

**CYBHWG Behavioral Health Integration (BHI) subgroup
February 7, 2023**

Leads: Kristin Houser and Sarah Rafton

Update on incoming peds Community Health Worker's (CHWs)

Christine Cole, *Health Care Authority (HCA)*

Highlights:

- A full-time support person has been hired for the community health worker grant.
- The program currently has 24 clinics with 34 CHWs, with all but one contract completed.

Tribal clinic grant participation update

Highlights:

- The Lummi tribe is currently the only tribe to participate in the grant process.
- There has been effort to increase tribal participation, including consultation with the Office of Tribal Affairs, a listening session to learn more, as well as letters sent to inform tribes of the opportunity and the process.
- Hearing and seeing a need for innovation in the recruitment process with more flexibility in tribal reporting and evaluation requirements to culturally align the process.

Evaluation components of Pediatric CHW program

Highlights:

- The value and systems science lab team at the University of Washington will be helping with evaluations for the project.
- The project requires annual reporting to collect program data.
- The project is collecting data by way of a reporting template, this template can be adapted to allow providers to give data in a different format if it captures required details.
- Data collection will look at how much of the community health worker services are patients receiving, with the data falling into three buckets: outreach, informal counseling, and social supports for health-related needs.
- There is a plan to report out on the data results to better understand the CHW role and look at how it impacts our systems.
- The evaluation tool includes questions about identifying gaps and barriers, language preferred by the family and if it was accommodated, how the visit took place, this could be in person or virtual and if the resources needed or requested were given.
- There are 2 additional tools that will be used to gather other information, the first is an implementation plan, which will be used to inform the project and the second is the orientation plans, which includes the job description and trainings.

Update on Washington Chapter of the American Academy of Pediatrics (WCAAP) pediatric CHW training and future collaboration

Kailani Amine, WCCAP

See page 4 for slides

Highlights:

- WCAAP worked with 3 CHWs to develop the in-person training schedule.
- In-person training entails a large group meet, activities, and group breakout sessions based on age band which included 0-5 and K-12 mental health.
- Zoom training sessions follow the in-person training where they have an opportunity to break into their age band to talk as a group, participate in activities, share experiences, go over any questions they may have, and learn of other ways to support one another.

Update on BHI Start-up grants

Highlights

- There are enough start-up funds for ten clinics to build behavioral health integration.
- A new webpage has been launched for the [BHI start-up grant project](#).
- BHI start-up grant applications open on 2-10-23 and close on 3-24-23.
- BHI start-up grant online seminar is scheduled for 2-27-23.
- The plan is to announce awardees in the month of April and then immediately move to the contract phase.

Update BHI budget priorities

Highlights

- The BHI subgroup put forward two recommendations for legislation this session.
- The first was funding for Partnership Access Line (PAL) and Referral Assist to keep integration working throughout the state, which rose to the top of work group recommendations.
- The second was for funds and direction for care coordination codes as a as a billing code, which did not rise to the top.
- Care coordination codes are very much a part of value-based payment and contracting, therefore this may be still brought forward by HCA.

Chat:

[Community Health Worker \(CHW\) Grant webpage](#)

[University of Washington \(UW\) Value & Systems Science Lab webpage](#)

Attendees

Kailani Amine, Washington Chapter of
the American Academy of Pediatrics (WCAAP)
Nikki Banks, Health Care Authority (HCA)
Phyllis Cavens, Child, and Adolescent Clinic
Christine Cole, HCA
Leslie Graham, UW Neighborhood Clinics
Bob Hilt, Seattle Children’s Hospital

Liz Perez, HCA
Wendy Pringle, HopeSparks
Renee Tinder, HCA
Beth Tinker, HCA
Amber Ulvenes, Advocate
Cindi Wiek, HCA

Community Health Workers in Pediatric Primary Care Settings

2023 Pediatric Community Health Worker Training Online Training

Community Health Worker Foundational Skills

1. CHW Role, including job functions, boundaries, self-care, supervision, working with the Primary Care Team
2. Social Determinants of Health
3. Organizational Skills; Documentation; Assessment
4. Cultural Competence
5. Community Outreach and Engagement; Service Coordination
6. Communication Skills
7. Parental needs and family strengths
8. Accompaniment and Advocacy

Community Health Workers in Pediatric Primary Care Settings

2023 Pediatric Community Health Worker Training Online Training

0-5 Family Support Role

1. An introduction to early relational health
2. Working with and supporting families
3. Introduction to the pediatric medical home and the well-child visit

K-12 Mental Health Role

1. Overview/intro to child and youth MBH- including discussion of common MH diagnoses, symptoms, and behaviors
2. Overview of evidence-based interventions and parenting strategies for various diagnoses
3. Types of MH Providers and Services; Understanding your role in a crisis
4. Supporting families while they're on MH waitlists; knowing community resources
5. Prevalence of MH Stigma and Cultural Understanding of MH
6. Partnerships and advocacy with schools

2023 Pediatric Community Health Worker In-Person Training

February 28, March 1, March 2

Day 1 (Tuesday, 2/28)	Day 2 (Wednesday, 3/1)	Day 3 (Thursday 3/2)			
TOGETHER: History of the role + CHW role	TOGETHER: Community outreach and engagement; service coordination	TOGETHER: Organizational skills; documentation; assessment			
TOGETHER: Social determinants of health + cultural competence	BREAKOUT: Introduction to early relational health	BREAKOUT: Well-child visit and development			
TOGETHER: Communication skills	BREAKOUT: Socio-emotional development	BREAKOUT: Screening and Referrals			
TOGETHER: Parental needs + accompaniment and advocacy (0-5 and K-12 examples)		TOGETHER: Resiliency building and maintaining hope, examples/stories	Day 1 (Tuesday 2/28)	Day 2 (Wednesday 3/1)	Day 3 (Thursday 3/2)
			TOGETHER: History of the role + CHW role	TOGETHER: Community outreach and engagement; service coordination	TOGETHER: Organizational skills; documentation; assessment
			TOGETHER: Social determinants of health + cultural competence	BREAKOUT: Overview of children and youth mental/behavioral health, common diagnoses, symptoms, behaviors	BREAKOUT: MH stigma, culture, religion, language, gender
			TOGETHER: Communication skills	BREAKOUT: Supporting families on MH waitlists + Partnerships and advocacy with schools	BREAKOUT: Resources on evidence-based approaches
			TOGETHER: Parental needs + accompaniment and advocacy (0-5 and K-12 examples)	BREAKOUT: Types of MH providers and CHW role in a crisis	TOGETHER: closing Resiliency building, life-long learning, maintaining hope, self-care, examples/stories

2023 Pediatric Community Health Worker March Zoom Sessions

Date	10-10:50 AM Topic	11 AM – 12PM Breakouts	Homework due by next session
3/10 10am-12pm	5 min Welcome 20 min Training debrief 25 min Review assigned homework (Clinic scavenger hunt)	0-5: K-12:	Positive and challenging experience you witnessed
3/17 10am-12pm	5 min Welcome 20 min Review homework 25 min Working with your supervisor	0-5: K-12:	Supervisor checklist - scheduling 1:1s, mandatory reporting, case review, available services and finding resources
3/24 10am-12pm	5 min Welcome 20 min Review homework 25 min Self-care and maintaining hope	0-5: K-12:	Reverse shadowing experience; asking for and incorporating feedback
3/31 10am-12pm	5 min Welcome 20 min Review homework 25 min Resiliency-building; Lifelong learning	0-5: K-12:	Review the list of trainings to sign up