



May 10, 2022
Monthly Meeting

Prenatal through 5 Relational Health Subgroup



Agenda

- ✓ Welcome to the P5RHS! (10)
- ✓ Breakout – Introductions (10)
- ✓ Overview of P5RHS Purpose (10)
- ✓ 2022 Legislative Session Recap and status updates (45)
- ✓ Breakout – Your connection to this work (10)
- ✓ Next Steps (5)

Introductions and Roles

P5RHS Co-Chairs and Liaisons to the Children & Youth Behavioral Health Workgroup



Representative Debra
Entenman



Bridget Lecheile,
WA-AIMH

P5RHS Advocacy and Facilitation Leads



Kristin Wiggins,
Advocacy



Makeba Greene,
Facilitation



Perigee Fund provides philanthropic support for subgroup facilitation, advocacy, and parent engagement

Breakout Groups - Introductions

*Share a recent thing that a baby
or kid in your life did that made
you laugh (or just surprised you!)*



Children and Youth Behavioral Health Work Group

Vision: Washington's children, youth, and young adults have access to high-quality behavioral health care.

Mission: Identify barriers to and opportunities for accessing behavioral health services for children, youth and young adults (prenatal to 25 years old) and their families that are accessible, effective, timely, culturally and linguistically relevant, supported by evidence, and incorporate tailored innovations as needed; and to advise the Legislature on statewide behavioral health services and supports for this population.

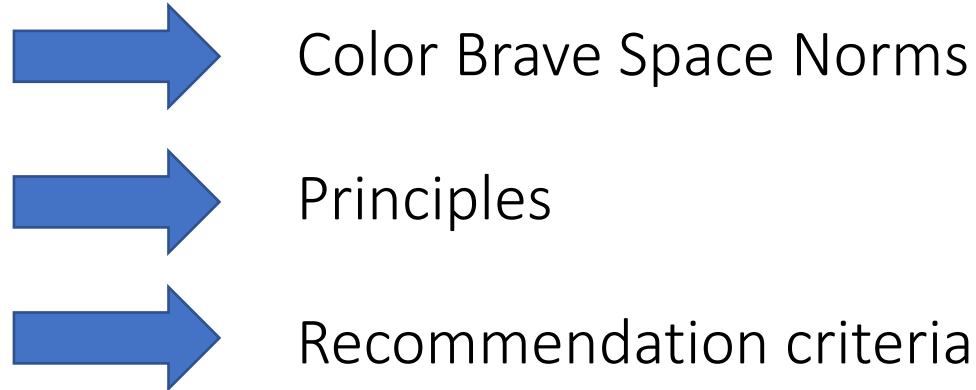
Important Elements of Work Group Charge:

- Support the unique needs of children and youth (prenatally through age 25), including promoting health and social and emotional development in the context of children's family, community, and culture
- Develop and sustain system improvements to support the 15 behavioral health needs of children and youth

P5RHS Calendar

Date	Actions
May 10 th 2-3:30pm	First P5RHS meeting of 2022 <ul style="list-style-type: none">Recap last session & implementation, preview activities for the year
June 8 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Issue group breakouts; Identify 2023 session priorities
July 12 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Issue groups develop recommendations for key priorities
August 9 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Issue groups refine prioritized recommendationsSubgroup members help with outreach and vetting
September 13 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">P5RHS finalizes draft recommendations
September 15 th	Draft P5RHS recommendations due to CYBHWG
October 11 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Finalize recommendations and develop key talking points, FAQs
October 15	Final P5RHS recommendations due to CYBHWG
November 1	CYBHWG report due to the Legislature
November 9 2-3:30	P5RHS meeting <ul style="list-style-type: none">Parent leader panel, presentation of final recommendations
December 14	Final P5RHS meeting of the year – may be canceled if not needed

How we work together – Racial equity, principles, criteria



Criteria for P5RHS recommendations

1. **COMMUNITY-INFORMED** - Prioritizes approaches and ideas that strengthen child and family well-being, as shared by members of impacted communities and those that serve them.
2. **CENTERS & ADVANCES EQUITY** – Holds the promise to measurably closes the gaps in health access and outcomes.
3. **REALISTIC & ACHIEVABLE** – Size and scope are appropriate for Washington’s budget context and policy landscape.
4. **CAPACITY** – Implementation could be described and executed well and quickly.
5. **STRENGTHENS/TRANSFORMS** – Helps to build, sustain, or transform foundational systems.
6. **FIT** – Fits within the P5RHS and CYBHWG scope, and avoids duplicating the work of other groups.

Our Principles

- **Hear the voices of families**
- **Close health disparities for families of color**
- **Provide immediate relief** for behavioral health needs for families, especially those who are most vulnerable
- **Focus on the urgent needs** of children ages 0-5, and their families, during this time of great potential and vulnerability

Legislative Update

Children and Youth Behavioral Health Workgroup Priorities

- ✓ “Lived Experience” Bill, 2SSB 5793
 - Works to remove barriers to participation in policy
 - Offers limited stipends
 - Office of Equity has oversight
- ✓ Prenatal – 25 Strategic Plan, 2SHB 1890
 - A strategic advisory group for the purpose of developing a draft strategic plan
 - Funding provided for a facilitator and HCA staff.
 - Connection to CYBHWG annual reports.



Senator Claire Wilson

- Chair of the Human Services, Reentry & Rehabilitation Committee
- Vice Chair for Early Learning of the Early Learning & K-12 Education Committee
- Member of Rules and Transportation committees
- Member of Children and Youth Behavioral Health Work Group



Rep. Lisa Callan

- Co-chair of the Children and Youth Behavioral Health Work Group
- Vice Chair of the Capital Budget Committee
- Member of the Children, Youth, & Families and Education committees



Thank you to our legislative champions!

P5RHS 2022 Legislative Recommendations

1. **Budget Request – Expand the Parent Support Warm Line:**

Invest in Perinatal Support Washington’s Parent Support Warm Line (the Warm Line) so un- and underserved expectant and new parents have greater and more equitable access to mental health services through peer-to-peer engagement and increased public awareness.

2. **Support/Preservation Budget Request 1 – Infant & Early Childhood Mental Health Consultation (for CYBHWG legacy item):**

Support existing investments in infant and early childhood mental health consultation so that children in early care and education experience reduced bias that leads to expulsions and suspensions.

3. **NOTE – Policy change related to child assessment (related to past P5RHS recommendations regarding mental health assessment of young children, 2SHB 1325 from 2021)**

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Thank you to our partners!

Implementation Update & Time for Questions – More in June and beyond

- Parent Warm Line – Perinatal Support WA
- Mental Health Assessment for Young Children (“macy”) – HCA
- IEMCH-C – DCYF and Child Care Aware of WA
- Complex Needs Fund – DCYF



HCA = Health Care Authority

IEMCH-C = Infant and early childhood mental health consultation

DCYF = Department of Children, Youth, and Families

Small Groups

Discussion prompts?

What is your connection to this prenatal – 5 relational health work?

What motivates you about this work?



Wrap Up

Our next meeting is June 8th from 2-3:30 on Zoom and we'll break into issue groups to discuss our ideas about recommendations. Hope to see you then!

Thank you!