May 10, 2022

Monthly Meeting

Prenatal through 5
Relational Health Subgroup
Welcome to the P5RHS! (10)

Breakout – Introductions (10)

Overview of P5RHS Purpose (10)

2022 Legislative Session Recap and status updates (45)

Breakout – Your connection to this work (10)

Next Steps (5)
Introductions and Roles

P5RHS Co-Chairs and Liaisons to the Children & Youth Behavioral Health Workgroup

Representative Debra Entenman

Bridget Lecheile, WA-AIMH

P5RHS Advocacy and Facilitation Leads

Kristin Wiggins, Advocacy

Makeba Greene, Facilitation

Perigee Fund provides philanthropic support for subgroup facilitation, advocacy, and parent engagement
Breakout Groups - Introductions

Share a recent thing that a baby or kid in your life did that made you laugh (or just surprised you!)
Children and Youth Behavioral Health Work Group

**Vision:** Washington’s children, youth, and young adults have access to high-quality behavioral health care.

**Mission:** Identify barriers to and opportunities for accessing behavioral health services for children, youth and young adults (prenatal to 25 years old) and their families that are accessible, effective, timely, culturally and linguistically relevant, supported by evidence, and incorporate tailored innovations as needed; and to advise the Legislature on statewide behavioral health services and supports for this population.

**Important Elements of Work Group Charge:**

- Support the unique needs of children and youth (prenatally through age 25), including promoting health and social and emotional development in the context of children's family, community, and culture
- Develop and sustain system improvements to support the 15 behavioral health needs of children and youth
<table>
<thead>
<tr>
<th>Date</th>
<th>Actions</th>
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<tbody>
<tr>
<td>May 10th, 2-3:30pm</td>
<td>First P5RHS meeting of 2022</td>
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<td>• Recap last session &amp; implementation, preview activities for the year</td>
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<td>June 8th, 2-3:30pm</td>
<td>P5RHS meeting</td>
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<td>• Issue group breakouts; Identify 2023 session priorities</td>
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<td>July 12th, 2-3:30pm</td>
<td>P5RHS meeting</td>
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<td>• Issue groups develop recommendations for key priorities</td>
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<td>August 9th, 2-3:30pm</td>
<td>P5RHS meeting</td>
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<td>• Issue groups refine prioritized recommendations</td>
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<td>• Subgroup members help with outreach and vetting</td>
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<td>September 13th, 2-3:30pm</td>
<td>P5RHS meeting</td>
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<td>• P5RHS finalizes draft recommendations</td>
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<td>September 15th</td>
<td>Draft P5RHS recommendations due to CYBHWG</td>
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<td>October 11th, 2-3:30pm</td>
<td>P5RHS meeting</td>
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<td>• Finalize recommendations and develop key talking points, FAQs</td>
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<td>October 15</td>
<td>Final P5RHS recommendations due to CYBHWG</td>
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<td>November 1</td>
<td>CYBHWG report due to the Legislature</td>
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<td>November 9, 2-3:30</td>
<td>P5RHS meeting</td>
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<td>• Parent leader panel, presentation of final recommendations</td>
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<td>December 14</td>
<td>Final P5RHS meeting of the year – may be canceled if not needed</td>
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How we work together – Racial equity, principles, criteria

Color Brave Space Norms

Principles

Recommendation criteria

Our Principles

• Hear the voices of families

• Close health disparities for families of color

• Provide immediate relief for behavioral health needs for families, especially those who are most vulnerable

• Focus on the urgent needs of children ages 0-5, and their families, during this time of great potential and vulnerability

Criteria for P5RHS recommendations

1. COMMUNITY-INFORMED - Prioritizes approaches and ideas that strengthen child and family well-being, as shared by members of impacted communities and those that serve them.

2. CENTERS & ADVANCES EQUITY – Holds the promise to measurably closes the gaps in health access and outcomes.

3. REALISTIC & ACHIEVABLE – Size and scope are appropriate for Washington’s budget context and policy landscape.

4. CAPACITY – Implementation could be described and executed well and quickly.

5. STRENGTHENS/TRANSFORMS – Helps to build, sustain, or transform foundational systems.

6. FIT – Fits within the P5RHS and CYBHWG scope, and avoids duplicating the work of other groups.
Legislative Update

Children and Youth Behavioral Health Workgroup Priorities

✓ “Lived Experience” Bill, 2SSB 5793
  • Works to remove barriers to participation in policy
  • Offers limited stipends
  • Office of Equity has oversight

✓ Prenatal – 25 Strategic Plan, 2SHB 1890
  • A strategic advisory group for the purpose of developing a draft strategic plan
  • Funding provided for a facilitator and HCA staff.
  • Connection to CYBHWG annual reports.

Senator Claire Wilson
• Chair of the Human Services, Reentry & Rehabilitation Committee
• Vice Chair for Early Learning of the Early Learning & K-12 Education Committee
• Member of Rules and Transportation committees
• Member of Children and Youth Behavioral Health Work Group

Rep. Lisa Callan
• Co-chair of the Children and Youth Behavioral Health Work Group
• Vice Chair of the Capital Budget Committee
• Member of the Children, Youth, & Families and Education committees
Thank you to our legislative champions!
1. **Budget Request** – **Expand the Parent Support Warm Line:**
Invest in Perinatal Support Washington’s Parent Support Warm Line (the Warm Line) so un- and underserved expectant and new parents have greater and more equitable access to mental health services through peer-to-peer engagement and increased public awareness.

2. **Support/Preservation Budget Request 1** – **Infant & Early Childhood Mental Health Consultation (for CYBHWG legacy item):** Support existing investments in infant and early childhood mental health consultation so that children in early care and education experience reduced bias that leads to expulsions and suspensions.

3. **NOTE** – Policy change related to child assessment (related to past P5RHS recommendations regarding mental health assessment of young children, 2SHB 1325 from 2021)

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Thank you to our partners!
Implementation Update & Time for Questions – More in June and beyond

- Parent Warm Line – Perinatal Support WA
- Mental Health Assessment for Young Children (“macy”) – HCA
- IEMCH-C – DCYF and Child Care Aware of WA
- Complex Needs Fund – DCYF

HCA = Health Care Authority
IECMH-C = Infant and early childhood mental health consultation
DCYF = Department of Children, Youth, and Families
Small Groups

Discussion prompts?

What is your connection to this prenatal – 5 relational health work?

What motivates you about this work?
Wrap Up

Our next meeting is **June 8th from 2-3:30** on Zoom and we’ll break into issue groups to discuss our ideas about recommendations. Hope to see you then!

*Thank you!*