

Family Youth System Partner Round Table Subgroup Orientation Meeting

January 27, 2020, 9:30 – 11:00 am

Meeting Purpose

To provide an overview of Family Youth System Partner Round Tables (FYSPRTs) and the Children’s Behavioral Health Governance Structure to Children’s Mental Health Work Group (CMHWG) members and others who may be interested in participating as members of the CMHWG FYSPRT subgroup.

Context

Family Youth System Partner Round Tables (FYSPRTs) provide a forum for families, youth, and child serving system partners (such as mental health and substance use providers, child welfare, juvenile rehabilitation, education, etc.) and other interested community members to work together to improve behavioral health outcomes for children, youth and families. FYSPRTs work to identify needs of children, youth and families, and explore community-based solutions. This year the CMHWG agreed, as part of their recommendations, to explore having a CMHWG FYSPRT subgroup serve as a replacement for the Children’s Behavioral Health Executive Leadership Team (CBH ELT). Historically, the CBH ELT considered needs that the Statewide FYSPRT had been unable to resolve.

History/How were FYSPRTs and the Children’s Behavioral Health Governance Structure developed?

- Developed under the Department of Social and Health Services (DSHS) System of Care Implementation and Expansion Grant as a key component for ensuring that behavioral health and other public child, youth, and family serving systems in Washington are coordinated and informed by input from multiple stakeholders – including the youth and families with lived experience in these systems.
- Adopted as part of the T.R. Settlement agreement in 2013.
- Regional and local FYSPRT are directly connected to the community.
- From a broad perspective – The Children’s Behavioral Health Governance Structure (Governance Structure) is a feedback loop that brings youth, family and system partner voice from the community to the State to improve access to services and outcomes for families and youth in Washington.
- FYSPRTs are an essential part of the Governance Structure.

What are FYSPRTs (general)?

- FYSPRTs are based on [System of Care](#) values and principles which embrace the idea that youth and families can and should have an active role in how systems serve them.
 - System of Care values are family and youth driven, community based, culturally and linguistically competent. Family and youth-friendly language is used.
 - System of Care principles were adopted by Washington as the [Children’s Behavioral Health Principles](#) and include the following 10 principles:
 - Family and youth voice and choice
 - Team based
 - Natural supports

- Collaboration
 - Home and community based
 - Culturally relevant
 - Individualized
 - Strengths based
 - Outcome based
 - Unconditional
- System of Care values and the [Children’s Behavioral Health Principles](#) are woven into the work of the Child Youth and Family Unit at the Division of Behavioral Health and Recovery and the work of the FYSPRTs
- FYSPRTs are a platform for families, youth and system partners to come together to collaborate, listen and incorporate the voice of the community into decision-making locally, regionally and statewide.

Regional FYSPRTs

- [Ten Regional FYSPRTs in Washington](#)
- Regional FYSPRT participants – 51% youth and family participation/membership plus child serving system partners such as child welfare, juvenile justice, education, developmental disabilities, substance use, etc. plus community and tribal partners.
- Monthly regional meetings – sometimes cancelled due to weather or time of year (summer, holidays).
- Tri-lead model:
 - Agenda development and facilitation is provided by 3 leads – a youth, a family member, and a system partner
 - Tri-lead roles were developed to create an equal partnership among family members, transition age youth and/or youth partners, and system partners
 - Regional FYSPRT Coordinators – administrative support for the Tri-lead team (logistics of meetings)
- Identify behavioral health needs (services/gaps) and/or needs of the FYSPRT (increasing family/youth engagement, etc.)
- FYSPRT meetings are open to the public

Once they are identified, how are challenges or needs addressed?

- When a need/challenge arises, the Regional FYSPRT works to address the need within their region (dialogue at meeting, inviting a new participant, information sharing/presentation around topic/need, brainstorming, action steps, etc.)
- If the Regional FYSPRT is not able to resolve or address a need at the Regional FYSPRT – the need/challenge can be moved forward to the Statewide FYSPRT with recommendations about how to meet the need/address the challenge

Statewide FYSPRT

- Members:
 - Family Youth System Partner Tri-leads from all regions
 - Representatives from child serving systems from the state including child welfare, juvenile rehabilitation, developmental disabilities, education, and health

- Tribal partner
- Multiple representatives from the Division of Behavioral Health and Recovery, Child Youth and Family Team also attend (if the group votes, DBHR staff do not vote)
- Meetings are organized and facilitated by the Statewide FYSPRT Tri-leads (family, youth, and system partner from the membership)
- Statewide FYSPRT Coordinator supports logistics of the meeting and the Statewide Tri-leads
- Quarterly meetings – open to the public
- Agenda topics come from:
 - Requests from participants/members
 - Challenges/needs brought forward by regional FYSPRTs that were not resolved at the regional level
 - Activities developed by the Statewide Tri-leads
- If the Statewide FYSPRT is not able to resolve a challenge (through presentations, inviting new participants, dialogue, brainstorming, action steps, etc.), then the challenge/need may be moved forward to the FYSPRT subgroup of the Children’s Mental Health Work Group.

Children’s Mental Health Work Group FYSPRT subgroup

- Will provide a forum for considering solutions to needs or challenges the regional FYSPRTs have brought forward to the Statewide FYSPRT that the Statewide FYSPRT has been unable to resolve. These are needs or challenges that children, youth, and families are facing in getting their behavioral health needs met.
- Members will include family, youth and system partners including youth, young adults and family members who have lived experience and have received services from a child serving system (behavioral health, foster care, etc.); child serving system representatives; advocacy groups; providers; legislators, and others.
- Organizational details are still being developed, but we anticipate that this group will function like other subgroups of the Children’s Mental Health Work Group (CMHWG):
 - The subgroup will make decisions and, if needed, prioritize their recommendations, and then present them to the larger work group.
 - The CMHWG will include these recommendations with those of other subgroups, deciding which recommendations are the highest priority for legislative solutions and moving them forward during the next legislative session.
 - Recommendations that are not moved forward remain on the list for future years. If there are other solutions, such as actions that can be taken by state agencies without additional funding, recommendations may be sent directly to agencies and other organizations or groups.

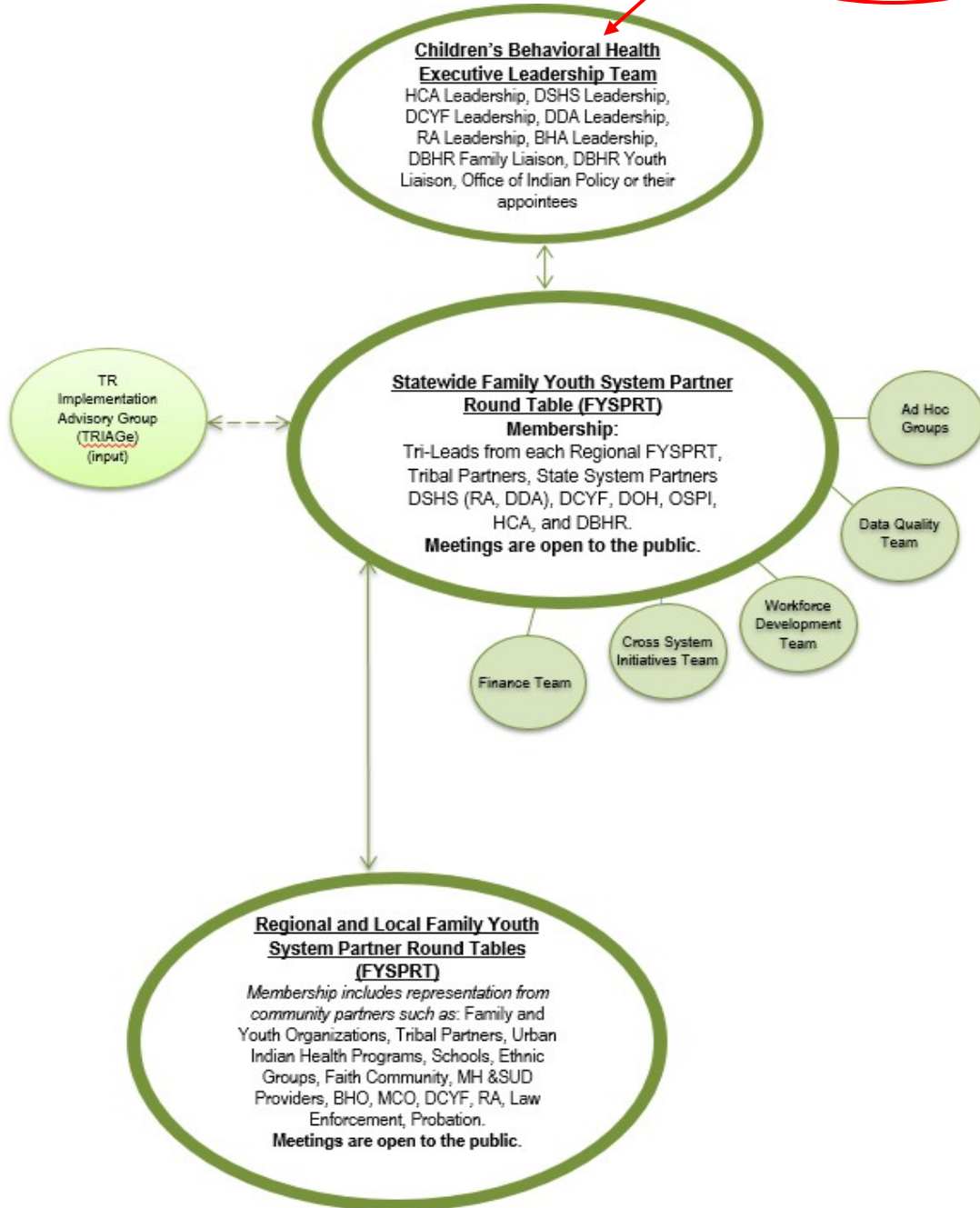
Questions

- Describe how the FYSPRT is funded and outlook of FYSPRT and connection to Wraparound with Intensive Services (WISe).
 - The regional FYSPRTs are funded through state dollars which are part of the T.R. settlement agreement budget.
- Are the FYSPRTs linked to WISe or is FYSPRT sustainable on its own?
 - FYSPRT started off as a feedback system for WISe but has broadened into a feedback loop for child, youth and family behavioral health in general.

- What is the relationship between the regional FYSPRTs and Accountable Communities of Health?
 - With one exception, the regional boundaries for the Accountable Communities of Health and the regional FYSPRTs are the same. They are separate bodies. In some regions, the FYSPRT and the Accountable Community of Health are working together and may have representatives who are involved in both groups.

Washington State Children's Behavioral Health Governance Structure

The CMHWG FYSPRT subcommittee replaces the Executive Leadership Team.



System of Care – Frequently Asked Questions

Question	Answer
What is System of Care (SOC)?	System of Care, also called SOC, embraces the idea that youth and families can and should have an active role in how systems serve them. This includes services in the community that are based on the youth and family’s strengths and needs, as identified by the youth and family. A System of Care addresses the needs of the youth and family through effective family, youth, and system partnerships and collaboration.
What are the core values of SOC?	<p>Family driven and youth guided, with the strengths and needs of the youth and family determining the types and mix of services and supports that best fit their needs.</p> <p>Community based, with services and the management of those services resting within a supportive framework at the community level.</p> <p>Culturally and linguistically competent, with programs and services that reflect the culture and language of the population served. This will ensure access to services based on each youth and their family’s unique needs and eliminate gaps in services.</p>
What is a system?	“System” refers to a public system that you receive services from; that can be the public school system, health-care providers, behavioral health-care providers, juvenile justice, Social Security, and many more. There are a lot of different systems that provide different types of services to youth and families, and they all have their own way of doing things.
What are Washington State’s SOC Goals?	<ul style="list-style-type: none"> • Infuse SOC values in all child-serving systems. • Expand and sustain effective leadership roles for families, youth, and system partners. • Establish an appropriate array of services and resources statewide, including home- and community-based services. • Develop and strengthen a workforce that will operationalize SOC values. • Build a strong data management system to inform decision-making and track outcomes. • Develop sustainable financing and align funding to ensure services are seamless for children, youth, and families.
Why does SOC matter?	SOC matters as it encourages a culture shift in the behavioral health system emphasizing the importance of youth and family voice in improving the effectiveness and relevance of services.
What are some ways to operationalize SOC at a practical level?	<ul style="list-style-type: none"> • Wraparound • Family Youth System Partner Round Tables (FYSPRTs) • Family-led and Youth-led Organizations • Cross-system communication and partnerships • Youth and family certified peer support in behavioral health
Where can I get more information about SOC?	National Technical Assistance Center for Children’s Mental Health http://gucchdtacenter.georgetown.edu/

Family Youth System Partner Round Tables

Overview

Family Youth System Partner Round Tables (FYSPRTs) embrace the idea that youth and families can and should have an active role in how systems serve them. FYSPRTs are a platform for families, youth, and system partners to come together to collaborate, listen, and incorporate the voice of the community into decision making at the state level.

FYSPRTs are based on the System of Care core values:

- Family driven and youth guided
- Community based
- Culturally and linguistically competent

Washington has 10 regional FYSPRTs, one statewide FYSPRT, and multiple local FYSPRTs (where applicable).

FYSPRT meetings are a collaborative process. A family, youth, and system partner tri-lead work together in an equal partnership to create meeting agendas and share meeting facilitation. All FYSPRTs work to influence the functioning of local, regional, and state child-serving systems and to promote proactive changes to improve access to, and the quality of, services for families and youth with complex behavioral health needs.

FYSPRTs are a critical part of the Children's Behavioral Health Governance Structure which consists of inter-agency members at the community, state, and executive levels who inform and provide oversight for policy making and program planning for behavioral health services. The goal is to ensure family, youth and system partner involvement in policy development and decision-making, including the provision of Wraparound with Intensive Services (WiSe). FYSPRTs are an important mechanism to address barriers and needs and also to share experiences and knowledge to improve outcomes for youth and families in Washington.

Who can participate?

Statewide, regional and local FYSPRT meetings are open to the public.

Authority

T.R. et al. v. Strange and Birch Settlement Agreement

2017-2019 budget

\$1,500,000 for Regional FYSPRTs

Key partners

Families, family leaders, youth, youth leaders, and child-serving systems including child welfare, juvenile justice, developmental disabilities, education, health, mental health, substance use, and other community members including faith communities, law enforcement, early learning, tribal partners, and vocational rehabilitation.

Oversight

The Division of Behavioral Health and Recovery (DBHR) contracts with behavioral health organizations and administrative service organizations to support and convene regional FYSPRT meetings and activities. DBHR staff provide technical assistance to regional FYSPRT conveners and tri-leads.

Contact information

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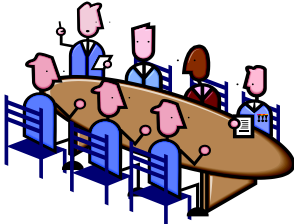
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360-725-9792

For more information and to get involved

www.hca.wa.gov/about-hca/behavioral-health-recovery/family-youth-system-partner-round-table-fysprt

FYSPRT - Frequently Asked Questions

Question	Answer
<p>What is a FYSPRT?</p> 	<p>FYSPRT stands for Family Youth System Partner Round Table. They create a platform for family, youth and system partners to collaborate, listen, and incorporate the voice of the community into decision making at the regional and state level. FYSPRTs are based on the core values of System of Care including: family and youth driven; community based; and culturally and linguistically competent. All FYSPRT meetings are open to the public.</p> <p>FYSPRTs are a critical part of the Governance Structure that includes family, youth and system partner voice. It is a required element of the TR Settlement Agreement agreed on by the plaintiffs and Washington State to inform children’s behavioral health system change.</p>
<p>What is the Vision of FYSPRT?</p>	<p>Through respectful partnerships, families, youth, systems, and communities collaborate, influence, and provide leadership to address challenges and barriers by promoting cohesive behavioral health services for children, youth and families in Washington State.</p>
<p>What is the Mission of the FYSPRT?</p>	<p>Family, Youth and System Partner Round Tables provide an equitable forum for families, youth, systems, and communities to strengthen sustainable resources by providing community-based approaches to address the individualized behavioral health needs of children, youth and families.</p>
<p>How many FYSPRTs are there?</p>	<p>There are ten regional FYSPRTs and one Statewide FYSPRT. Click the link to see a map of the regions. Each regional FYSPRT is led by a family, youth, and system partner Tri-lead. The Tri-leads from each regional FYSPRT plus state partners from multiple child serving systems make up the membership of the Statewide FYSPRT.</p>
<p>How can FYSPRT support community needs of youth, families and system partners?</p>	<p>FYSPRTs support the community needs of youth, family, and system partners through collaboration, listening, and resource sharing. FYSPRTs provide a forum to make connections with others in the community, offering validation and hope.</p>
<p>What can I expect to happen at a FYSPRT Meeting?</p>	<p>At a FYSPRT meeting you can expect a safe, collaborative, welcoming environment to share your thoughts, voice, and listen and learn from others. It is a place where different perspectives can come together to build relationships and develop suggestions for ways to make things work better. You can propose topics to add to the current meeting agenda and/or to a future meeting agenda that addresses a need or needs important to your community.</p>
<p>How do we as a FYSPRT make a difference?</p>	<p>FYSPRTs make a difference by welcoming the voice of youth, family and system partners in sharing strengths and needs regarding behavioral health services for youth. Information and feedback discussed at FYSPRTs have the potential to initiate and influence system-wide change at the regional and state level.</p>
<p>What is my role/ how do I fit?</p>	<p>Each person coming to the table brings a unique perspective, please come to a meeting to explore how you fit it.</p>
<p>What is Youth Voice and why are youth so important to this?</p>	<p>Youth Voice is really about what you have to say! As a youth in our community, your views and experiences are valuable, and by giving “youth voice”, you have the opportunity to give helpful input about systems, from the view of a young person receiving services. Most of all, your voice is valuable because nobody knows you better than you!</p>
<p>How is my FYSPRT connected to other local initiatives and partners? What topics are being addressed?</p>	<p>Since each Regional FYSPRTs answer may be different, please visit the website for the Regional FYSPRT in your area to get more information.</p>
<p>Where can I get more information about FYSPRTs and how I can get involved?</p>	<p>There are several options for getting more information about the Regional FYSPRTs and the Statewide FYSPRT: FYSPRT webpage on the Health Care Authority website Regional FYSPRT websites</p>

How to find your Regional Family Youth System Partner Round Table (FYSPRT)

Map of Washington regions



Regional FYSPRT contact information and meeting schedules

Region	Name	Coordinator	Meeting day	Meeting time	Location
Great Rivers	Great Rivers Regional FYSPRT	Wendy Skarra 360-795-5954	Last Thursday	4:30 to 6 p.m.	Chehalis**
Greater Columbia	Greater Columbia FYSPRT	Sarah Gillard 509-737-2475	Second Thursday	4 to 6 p.m.	Kennewick**
King	King County Family and Youth Council	LaTonya Rogers 206-263-8934	Fourth Thursday	4 to 6 p.m.	Please see website for location information**
North Central	North Central Washington FYSPRT	Gerardo Perez-Guerrero 509-423-6842	First Monday	5:30 to 7 p.m.	Wenatchee** Moses Lake**
North Sound	North Sound Youth and Family Coalition	Angela Fraser-Powell 360-416-7013	Second Monday	4 to 6 p.m.	Skagit County**
Pierce	HI-FYVE (Family and Youth Voices for Empowerment)	Maria DePerro 253-290-8920	Fourth Monday	5:30 to 7:30 p.m.	Lakewood**
Salish	Salish FYSPRT	Sam Agnew 360-337-4664	Last Monday	3 to 5 p.m.	Rotating location, GoTo Meeting, and phone-in options**
Southwest WA	Southwest FYSPRT	Sam Lewis 360-859-4428	Third Monday	4 to 6 p.m.	Vancouver**
Spokane	Northeast FYSPRT	Becky Hammill 509-892-9241	First Thursday	Noon to 1:30 p.m.	Spokane**
Thurston Mason	System of Care Partnership	Donna Obermeyer 360-790-7505	Fourth Friday	10 a.m. to noon	Shelton and Olympia**

Table 1- Contact information updated 1/22/2020

**For additional information about Regional FYSPRT meetings (date, time, specific location/address), please contact the Regional FYSPRT Coordinator for your region.

For general questions about Regional FYSPRTs or the Statewide FYSPRT, please contact Kristen Royal at kristen.royal@hca.wa.gov or 360-725-9412.