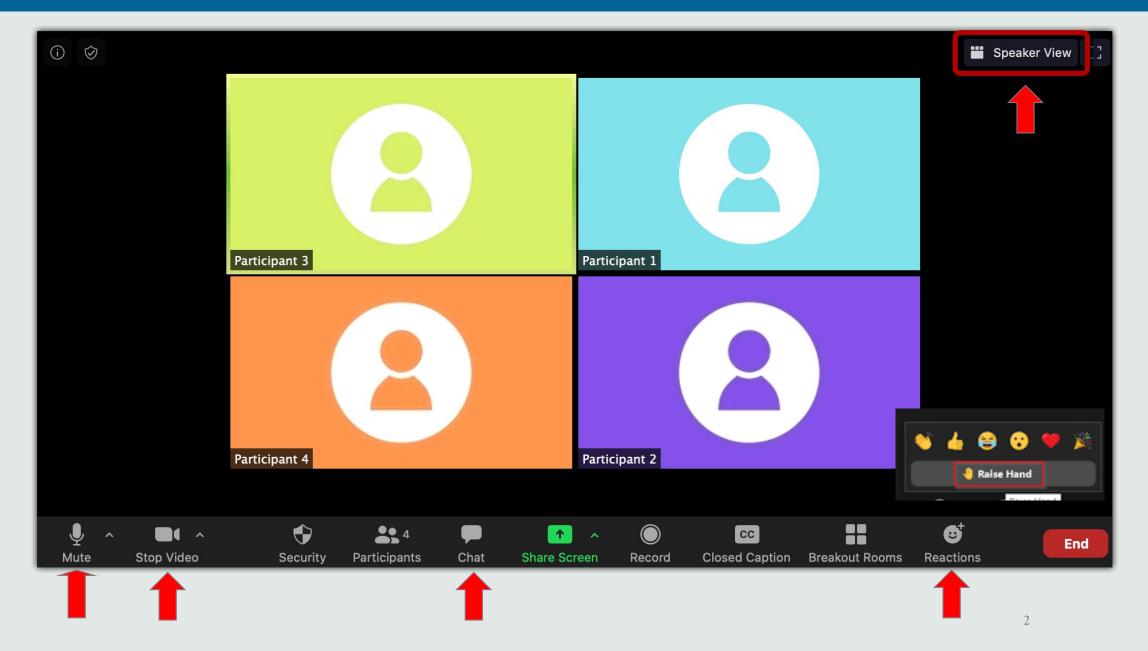




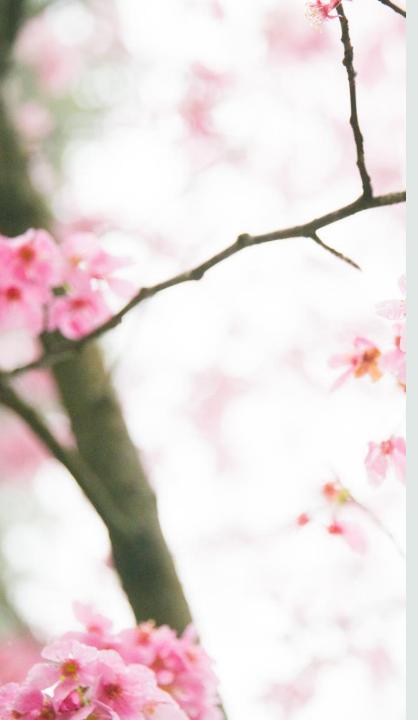
Zoom Technology Moment: Committee Members





AGENDA

- Welcome, Intros, Agenda review
- Presentation: Interoperable Behavioral Health Documents
- **Update on CRIS Steering Committee**
- Future of the Lived Experience
 - Caller Bill of Rights
 - Status of items recommended in CRIS report
 - CRIS meeting on June 6th from 10am-noon
 - Kirkland Connections
- Legislative Updates
- Community Updates and Opportunities
- Next Meeting Mon. June 9th, 2025 1 PM 3 PM



2025 Meetings, Mondays 1-3 PM

- June 9th
- July 14th
- August 11th
- September 8th
- October 13th
- November 10th
- December 8th

* Information on how to join the meeting will be sent out one week in advance of each meeting, as well as posted to the HCA Website.



Comfort Agreement

Here is our comfort agreement from the last meeting:

- Keep an open mind when others are sharing.
- Experiences are different. Be respectful of differences.
- "Step up and step back."
- Listen and don't judge.
- Keep things confidential and do not disclose without consent.
- Agree to disagree,
- Assume best intent.
- Active listening.

Is there anything that should be added or updated?



Follow Up from the Mental Health Advanced Directive Training Discussion

- Based upon recommendations from this group HMA plans to reach out to the FYSPRT's and Sherry Wylie from HCA to seek youth voice as training is developed.
- They also wanted to share the following regarding the age of a person who may complete a MHAD: A person who is at least 13 years of age but under the age of majority is considered to have capacity for the purpose of executing a mental health advance directive if the person is able to demonstrate that they are capable of making informed decisions related to behavioral health care. (RCW 71.32.040)

Interoperable Documents - Working Sessions

Maddy Cope – HIT 988 SME







Background

- BHICRS Interoperable Documents for ease of access and exchange of information
- BH-ASO and MCO Interoperable Workgroup
 - Authoring and developing draft standard forms for state and external review
 - Compared existing templates within WA and used by providers/etc. then developed a consolidated version containing all necessary pieces.
- Currently authoring safety plan



Who has/will review:

- BH-ASOs, MCOs
- Internal state staff:
 - Program
 - Tribal
 - Tech
 - MPD
 - Legal
 - BAs
 - Sponsors

Who will be asked to review:

- Lived experience workgroups
- Mobile crisis teams
- Call center staff and admin
- MHAD workgroup
- Outpatient providers
- OBHA
- DCRs
- Tribal partners/providers
- WSHA
- PSAG



Full list of interoperable docs (as of now)

- Crisis plan
- Mental Health Advance Directive (MHAD)
- Safety plan
- Crisis/suicide assessment
- Universal Release of Information (ROI)
- (There is also a need to ensure that Least Restrictive Alternatives (LRAs) and Wellness Recovery Action Plan (WRAP) will be interoperable, but they will NOT be standardized)

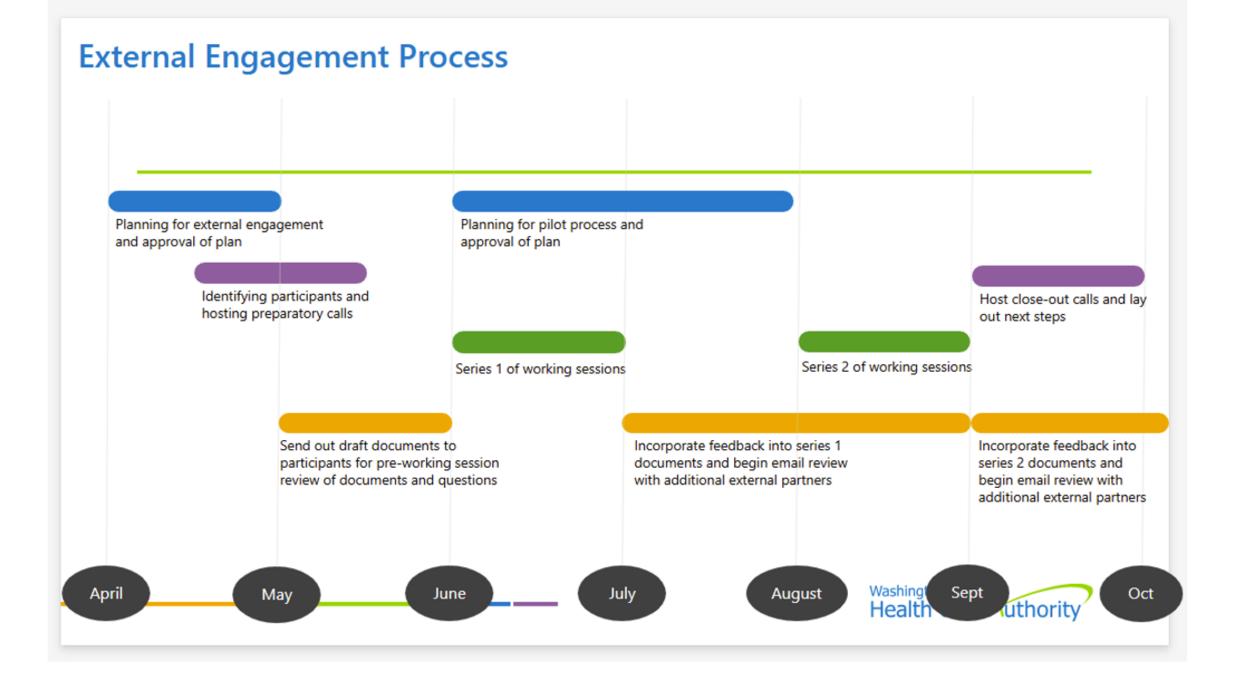


Did we miss anything?

Working Sessions Plan

- What will we be doing?
 - Walking through the document purpose and document fields with an eye for our expertise discussion and collaboration
 - What topics/focus areas did I miss?
- What are we hoping to accomplish?
 - A standardized document and document purpose
- Why a working session?
 - · Live/in-the-moment vs. over email







Update on CRIS Steering Committee



Future of the Lived Experience

- Caller Bill of Rights
- Status of items recommended in CRIS report
 - CRIS meeting on June 6th, 10am-noon
- Kirkland Connections



CRIS Lived Experience Collaborative

- This is a community space, it belongs to you.
- We no longer have a specific charge or task from the CRIS, we get to define our own purpose.
- What are the things you show up for here?
- What are the things you what to accomplish in this space?



Legislative Updates



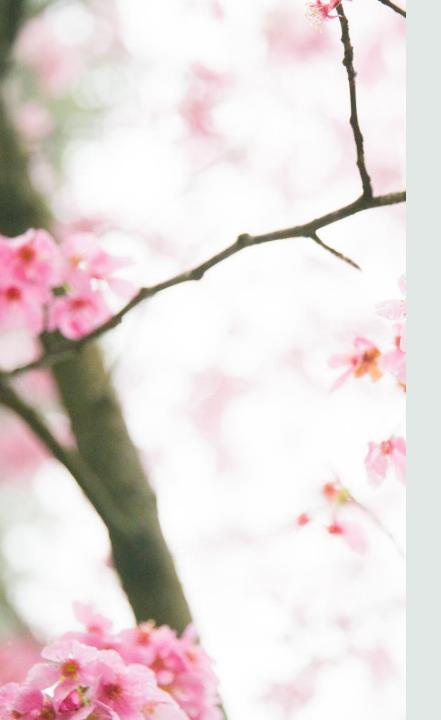
2025 Legislative Bills that Passed

2025 Bills Passed 7th Cutoff: Sine Die (423)*

Bill	Title	Status		Bill	Title	Status	
HB 1003	1003	Service of notice/tenants	C 44 L 25	HB 1109	1109	Public facilities districts	Del to Gov
HB 1006	1006	Service contracts	C 50 L 25	HB 1112	1112	Judges pro tempore/residency	C 36 L 25
HB 1007	1007	Small claims actions notice	C 34 L 25	HB 1114	1114	Respiratory care compact	C 49 L 25
HB 1009	1009	Pharmacy commission members	Del to Gov	ESHB 1119	1119	Supervision compliance	Del to Gov
HB 1012	1012	Women's commission/gifts	Del to Gov	SHB 1121	1121	Work restrictions/age 16, 17	C 79 L 25
HB 1013	1013	DSHS civil service	C 73 L 25	HB 1130	1130	Dev. disabilities waiver use	Del to Gov
EHB 1014	1014	Child support schedule	Del to Gov	E2SHB	1130	Dev. disabilides waiver use	Del ID GOV
HB 1018	1018	Fusion energy facilities	Del to Gov	1131	1131	Clemency and pardons	Del to Gov
SHB 1023	1023	Cosmetology compact	Del to Gov	SHB 1133 ESHB	1133	Sexually violent predators	C 48 L 25
2SHB 1024	1024	St. Edward state park	C 14 L 25	1135 ESHB	1135	Local government planning	C 17 L 25
HB 1028	1028	Child exposure to violence	C 75 L 25	1141	1141	Ag. cannabis workers	C 108 L 25
HB 1039	1039	Gov. services/tribal lands	Del to Gov	SHB 1142	1142	In-home care training	C 18 L 25
HB 1046	1046	Motor vehicle damage/rescue	Del to Gov	ESHB	4440	Country to positive to	Dalles Carr
EHB 1052	1052	Hate crime offense	Del to Gov	1149 2SHB	1149	Cruelty to animals	Del to Gov
HB 1054	1054	County ferry contracts	C 35 L 25	1154	1154	Solid waste handling	Del to Gov
HB 1060	1060	Newspaper tax preference	C 15 L 25	HB 1156	1156	Volunteer firefighters/DCP	C 52 L 25
SHB 1061	1061	Residential parking	C 137 L 25	HB 1157	1157	Vital records family access	C 37 L 25
HB 1064	1064	System improvement team	C 54 L 25	2SHB 1162	1162	Health care work violence	Del to Gov
HB 1068	1068	DOC WMS employee arbitration	C 162 L 25	E2SHB			
HB 1075	1075	Affordable housing financing	C 31 L 25	1163	1163	Firearm purchase	Del to Gov
SHB 1079	1079	Remote testing	Del to Gov	HB 1167	1167	Maritime careers task force	Del to Gov
SHB 1081	1081	Solicited real estate	C 77 L 25	SHB 1171	<u>1171</u>	Mandated reporting/higher ed	Del to Gov
HB 1094	1094	Social services/property tax	C 16 L 25	HB 1172	1172	Fire district civil service	C 38 L 25
E2SHB 1096	1096	Lot splitting	Del to Gov	EHB 1173 E2SHB	1173	High-hazard facility wages	Del to Gov
E2SHB 1102	1102	Votern conset and confees	Del to Gov	1174	1174	Court interpreters	C 55 L 25
		Veteran support and services		SHB 1177	1177	Child welfare housing assist	C 163 L 25
SHB 1105	1105	DOC employee bargaining	C 78 L 25	2SHB 1183	1183	Building codes	C 139 L 25
EHB 1106 E2SHB	1106	Disabled veterans/prop. tax	Del to Gov	EHB 1185	1185	Correctional industries comm	Del to Gov
1108	1108	Housing cost task force	Del to Gov	SHB 1186	1186	Medication dispensing	Del to Gov

^{*}This is a list of House and Senate Bills that passed cutoff, this list does not include resolutions, memorials, gubernatorial appointments, etc, only House and Senate Bills.

*Double-click the image to open the PDF.



Community

- * Resources
- * Information
- * Opportunities

Deadline for Certified Peer Counselor Crisis Training extended to 2026

Certified Peer Counselors who work as crisis responders were legislatively directed to receive Crisis Awareness and Communication in Peer Support training before **Tuesday, July 1, 2025**. HCA recognized that there were barriers that made getting this training by the deadline difficult.

HCA has extended the deadline for Certified Peer Counselors/Specialists to complete the Crisis Awareness and Communication in Peer Support training to **Thursday, January 1, 2026.**

HCA will add additional Crisis Awareness and Communication in Peer Support training to the training calendar for the next fiscal year.

Priority will be given to peers working as crisis responders or who have job offers as crisis responders.

Contact the peer support program with questions

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Please do not reply directly to this message. For more information, visit the HCA website, where you'll also find contact information.

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Don't miss the 2025 Washington Behavioral Healthcare Conference

The conference will be held in person in Kennewick and will include 34 workshops. Four TED-style talks will focus on subjects including but not limited to recovery and resiliency, leadership, innovative care practice, and corrections and mental health.

A virtual pre-conference training on law and ethics will be held on Wednesday, May 28 and Thursday, May 29.

Keynote speakers include:

- Nora McInerny, an author, creator & podcaster who specializes in difficult conversations, including on resilience & grief
- Stephen Loyd, MD, an expert on the treatment of opioid use disorders
- James Forman, Jr., JD, a professor at Yale Law School & Pulitzer Prizewinning author of Locking Up Our Own: Crime & Punishment in Black America

Learn about scholarships for consumers, advocates, and peers



Conference details

 2025 Washington Behavioral Health Conference Thursday, June 12 to Friday June 13 Three Rivers Convention Center, Kennewick

Registration opens Wednesday, June 11 at noon. Join us for the welcome session on Wednesday, June 11 from 4:30 to 6:30 p.m.

Register or learn more

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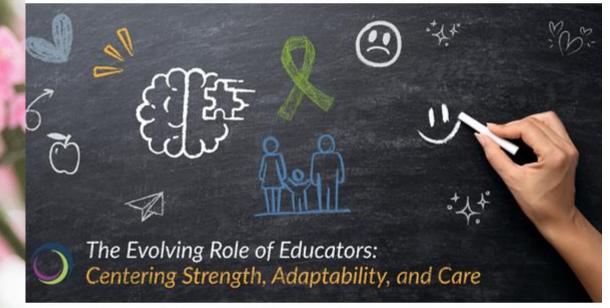
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The Evolving Role of Educators: Centering Strength, Adaptability, and Care

Schools As Community Anchors: Expanding the Role of Educators in Mental Health and Wellbeing

Schools today are more than classrooms—they are dynamic community hubs where the roles of educators continue to expand. Teachers, administrators, and staff are increasingly called upon not just to educate, but to support students' mental health, family engagement, and social-emotional development.

This evolving role, along with other contributing factors, may help explain why recent findings show that more than 70% of educators report high daily stress levels (RAND Corporation, 2024 State of the American Teacher Survey). At the same time, students are also carrying emotional burdens: the CDC's Youth Risk Behavior Survey 2023 reports significant increases in feelings of persistent sadness and hopelessness among youth nationwide. Together, these parallel pressures underscore the need for integrated, whole-child approaches that care for both students and the educators who support them.

That's why we're excited to uplift a range of resources in this month's newsletter that showcase innovative practices, personal stories, and evidence-based strategies reflecting how schools across the country are embracing a broader vision of student wellbeing and mental health support.

This includes a special spotlight on NTTAC's annual Digital Digest, Beyond the Bell: Uplifting Children's Mental Health through School-Based Programs and Services. From mentorship and mental wellness to food security and chronic absenteeism, Beyond the Bell—alongside the other featured resources—highlights how educators and communities are working hand-in-hand to meet the moment.



Voices from Beyond the Bell: Meeting the Moment Together

In <u>Beyond the Bell: Uplifting Children's Mental</u>
<u>Health through School-Based Programs and</u>
<u>Services</u>, educators reflect not only on the growing mental health needs in schools, but also on how their roles have evolved to meet the moment.



"There's been a big increase in the mental health needs of our students and families. But our teachers weren't trained to be social workers or mental health professionals. We're having to learn how to bring in the right partners and how to shift how we support our school community."

- Andrea N., School Principal, Michigan

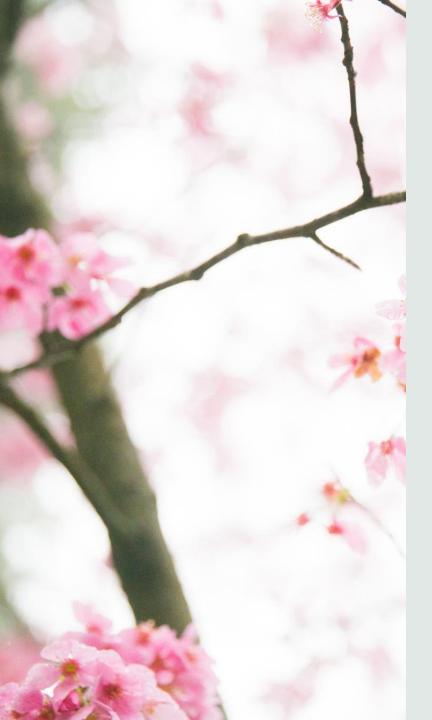
Andrea's words reflect a powerful truth: educators are navigating new terrain. While they may not wear every hat, they are often the first to notice when students are struggling and the first to advocate for stronger systems of care.

.

In the "Ask the Experts" section of *Beyond the Bell*, students, educators, and administrators share tangible solutions that can foster thriving school environments and support evolving roles. Their insights offer a roadmap for building strong relationships, addressing basic needs, and nurturing emotional and academic growth:

Positive Relationships and Supportive Environment:

- · Presence of a caring mentor.
- Schools prioritize initiatives to cultivate positive relationships between students, teachers, and parents.
- · Providing a secure learning environment.
- Acknowledge and celebrate each student's strengths.



Educational Support and Personal Development:

- Professional development programs for educators to emphasize emotional intelligence.
- Personalized learning plans.
- Encourage children to pursue their interests.
- Maintain communication to help youth set goals and identify routes to reach them.

Basic Needs and Health:

- Children and youth need their basic needs met and adequate access to healthcare.
- Exposure to different places, things, and experiences (i.e., library programs, art classes, dancing, freedom to play and have fun, etc.).
- Adults must have strong emotional intelligence to support children and create a nurturing environment for them.

You're invited to the Children and Youth Behavioral Health Summit

The Washington Statewide Family Network, hosted by Washington State Community Connectors, is hosting the 2025 Children and Youth Behavioral Health Summit on Monday, May 5 in Wenatchee. This is a free, in-person event that brings together youth, caregivers, and system partners to explore how living/lived experience can break down stigma and shape the behavioral health system in Washington State.

Summit details

Advocacy Unmuted – Breaking Stigmas, Empowering Families, Creating System Change

- Date: Monday, May 5
- Time: 9 a.m. to 5 p.m. (Free breakfast at 8 a.m.)
- Location: Wenatchee Convention Center

Support is available for attendees traveling from a distance. Youth/young adult and parent/caregiver representatives who are traveling more than 50 miles one way can request a hotel room for Sunday night and receive a mileage reimbursement (form at the event). Additionally, limited attendance support funds are available—please email Karen Kelly to request an application.

Register today for the summit!

Virtual option (for those facing travel barriers)

While the event is designed for in-person participation, a limited virtual accommodation is available for those impacted by travel bans or physical limitations. To request access, email Amber Bryant with your reason for the accommodation.

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Tulalip Tribes elects second Tribal DCR

Last month, Tulalip elected Rochelle Long, MS, LMHC, CCIS-II, Community Intervention Specialist, as the Tribes' second Tribal Designated Crisis Responder (DCR).

Tribal DCRs are part of the Washington Indian Behavioral Health Act (Act) and Washington Administrative Code 182-125-0100. They represent a partnership between Tribes and the Health Care Authority to offer culturally attuned care for Tribal communities.

We honor Tribal sovereignty, self-determination, and eliminating inequities for Tribal members. Under this Act, Tribes are recognized as the rightful entity to provide essential, time-sensitive crisis services for their community.

Read the partner notification letter to learn more

This letter includes Tribal DCR:

- Hours of operation
- Service area
- Population (subject to change)

Why are Tribal DCRs so important?

- Are a familiar face and trusted expert within a Tribal community.
- Have knowledge of a Tribe's culture and how to provide culturally relevant care for people in crisis.
- Provide quicker response time for time-sensitive and live-saving care. This
 means people receive the care and services they need much faster than
 having to call in someone who isn't familiar with an individual or community.
- Understand the complexities and challenges of Native peoples and how to navigate the Tribal health care system and available county and state resources.

For questions, please contact Tribal Behavioral Health Administrator <u>Lucilla</u> Mendoza.



News Release

April 16, 2025

New leader takes the helm at Office of Homeless Youth

Cacey Hanauer-Sutton joined OHY in March

OLYMPIA, Wash. — The Washington State Department of Commerce's Office of Homeless Youth selected a new executive director earlier this year. Cacey Hanauer-Sutton joined the agency in March after more than 20 years of direct service to youth and young adults experiencing housing and behavioral health challenges.

"We've seen a 40% drop in youth homelessness since 2016 – that's a testament to what's possible when we invest in young people and a direct result of the Office of Homeless Youth," said Washington Governor Bob Ferguson. "But we can't stop there. I look forward to working with Cacey to continue making a difference for young Washingtonians."

"Cacey is the perfect hire for this role, and at the ideal moment," said Commerce Director Joe Nguyễn. "We know more than ever how critical this work is to the well-being of young people across our state. Cacey brings the experience

and vision needed to build on the momentum and drive meaningful progress in reducing youth homelessness in Washington."

Youth homelessness declined by 40% from 2016 to 2023, even as homelessness overall has increased in Washington. OHY has been instrumental in the change, leading with a focus on crisis response, prevention services, residential programs, wrap-around support and other community-based initiatives. OHY works with and funds a network of partners across the state to support youth and young adults.

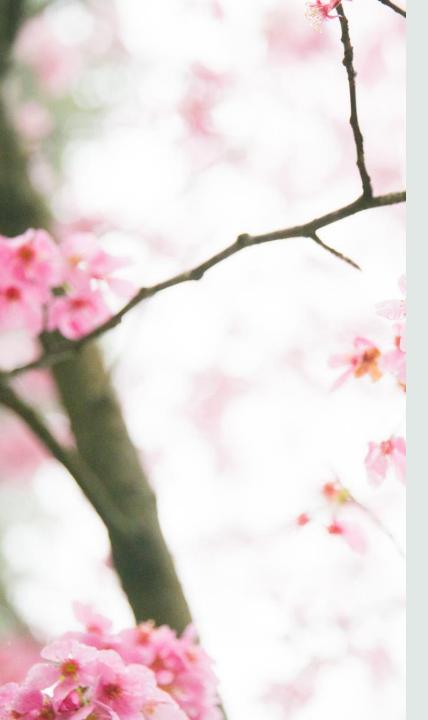
"OHY walks the walk when it comes to engaging young people and communities in decision-making. They know themselves, their needs and what works better than anyone, and OHY does the work to listen and respond," Hanauer-Sutton said. "I've partnered with OHY since its beginning and long admired their values, inclusive atmosphere, and dedication to ensuring that providers and young people are heard. I'm thrilled to be joining this team."

Her goal is to keep the positive momentum going toward ending youth and young adult homelessness by eliminating barriers and ensuring OHY staff, young people, providers, and advocates have all they need to serve young people. That can include making contracting easier, scaling proven methods, and offering more opportunities for engagement.

Hanauer-Sutton worked for the Tacoma Housing Authority and partnered with OHY as it developed and launched the Arlington Drive Youth Campus, the largest housing model for youth and young adults experiencing homelessness and housing instability in Pierce County. Since opening, the site has housed and served more than 230 youth and young adults, many of whom are pregnant or parenting.

"There are 10,000 fewer homeless kids today than there were a few years ago," she said. "That's remarkable progress and shows this is a solvable problem. This is a challenging time for the state, but we have the opportunity to work with young people, service providers and the advocacy community to build on the success and methods we know are working."

Since its founding in 2015, OHY has served tens of thousands of youth (ages 12-17) and young adults (ages 18-24) experiencing or at risk of homelessness.



was further directed by <u>RCW 43.330.700</u> to emphasize stable housing, family reconciliation, permanent connections with adults, education and employment, and social and emotional well-being. OHY is guided by the Homeless Youth Prevention and Protection Advisory Committee, which includes legislators, youth, parents, law enforcement, and other partners appointed by the Governor, the President of the Senate, and the Speaker of the House of Representatives.

More information about the Office of Homeless Youth is available online.

MEDIA CENTER

Media Contact

Commerce Communications

Amelia Lamb, Commerce Communications, (360)-995-3386



The 2025 Mental Health Awareness Month Toolkit Is Here

May is <u>Mental Health Awareness Month (MHAM)</u>, a time to raise up mental health and well-being for everyone, encourage open conversation, and turn awareness into action.

The <u>2025 Mental Health Awareness Month Toolkit</u> is now available and has resources you can use to promote mental health for people of all ages, including those living with serious mental illness, serious emotional disturbance, and co-occurring disorders.

This month, help spread the word that mental health is essential to overall health at every stage of life.

What You Can Do To Support Mental Health Awareness

Participate by accessing the 2025 Mental Health Awareness Month Toolkit, which includes:

- Key Messages and Weekly Themes to help you create impactful content for various audiences.
- Social Media Shareables, including posts, graphics, and animations that you can share with followers on your social media platforms.
- Digital Stickers to highlight MHAM in social media stories and posts.
- Email Signatures to show your commitment to mental health awareness.
- Virtual Meeting Backgrounds to personalize and brand your online meetings.
- Hashtags, including #MHAM2025, #MentalHealthAwareness, and #MentalHealthMatters, and Best Practices to help promote and spark conversations about mental health on social media.

Please download and share these resources with your communities. Thank you for taking part in this critical effort. Now is the time to prioritize mental health for stronger individuals, families, and communities.

Learn More



Upcoming Events

See below for a list and links to upcoming Washington Thriving related events in April and May!

Children and Youth Behavioral Health Work Group (CYBHWG) Meetings:

- · Work Group:
 - o May 15th at 9am-12pm

CYBHWG Subgroup Meetings:

- Workforce and Rates (W&R):
 - o April 30th from 10-11:30am
 - o May 14th from 10-11:30am
 - o May 28th from 10-11:30am
- · Behavioral Health Integration (BHI):
 - o May 6th from 1-3pm
- · Prenatal to Age Five Relational Health (P5RH):
 - o May 7th from 10am-12pm

- Youth and Young Adult Continuum of Care (YYACC):
 May 8th from 3:30-5:30pm
- School-Based Behavioral Health and Suicide Prevention (SBBHSP):
 - May 28th from 3-4:30pm

Visit the Events Page on the Washington Thriving website for other upcoming Washington Thriving meetings and events.



Washington State

OFFICE OF EQUITY

News For You!



Community Condition Dashboard: Examining Homelessness in Washington is now LIVE!

Hello all,

The Washington State Office of Equity (EQUITY) is thrilled to announce the launch of the Community Condition Dashboard: Examining Homelessness in Washington.

This dashboard will assist decision-makers in making data-driven decisions so we can advance a **Washington for All**. Our innovative approach combines different data sources to provide a more user-friendly and comprehensive view of homelessness than has previously been publicly accessible. It aggregates data from federal, state, and local governments and community service providers. This provides a statewide overview of those who use any of the programs in our blended homelessness dataset.

The dashboard utilizes data from:

- Community Housing Support Providers
- Medical Providers

 Department of Social and Health Services Economic Services Administration

- Department of Commerce
- Managed Care Organizations
- · Front-Line Staff

- Clark, Snohomish, and Spokane Counties
- Health Care Authority
- American Community Survey Data

We want to thank the Department of Social and Health Services Research and Data Analysis Division (RDA), our partner in this effort, for their brilliance and expertise that brought this to fruition. We have worked with them since September 2024 to conduct this analysis and build this dashboard. Thank you to the agencies, local governments, service providers, and community organizations that collected the data and made agreements allowing RDA to access the data and produce these dashboards.

EQUITY identifies **Housing & Homeownership** as a condition that shapes the well-being of people in Washington. Access to safe and affordable housing can impact physical and mental health, access to education and jobs, and other aspects of quality of life. **Homelessness** is the lack of safe and stable housing. Trends and disparities in rates of homelessness are important to understand the magnitude of this problem in our state, as well as the characteristics of people experiencing homelessness.

This dashboard breaks down homelessness data by county, race, and age, and can be filtered to look at specific time periods from 2016 – 2024.



Key Findings:

- Homelessness disproportionately impacts young adults. Homelessness rates are highest for people 18-44 years old. The risk of homelessness jumps at age 18 during the transition to adulthood.
- American Indian or Alaskan Native, Pacific Islander, and Black individuals disproportionately experience homelessness. This is consistent with disparities observed in other states.
- Homelessness rates vary across Washington. While urban areas tend to have greater numbers of people experiencing homelessness, the highest rates of homelessness are found in more rural counties.
- Homelessness is growing with the population. The number of people in Washington experiencing homelessness has risen in the past decade, but the proportion of people experiencing homelessness has remained stable at around 2%.

To explore the data for yourself, visit Community Condition Dashboard: Examining Homelessness in Washington.

We intend to update this dashboard with additional functionality and data sources over time. If you have questions or want to collaborate to expand this dashboard, please contact caitlyn.mcnabb@equity.wa.gov.

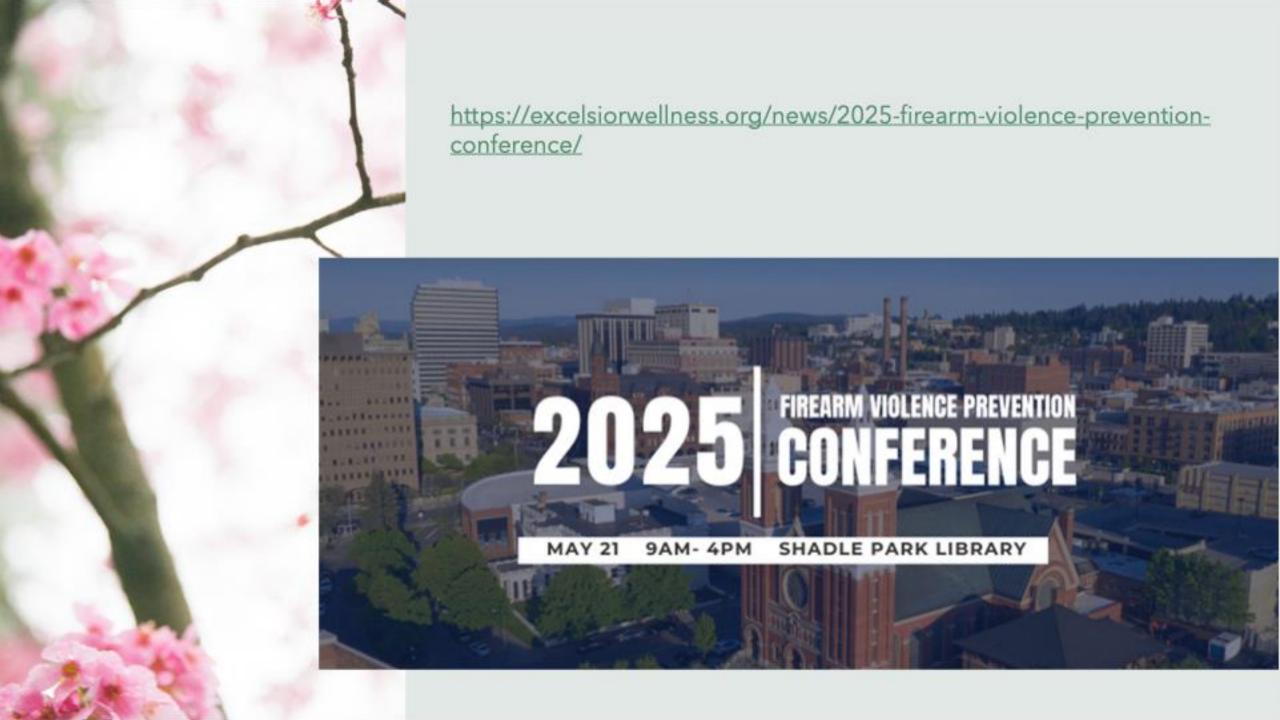


EQUITY

Communicating a Washington for All,

The Washington State Office of Equity Team

equity.wa.gov | Subscribe to stay connected with us!





Open Discussion &

Sharing



#We can apply Ragnar, Relay for Life, Staggered breath singing ideas to the work we do!

We Work - We Rest

We Take Turns!

We do it Together!



What We Covered

- Welcome, Intros, Agenda review
- Presentation: Interoperable Behavioral Health Documents
- **Update on CRIS Steering Committee**
- Future of the Lived Experience
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