C) which is an annual investment of \$773,000 GF-S.1 The state funding supports six mental health consultants to support early providers in addressing challenging behaviors.</p> <p>These consultants are situated at the six regional affiliates of Child Care Aware Washington. As of September 15, 2020, there were 3,271 child care providers who are serving 107,678 children who can access one of these six consultants. That leaves 1,721 providers serving 54,883 children who do not have access to these consultants.</p> <p>Thus there is high unmet need and in order to someday address that unmet need, we must preserve what we have in order to build upon it in the future. Additionally, the state investment leverages private funding for things the state investment does not cover. IECMH-C is one of the few evidence-based interventions that we have found that can have an impact on the disproportionate expulsion of boys of color.</p> <p><i>Lead: Department of Children, Youth and Families</i></p>	NA	<p>Cost: \$773,000 GF-S</p> <p><i>Note: This builds on previous recommendation, implementation and statute. Funding is ongoing.</i></p>	N/A	No

<p><b>\$ -\$\$\$\$</b></p>	<p>Establish a complex needs fund to address the behavioral health challenges experienced by children ages 0-5 and their families so that children, families, and early learning providers can experience reduced bias and have immediate relief.</p> <p>This account is for: (a) early learning providers to get support to pay for infant and early childhood mental health consultants; and, (b) infant and early learning childhood mental health consultants to pay for behavioral health, anti-bias, and anti-racist coaching that will make an immediate impact on their practice.</p> <p>With the added (and in some cases severe) trauma due to the pandemic, children, families, child care providers, and the mental health consultants working with them urgently need more support. Research shows infant and early childhood mental health consultation is an effective strategy that leads to improvement in children’s social and emotional functioning, early learning providers’ relationships with families, and in dyadic relationships. It is effective in reducing racial disparities in children’s socio-emotional functioning and teacher-child relationship, suspensions and expulsions, and missed work days for parents.</p> <p>This account will help increase access to unbiased consultation and evaluation services, taking into account child development and family experience for Black/African American children and families, specifically, and children and families of color, in general, to decrease the numbers and ameliorate the impacts of preschool suspensions and expulsions as well as child welfare involvement. Additionally, this account will help increase access to mental health consultation for families experiencing poverty and those living in rural and under-resourced communities. In turn, equitable and expanded access to unbiased mental health consultation and evaluation services will also improve the quality of services provided to children and families.</p> <p><i>Lead: Department of Children, Youth, and Families</i></p>	<p>Yes</p>	<p>Cost: As appropriated by the Legislature. <i>For comparison - the ECEAP complex needs fund is a one-time \$2.2M investment spanning SFY20-21.</i></p> <p><b>Scalability Options:</b></p> <ol style="list-style-type: none"> <li>1. Control the fund amount</li> <li>2. Restrict support to specific high-need regions or populations</li> <li>3. Layer this support within the shared services hub [Note: 1 shared services hub is funded by federal Preschool Development grant (PDG). This PDG work is currently being developed and launched by DCYF.</li> <li>4. Restrict to specific supports with an existing administrative structure (e.g., infant and early childhood mental health consultation, contract with a community- based organization that has existing reach with early learning providers or consultants to streamline services).</li> </ol>	<p>No</p>	<p>No</p>
<p><b>\$</b></p>	<p>Respite care for youth with behavioral health challenges and their families</p> <p>Direct HCA to explore Medicaid waiver options for respite care for youth with behavioral health challenges, without adversely impacting the DDA and DCYF respite waivers.</p> <p><i>Lead: Health Care Authority</i></p>	<p>No</p>	<p>\$150,000 for one FTE and associated costs</p>	<p>No</p>	<p>No</p>
<p><b>\$ TBD</b></p> 	<p>Youth and family peer access and workforce</p> <p>Expand the availability of youth and family peer services across the continuum of care, remove barriers to entry and improve retention of peers in the workforce, enhance diversity in the peer workforce, and ensure peers are supported in their own recovery.</p> <p>Note: Further discussion is needed to distill which elements would be incorporated into a bill or budget proviso and what those precise asks would be.</p> <p><i>Lead: Health Care Authority</i></p>	<p>Yes</p>	<p>Indeterminate; further scoping to be done before submitting final recommendations.</p>	<p>No</p>	<p>Possible</p>

## Statements of support

Not in priority order

	Policy Brief/Request	Scalable?	Estimated Cost?	FN or DP?	Fed Match?
  	<p>Support telehealth for behavioral health services.</p> <p>Support and advocate for the use of telehealth for behavioral health services, including audio only, for children and youth 0-24 that are appropriately compensated, consistent with standards of practice, maximize the effectiveness of the tool, ensure accessibility for individuals of varying income levels, abilities and available bandwidth, and build on lessons learned.</p> <p>2020 has been an unplanned and at-scale pilot of the telehealth models that have been long-discussed. One promising finding has been that our clients can benefit from some tools in the telehealth toolkit. It is critical, though, to assume that tactics can be broadly applied. Behavioral health stakeholders need the chance to struggle through the pandemic demands and then evaluate the lessons learned. This will likely result in findings that some telehealth tools are appropriate and should be secured and expanded, and other things cannot be digitized but depend on in-person, contemporaneous interaction.</p> <ul style="list-style-type: none"> <li>A) Charge a current or new committee to develop standards of practice for audio and video telehealth services <i>so that</i> racial and income disparities in behavioral health service access are eliminated and virtual services provided clinically effective relief for children and families.</li> <li>B) Require state-funded programs to publicize the availability of Washington Lifeline, ask families about the need for digital access, and make appropriate referrals <i>so that</i> low income families can effectively access appropriate virtual behavioral health services.</li> </ul> <p><i>Lead: TBD</i></p>	Yes	<p>\$0 - \$130,000</p> <p><b>Scalability Options:</b></p> <ol style="list-style-type: none"> <li>1. \$0 if work is done by existing group or agency.</li> </ol> <p>\$130K/year if this is new work.</p>	No	No
 	<p>Support legislation requiring that continuing education requirements for all licensed, certified, and registered behavioral health professionals include the provision of culturally and linguistically responsive treatment.</p> <p>While it is critical that the behavioral health workforce become more diverse, behavioral health professionals who are working with children and youth of different races, ethnicities, cultures, religions and gender identities must have ongoing training in diversity, equity, and inclusion in order to be as effective as possible. Additionally, training should be available that focuses on the emotional well-being of children and youth of diverse backgrounds.</p> <p>The relevant licensing boards and commissions shall develop standards and criteria for the training and will determine the number of required hours based on available research and evidence but will be no less than a minimum of 4 hours for every new and every license, certification or registration renewal.</p> <p><i>Lead: Washington State Medical Association</i></p>	N/A	There should not be a cost to the state unless there are minimal startup funds needed at DOH for tracking, etc.	No	No

	Policy Brief/Request	Scalable?	Estimated Cost?	FN or DP?	Fed Match?
  	<p>Work in partnership with the Behavioral Health Apprenticeship Coalition to advocate for legislative support for funding and the necessary statutory changes to develop and implement a registered behavioral health apprenticeship model.</p> <p>This model will serve to diversify the workforce and increase access to critically needed behavioral health services, including services for children and youth ages 0-24. Funding is needed to enable employers to participate in the program. Additionally, legislative support and direction is necessary in order to ensure that rule changes to licensing eliminate onerous licensure requirements, which are barriers for individuals seeking dual SUDP and MH credentialing.</p> <p>The demand for behavioral healthcare – mental health and substance use disorder treatment – exceeds the availability of services throughout the state. The vision is to build a state-wide behavioral health educational pathway infrastructure launched through apprenticeship opportunities that is supported and endorsed by Washington State and employed by behavioral health employers across the region promoting accessibility, retention and stability within the behavioral health workforce.</p> <p><i>Lead: Behavioral Health Apprenticeship Coalition</i></p>	Yes	<p>Approximately \$1.6 million.</p> <p>This is for the start of the apprenticeship program that will include education costs for enrollees as well as funds for employers to participate in the program.</p>	No	No
 	<p>Engage with and support the Workforce Training and Education Coordinating Board’s efforts to address barriers created through often-inflexible background checks as requirements for behavioral health professionals.</p> <p>In the behavioral health field, lived experience is highly valued, there is considerable support for the use of peer counselors, and efforts are underway to establish an apprenticeship program. There is also a great need to increase and diversify the workforce, making it even more important than ever to eliminate barriers and open up the field to individuals who have a tremendous amount to offer and should be provided opportunities to do so.</p> <p><i>Lead: Workforce Training and Education Coordinating Board</i></p>	TBD	Awaiting the Workforce Board’s recommendations.	No	No
	<p>Support efforts to ensure access to childcare</p> <p>The CYBHWG strongly supports efforts to ensure that quality, affordable childcare is available and accessible. There is a direct link between the behavioral health workforce and access to affordable, quality childcare.</p>	TBD	The CYBHWG will be following efforts related to childcare/early learning, which will most likely have a fiscal impact. The amount is TBD, depending on the specific recommendations that are advanced.	No	No

	Policy Brief/Request	Scalable?	Estimated Cost?	FN or DP?	Fed Match?
	<p>Remove clinical barriers to postpartum mood and anxiety screening so that health disparities can be eliminated.</p> <p>Support the exploration of the Washington Chapter of the American Academy of Pediatrics' (WCAAP) "learning collaborative" (held September 2020 – June 2021) so that we can identify and prepare to remove clinical barriers and eliminate racial disparities in routine postpartum mood and anxiety disorder screening and treatment.</p> <p><i>Lead: WCAAP</i></p>	NA	<p><i>WCAAP is already staffing this effort. Findings and recommendations can inform actions taken in future legislative sessions.</i></p>	NA	No
	<p>Provide support for districts to implement equity-based Multi-tiered Systems of Support (MTSS), including the Interconnected Systems Framework (ISF) for behavioral health, through training, coaching, and technical assistance using a consistent, statewide framework. <i>MTSS uses data-based decision making to support improved student outcomes and accountability at each level of the system (state, district, school, classroom, and student).</i></p> <p>A multi-tiered system of supports (MTSS) is a framework for enhancing the adoption and implementation of a continuum of evidence-based practices to improve important outcomes for all students and decrease adverse outcomes for student groups who experience opportunity gaps. MTSS integrates both academic and non-academic supports to meet the needs of the whole child. By integrating these supports, schools may also increase the efficiency, effectiveness, and sustainability of their services (McIntosh, K., &amp; Goodman, S. 2016). As students (and adults) are experiencing the additional traumatic effects of a global pandemic, MTSS also provides a framework for more effectively integrating behavioral health supports into the school setting.</p> <p>For the purposes of this recommendation, the School-Based Behavioral Health and Suicide Prevention Subcommittee recommends the CYBHWG support the MTSS Decision Package submitted to the 2021 Legislature by the Office of Superintendent of Public Instruction.</p> <p>The package funds 12 regional implementation specialists to train, coach and support districts in order to align policies, personnel, and other resources so that their schools can implement and sustain MTSS with fidelity.</p> <p><i>Lead: Office of the Superintendent of Public Instruction</i></p>	Yes	\$4.47 million for the biennium	<a href="#">Supporting Students through Multi-Tiered Systems of Support 2021-2023 Biennial Operating Budget Decision Package</a>	No

	Policy Brief/Request	Scalable?	Estimated Cost?	FN or DP?	Fed Match?
	<p>Increase staffing levels in schools to support the social/emotional/behavioral health of students.  <i>Increasing staffing will improve tier 1 universal supports for students, as well as provide increased staffing to provide individual and targeted supports to students with more significant behavioral health needs.</i></p> <p>The subcommittee recommends that the Work Group endorse the staffing enhancements proposed by the Office of Superintendent of Public Instruction (OSPI) to support the social/emotional/behavioral well-being of students. The OSPI decision package, "<a href="#">Building Staffing Capacity to Support Student Well-Being</a>," requests increased staff allocations in the prototypical school funding model for school counselors, school nurses, social workers, psychologists, family engagement coordinators, and student, and staff safety personnel no later than the 2024-25 school year.</p> <p>The subcommittee recommends support for Components 1 and 2:</p> <ul style="list-style-type: none"> <li>• Component 1 of the Decision Package includes more appropriate staffing allocations to help ensure students are in healthy, safe, and productive learning environments.</li> <li>• Component 2 includes additional days of professional development for certificated and classified staff. This increase phases in over three years, with the end result of six days for certificated instructional staff and classified staff, and three days for certificated administrative staff. The professional development would include, in part, mandatory learning focused on racial literacy and cultural responsiveness. This focus is necessary to accelerate the closure of persistent opportunity gaps. Training on these topics is critical for serving all students, regardless of race. Professional development for racial literacy will be expected of all district personnel statewide on an ongoing basis.</li> </ul> <p>The subcommittee did not discuss and did not make a recommendation on components three or four of the decision package.</p> <p><i>Lead: Office of the Superintendent of Public Instruction</i></p>	Yes	\$194,831,000 for the 2022-23 school and fiscal year	<a href="#">Building Staffing Capacity to Support Student Well-Being</a>	No
	<p>Improve transitional care for youth discharging from state systems</p> <p>Support the work of the SB 6560 work group in Improving transitional care for youth discharging from inpatient behavioral health and juvenile justice settings, including ensuring that young people do not end up experiencing homelessness post-discharge.</p> <p><i>Lead: Department of Commerce, Office of Homeless Youth</i></p>	N/A	\$0 in 2021; awaiting recommendations from SB 6560 work group	No	No

## Work group activities

	Policy Brief/Request	Scalable?	Estimated Cost?	FN or DP?	Fed Match?
	<p>Examine funding streams (including Medicaid, private insurance benefits, K-12 funding, and other federal, state and local funds) which contribute or could contribute to supporting the emotional well-being and behavioral health care of students in K-12 schools.</p> <p>The School-based Behavioral Health and Suicide Prevention subcommittee will receive presentations, reports and other relevant information from HCA staff who are specialists in Medicaid funding, including covered services for children and youth, and from specialists familiar with coverage requirements for commercially available insurance plans, including individual and employer-based coverage.</p> <p>The committee will also receive presentations from OSPI staff who are specialists in state and federal funds provided to schools by OSPI. The committee would also invite experts to discuss the prevalence of mild, moderate and severe behavioral health disorders and symptoms among children and youth between the ages of 6-21.</p> <p>Using this information, the committee will examine available resources, systems of support and service delivery, and the prevalence of behavioral health needs, including needs exacerbated by the COVID-19 pandemic, among children and youth in K-12 schools in Washington. The committee will also access existing and previous reports which contain the information necessary to conduct this assessment in an efficient manner.</p> <p><i>Lead: School-based Behavioral Health and Suicide Prevention subcommittee</i></p>	N/A	Cost: \$0	No	No